

— DISCOVER —  
**PATTAYA**

Ascent

OPEN THE  
DOOR TO  
LIMITLESS  
LIVING



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# OPEN THE DOOR TO LIMITLESS LIVING





# Limitless Living at Ascent

Ascent is more than a name - it's a lifestyle. At Ascent, we strive to produce homes which reach the highest standards of quality, functionality, and beauty. Ascent's award-winning project combines bold, serenitectural style with practical living space and spacious floor plans, so that you can live your life your way. Open the door to limitless living, at Ascent.

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# DISCOVER PATTAYA

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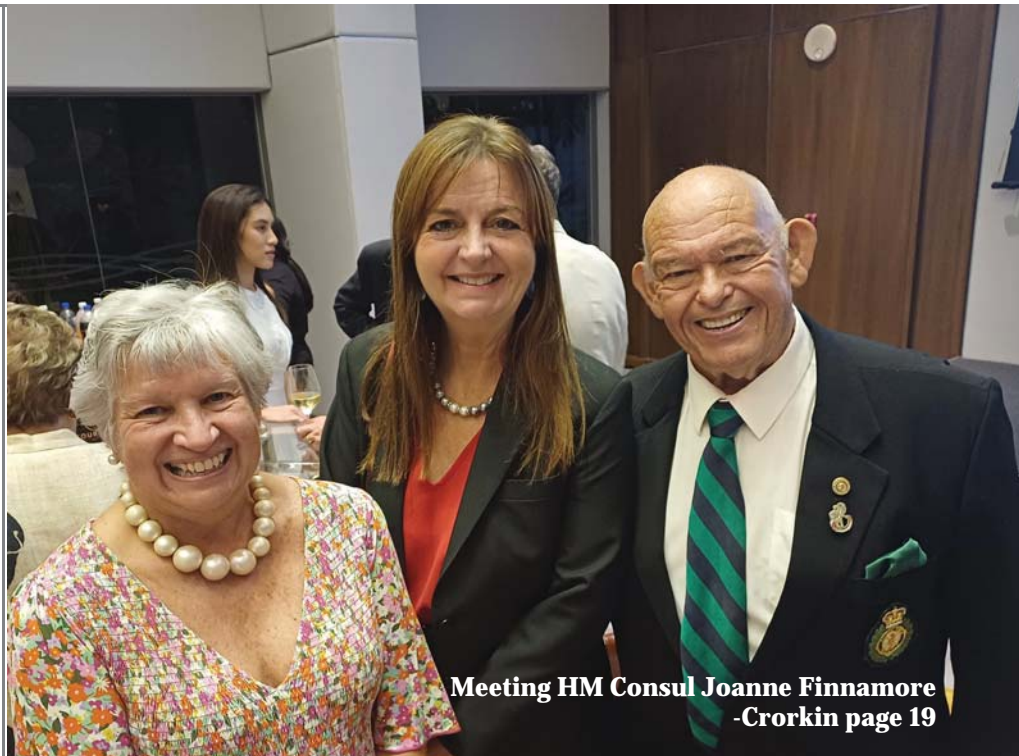
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## *This Month in Discover Pattaya*

### Hi Everyone

August is the month for Property with the extremely glamorous Thailand Property Awards taking place at the stunning Four Seasons Hotel in Bangkok. Yet again we are honored to be the event's media partners and to be able to take this issue with us to Bangkok for the evening. For me this marks the start of many occasions which I will be delighted to join and Ama Fashion have come to the rescue with 2 suits that will see me through. Have a look on pages 20 and 21 to get inspiration for your own bespoke outfits and why stop at just one colour way when you can have 2?

The first outing for my black suit was to Courtyard Marriott for an invitation by The British Embassy: to "Come & Meet His Majesty's Consul". It was an informal get together during an official visit to Chonburi by HM Consul Joanne Finnamore-Crorkin. You can read about this and her advice for British expats on page 19. Also if you need help with ideas for this month's Mother's day gifts we have plenty in the following pages and as usual some great suggestions of where to eat in town.

Also this month Anthony Justice from Magna Carta (on page 26 ) has advice on the important topic of Making a Will .Then our Pattaya Patriot for August needs no introduction, the amazing Rodney James Charman is on page 24. Remember if you have ideas for future articles you'd like Tony to write on legal matters or myself for good hearted souls in Pattaya, please email me: [gloria@pattayatrader.com](mailto:gloria@pattayatrader.com)

Always happy to hear from you

Gloria x

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# If you're looking for some ideas for Mother's Day this month - or just to give that certain someone a special treat - doTERRA have some great ideas

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Here are just a few gift ideas from their range to see more go to their website [https://www.doterra.com/TH/en\\_TH](https://www.doterra.com/TH/en_TH) OR Contact:

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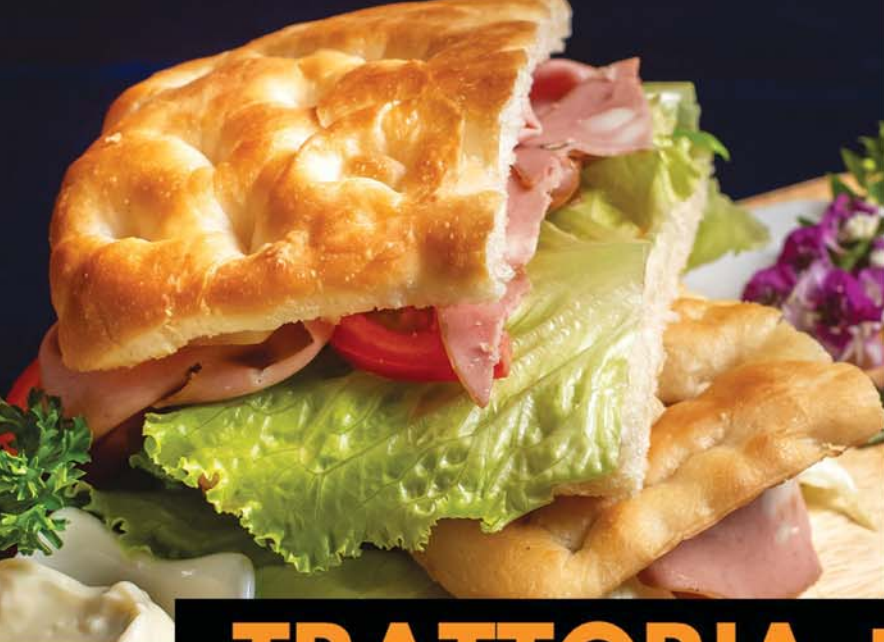
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# TRATTORIA DELINA II

In Italy, trattorias can be found in towns and cities across the country. Usually small, family-run establishments, they offer an authentic dining experience in the Italian tradition of simplicity and hospitality. Unlike fine dining restaurants, they are generally informal with modest decor such as wooden tables, simple decorations and an atmosphere that feels like home. Usually tucked away in a quiet area or nestled in a busy street, tourists who stumble upon a good trattoria can discover an unforgettable taste of authentic Italian food. In a world of global chains and fast food, the Italian trattoria stands as a proud symbol of tradition, quality, and hospitality.

Here in Pattaya, we are lucky enough to have a great Trattoria tucked away in the enclave off Thappraya Road (a real foodie area). This busy, bustling little square has a 24-hour expat delight that is the Foodmart and a busy coach station going back and forth between Jomtien and Suvarnabhumi airport. A trattoria has been here for as long as I can remember, but is now under new management with the new name of Trattoria Italian Delina II.

Whilst continuously upgrading and improving, the new team here are keeping to the authentic charm of a traditional trattoria menu. It comprises high-quality ingredients and fresh produce. They use all the classic Italian ingredients, such as tomatoes, basil, garlic, olive oil, and cheeses like mozzarella, Burrata, and Parmigiano-Reggiano. Staples that deliver big flavour to the homemade pastas, roasted meats and slow-cooked sauces.



They also focus on local and seasonal ingredients with their specials, which you should always look out for when you eat here. On the day we were at the trattoria, the specials board included a Trio of Ravioli, Grilled Octopus, and BBQ lamb chop with roasted potatoes, excellent quality and value for 950baht. In fact, we were extremely impressed by the quality of meat when we tried their ribeye steak - delicious with accompanying rich gravy dipping sauce. The breads as well - I have to mention the Focaccia filled with ham, mozzarella, fresh, crunchy salad and a wonderful side of homemade mayonnaise that I will be sure to remember when I need something quick and delicious for lunch.





This is another improvement to the trattoria as I am delighted to say they now open from 12 pm, so you can come for lunch and, even better, enjoy an amazing offer. You can choose a starter and main course for just 270baht. I would urge you to visit now, as with this quality of ingredients at an amazing price, this offer may not extend into the high season. So keep your eyes on it as the selection of this special offer changes every week.

Or maybe you would just like to pop in for coffee and dessert? They also have another incredible offer for this, as for just 120baht (the general price of a branded cappuccino), you get quality, Italian coffee with a traditional dessert such as tiramisu and panna cotta.

As you would expect, pizza is extremely popular and their crunchy light pizza base is a joy, especially when topped with delicious olives, artichokes, prosciutto cotto, chicken, mozzarella, tomatoes and fresh herbs as we enjoyed with their Four Seasons Pizza. This was accompanied with the Trattoria's signature salad, topped with Parma ham, melon burrata and cherry tomatoes on crisp, crunchy lettuce. We were also advised to try the salmon, which was so beautifully presented we could not refuse. Wonderfully fresh and moist, I particularly enjoyed the tangy lemon sauce with it and perfectly cooked vegetables.

The most popular pasta at Trattoria is their seafood spaghetti aglio e olio with garlic, olive oil, chilli, herbs and fresh locally sourced seafood including prawns, squid and mussels. Sure to be a favourite with Thai customers, there is also a selection of regional favourites such as the intensely flavorful Tom Yum Kung.

All the food we tried both tasted and smelled so good because in the kitchen, they use time-tested authentic Italian cooking techniques that highlight the natural flavours of the fresh, quality ingredients. Try everything here to find your own favourite and keep an eye on developments because they have plans for special events and evenings in the newly created cosy fine dining area. Particularly good news if you prefer to eat in an air-conditioned space - yet another improvement from the team here.



Trattoria  
DELINA II

For Booking / Reservation  
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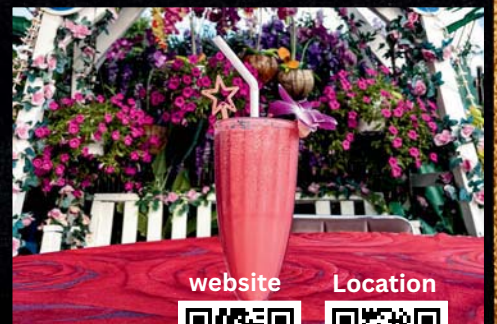
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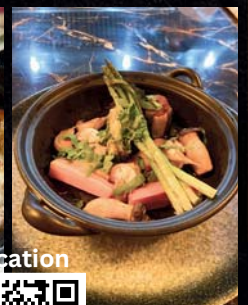


Location



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Location





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# Buenos REALLY IS SO DAMN GOOD!

When you think of Mexican food what draws you to it? The heat of the chillies? The spicy, tangy, savory flavours found in tacos, burritos and fajitas? For me when I eat Mexican food I want the whole experience. To be transported to Mexico with the colours, the sounds and the beautifully blended Margaritas to accompany my meal. That is why Buenos is now my favourite place in Pattaya to enjoy Mexican food.

At Buenos they focus on fresh, high-quality ingredients with dishes made from scratch and layered with flavour. They use traditional techniques like roasting, marinating, and hand-grinding chillies and spices. But more importantly they never forget how joyful an experience eating Mexican food can be. The owners have brought Mexican decorations such as Marionettes and table runners to decorate this wonderful space in the Jomtien complex. The whole place is a riot of colour and you can't help but be caught up in the fun.



The music is not the usual bosanova cover tracks heard in many Pattaya eateries, but rather authentic, lively, fun Mexican music. The staff also get into the vibe encouraging diners to try on sombreros big and tiny and to not just have a great meal but a great experience.



When selecting what to choose from the extensive menu at Buenos we thought we'd go for the more unusual dishes like their Mexican Pizzas and although nachos is a favourite of mine I declared "I won't try the Nachos I've had plenty of them already". "Not like ours you haven't" was the bold reply. So say no more we tried their nachos and they were right! Really loaded with gooey cheese and crunchy onions and jalapenos. Best of all the nachos were fresh and crisp and topped off with a generous dollop of Guacamole. Again consistency is everything and not easy to get right but the Buenos Guacamole passed the Goldilocks test.

A bowl you can eat sounds like a great idea to me - so we tried the chopped Mexican salad. Crammed with such a variety of flavours and colours it just made you feel good while eating it. Bell peppers, zucchini, black beans, fire-roasted corn, fresh romaine lettuce and roma tomatoes. All tossed in a really zesty Mexican dressing with fresh lime and cilantro in the house-made pico de gallo salsa. Incidentally the sauces here at Buenos go from mild to nuclear. There are home made varieties including a very pleasant fresh mango salsa and also the bottled stuff of which the Jalapeno was my favourite.



Then there are the bottles with warnings on where the dares start and diners challenge each other to test just how "spicy" they can take their food. Believe me I thought I had a good tolerance but the sauces made from the Ghost and Scorpion chillies brought tears to my eyes!

As well as all the fresh ingredients and fantastic array of sauces and salsas there are also fabulous meat choices. Not only: Chicken, Grilled steak, Carnitas (pulled pork), Ground Beef and Carnie Asada (marinated, smoked beef) but the delicious Al Pastor. This is made in house from shoulder of pork slowly cooked on a vertical spit whilst constantly marinated in a smoky-sweet blend of chillies, pineapples, garlic and cumin. It really provides succulent slices that are melt in the mouth delicious!



So my enthusing about Buenos has left no room to tell you about the delicious desserts but there are churros dusted in cinnamon and sugar or to be enjoyed with dipping sauces. Mexican cookies and pastries even ice-cream - in an edible bowl - of course. All accompanied by a dazzling array of beverages including classic and frozen margaritas that are a tequila lover's delight. Look out for their weekly specials, and deals on Taco Tuesday, Thirsty Thursdays, Fajitas Fridays etc. for added value!



**Buenos**  
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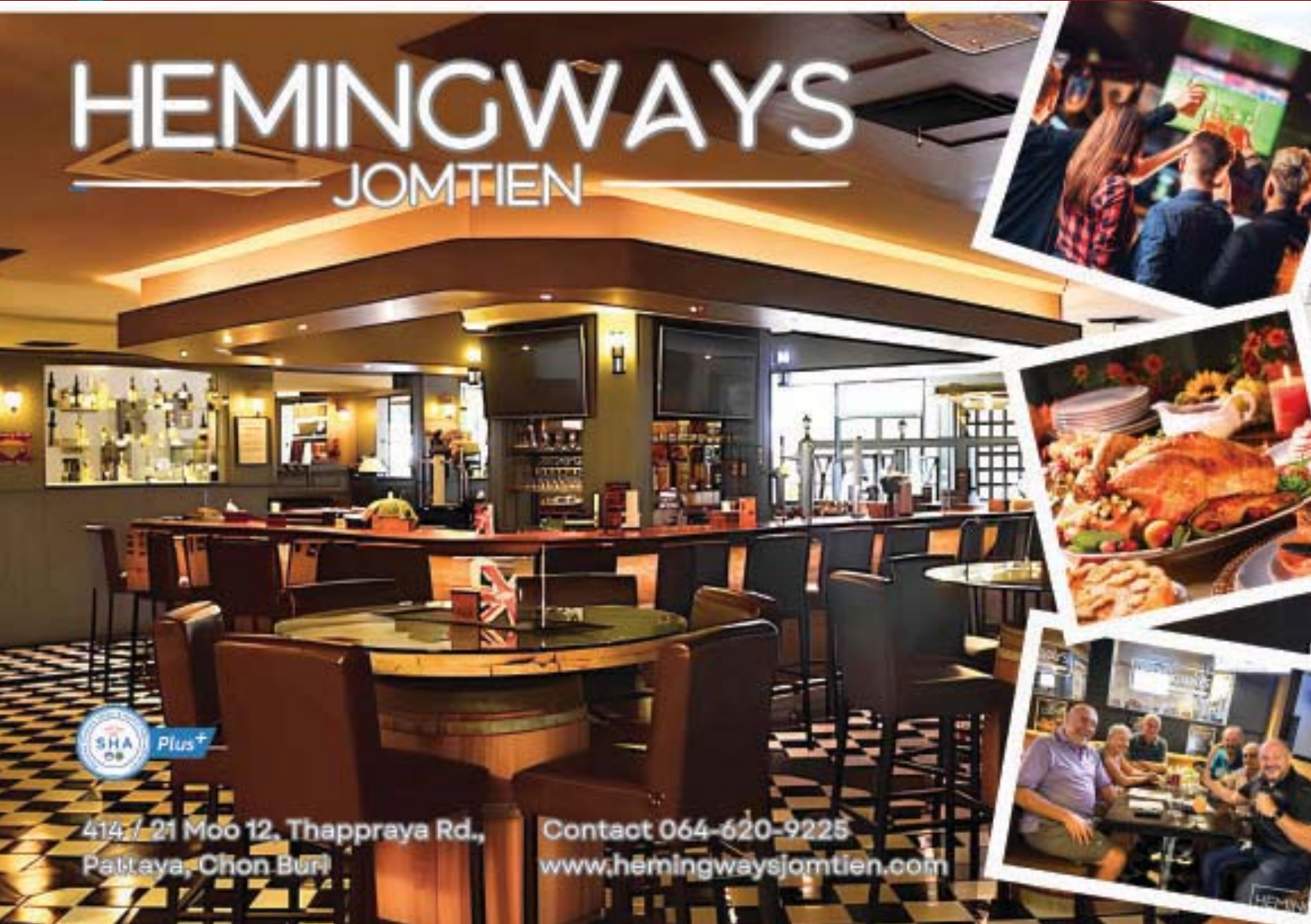
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## Invitation to Meet His Majesty's Consul

The British Embassy invited members of the local community, including Rotary, the Royal British Legion, Discover Pattaya, Pattaya Mail and other organisations to attend an evening at the Courtyard by Marriott Hotel, Pattaya. His Majesty King Charles III Consul at the British Embassy Thailand, Joanne Fynamore-Crorkin, addressed the event. Firstly apologising for the fact that the British Embassy could not answer all and every question from residents here in Thailand. She explained this is because they are kept extremely busy helping the most severe cases of imprisonment, rape, abuse and suicide. Regrettably the British Embassy has seen a general increase of these by as much as 30% year on year which of course means that these cases are taking much of the staff's time. However, we were given some useful advice to share with all British expats:



### Check what you have written at the Back of your Passport

In a case where a recently deceased British Expat's family could only be located via his passport, it was found that the contact information given on the back was not in fact a family member but a friend from many years ago who was not even still in touch with the deceased. Therefore we are advised to all check this page in our passports and ensure the names, addresses and telephone numbers have been correctly filled out for next of kin.



### Check Thailand Travel Advice

Another piece of good advice is to go to the Gov UK Website /Foreign travel advice page where details of extreme weather warnings, airport closures etc. will be updated. You can even choose to receive automatic notifications direct to your email once a day, once a week or each time there is an update.

The charming Joanne also gave then met and spoke with all the assembled guests individually and it was indeed a pleasure to meet her.

**Thank you Rodney James Charman for the photos**





# AMA FASHION FROM DAY TO NIGHT, BUSINESS MEETINGS TO EVENTS, THEY ARE THE TAILOR OF CHOICE

For more than 25 years Ama Fashion has been Pattaya's favourite tailor. Located at 109 Central Pattaya Road (Pattaya Klang) just past the 2nd Road traffic lights. They are open from 10am to 11pm and they will give you a warm welcome if you just walk in. This welcome extends to providing a selection of chilled drinks and a seat on their comfy sofa. That is just one of the reasons why I like visiting Ama Fashion so much. They are always welcoming and extremely friendly.

What else sets Ama Fashion apart from its competitors? Well for me it's their impressive selection of fabrics. Around 2,000 suiting and shirt fabrics to choose from all sourced from premium European and Asian collections.. For example: Dormeuil, Drago, Vitale Barberis Canonico, even Harris Tweed! Yes, believe it or not they can make amazing overcoats and winter weight garments. Of course, they also have an excellent appreciation of fabrics that are best for Pattaya's climate with the softest 2 fold cottons, a full range of coloured linens and suitings that are light yet won't crease or wrinkle when you wear them. Even the trimmings are first rate with Bemberg linings and horn and mother of pearl buttons.

With hand-cut garments made to your measurements, Ama Fashion is a true bespoke tailor. Their jackets feature internal canvas construction and their craftsmanship in producing bespoke garments gives exceptional value for money. With their own experienced tailors they will of course take precise measurements in order to form exclusive patterns for you, However, a little trick I like to use, is to bring them a favourite garment to replicate.



For example, I have a favourite pair of trousers and a waistcoat that I like very much as the style suits me and they fit perfectly. So I brought them along to the beautiful Pattaya Klang store in order to form the basis of a 3 piece suit that I had in mind.

The tailor at Ama Fashion borrowed them and also took notes on the single breasted 2 button single vent jacket style I wanted to go with.





Don't worry there is a whole style book to go through if you don't know exactly what you're looking for and would like some inspiration, but replicating favourite garments is a great idea I think. You already know they work as you've taken them through their wearing trials and why stop at 1 colour? A black 3 piece suit and a white 3 piece suit seemed a great idea and sure to take me through the many functions coming up from now to the end of the year.

So for outstanding customer care, an attentive team and speedy turnaround you really can't do better than Ama Fashion. From the initial measurement session it was just a couple of days until the first fitting when I tried the basted jacket with trousers, and then just 2 days more for the final fitting for both suits when small tweaks were made. When collecting your finished garments they are presented in Ama's suit covers which I find extremely useful when travelling or going to Bangkok where I prefer to change at the venue.

Ama Fashion really does stand out as Pattaya's premier bespoke tailor. With a full service offering luxury fabrics, skilled tailoring, welcoming service, and excellent value you will be sure to keep returning. Whether you're a business traveler in need of a sharp suit, looking for a special garment for a wedding or function, or just wanting to upgrade your wardrobe Chris and his team will sort you out.



**AMA FASHION PATTAYA**  
*Bespoke Tailor*

Central Pattaya klang (Road), Pattaya, 20150

081 517 7321

[chris-thailand@hotmail.com](mailto:chris-thailand@hotmail.com)





# Rotary Club Presidents Installation Dinner

A very special fellowship dinner evening was hosted by the Rotary Club Eastern Seaboard at the Siam Bayshore Resort Pattaya to mark the beginning of the 121st Rotary International Year. Outgoing RCES President Rodney Charman welcomed District 3340 (all EastThailand) District Governor Wiwat Srisompong and his wife 'Rotary Ann' Khun Yupha. together with Rotarians, freinds and supporters from across Pattaya and beyond.



The main events of the evening were the Installations of 2 new Club Presidents The incoming RC Eastern Seaboard President Jeff Mitchell MBE gave a heartwarming speech congratulating all RCES members on their continued charitable efforts and urging all Rotarians in the area to work together for the good of all.



Incoming RC Jomtien-Pattaya, President Maxwell ('Max') Kimberley Thompson. Praised the club for their charitable work in particular highlighting 'Disaster Aid Thailand' and their Road Safety project with partners providing crash helmets for kids. DG Wiwat Srisompong then gave a speech of encouragement to all Rotarians and members of the community for the continued good work to be done in the year ahead under the banner of Rotary International's Global Year 121 theme of 'Unite for Good'.







### Message of thanks following the event from the new RC Eastern Seaboard President

Huge thanks for all of the work that went into last night's event. Rodney, a brilliant MC you were! Steve, your input in threading together the protocol side of things and making sure VIP guests were attended to was well noticed. I am very proud, not just to be the new President of RCES, but to be lucky enough to be associated with a wonderful group of club members who I feel so well supported by. I had a great time from start to finish. So again, a huge thanks to you all for attending, and let's have a successful and happy year.



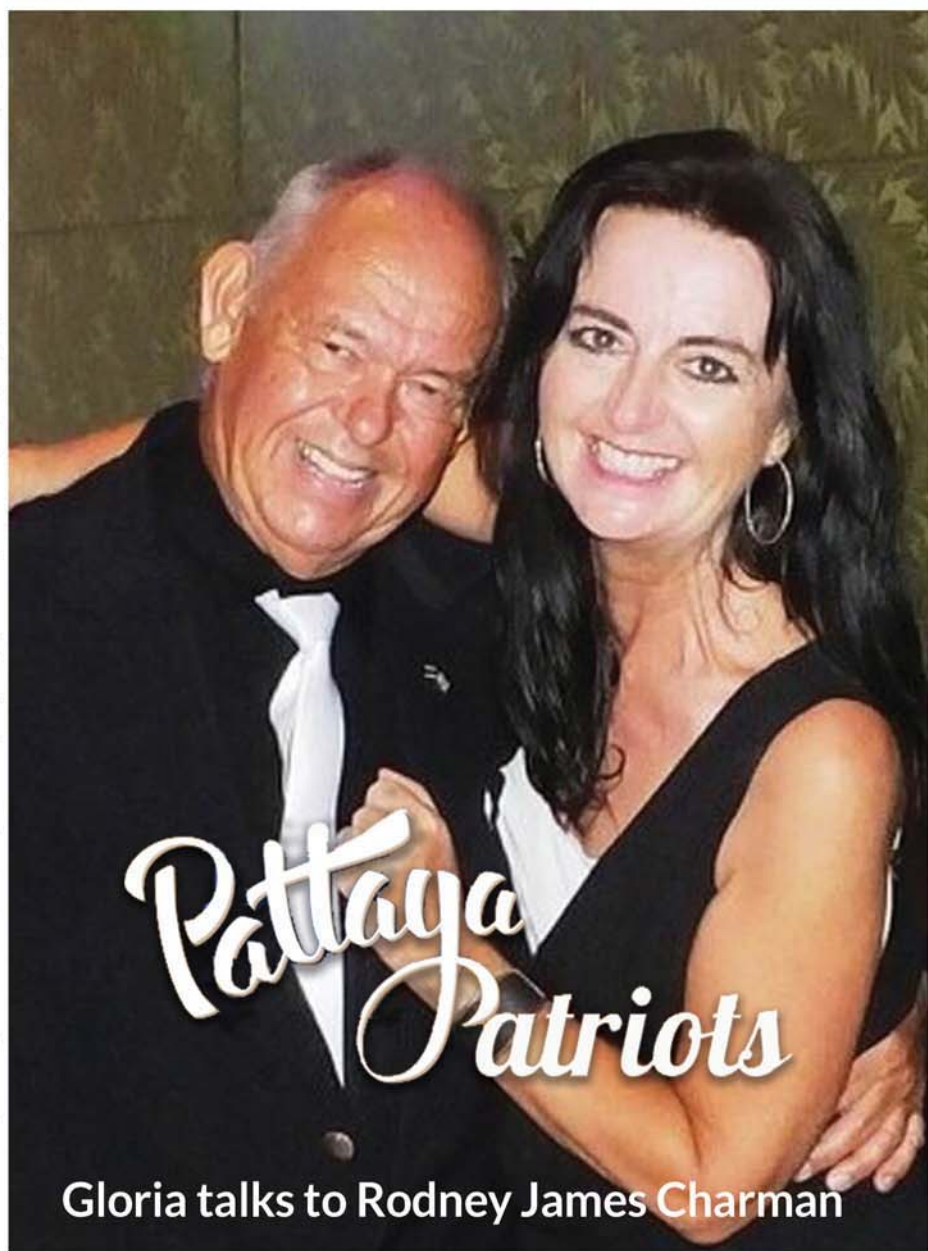
I am using the term Patriot for a series of articles to feature in the magazine. Firstly because I love the alliteration, and secondly because I wanted a word to describe some very special people who live amongst us here in Pattaya. Sometimes given a military connotation, the word patriot actually describes someone who deeply loves, supports and defends their country (or, for the purposes of this article, their city). They often demonstrate loyalty through service, sacrifice, or civic engagement. True patriotism goes beyond mere pride—it involves striving to make improvements for all, for freedom, and for progress. If you missed any of these earlier articles you can still find them online at our website [pattayatrader.com](http://pattayatrader.com).

Rodney James Charman, known affectionately by many of us as “Rodders” has to be included in the Pattaya Patriots. Why? Because, put simply “He just doesn’t stop”. Where many of us feel our philanthropic responsibility only at certain times of the year: maybe Christmas, New Year or Songkran for Rodney it is a full time commitment. I’ve known him for almost as long as I’ve been in Thailand (some 14 years now). We have had many photos taken together at various networking events and charity functions but the one I’ve used above Rodney tells me is his favourite. Taken at the Pattaya International Ladies Club’s Black and White party it was a really fun night and as usual raised lots of money for local charities.

Many in Pattaya know Rodney as the smart chap (usually in a blazer) who carries a glass of red wine in one hand while taking photos from his Canon in the other. As photography has been a hobby Rodney has been passionate about from back in the days when he lived in England and as a youngster developed his own 35mm and 120mm film from a makeshift dark room in his bathroom!

Otherwise you may know him from his Facebook Cover photo showing how he was with the Kent & South East Coast Ambulance Service. But did you know that it was a career that spanned 40 years? He started as an emergency technician and through continual promotion achieved the position of Critical Systems Manager before retiring.

During his time in the Ambulance Service, Rodney began his life-time job of raising money. Firstly with funds for The Kent Air Ambulance Helicopter Appeal and then the Medway Health Authority and other local charities. Mostly this was for equipment such as televisions for the wards, hospital beds, baby incubators, breast pumps, cardiac and defibrillators. In 1980 he even raised funds and bought the first arthroscopic for a new surgeon, Dr John Beavis at Medway Hospital. Also after becoming a Mason, Rodney raised money for The Royal National Lifeboat Institution.





Having visited Thailand in 2005 he decided to retire here and continued to raise money for the poor doing charity work. He joined The Royal British Legion and became a caseworker helping ex-pat service personnel who required help, in conjunction with the British Embassy Bangkok. He was also the treasurer for TFi (Thai Farang Initiative) raising funds by holding disco nights and other events and when this initiative finished Rodney became a Rotarian. He was President of Rotary Club Eastern Seaboard 2015 to 2017, 2020 & 2024.

With Rotary Club Eastern Seaboard Rodney helped to raise millions of baht for charities including The Glory Hut, Aid relief for the flood victims in the North of Thailand, Hand to Hand, The Child Protection & Development Centre, Take Care Kids, Human Health Network Drop In, Pattaya Orphanage and Fountain of Life Women and Children Center. As he says "none of this could have been achieved without the support of teamwork and sponsors"



Over Covid the Rotary Club Eastern Seaboard did tremendous work distributing food and masks and although Rodney gave us all a scare when he had to undergo open-heart surgery, he was out helping with the distribution just 6 weeks later. A very popular and ongoing fund raiser has been "The Christmas Bags for Children" and Rodney has personally been there to hand these over to thousands of smiling faces

So although we may know Rodney because he take the time and trouble to make us lovely collages of photos taken throughout the year for our birthdays we should all know and recognise what exemplary work he has done tirelessly throughout the years, As Jeff Mitchell MBE so rightly says:

I've known Rodney for close on 20 years and I've never understood where he gets all of his energy and passion from. He pursues charity projects like a man possessed, but more importantly he gets the results.

I remember joining forces with Rodney, in his case-worker role with the Royal British Legion, when I was working at the British Embassy. Rodney demonstrated on so many occasions just how committed he was when distressed British Nationals, who'd previously served in His Majesty's forces, had hit hard times. He collaborated so well with us to either get them home or the help they needed. An amazing man!





# Why Making a Will Is One of the Most Important Things You Can Do

by Anthony Justice

I wanted to take a moment to remind people why having a last will and testament matters—why it's not just a legal requirement, but something that could have a significant effect on the people you care about.

Let's be honest—most of us don't want to think about the end of life, especially our own. But here's the thing: while we can't control when or how we go, we can control what happens afterward—especially when it comes to the assets and belongings that we've worked hard for all our lives.

For their loved ones, losing a loved one is already a trying and emotional time. There is sadness, grief, and frequently a great deal of confusion. However, many people are unaware that, in addition to the emotional effect, death also has an administrative and legal component that can be extremely stressful for the bereaved family.

**This is where a will becomes absolutely essential.**

A legally binding will relieves a great deal of that burden. You specify exactly what should happen to your assets, including real estate, money, and personal belongings. You get to choose who inherits what and you decide how your estate should be divided. It serves as your last word, ensuring your wishes are respected.

Things can quickly get messy if you don't have a will. The law will decide who gets what, and that may not reflect your true intentions. For example, you might want your partner to inherit your home, or your niece to inherit a priceless heirloom. But if it's not written down in a legal will, it might not happen. Your family could end up in disputes, assets might be frozen for months—or even years—and your loved ones could be left struggling with paperwork and uncertainty.

That's why I always say: making a will is one of the most thoughtful, responsible things you can do for your family. It's not just about dividing things up—it's about providing peace of mind and clarity when they need it most.

At Magna Carta Law Firm, we have personally witnessed the difference a will can make. We've also sadly seen the complications and conflicts that can arise when someone dies without one. That's why we've made the process of creating a will as simple, affordable, and stress-free as possible.

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## What's included in the will?

All the essential details: your personal information, a list of your assets, and the names of the people or charities you want to inherit from you. You can specify who gets what, and even name someone to be in charge of carrying out your wishes (this person is known as the "executor" of the will). It's clear, binding, and most importantly—it gives you and your loved ones' certainty.

It's just a few pages of paper, but it's easily one of the most important documents you'll ever sign. It speaks on your behalf when you no longer can.

So, if you haven't made a will yet, please—take this as your gentle reminder to start thinking about it. Whether you're a long-time resident of Thailand, own property here, or simply want to make sure your affairs are in order, this is something worth doing now, not later.

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# Sports Update

For August by Steve Wade

It's been a summer of great sporting action in the UK and across the world in 2025. Wimbledon tennis produced another great match between Alcaraz and Sinner after their classic encounter in Paris and this pair look like producing one of the great rivalries in men's tennis, when it seemed impossible that the intense competition between Federer, Nadal and Djokovic would ever be repeated.

Rory McIlroy finally completed the golfing career grand slam by winning the Masters in the most dramatic fashion in a play-off with Justin Rose, and at the same time laying a 10 year hoodoo to rest whilst placing himself amongst the greatest players in the history of the game.

## From Club World Cup Shocks to Premier League Hopes

And then we had the football Club World Cup. A hastily conceived idea that seemed to have attracted little interest and looked more like a pure money making exercise, until the final, where Chelsea put up an explosive performance against long odds on favourites PSG. Which brings us on to the big sporting deal in August, the return of the Premier League.

What that win will do for the confidence of the Chelsea team is anybody's guess but much will depend on the form of Cole Palmer, who looked world class against PSG and seemed to strike up an immediate understanding with new signing Joao Pedro.

Manchester City looked in excellent form against Juventus in the above competition but then proceeded to get beat at long odds on against Al Hilal. Whether that is a pointer towards a continuation of the inconsistent form that City showed last year, we'll have to wait and see, although Guardiola will be determined for that not to happen.







## Premier League Returns: A Season of High Stakes.



Arsenal will no doubt be there or thereabouts again in the coming season but their inability to actually get over the line must be of some concern. The near 200 million they have splashed out in the transfer market this close season shows plenty of intent to do just that and they must be contenders.

And what of Champions Liverpool? The tragedy that has befallen the Jota family with the death of Diogo and his brother has overshadowed the close season at the Merseyside club and I can only see this terrible incident adding extra steel to their determination to carry on where they left off last season. They will be extremely tough to beat again this year.

It would take a major leap of faith to think that any other team will show the necessary improvement to be involved in the race for the title and it surely rests between these four.

In the middle of this lowest of all low seasons, it's good to see the big leagues back and hopefully it will bring people out again to enjoy a few cold beers in the bars throughout the city and help to alleviate a tough time for the owners.

August has three match days in the Premier League and the fixtures are out there so you can find out where your team is playing. Good luck to all and get out there and support your local hostelry.





# PettyRock

## The Teenage Guitar Sensation

### Who is PettyRock?

PettyRock's real name is Vimolwan Saisathit (Petch), and she is a sensational guitarist. Her musical journey started when she was just five years old. She began learning to play on an electric Hello Kitty guitar that had to be modified to work!. Her family played a crucial role in encouraging her to gain stage experience through auditions and competitions, which helped build her confidence as a performer. She even appeared on Thai TV charming everyone with her cute smile and then shocking them all with the extent of her musical talent.

### What are some of PettyRock's notable achievements and career milestones?

Now at the age of only 15, PettyRock already has a remarkable list of achievements.

She won an award in Class A for Electric Guitar Performance at the Young Artist Music Contest 2022. She also participated in the 3rd TIJC Youth Camp 2023, a jazz music camp for young musicians.

Last year she performed at MIDEM in Cannes, from June 4- 7 and opened for Placebo Rock Band at O2 Shepherd's Bush Empire in London, July 16, 2024

A significant milestone in her career was signing a collaboration contract with Riverman Management Company (England) who have managed bands like Deep Purple, Nirvana and Alice Cooper.

PettyRock also released two singles with the English label Fierce Panda in 2024 and became an endorser for the musical equipment and guitar string brand D'Addario.

She has performed alongside nationally and internationally acclaimed guitarists. Additionally, she completed the Trinity assessment exam (Category III) for the under-18 age group, earning both a Gold Medal and the Outstanding Award (Grade 8) at the "Rock & Pop Fest in Live 2023" by Trinity College London.



### Beyond her musical performances, what other activities is PettyRock involved in?

Petch is also actively involved in charity and community work. She organized a fundraising concert on December 7, 2024, at Hard Rock Cafe Bangkok: "Providing First Guitars for Underprivileged Students."

This initiative raises funds through T-shirt sales and guitar donations to provide instruments to underprivileged students across Thailand who show dedication to music but lack their own instruments.





She also held "PettyRock's Music Workshop" on September 20, 2024, at Wat Ban Huai Yao School, Phichit Province, focusing on teaching proper guitar techniques, hosting Q&A sessions, jam sessions, and donating guitars to the school. She has played music and shared meals with visually impaired students, and donated guitars to Rajawithi School for the Blind.

### What are PettyRock's aspirations for the future?

PettyRock has set a goal to apply to the College of Music at Mahidol University after completing junior high school. Her aspiration to study there is driven by her desire to develop new and challenging musical skills. She is committed to following her passion and staying close to music. She feels that her life has been enriched by music and she aspires to become a professional musician.

Having seen her perform twice now at Dicey Reilly's in Pattaya we are sure she will achieve her goals. You can see her there once a month. The next date being 8th August 2025.



**What are PettyRock's social media Channels?** She is on Facebook as "PettyRock" and on Instagram as "@petch.theofficial". For more information and to see live performances visit her YouTube channel: @PettyRockVimolwanSaisathit.







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# From Support to Smothering: Striking the Balance in Your Child's Education



Parental involvement is one of the strongest predictors of a child's academic and personal success. According to economist James Coleman, social capital: in essence, family and community engagement in education, significantly improves school performance and reduces behavioural issues. Complementing this, findings from the UK National Foundation for Educational Research reveal that schools with active PTAs see enhanced student achievement and community cohesion.

A landmark meta-analysis in 2002 found consistent positive correlations between parental engagement and higher grades, better attendance and improved social skills. In Thailand and internationally, parental involvement, through regular communication with teachers, monitoring homework, attending school events and fostering intellectual curiosity at home, builds motivation and self-confidence. These children do better academically, display fewer disciplinary issues and show greater emotional well-being.

## Striking a Balanced Approach

Being involved doesn't mean taking over. The challenge lies in striking the right balance between support and autonomy. Indeed, that fine line is where benefits turn to harm.

## The Perils of Helicopter Parenting

Helicopter parenting, where parents "hover" over and micromanage every aspect of a child's life, has become increasingly common. One study defined it as the "intrusive and unnecessary micromanagement" of children's autonomous activities. Research is clear: this approach carries real risks. An analysis of emerging adults found helicopter parenting correlates with increased anxiety, reduced academic adjustment, lower self-efficacy and impaired self-regulation. These statistics reveal that over-involved parenting can impede a child's development of essential life skills and mental resilience.

Moreover, studies from Florida State University linked helicopter parenting to poor self-control in college students, which increased the risk of academic burnout. This is supported by developmental psychology research showing that over-controlling parents can reduce children's emotional regulation which can be shown as early as by age 5, leading to worse social and academic outcomes by age 10.

## Why Over Parenting Harms

There are fewer opportunities to learn autonomy: Children raised by helicopter parents miss chances to solve problems and make decisions independently, harming their self-efficacy and life skills development. Over-parenting can also lead to higher anxiety and reduced confidence: Continuous monitoring can undermine a child's belief in their own abilities, often fostering anxiety, depression, self-doubt and academic burnout.

Young children deprived of emotional boundary-setting struggle to self-regulate, affecting peer relationships and class behavior. This can lead to emotional dysregulation and social difficulties. Also, impaired resilience and lack of problem-solving: Without the freedom to learn from failure, children may become risk-averse and lack resilience when faced with real-life challenges.

## A Healthier Alternative: Empowered Engagement

The best form of parental involvement is one that empowers rather than controls. Parents can:

- Encourage autonomy by allowing children to make age-appropriate choices.
- Be present and supportive, not directive, helping children reflect on their successes, mistakes and feelings.
- Facilitate but not dominate homework, discussions about school life and decisions about interests or friendships.
- Offer consistent emotional validation without removing challenges.



Working in collaboration with your child's school, focusing on open communication rather than constant criticism; undermining teachers or school decisions in front of your child can erode respect and trust, making it harder for them to succeed in the classroom.

This approach nurtures emotional resilience, self-regulation and independent thinking, essential skills for academic and life success. Parents truly matter in children's education, but the nature of that involvement is critical. A warm, supportive presence fosters engagement, motivation and academic success. In contrast, helicopter parenting can undermine children's confidence, mental health and independence. By engaging thoughtfully, supporting autonomy, reflecting on emotional growth, allowing setbacks, we bring out the best in our young learners.

**By James Kemp Deputy Head of Mooltripakdee International School**





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# What's on The Small Screen



**Jenna Ortega, Catherine Zeta-Jones, Steve Buscemi**

New mysteries unfold, pushing Wednesday's sharp instincts to their limits as the line between the personal and the paranormal blurs. With the arrival of a mysterious new principal, Barry Dort (Steve Buscemi), and her younger brother Pugsley (Isaac Ordonez) developing unexpected powers and enrolling at Nevermore, Wednesday's life becomes even more chaotic.



## **Outlander: Blood of My Blood**

**Jamie Roy, Brian Fraser, Hermione Corfield**

"Blood of My Blood" explores two parallel love stories across different centuries.



## **Butterfly**

**Piper Perabo, Reina Hardesty, Kim Ji-hoon**

A former US intelligence operative living a quiet life in South Korea, past comes back to haunt him.



## **Alien: Earth**

**Sydney Chandler, Alex Lawther, Timothy Olyphant**

In the year 2120, after a mysterious space vessel crash-lands on Earth, a humanoid robot leads a team of soldiers to investigate.



## **And Just Like That... Season**

**Jessica Parker, Cynthia Nixon, Kristin Davis**

Carrie, Charlotte, and Miranda navigate the complexities of their evolving friendships, careers, and romantic lives in New York City.



# What's on The Big Screen



## Materialists

**Dakota Johnson, Chris Evans, Pedro Pascal, Marin Ireland**

"Materialists" follows Lucy, a successful New York City matchmaker who prides herself on finding ideal partners for her elite, often financially-driven clients. While she expertly navigates the transactional world of modern dating for others, her own love life becomes complicated. She finds herself in a love triangle between Harry, a charming and incredibly wealthy "unicorn" of a man who seemingly checks all the boxes, and her financially struggling but emotionally resonant ex-boyfriend, John



## Nobody 2

**Bob Odenkirk, Connie Nielsen, Sharon Stone**

Former assassin Hutch Mansell attempts to take his family on a much-needed vacation, only to find himself entangled with a corrupt theme-park operator,



## The Bad Guys 2

**Sam Rockwell, Craig Robinson, Marc Maron**

The now-reformed Bad Guys are striving to be good, but their attempts at an honest life are derailed when they're pulled out of retirement for one last job.



## In the Lost Lands

**Milla Jovovich, Dave Bautista, Paul W.s Anderson**

In a dystopian future, a powerful witch named Gray Alys, who is compelled to grant any wish, is tasked by a queen to journey into the dangerous "Lost Lands



## Freakier Friday

**Lindsay Lohan, Jamie Lee Curtis, Cahd Michael**

Years after their original body-swapping mishap, Anna and Tess Coleman find themselves in another identity crisis when a new body-switch occurs.

DISCOVER PATTAYA



# Happy Mother's Day



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Give Mom the gift of ultimate relaxation this Mother's Day with the Pura Smart Scent Diffuser. This innovative tech gadget allows her to effortlessly control and customize her home's ambiance, filling any room with beautiful fragrances right from her smartphone. It's the perfect blend of modern convenience and luxurious self-care



## Samsung Galaxy Z Flip 6



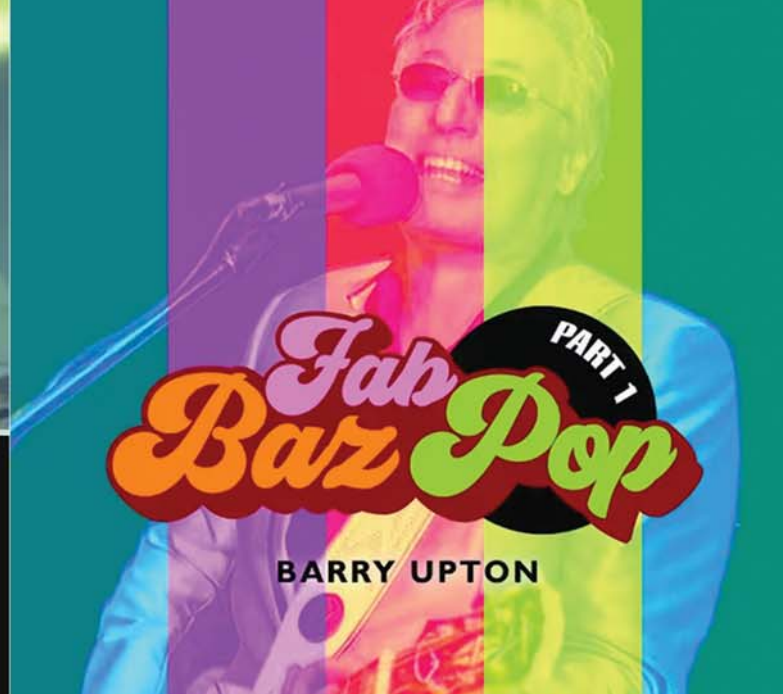
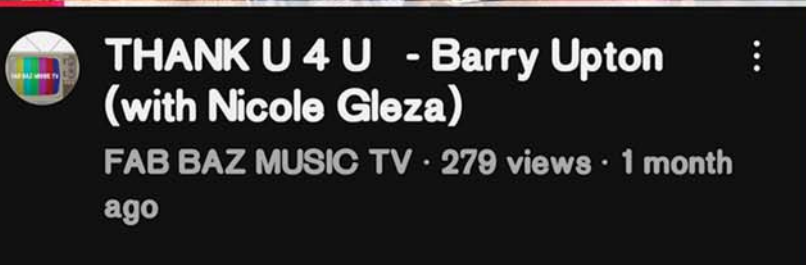
Iconic foldable design lets it slip effortlessly into any purse or pocket, transforming from a compact fashion statement to a full-screen powerhouse. With an enhanced camera and intuitive Flex Mode for hands-free selfies and video calls, The Z flip 6 is the perfect tech companion for every modern mom on the go.

## CurrentBody LED Light Therapy Mask

The CurrentBody LED Light Therapy Mask is a revolutionary tech beauty device that uses clinically proven red and near-infrared light to visibly reduce wrinkles, boost collagen, and improve skin tone and texture in just 10 minutes a day.







## Barry Upton - A Revival Artist

The world is changing and requirements to be a pop chart climber these days have changed radically from yesteryear. In the good old days, as our senior artists/musicians assert, when people actually spent money to purchase music, whether on vinyl, cassettes, CDs and even paid downloads, meaning that the artist earned a living directly from sales, charts would reflect the public's spending habits meaning, the more you sold, the higher up the chart you'd go.

Nowadays, to be in any chart, you either need to stream-a-lot, get radio play-a-lot, or be voted for by fans of your music.... a-lot. Recently I've been getting mucho success with a chart that is mainly based on votes cast each week from radio listeners. The Revival Chart's entry rules mean that you have to be an artist who has been releasing material successfully for more than twenty years, for which I qualify admirably. No financial return is earned from being up the chart but exposure is everything so it's up to each and every artist to capitalize on their continuing fame as a relevant contributor to today's music scene.

		NEW DAWN FM	
		THE REVIVAL CHART	
		June 06, 2025 - WEEK 23	
TW	LW	MV	ARTIST
1	1	-	Eddie Roxy & The Adjacent Kings
2	4	↑	C Wolf
3	28	↑	Coco Zhu with Barry Upton
4	24	↑	The Chords UK
5	15	↑	Love Parade
6	3	↓	Explode the TV
7	11	↑	Johny Copp
8	13	↑	The Alarm
9	8	↓	Fields of Dawn
10	23	↑	The Alarm
		TITLE	
		Soul Snatcher	
		What I'm missing is you	
		Cry Baby Cry	
		Leave It All Behind	
		New Careers	
		Stratosphere	
		Driving	
		Chimera	
		13 Times	
		Outlier	

Since the Revival Chart was instigated by Dawn Parry at NewDawn.FM, thankfully, I've seen all my recent releases reach the higher climbs of the lists.

Rubbing shoulders with the likes of Boy George, Paul Weller, Bruce Springsteen, Pulp, Billy Idol, Bryan Adams, Suzanne Vega, Gary Newman and the suchlike, takes me back to the halcyon days of Top Of The Pops and being up the U.K. and international charts. My latest original output that's been making waves is all accessible in video form at my dedicated YouTube channel FAB BAZ MUSIC TV.

The first track I had in the Revival Chart, 'START OF A BRAND NEW DAY', stayed there for nearly four months echoing the sixteen week success I had with STEPS in the U.K. national chart and my song '5,6,7,8' in the late nineties. After that, I had a few weeks in the top twenty with a Christmas song followed by the re-release of a song from my FAB BAZ POP album called 'LUV ROCKZ' which would yo yo up and down the chart for a fair few weeks. The past two months has seen my last release 'THANK U 4 U' hitting the higher regions alongside another song I wrote and produced called 'CRY BABY CRY' featuring Coco Zhu which peaked at a very respectable number 3.

I now have a current release which was co-produced by my friend, legendary hitmaker and six times Grammy Award winning Steve Lillywhite OBE (U2, Simple Minds, Peter Dinklage, The Killers, etc., etc..). We appear together on a radio show called Jukebox Judgement each Friday (www.newdawn.fm) as expert music industry stalwarts and on one such program, the phrase 'she made me do it' came up with myself claiming that it would make a great title for a song. Steve then challenged me to go away and write which I subsequently did. Then, when he heard what I'd come up with, loved it so much, he came on board with arrangement suggestions and finally got his U2 engineer to do a remix. I also managed to get another Jukebox Judgement contributor, Steve 'Smiley' Barnard (The Alarm, Boomtown Rats) to add drums and backing vocals to the track.

So, please check out my latest song 'SHE MADE ME DO IT' on YouTube - FAB BAZ MUSIC TV.







**Hilton**  
PATTAYA



## ROTARY CLUB OF PATTAYA CENTER INTERNATIONAL'S GLAMOROUS EVENT

A Great time was had by all at the Hilton with excellent food, fantastic entertainment from Jayson & his guest singers - even a Fashion Show!







TO KEEP UPDATED WITH  
THE LATEST FROM  
PATTAYA TRADER PLEASE



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COMMENT



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ON FACEBOOK

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Pattaya Trader - Discover Pattaya Page

PATTAYA  
TRADER  
GROUP

Pattaya Trader - Discover Pattaya Group

PTEL

Pattaya Trader - Discover Pattaya Expat  
Ladies Group

## IMPORTANT TELEPHONE NUMBERS

The Pattaya City Center 1337 then 9 for English



Emergency Hotline: 191  
Pattaya Police Station: Soi 9  
038 420 - 802  
Tourist Police 1155



Fire & Rescue 199  
Pattaya Fire Station  
038 425 943



General Emergency 191 or 911  
Bangkok Pattaya 038 259 999  
Pattaya International 038 428 374  
Pattaya Memorial 038 488 777



Electricity Pattaya  
038 426 463  
Water 1416 Press 9  
For English  
Garbage Collection  
038 428 100



Airport Flight Information  
Suvarnabhumi (02) 132 1888  
U-Tapao Airport 038 245 593



Traffic accidents  
medical assistance 1669  
Highway Police 1193



## MEDIUM

		6					9	
	1					4		8
					2	1	7	
5						8		
		9		4	7			
				2	6			
	6	2			4			7
				9		5		
	8							

				3				
	9					1		
		2	4		9		6	7
				5				
5					7	6		3
	4						2	
	1			6				
		6			2	7		
3						8		

				9	1	5		
								1
5	8							
3								2
			2	3			4	
9			7	5			3	
		8						9
	4	7	3				2	
			6					

4		9						
				7				
5			6			1	3	4
				8		7		
			4			3		6
	2	7				9		
			1					
		4		6		5		
8		2				6		

## HARD

5							2	4
		4		9	7		3	
					6			
			9				5	8
			5	3				
	3							
	8	6	3			1		9
	9	7		1		6		

		2	7		4			5
		5					6	
	9						7	
	5	7			1		8	
				4				
1								
				9				6
			6				3	4
		8	5	7		1		

				6				9
	1	6				3		
			5		2			
		8	9		4		7	6
9		1					4	
					7		2	
						7	8	
8		3		5				

					3	6		8
		9	4		2			5
		7	8					
	9		3			7		
6					9			
		1						6
8	2							
			1	5		3		
	4							





## Bringing Businesses Together

**Are you looking for a partner to help your business or business community thrive?**

At BBX we are an experienced and committed team, designed exclusively to help businesses grow

### **Who we are?**

BBX is a community of business owners with a solution to immediately help with business cashflow needs.

### **How do we do it?**

- We provide interest free credit to business owners in our community
- Business owners use this credit to purchase products and services within the community to help their business grow "No Cash Outlay"

### **What's our commitment?**

- We will continue to build the BBX Business community providing sustainable opportunities focused on business needs
- We will support business initiatives and partnerships, nurturing them in parallel with new ideas.
- We will provide a secure financial platform for transaction management

### **Your Commitment?**

- Our business community transacts via business trade credits. A willingness to be part of this extra revenue stream
- Our community of business owners connects and supports each other via fair trading terms, an understanding that strong relationships prosper with respect

**Reach out to us, we are here to help all business grow!**

[www.bbxworld.com](http://www.bbxworld.com)





# SOLUTIONS

## MEDIUM

4	5	6	7	8	1	2	9	3
2	1	7	9	3	5	4	6	8
8	9	3	4	6	2	1	7	5
5	7	4	3	1	9	8	2	6
6	2	9	8	4	7	3	5	1
1	3	8	5	2	6	7	4	9
3	6	2	1	5	4	9	8	7
7	4	1	6	9	8	5	3	2
9	8	5	2	7	3	6	1	4

4	7	5	1	3	6	2	8	9
6	9	8	7	2	5	1	3	4
1	3	2	4	8	9	5	6	7
2	6	1	9	5	3	4	7	8
5	8	9	2	4	7	6	1	3
7	4	3	6	1	8	9	2	5
9	1	7	8	6	4	3	5	2
8	5	6	3	9	2	7	4	1
3	2	4	5	7	1	8	9	6

7	3	2	8	9	1	5	6	4
4	6	9	5	2	3	7	8	1
5	8	1	4	6	7	2	9	3
3	7	6	9	1	4	8	5	2
8	1	5	2	3	6	9	4	7
9	2	4	7	5	8	1	3	6
6	5	8	1	4	2	3	7	9
1	4	7	3	8	9	6	2	5
2	9	3	6	7	5	4	1	8

4	3	9	8	5	1	7	6	2
2	1	6	3	4	7	8	9	5
5	7	8	6	2	9	1	3	4
6	4	5	9	3	8	2	7	1
9	8	1	4	7	2	3	5	6
3	2	7	5	1	6	9	4	8
7	6	3	1	8	5	4	2	9
1	9	4	2	6	3	5	8	7
8	5	2	7	9	4	6	1	3

## HARD

5	6	9	1	8	3	7	2	4
8	1	4	2	9	7	5	3	6
7	2	3	4	5	6	8	9	1
6	4	2	9	7	1	3	5	8
1	7	8	5	3	4	9	6	2
9	3	5	6	2	8	4	1	7
2	8	6	3	4	5	1	7	9
3	9	7	8	1	2	6	4	5
4	5	1	7	6	9	2	8	3

8	6	2	7	3	4	9	1	5
7	1	5	8	2	9	4	6	3
3	9	4	1	5	6	2	7	8
4	5	7	2	6	1	3	8	9
9	8	6	3	4	7	5	2	1
1	2	3	9	8	5	6	4	7
2	3	1	4	9	8	7	5	6
5	7	9	6	1	2	8	3	4
6	4	8	5	7	3	1	9	2

4	5	7	3	6	8	2	1	9
2	1	6	4	7	9	3	5	8
3	8	9	5	1	2	4	6	7
5	2	8	9	3	4	1	7	6
9	7	1	6	2	5	8	4	3
6	3	4	1	8	7	9	2	5
1	6	5	2	9	3	7	8	4
7	9	2	8	4	6	5	3	1
8	4	3	7	5	1	6	9	2

4	1	2	5	7	3	6	9	8
3	8	9	4	6	2	1	7	5
5	6	7	8	9	1	2	3	4
2	9	8	3	4	6	7	5	1
6	5	4	7	1	9	8	2	3
7	3	1	2	8	5	9	4	6
8	2	5	6	3	7	4	1	9
9	7	6	1	5	4	3	8	2
1	4	3	9	2	8	5	6	7



# LAMPANG, THE HISTORIC AND TIMELESS CITY

## Chapter 7 – Unseen Lampang

By: Songpone Siriwanlert

The main journey to Lampang City since former times is by train. Construction of railroad started in the reign of King Rama V. In this chapter, we are going to present to you the interesting and well-known places along the northern railway route during Lampang and Chiangmai.

### KHUN TAN TUNNEL

Travelling by train from Lampang to Chiangmai, the railroad construction is needed to pass many hills and mountains. On the peak of highland, Khun Tan Mountain is in between Lampang and Lamphun Provinces. Drilling the railroad tunnel under the mountain of Khun Tan was so big and most difficult task in Thailand in non-technology era. Chief Engineer who directed and supervised the construction was Mr. Emil Eisenhofer, a German civil engineer. Tunnel drilling started in 1907 and took 11 years. The method carried out by workers was hand digging without any machines but using dynamite at some points where there were hard rocks. The drilling team faced many difficulties and lots of workers died of malaria and serious illness from breathing a lot of dust from rock explosive grinding. More than that, they were often eaten by savage beasts in the wild environment during sleeping time at night. Coincidentally, World War I had happened that made Siam in the alliance of England and France in the war against Germany.

As Mr. Emil held German nationality that was regarded as the enemy. In this situation, Siam unwillingly dismissed Mr. Emil and detained him in Bangkok before repatriating him out. By that time, Prince Kampaengphetch Akarayothin, the Director General of Royal State Railway, oversaw Mr. Emil's duty. After World War I, Siam government called Mr. Emil back and gave him compensation for unemployment. Mr. Emil Eisenhofer had his own mansion and lived peacefully in Bangkok until passing away in 1962 at the age of 87. His bone ashes were taken inside his monument in front of Khun Tan Tunnel in the area of MaeTha District, Lamphun Province. The length of Khun Tan tunnel is 1,352 meters. (We wish to thank Chiangmai University Library and Fine Art Department of Chiangmai Archives for the inserted pictures)



### THA CHOMPOO WHITE RAILWAY BRIDGE

Made of reinforced concrete with the same architectural design as Rassadapisek Bridge (in double arches shape). This bridge was constructed in 1925, after completion of Khun Tan Tunnel drilling. It is a railway bridge across Maetha River in Maetha District of Lamphun Province. The highlight of this bridge is the beautiful architectural design and the good spot for tourists who travel by train. Everyone on board is waiting for the train locomotive with the front part of passenger cars being on the curve getting into the bridge to take photo of a wonderful panoramic view. Other than that, this is a well-known check-in point for all tourists who travel by car.

### ELEPHANT CONSERVATION CENTER (THE INSTITUTE OF THAI ELEPHANT CONSERVATION UNDER THE PATRONAGE OF HER ROYAL HIGHNESS PRINCESS SIRINTHORN)

Situated in Hang Chat District of Lampang Province, about 30 km. from Lampang City The elephant conservation center comprises of elephant wellness and hospital for all ill elephants from various places of Thailand with many talented elephants shows. If you are interested in this place, you can travel by car on Lampang-Chiangmai superhighway. The famous event is Elephant Day on March 13 of every year.



### MAE MOH LIGNITE POWER PLANT

It has been a famous power plant of Lampang for a long time, situated on the land that used to be a lignite coal mine at Mae Moh District of Lampang Province that can be seen from train about 30 km. before reaching Nakhon Lampang Station. In the past, Mae Moh lignite coal mine was the main source of raw material to supply the power plant. Nowadays, there is a conscious of eco-friendly. As a result, there is no more lignite coal mining. Apart from this, there are many eco care activities to attract tourists such as the viewpoint of abandoned lignite coal mine. Buatong Forest Park during January of the year as well as clean energy museum and many ecotourism activities.





# ลำปาง นครแห่งประวัติศาสตร์ที่อยู่เหนือกาลเวลา

## บทที่ 8 – นอกเมืองลำปาง

โดย ทรงพล ศิริวรรณเลิศ

การคมนาคมตั้งแต่ครั้งประวัติศาสตร์ไปยังนครลำปาง คือทางรถไฟ โดยเริ่มการก่อสร้างทางรถไฟในสมัยรัชกาลที่ 5 ในฉบับนี้ เราจะพาท่านไปชมสถานที่สำคัญบนเส้นทางรถไฟสายเหนือช่วงลำปางถึงเชียงใหม่

### อุโมงค์ขุนตาน

การเดินทางโดยรถไฟจากลำปางไปเชียงใหม่ ในการก่อสร้างทางรถไฟ จะต้องผ่านเส้นทางที่มีภูมิประเทศเป็นภูเขา จึงต้องขุดเจาะอุโมงค์ลอด ดอยขุนตาน เป็นภูเขาที่กั้นกลางระหว่างจังหวัดลำปางกับจังหวัดลำพูน การขุดเจาะอุโมงค์รถไฟขุนตาน จึงเป็นงานที่ใหญ่และยากลำบากที่สุดในยุคที่เทคโนโลยีการขุดเจาะ ภูเขายังไม่เจริญ วิศวกรผู้ควบคุมงานขุดเจาะอุโมงค์ขุนตาน คือ มร.อีมีลล์ ไอเซนโฮเฟอร์ วิศวกรชาวเยอรมัน งานขุดเจาะอุโมงค์ เริ่มในปี พ.ศ.2450 ใช้เวลา 11 ปี จึงแล้วเสร็จในปี 2461 ในยุครัชกาลที่ 6 การขุดเจาะอุโมงค์ใช้แรงงานคน โดยไม่มีเครื่องจักร แต่อาศัยการระเบิดหินเป็นช่วงๆ อุบัติเหตุที่ต้องเผชิญ ใหญ่หลวงนัก คนงานต้องเสียชีวิตจากไข้มาเลเรีย และ เจ็บป่วยการจากสูดหายใจฝุ่นจากการระเบิดหินจนปอดเสียหาย อีกทั้งยังถูกสัตว์ร้ายเช่น เสือ โคร่ง จับกินเป็นอาหาร ยิ่งกว่านั้นในช่วงการขุดเจาะ เกิดสงครามโลกครั้งที่ 1 ในหลวงรัชกาลที่ 6 ต้องเข้าร่วมกับอังกฤษและฝรั่งเศส ทำสงครามกับเยอรมัน โดยวิศวกรเยอรมันผู้ควบคุมงานขุดเจาะอุโมงค์เป็นชาวเยอรมันซึ่งถือว่าเป็นสัญชาติของศัตรู รัฐบาลจึงจำใจต้องเลิกจ้างและนำตัว มร.อีมีลล์ ไปจำคุกที่ กรุงเทพฯ แล้วส่งตัวกลับ โดยกรมพระกำแพงเพชรอัครโยธินผู้บัญชาการรถไฟหลวงเป็นผู้ควบคุมงานแทน เมื่อสิ้นสุดสงคราม รัฐบาลสยามจึงได้เชิญตัวกลับ และชดเชยค่าจ้างให้ โดย มร.อีมีลล์และครอบครัว ได้พำนักอยู่ในกรุงเทพมหานคร อย่างมีความสุขจนเสียชีวิตลงในปี พ.ศ.2505 อัฐิของท่านได้ถูกนำมาบรรจุ ในอนุสาวรีย์ตรงปากทางอุโมงค์ขุนตาน ซึ่งอยู่ในเขตอำเภอแม่ทา จังหวัดลำพูน โดยอุโมงค์ขุนตานมีความยาว 1,352 เมตร



### สะพานขาวทาชมู

เป็นสะพานคอนกรีตเสริมเหล็กรูปทูลโค้งสองทูล ในรูปแบบสถาปัตยกรรมเดียวกับสะพานรัชฎาภิเศก สร้างในปี พ.ศ.2468 หลังการขุดเจาะอุโมงค์ ขุนตานแล้วเสร็จ เป็นสะพานรถไฟข้ามลำน้ำแม่ทา ที่อำเภอแม่ทา จังหวัด ลำพูน มีจุดเด่นที่ความงามของสถาปัตยกรรม และ อยู่ในจุดที่รถไฟกำลัง เลี้ยวโค้งข้ามสะพาน จึงเป็นจุดที่นักท่องเที่ยวบนรถไฟ คอยถ่ายภาพ เมื่อ ทั่วขบวนกำลังเลี้ยวเข้าโค้งสะพาน นอกจากนั้น ยังเป็นจุดเช็คอินของนักท่องเที่ยวที่เดินทางมาโดยรถยนต์อีกด้วย



### ศูนย์อนุรักษ์ช้างไทย (สถาบันคชบาลแห่งชาติ ในพระอุปถัมภ์สมเด็จพระกนิษฐาธิราชเจ้า กรมสมเด็จพระเทพรัตนราชสุดาฯ สยามบรมราชกุมารี)

ตั้งอยู่ที่อำเภอห้างฉัตร ห่างจากตัวจังหวัดลำปางประมาณ 30 กม. ประกอบด้วยศูนย์ดูแลช้าง และโรงพยาบาลช้าง รับรักษาช้างที่เจ็บป่วยจากทั่วประเทศ มีกิจกรรมการแสดงของช้างมากมาย การไปชมสถานที่ สามารถเดินทางโดยรถยนต์บนทางหลวงสายลำปาง-เชียงใหม่ (ถนนซูเปอร์ไฮเวย์) มีงานสำคัญประจำปี คือ งานวันอนุรักษ์ช้างไทย ทุกวันที่ 13 มีนาคม ของ ทุกปี

### โรงไฟฟ้าถ่านหินลิกไนต์แม่เมาะ

เป็นโรงไฟฟ้าที่ตั้งอยู่บนเหมืองถ่านหินลิกไนต์ ตั้งอยู่ที่อำเภอแม่เมาะ จังหวัดลำปาง โดยรถไฟสายเหนือจะแล่นผ่าน ก่อนที่จะถึงสถานีนครลำปาง ในอดีต มีการทำเหมืองลิกไนต์ที่แม่เมาะ อย่างเป็นล่ำเป็นสัน เพื่อป้อนโรงไฟฟ้า แต่ในปัจจุบันได้มีการรณรงค์ให้แก้ไขภาวะมลพิษอันเกิดจากการใช้ถ่านหินลิกไนต์เป็นเชื้อเพลิง จึงไม่มีการทำเหมืองลิกไนต์ที่แม่เมาะอีกต่อไป นอกจากนั้นยังมีกิจกรรมส่งเสริมการอนุรักษ์สิ่งแวดล้อมอีกมากมาย ดังเช่น การสร้างจุดชมวิว และ งานส่งเสริมการท่องเที่ยวเชิงอนุรักษ์อื่นๆ เช่น การเที่ยวชมทุ่งดอกบัวตองตามฤดูกาล ในเขตของโรงไฟฟ้า ตลอดจน พิพิธภัณฑ์พลังงานสะอาด และเป็นมิตรต่อสิ่งแวดล้อม







# America's Forgotten People Our Road Trip to Montana USA

Pictures and Story  
By Jason Rupp and Carla Marie Rupp

Native Americans have tragically been treated poorly, but what do we know about their modern life? We feel that in many ways Native Americans are an overlooked and forgotten people. It shouldn't be this way and the people we met at the Crow Montana Indian Reservation were more than willing to be filmed and documented. They were willing to be seen and their voices heard. Our Montana USA road trip brought us plenty of new Native American friends and new insights.

Anyone can come and visit the Native American Indian territories of the United States. We drove to Montana to get an unusual glimpse into how Native Americans are living and some amazing families invited us into their lives and homes with such hospitality at the Crow Indian Reservation.

We were invited to try "Indian fry bread" at the Trading Post restaurant. This Native American staple food we found to be delicious. Here we met Jonathan, a Crow Tribe artist who makes "solar art" which means he uses the sun to burn wood into fantastic art and he excels on the wooden Indian Flute..



We also met Lewis, who told us stories around the historic photographs and artifacts on the walls at the senior center. He invited us to his home, a small ranch, where we met his extended family members and his horses. "Louie" also sang his favorite songs to us on his porch. We also took him with us to the Little Bighorn Battlefield National Monument, a government national park. We brought our new native friend Louie along for perspective. Photo SA







Little Bighorn Battlefield is where the U.S. government leader George A. Custer and his men lost the battle to the Native Americans they fought. It's often referred to as "Custer's Last Stand at the Custer Battlefield", but the Native Americans see the Battle of Little Big Horn differently. The Battle of the Little Bighorn is known to Native Americans as "The Battle of the Greasy Grass".



It was a significant event viewed from their perspective as a victory against the encroaching U.S. Army, rather than a tragic last stand for Custer and his men. Native American warriors, primarily Lakota, Sioux, and Northern Cheyenne, successfully defended their families and way of life against Custer's 7th Cavalry, inflicting a major defeat against U.S. forces. Besides learning of the history, the surrounding land here is awesome to see, and we recommend not missing it.

An estimated seven million Native American Indians live in the USA, and there are approximately 574 Indian tribes. The word "Indians" means "People of the land." We loved the people we met on this road trip. If you would like to find out more about them, Crow Nation News – CNN on Facebook is an excellent source of information about the Crow people. We also hope you can watch some of the YouTube videos on the Jason Rupp channel highlighting these beautiful, humble people of Montana USA. These are the people you may not hear about anywhere else. The forgotten people.

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# What to do with the Kids

As the International schools break for the end of another academic year, the holiday weeks can be a wonderful opportunity for families to reconnect, recharge, and create lasting memories. However, they may also be a challenging time for parents trying to keep their children active, and entertained. So if this year you're not getting away on a family vacation or making the most of the fantastic holiday camps available in this area, you could try some of these ideas.

## Get Out and Away from the Screens

Spend a day at the beach. We are lucky in Pattaya to never be too far from a beach and yet we often forget to spend time there. Simply relaxing by the water can be fun and rejuvenating for the whole family. Kids the world over love sandcastle building, or running into the waves. However, if you're not at the crystal waters of a nearby island and perhaps not keen for your children to swim in the sea you can also have some pool time. Have a day at your condo or villa pool, buy a new float or pool game for the family to enjoy and take drinks and snacks to make it more of an occasion.

If you're lucky enough to have a garden why not create a small plot where your children can plant vegetables or flowers and care for them over the break. You can even do this using pots on a balcony or one in the kitchen that is theirs alone to water and tend to.

## Get Creative

Arts and crafts are wonderful outlets for imagination and self-expression, and they don't require expensive materials. Try painting, or creating holiday cards and scrapbooks. Recording memories helps children value their experiences and practice reflection. So a holiday journal is ideal where your child can write a sentence a day, draw pictures, or paste photos and mementos in an album. Or they can use a phone or tablet to save memories of their school holiday.

## Volunteer as a Family or start a new hobby together

Volunteering teaches children empathy and responsibility while giving back to the community. Participate in beach clean ups to show your kids what harm is done to the environment when they throw their litter onto the ground or out of a car window. Try new activities like tennis, swimming, martial arts, or yoga. The main point is that you spend uninterrupted time together. Which is often what children appreciate most from their parents.

## Be a Pattaya Tourist

Living in your hometown - even one as much fun as Pattaya, means that you don't always enjoy the delights that short term visitors have when visiting the city. Try looking at Pattaya with fresh eyes and become tourists in your own city. Research Pattaya's top 10 tourist attractions - have you visited them all? Sanctuary of Truth, Ramayana Water Park, Nong Nooch Tropical Garden, Elephant Jungle Sanctuary etc.. If there are any on the list you've yet to visit, tick them off this year.

The school holidays are much more than just a break from routine. They're a golden opportunity for parents to foster connection, creativity and growth with their children. By using a mix of outdoor adventures, creative projects and relaxed downtime, families can transform their holiday weeks into something enriching and create lasting memories during the holidays.







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# Thailand is Undergoing a Green Revolution

Bangkok and Pattaya are exploring eco-friendly property developments that prioritize sustainability, wellness, and modern comforts. One Bangkok (Central Pathumwan) is a 16.7-hectare integrated district under development, that is one such development and Thailand's first to target LEED Platinum. LEED Platinum for Neighborhood Development is the highest level of certification awarded by the LEED ND (Leadership in Energy and Environmental Design for Neighborhood Development). This is a rating system developed by the U.S. Green Building Council (USGBC) in partnership with the Congress for New Urbanism and the Natural Resources Defense Council. It evaluates entire neighborhoods—not just individual buildings—on their sustainability, livability, and environmental impact. It combines principles of smart growth, new urbanism, and green building.

At One Bangkok 50% of the land will be dedicated to green spaces: plazas, rooftop gardens, parks etc. The District Cooling water system will provide chilled water to ensure a comfortable environmental temperature throughout the district. District Cooling provides a centralized chiller plant which is economical, resilient, and estimated to lower energy utilization by 22% compared to conventional HVAC. Walkability is also part of the focused design with 5 km of shaded paths and seamless connectivity to public transit One Bangkok This model transforms traditional high-rise development into a human-centred, low-carbon urban ecosystem.



Whizdom The Forestias in the Bang Na district spans is a mixed-use hub that dedicates 56% of its land to natural forest, a 30-rai park, and wetlands Recognized as “Best Green Development” at the Dot Property Awards 2024. The development is near leading large shopping areas such as Mega Bangna, Bitec Bangna, Bangkok Mall and Central Bangna, and near the future extension of the dark green line electric train. It blends elevated forest walkways and eco-educational facilities with a pet lovers paradise with many pet-friendly amenities, wellness centres, and work-leisure zones





Integrated Districts like One Bangkok and The Forestias are redefining eco-urbanism. Green facades and sky gardens are becoming mainstream with LEED, EDGE, local green buildings gaining traction in mid- and high-end projects. Coastal areas like Pattaya and Bang Saray are emerging as green-living alternatives to mainland cities.

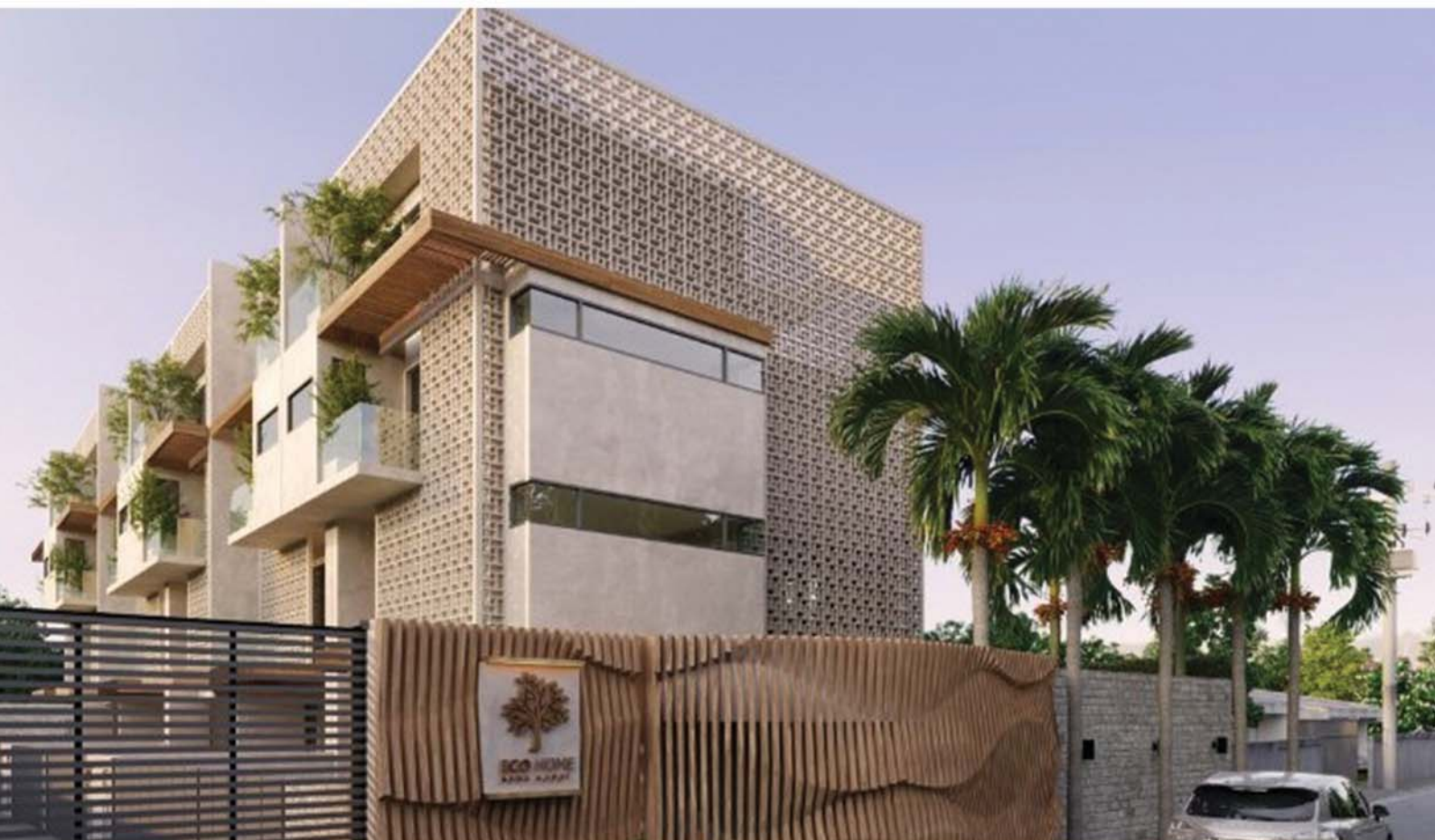
In Bang Saray Eco Resort & ECondo Bang Saray are located just steps from the beach, both developments feature: green architecture, solar PV, rainwater recycling “Passive design” minimizing energy use and lowering ecological footprint means that the developers plant two trees for each one removed. These condos marry resort-style living with green principles. With smart controls, EV charging, and wellness amenities, rooftop greenery and community gardens.



For those wishing for a house rather than a condo there is ECO Home Bang Saray. A boutique townhome community debuting in 2026: With passive environmental design and thermal cladding Energy-efficient lighting and appliances. EV charging, smart door locks this development offers sustainable luxury within a close-knit neighbourhood.

More and more developers are seeing the benefits of green development. Certainly with lower operating costs via energy and water savings from efficient systems and renewables. Greater health & wellness to promote for their customers with access to green space, fresh air, filtered light, and reduced pollutants. Green buildings often command premium rents and higher resale values and shared parks and corridors foster social ties and ecological resilience.

Thailand's real estate landscape is evolving from conventional high-rise blocks to multi-layered, ecology-integrated, people-centred developments. Whether in the heart of Bangkok or along the Gulf coast, property developers increasingly embrace renewable energy, water efficiency, health maintenance, biodiversity, and smart technology. These projects aren't just constructions, they're blueprints for sustainable urban futures.





# Are you Looking for a Family Home Close to the International Schools?

As someone who enjoys a good home, well-designed spaces, and a relaxed way of life, I recently visited a special place in East Pattaya that blends modern comforts with classic style, built by an experienced British team and designed by a top architect in Bangkok.

What really stands out is their great location close to many international schools. This spot gives you the best of everything: easy access to places you need and a peaceful feeling.

Each home is very big, with three floors and living space from 300 to 900 square meters (about 3,300 to 10,000 square feet). The ground floor is very welcoming, with open living areas that lead out to a beautiful green garden. This garden is your own private space, with a solid 2-meter fence for privacy and a large swimming pool.



I can easily imagine spending calm afternoons by the pool or having friends over in this nice outdoor area. The homes are also very practical. They have a covered carport and extra parking for up to four cars. There's also a secure place for trash, a storage room, and a flexible sixth room. This extra room can be an additional bedroom, a quiet office, or even a home gym. I really like how you can change it to suit your needs.

## Smart Homes, Easy Life

Upstairs, the homes continue to impress. You'll find five large double bedrooms, and each has its own private bathroom. This is great for comfort and privacy for everyone. The main bedroom suite is truly special, with its own private terrace that gives you nice views of the pool and the nearby countryside. It's a perfect spot for your morning coffee or to relax in the evening. And if you like open views, the rooftop terrace has a fantastic sky bar and entertainment area, with wide views of the landscape.





What really makes these homes special is how carefully they've added modern features to make life easy and secure. Smart home technology means you can control lights, air conditioning, and security systems with an app on your phone. Fast internet is included, and I was very happy to see a drinking water filter and a special air filter (PM2.5) for clean air inside the home. Saving energy is a key part of these homes. They have German hot water systems for the whole house, and 5kW solar panels that can sell extra power back to the electricity company.

## Safety and Location

Safety and peace of mind are also very important. Each home has a video doorbell you can use remotely, CCTV with five cameras controlled by an app, and smoke alarms. There's also a high-security wall around the property with an automatic gate. Some homes even have a panic room for extra safety.



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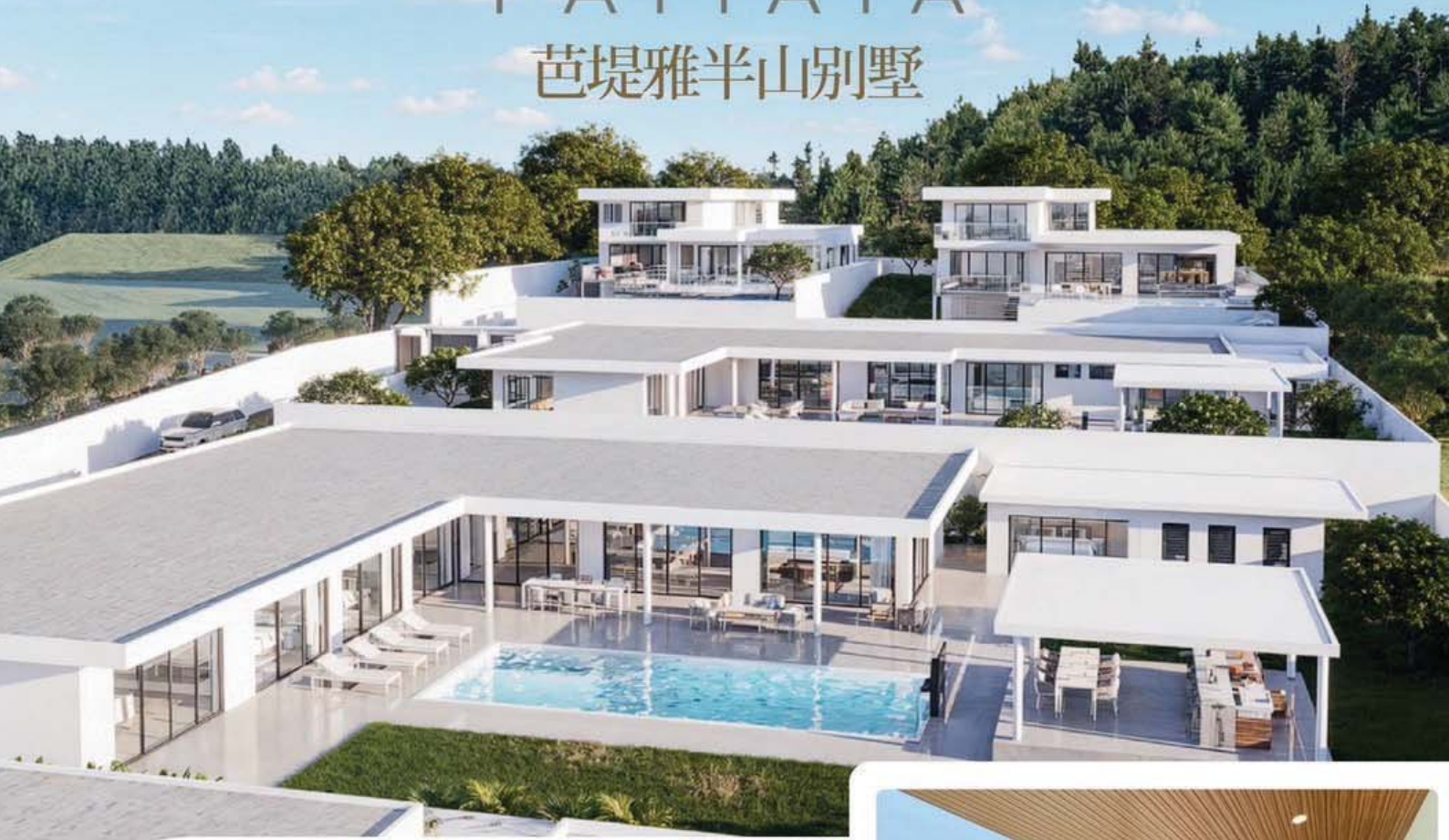
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Zensiri is an established property developer known for delivering distinctive residential communities in Pattaya and Koh Chang. With a commitment to design, quality, and long-term value, the group has completed more than 300 pool villas and condominiums across nine signature projects. Each development blends elegant architecture with practical comfort, creating exceptional homes that stand the test of time. Whether by the lake, in the heart of the city, or beside the beach, Zensiri continues to shape communities that reflect modern lifestyles while embracing natural surroundings.

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