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# DISCOVER PATTAYA

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## CONTENTS

### COVER STORY

RAMAYANA WATER PARK

### DISCOVERING

- 08 PULLMAN'S BEACH CLUB
- 12 SPORTSMAN'S WEDNESDAY SPECIAL
- 18 TAKE CARE KIDS
- 19 BRUCE GRINDLAY OF RUGBY SCHOOL THAILAND
- 52 PART 3 OF SNAKES IN THAILAND
- 24 DR NICHIA
- 26 PATTAYA INTERNATIONAL LADIES CLUB

### SPORTING AND LEISURE

- 28 POLO IS BACK
- 34 SPORTS UPDATE
- 36 YACHT STYLE

### DISCOVER GOLF

- 30 PATTAYA SPORTS CLUB
- 31 DP WORLD TOUR

### DISCOVER MOTORING

- 32 THAI SUPER SERIES
- 33 NEW PENALTIES BEING ENFORCED

### EASY LIVING

- 40 What's on the Small Screen
- 41 What's on the Big Screen
- 42 Tech Living
- 45 Confessions of a Pop Tart
- 46 Crossword
- 47 Sudoku
- 49 Solutions and Important numbers

### PROPERTY AND TRAVEL

- 50 KOH SAMUI
- 56 LIVING THE EXTRAORDINARY
- 57 THAILAND PROPERTY INVESTMENT IN 2023
- 58 TRENDS FOR KIDS' ROOMS



## *This Month in Discover Pattaya*

### Dear Readers

This month we focus on how Pattaya can be far more of a family-friendly destination than first impressions would suggest. It's true to say that it's not what the city is best known for yet Discover Pattaya is always keen to shine a light on the more unexpected. Ramayana our cover story for this month is of course a fantastic place to take the kids. Like Discover Pattaya, the water park proudly kept going throughout the pandemic and now has great plans to develop with new attractions and zones.

Likewise, The Gems Mining Pool Villas have recently developed a beautiful family Castaway zone which is well worth a look and the Pullman's beach club we feature in this issue is a great place to spend time with friends and family.

Take Care Kids is a local charity close to our hearts and we are delighted to see that they are getting closer to their dream of a new home, St Andrews International School Green Valley, Rayong also raised money for local charities whilst participating kids had a great time playing football at their One Day One Goal tournament. And if you want to treat your kids this year how about doing up their rooms? There are some great ideas in our Trends for 2023 that might give you some inspiration. Or if you're planning a trip to the UK there are film locations they will love to visit.

Have a great month everyone and please contact me if you have a business or venture you would like us to promote - I'd love to hear from you!

Gloria  
[gloria@pattayatrader.com](mailto:gloria@pattayatrader.com)



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# Amazing Grazing at the Beach Club Pattaya - Pullman, Pattaya Hotel G

What is the point of being by the sea if you don't take time out to enjoy it? Here in Pattaya, there are many beach clubs to choose from but the first I visited years ago was The Pullman's. Their cocktails on the beach at sunset have always been a great way to welcome friends to Pattaya or take memorable photos at the end of their stay.

Now, this popular hang-out for friends and families alike offers even more to enjoy. Relax on a day bed and the excellent staff will make sure you are very well-catered for. I would recommend opting for a grazing board - wonderful to share especially when accompanied by delicious Mojitos and Mai Tai. As well as the cheese, grapes and charcuterie you would expect there are more unusual delights including Vietnamese spring rolls, Sushi, sashimi, bao buns, chicken satay and a wonderful pesto sauce to dip into.



**The Beach Club Pattaya is at Pullman Pattaya Hotel G:**

445/3 Moo5 Wongamart Beach, Pattaya-Naklua Rd., Soi 16, Pattaya, Thailand, Chon Buri  
Telephone 038 411 940 and check out their Facebook pages - The Beach Club Pattaya



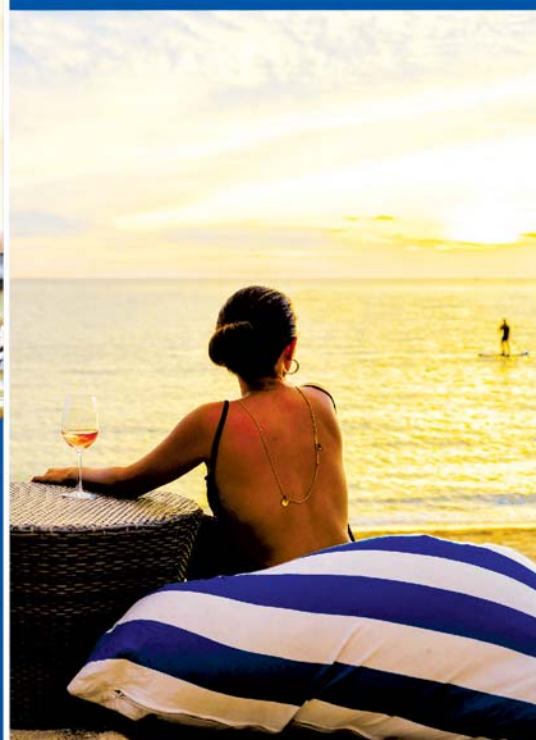


The beach club is open every day from 6 am until 9 pm and has its own dedicated Facebook page The Beach Club Pattaya for you to follow. Just a few steps up from the beach by the hotel's stunning pool a sumptuous International

seafood buffet is available 6 pm-9 pm every Friday and Saturday. With rock lobster, oysters, crab, prawns and freshly made sushi the Seabass is also a must to try. For any meat lovers at the buffet fear not you can also enjoy a tremendous selection of sausages and even a Shawarma station! Inside the restaurant, there is even more to tempt, hot dishes curries and pasta dishes, cheese and a mouth-watering selection of desserts as you would expect from the Pullman.



It is all about good times and ocean vibes at The Beach Club Pattaya, a tropical lifestyle venue with daybeds, seaside pools, shaded cabanas, swing chairs, and front row views of the sunset.



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## Australian Tomahawk

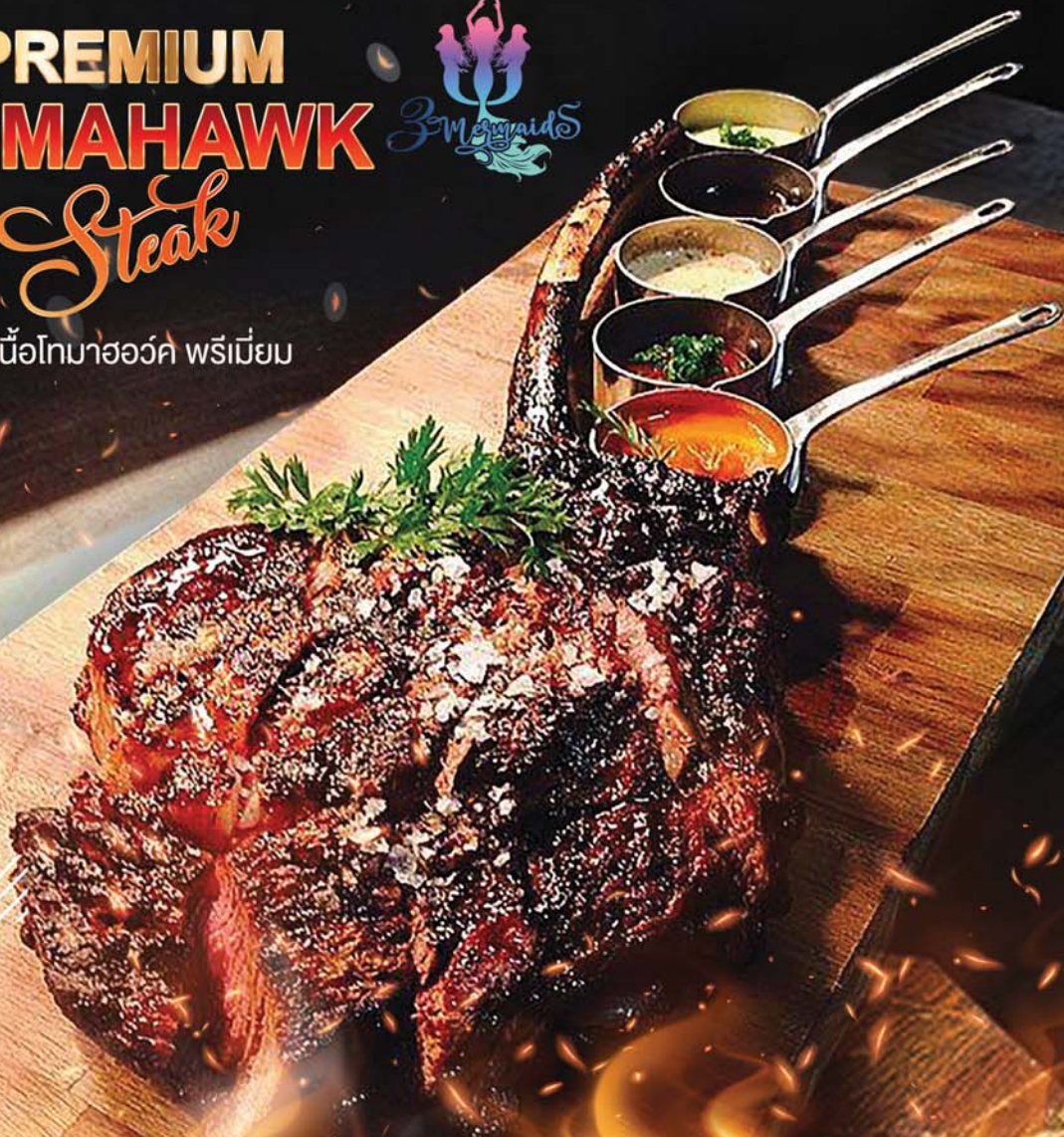
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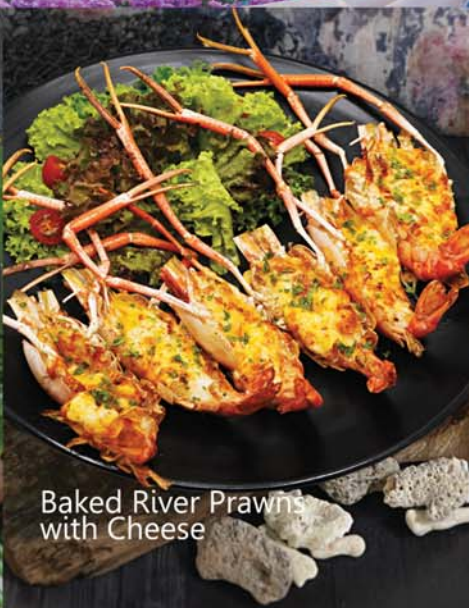
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## WEDNESDAY NIGHT IS BURGER NIGHT AT THE SPORTSMAN!

The Sportsman Pub & Restaurant celebrated its 25th Anniversary on Valentine's day last month. This classic hostelry nestled in soi 13 (and guys really appreciate the signage from Pattaya 2nd Road now) has been a welcome hang out for many.

Of course for Brits newly landed in Thailand seeing this bit of Old Blighty has been a welcome sight, but over the years The Sportsman has evolved to be so much more than just an English pub away from home. Its screens show all the important sporting events and although its Sunday carvery is so popular now that booking is advisable there is also plenty of international fare to take you through the week.

A long-standing special that's perfect when watching a good match at The Sportsman is their Wednesday Offer of Burger, Fries and Beer (or soft drink) for just 195 baht. What is also very pleasing is, if like me, you also need accompanying sauces and condiments for this type of meal, this restaurant does not skimp with the quality. Heinz tomato sauce, Sarsons vinegar - you know the brands you get the picture.



We tried the classic burger with a good size bap (not a brioche I'm delighted to say), encasing a very tasty patty and crisp salad. However, should you wish, you can also have the option of adding extra cheese, bacon or egg - I would also like to see them add fried onions as an additional extra. Service was excellent and the beer was ice cold so we decided to stay and try the daily special.

As mentioned earlier the Sportsman has specials each and every week such as their very popular All you can eat pizza, pasta and salad Buffet on a Friday but in addition to these there is a chef's special every 2 days - Monday/Tuesday, Wednesday/Thursday & Friday/Saturday. On the occasion we were at the Sportsman the special was Homemade Salmon & Pollock Fish Cakes served with an excellent parsley sauce, chunky steak chips and tender garden peas. It was generous in size and excellent value at just 285 Baht.

I would recommend you join The Sportsman Pub & Restaurant Facebook Page to keep abreast of all their special offers and special events. Or phone 038 710 609 for reservations. Don't forget they also do excellent off site catering. So if you have a party or event coming up that you would like them to cater get in touch..

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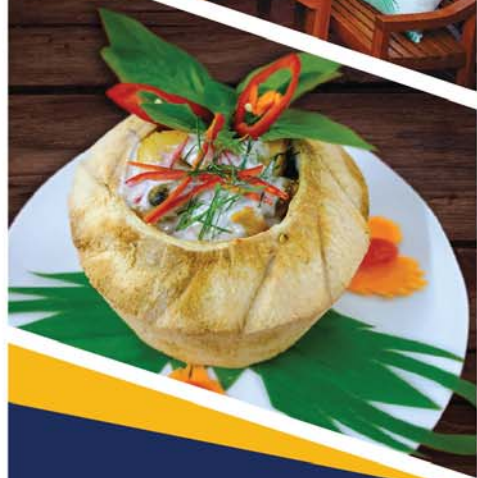
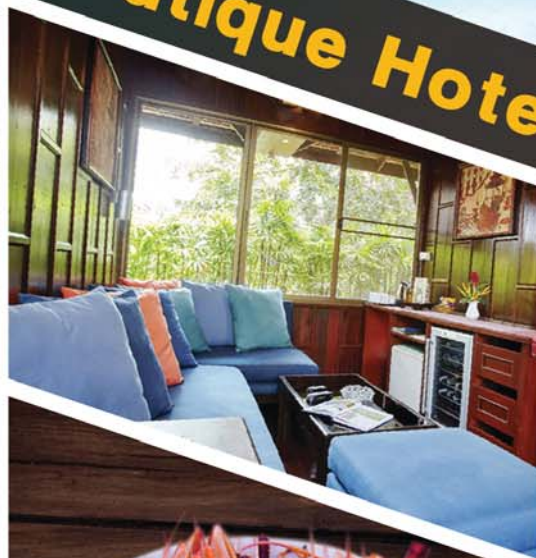
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# TAKE CARE KIDS NEED YOUR HELP



Last Year Take Care Kids were able to buy a piece of land on which to build their Family Home to provide foster care for the many abused and desperate children they help. The new home will allow them to care for 40 children at a time and carry on the good work that this local Pattaya charity has for many years been well known for.



Friends and clubs helped raise much of the necessary 9,200,000 million baht . Contributions came in as a result of the good work Khun Gio (known to many of us) did by also organising Charity dinners and fund raising events in Italy. Local events such as Rotary Club and Souled Out nights also helped. Take Care Kids are now close to their dream

However, last year as anyone in the construction industry will tell you building costs dramatically increased raising the overall cost of this project by 35% from the original estimate. So even though the construction work started last month this amazing non profit organization need your help to get it all completed.

To all those who donate specifying "New Foster Home" a dedicated plaque will be affixed inside the boundary wall as a permanent memory. So if you are an individual or a company hoping to help this very worthwhile concern please don't forget to give your name, surname as you wish it to appear and send your donations to:

**Kasikorn Bank Public Co. Ltd (Thailandia) – Swift: KASITHBK – Central Festival Pattaya Pattaya Beach Branch – A/C Name: Take Care Kids Thailand Foundation – A/C No.: 584-2-05272-8**



**For More Information: Tel Thailand: 0066852480194 Tel Italy: 00393381661073  
Facebook: Take Care Kids Onlus www.takecarekids.org**





# Bruce Grindlay of Rugby School Thailand

**Interviewed by James Kemp, Deputy Head of School at The British Learning Centre**

Rugby School Thailand's rise to prominence has been nothing short of meteoric. Since its founding in 2017, the school has received multiple accolades and accreditations, not least COBIS (Council of British International Schools) certification during which time it was also given two Beacon status awards for its boarding provision and enrichment opportunities. In recent months students have attended the World Scholars 'Tournament of Champions' at Yale University as well as recent graduates being offered university places at the likes of the University of Cambridge, Imperial College London, the University of St Andrews and King's College London.

As the choice of international schools in the area grows with the opening of Singapore International School Bangkok's sixth campus, in Rayong during August 2023, as well as trusted, established names such as St. Andrew's Green Valley and Regents International School - how will parents choose the right school for their child? I spoke with the Principal of Rugby School Thailand, Mr Bruce Grindlay, to ask what he feels parents should consider when exploring their options for their child's education and how RST seeks to stand out from the crowd.

I met with Mr Grindlay at the school's impressive 80 acre campus near Khao Mai Keaw, just outside Pattaya, where he accompanied me on an extensive tour of the facilities. I got the sense that Mr Grindlay was immensely proud of the school that he has led since 2021 and the opportunities it seeks to provide its students. What struck me beyond the breadth and quality of the facilities was how he spoke with passion and enthusiasm, in practical terms, about how they were being used to enrich the academic, sporting and cultural experiences of the students.



The idea of holistic education is a mantra often repeated by school leaders and marketing teams; I was keen to discuss this with Mr Grindlay to find out how this manifests itself at RST. He spoke about the need to provide a space where students are recognised for their unique abilities and can develop confidence and self-esteem through their achievements, whether that be through participation in the Duke of Edinburgh Awards scheme, participating in dramatic and musical performances or as budding engineers in the 'F1 in Schools' competition.

Mr Grindlay was also keen to explain the school's emphasis on pastoral care and developing leadership skills through the house system. Houses play a particularly strong role in the lives of the school's boarding students. Having seen the facilities provided for boarders, their experience seems a far cry from the Dickensian images that we might think of when we hear the term 'boarding school', with the students having support with their homework, access to the sporting facilities as well as organised trips and activities. We spoke about how the boarding facilities not only offer a flexible option for parents, who may not live close to the school, but also provide an opportunity for the students to develop their social skills as well as their English proficiency.

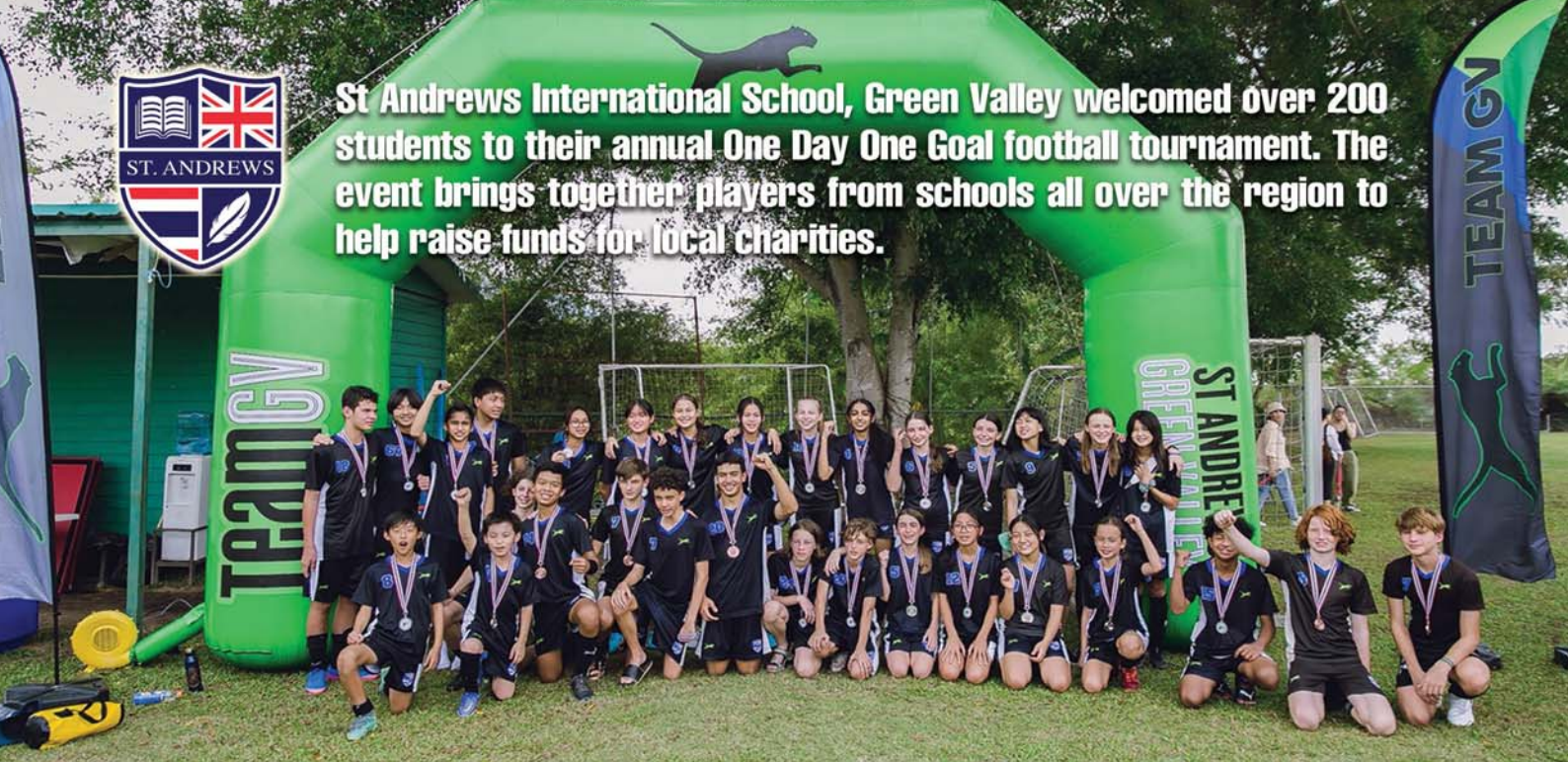
I asked Mr Grindlay what advice he would offer to parents navigating the plethora of choices they have for their child's education. He emphasised the importance of finding the right fit for your child: no matter how good the school, not all environments will suit all students. The need for your child to feel safe, valued and supported is paramount. Without this, academic success is unlikely and there may well be welfare issues in the future. As an educator myself, this certainly echoes my own experience.

It is an exciting time to be involved in education in Thailand, whether as a student, parent or a professional. Increased choice can only mean that standards will also rise. I have also recently visited a number of international schools in Bangkok where there is certainly a race to the top in terms of facilities and student experience. However, this is also reflected in the fees top schools require. It will be interesting to see how increased competition will impact on this and if the current fee structures are sustainable.





St Andrews International School, Green Valley welcomed over 200 students to their annual One Day One Goal football tournament. The event brings together players from schools all over the region to help raise funds for local charities.





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# ND Yag 1064 Laser

Everyone wants to have a youthful complexion with skin that is firm and bright. However, with age, sunlight, stress and environmental factors, the collagen beneath the skin gets affected. This would commonly mean that the skin would lose its tightness, smoothness, youthfulness making it dull, wrinkled and uneven.

There is a wonderful solution that can help to rejuvenate your skin. It is the Skin Rejuvenation treatment using long pulse ND Yag laser system that can help restore, clear, smoothen and firm up the skin to make it look more radiant and youthful.

The main benefits of ND YAG treatment :

- \* Improve skin tone
- \* Reduce rosacea and thread facial vein
- \* Reduce facial wrinkles and fine lines
- \* Treat sun damage including age spots and brown pigmentation
- \* Firming and tightening the skin
- \* Stimulate new collagen and elastin tissue production

ND YAG laser has the ability to work gently through the dermis, the sebaceous glands, hair follicles and collagen. This is done without damaging the epidermis top layer.

The laser stimulates the repair and helps the skin to generate and replenish natural collagen.

It tightens the fattening pores and helps reduce wrinkles making the skin smooth and clear.

ND Yag laser systems are used for acne treatment as well.

For those with acne-prone skin, the laser treatment can destroy the bacteria that cause acne inflammation. In addition, it can also reduce redness and black marks from acne as well. When doing continuously acne scars will gradually diminish, revealing clearer and smoother skin.

Nd YAG also is an easy and effective way to treat superficial veins. The laser uses a focused beam of light. In the treatment of veins the wavelength of light is targeted to the pigment in the blood. The laser heats up the small vein and destroys it. The laser beam is focused and does not damage the nearby skin tissue. Over a period of four to six weeks, the vein is reabsorbed by the body and disappears. The Nd YAG technology is also a highly effective permanent hair removal solution that be can be safely used on the face, neck, back, chest, legs, underarms, and the bikini area.

ND YAG laser treatment is a non-invasive procedure and therefore, there are no scarring or wounds and no downtime for patients. It does not need any recovery and the patient can be back to work the same day of the treatment. This laser treatment is suitable for everyone. In addition, there is no need for the clients to specifically avoid sunlight



## Nicha Clinic Pattaya

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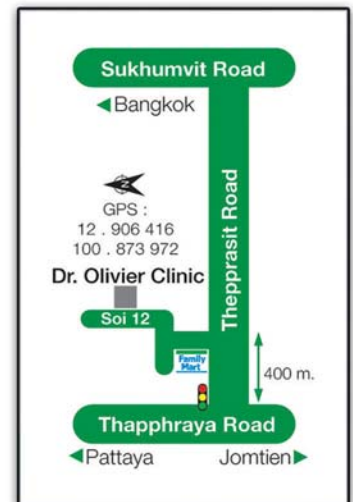
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## ASIAN OPTICAL

### When did you last have your eyes tested?



Like regular trips to the dentist having your eye tested is something we often forget to do and yet we should get them checked at least once a year.

There are many opticians in Pattaya and quite often on our Facebook sites Pattaya Trader - Discover Pattaya and Pattaya Trader Expat Ladies Group we are asked to give recommendations. Asian Optical on Pratumnak Soi 4 is the only one we recommend. This is because unlike some other opticians that are little more than shops selling glasses in Pattaya Asian Optical can give you a proper eye test and they also have a fantastic selection of frames, lenses and contact lenses.



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Soi 4, Pratumnak, Pattaya, Chon Buri  
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# PILC Pattaya International Ladies Club

## THE 2023 AGM FOR PILC

This year the Annual General Meeting for the Pattaya International Ladies Club was held in the ballroom of the Holiday Inn. Amazingly it was their 35th Annual Assembly. It's sometimes easy to forget just how long this club has been an institution in Pattaya. A place for ladies of all nationalities and ages to come together, have fun and raise money for local charities.



For anyone who remembers being a "newbie" in Pattaya it's great to join a welcoming club and gain advice from the more experienced members who have lived here longer. During the Covid years the club also fulfilled a really important function keeping ladies connected through social media, monthly newsletter and when rulings allowed, coffee mornings and lunches.

Violette K Gauthier (the exiting president) managed to get ladies together through the sheer force of her personality. She even hosted small gatherings in her own home when restrictions were at their height.

Also let's not forget the club's important contribution to the growth of small businesses in Pattaya. Either through personal recommendations or with their monthly functions. As a local hotel or restaurant to host a PILC coffee or lunch means that you introduce yourself to around 30-40 women on the day. Then, if they like what you do, they will take photos to share with their friends and hopefully return back to you with their families.

Through raffles, special fund raising events and work from volunteers, the ladies of PILC make a very important contribution to local charities. This has been especially important while Pattaya has been quiet and charities have suffered. At the AGM members were told how the distribution of food packs, supplies for babies and even scholarships for students from impoverished backgrounds were enabled through the club.

Then it was on to the nominations and introductions of the executive committee for 2023-2024. As mentioned earlier everyone was sorry to see Violette leave her post and gave her a standing ovation for all her years of service to the club also Khun Jana who worked on special events and as a Thai lady marked the importance of the club's inclusion of local residents - not just expat ladies. However, the speech by the PILC's new president Marj Garrean reassured attendees that there will still be some very able hands steering the club for the rest of this year and into 2024. Marj is a very thoughtful, intelligent and businesslike lady who is also very caring having worked for many years with Anti-Trafficking charities and the Tamar center here in Pattaya. She will be ably supported by returning VP Wendy Khan who has also taken on the role of secretary and the other members of the committee who are:

Sue Saunders (Treasurer), Melissa Jenks-Olivit (Membership). Geeta Elliott and Michelle Eddy (Hospitality) Lhen Lhen Mortela (Welfare) and Leesa Davidson (Social Media Coordinator).

**For anyone wishing to join PILC you can visit their Pattaya International Ladies Club Facebook page or email [presidentpilc@gmail.com](mailto:presidentpilc@gmail.com)**







Talcum powder or hydrated magnesium silicate to give it its chemical name is the softest known mineral mined from rock deposits. When it's finely ground, talc creates a smooth and silky powder that absorbs moisture, reduces odours and cuts down on friction.

This makes it ideal for use in powders, for example baby powder where it can prevent nappy (diaper) rash. However, it is important for consumers to be aware of the potential risks and in fact in August 2022, one of the largest manufacturers: Johnson & Johnson announced that it would discontinue its talc-based baby powder globally in 2023

There have also been several studies in women who apply talcum powder regularly looking at the possible link between talcum powder and ovarian cancer. This has led the International Agency for Research on Cancer (IARC) to classify talc contaminated with asbestos as carcinogenic to humans when applied in certain areas.

Certainly for employees working in industries where there is long term exposure to natural talc fibers there are increased risks of lung cancer. This has led the IARC recommending not to put talcum powder which contains asbestos on the face or to breathe it in as when inhaled, talc that contains asbestos can cause cancer.

Here in Asia when the temperatures start to soar, talcum powder is especially popular, used as a deodorant and also on the face to absorb perspiration. The best advice is to tread with care, and be sure to know exactly what you are buying and using before you do so.

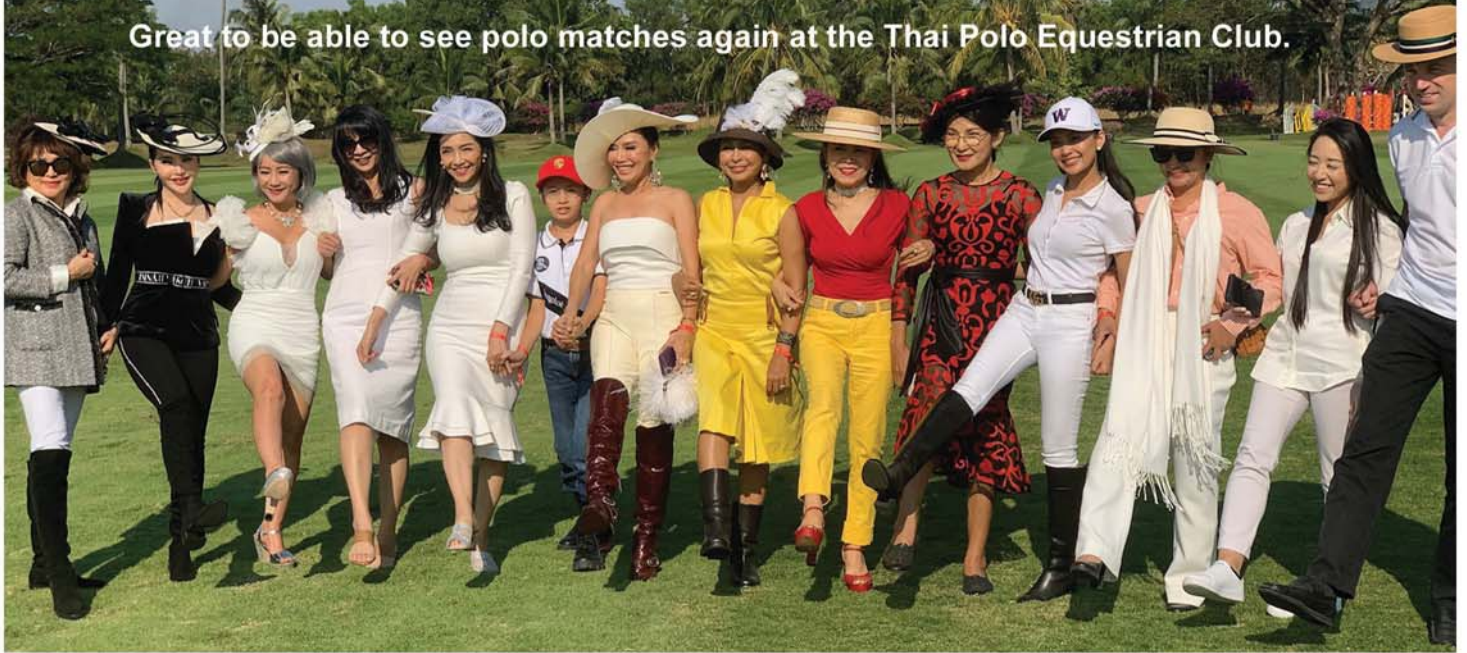
Carefully read safety advice as stated on the product packaging, and avoid applying talcum powder to facial areas, rubbing it into the skin or inhaling it.

Wherever possible go for asbestos free or even talc free powder. As more light is shone on this product it should hopefully become more easily available world wide until then take care.



# Pink Polo is Back!

Great to be able to see polo matches again at the Thai Polo Equestrian Club.





Mr. Harald Link  
Chairman of B.Grimm

requests the honour of your company to the

## Queen's Cup Pink Polo 2023

### Programme

- 12.30 pm Pick up Gifts  
Games & Activities  
Buffet Lunch
- 2.00 pm Show Jumping Competition  
3.00 pm Fashion Show on Horse Back  
4.00 pm **Pink polo Grand parade**  
Final Match Chukka I & II  
4.30 pm Stomping of Divots  
Afternoon Tea  
5.00 pm Final Match Chukka III & IV  
6.00 pm **Prize Giving**  
Best Dress & Best Hat Awards  
Fireworks & Cocktails



# QUEEN'S CUP PINK POLO



**Saturday 11 March 2023**

**12 pm - 6.30 pm**

at Thai Polo Pattaya



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For "Queen Sirikit Centre For Breast Cancer"

RSVP : [info@bgrimmcountryclub.com](mailto:info@bgrimmcountryclub.com) Tel: 02 651 4081-5

**Dress Code : Pink**







# The Pattaya Sports Club

The Pattaya Sports Club was founded in 1979 when Pattaya was a quiet, out-of-the-way seaside fishing village. Weekenders came mostly from Bangkok to enjoy the beach, water sports and breezy outdoor seafood restaurants and the locals were mainly fishermen and small shop owners.

Among the few foreign residents were a handful of Vietnam veteran expatriates who had settled in Pattaya. One among them, Bill Gilmore, called the sports-minded together. The Charter Members numbered thirty-one and included men and women, Thais and foreigners. They named the club, approved the club symbol and agreed that the objectives of the club would be to conduct and promote sports events and contribute to local charities.

By 1991 the club decided to form a committee for the purpose of determining the best formal organizational structure for Pattaya Sports Club. Then in 1992 it was decided to proceed with the committee's recommendation to register the club as an "Association". By May 1996, after overcoming many obstacles, the Royal Thai Government approved their application and with the association's status finalized the Pattaya Sports Club's exposure to the local sports community greatly increased.

New club officers were elected and the golf chairman started a monthly Members Tournament, an Annual Charity Classic and increased the number of venues from which members could participate in organized events.

A Discount Program was put in place so that members could use their membership card for cash discounts at more than 100 member establishments including shops, hotels, medical facilities, restaurants, sports centres and places of entertainment.

In 1998 it became clear that Pattaya Sports Club was outgrowing its rented office space and funds were set aside so that land could be purchased and the Pattaya Sports Club Clubhouse completed. What had started as an occasional golf outing among close friends grew into a sizeable sports club for daily golf competitions, darts, ten pin bowling, soft ball events and regularly scheduled fishing.

Today supporting local charities remains a key objective of the club and Pattaya Sports Club committee members donate their time and expertise without receiving any remuneration.

On joining, or rejoining, the Pattaya Sports Club you will immediately be handed a 500 THB voucher from Decathlon Sports and as a member of the PSC, your membership card will allow you to enjoy discounts at an extensive range of restaurants and other businesses and sports venues throughout the city which will cover your joining fee in no time at all!

For golfers, the PSC Handicap system is free to all members and as things return to a semblance of normality post covid it is expected that many of the discounts previously enjoyed at 25 championship golf courses in the region will once again become a benefit to PSC membership. The Club also organizes a number of charity golf events as well as its annual Christmas party, which is hugely discounted for PSC members.

For more information go to  
the website <https://pattayasports.org/>





# THE DP WORLD TOUR RETURNS TO THAILAND



The European golf tour returned to Thailand after a seven year wait when the Thailand Classic was played at Amata Spring Country Club recently. The wonderful Thongchai Jaidee, Thailand's greatest ever player and the first golfer from the Kingdom to ever win on the European Tour, came back to play in his homeland and give his support to an event which will now hopefully be a regular fixture on the DP Tour schedule. He was amongst several Thai players in the line up but a home win never looked likely in a strong looking European field but I'm sure Thongchai will continue to be a force on the US Seniors Challenge Tour, where he has already won an event. What a terrific Ambassador for the game in Thailand he has been.

The winner of the tournament was Thorbjorn Olesen from Denmark, who won by four strokes and secured his seventh European Tour win. The winning score was the lowest of the season so far at 24 under par and you would think that the organisers for next year's event will toughen things up to make it more of a test for these quality players, wherever the event is held.

Some of the name's who competed will be familiar to golf fans and they included Nicolai Hojgaard, Rafa Cabrera-Bello and winning Ryder Cup captain Thomas Bjorn, amongst many other tour regulars.



Oliver Hundeboll, newly arrived on the DP Tour after graduating from the Challenge Tour last year, won himself a beautiful BMW iX xDrive 40 with a hole-in-one at the par three 13th on the final day. He said afterwards that he was actually unhappy with the stroke that he played but it landed on the left hand side of the green and the slope just fed the ball towards the hole. "We went crazy up here" said the rookie. "It was great way to finish the tournament". Absolutely!



It was good to see the tournament attract so many of the quality players that are regulars on the DP Tour and an added bonus for the spectators was that tickets were free for the entire four days. All you had to do was register for your online ticket, present it at the gate and that was it. An excellent idea to get the crowds in for this first event and let's hope that they get the support of the public next year.

At time of writing the LGPA Honda Classic is about to get underway at Siam Country Club, a high class event which attracts the best women golfers in the world. With the return of the DP Tour, February 2023 will be a month to remember for golf in Thailand.





## THAILAND SUPER SERIES ANNOUNCES EXPANDED 2023 CHAMPIONSHIP

Thailand Super Series (TSS), the premier race series in ASEAN, is pleased to announce its 2023 season schedule which builds on last year's return to the full status championship and now further expands regionally with the return of a round at Sepang International Circuit.

With the addition of the Sepang round, a return to the Singapore Grand Prix for a second invitational race, the Bangsaen Grand Prix, plus two visits to Buriram's Chang International Circuit, TSS is confident everything is in place to continue to build on both short- and long-term targets.

**TSS 2023 Calendar:**

Hankook Official Pre-Season Test, Chang International Circuit, 29-30 March

Event 1: Chang International Circuit, 20-23 April

Event 2: Chang International Circuit, 26-28 May (excludes Super Car GT3, Super Car GTM & Super Car GTC)

Event 3: Bangsaen Grand Prix (27 June-2 July)

Event 4: Sepang International Circuit 25-27 August (excludes Super Pickup, Super Compact & Super Eco)

Event 5: Chang International Circuit 15-17 December

Invitational Event: Singapore Grand Prix 15-17 September (non-Championship)

The return of Sepang International Circuit as a championship counting round means TSS will have full championship points scoring rounds in both Thailand and Malaysia. The new date at Sepang International Circuit will be reserved for Super Car GT3, GTM and GTC. That means a special additional round has been inserted into the calendar at Chang International Circuit on 26-28 May reserved exclusively for Super Pickup, Super Compact and Super Eco, allowing these popular and well supported categories to top the billing.

The Bangsaen Grand Prix will remain in its traditional early summer slot which has proved popular with teams, drivers and fans alike. South East Asia's premier street race returns for its 15th edition and TSS will also support the Singapore Grand Prix for the second consecutive year. After the inaugural race last year, which was run as "TSS The Super Series", an even bigger grid of cars is expected for the return and positioning this year. The dates for Sepang and the Marina Bay Circuit just a fortnight apart means optimised logistics for teams that plan to undertake both rounds. Due to the high demand to join this round from drivers and teams across Asia, the Singapore race will retain its non-championship status and be invitational.

Visits to Buriram's Chang International Circuit bookend the championship. Thailand's FIA Grade 1 racetrack in Buriram is very popular with teams and drivers thanks to its high speed and demanding layout along with world class facilities, making it the perfect venue to kick off and close the season. Also, James Taylor, one of the most experienced race directors in Asia will continue as series Race Director joined by Australian racing legend Craig Baird to fill the role of Head Steward and Driving Standards Observer (DSO).

Infrastructure upgrades this year include a further rolling out of F1-standard digital signalling at the Bangsaen Street Circuit, building on the robust technology platform already in place. With a strong, robust and expanded platform in place, TSS is very excited about this year and looks forward to welcoming new drivers and teams.

Preeda Tantemsapya, Vice President, Thailand Super Series. "We're very pleased to announce our expanded 2023 calendar which builds on the return to a full series last year and to now also welcome Sepang International Circuit back to the calendar is very exciting. It's one of the world's greatest racetracks and will be a popular addition with both drivers and teams. We believe with the split rounds in Buriram, returning to Singapore and Bangsaen ready to welcome international series again plus the invitational Singapore Grand Prix support race we have a very well-rounded package in place for the coming year. I would also like to thank everyone who has made this possible, the support and enthusiasm of all the stakeholders in the sport in this region and all the drivers and teams who continue to put their faith in us. We are also looking forward to more teams, cars and drivers joining this year and have some very exciting announcements to come as we build up to the season."



# New Penalties on the Road now being Enforced.

Discover Pattaya has been writing about the new traffic violation penalties recently but we thought it was worth putting them out there again, now that the grace period has ended and the penalties are firmly in place.

Things in Thailand change pretty quickly as you know, but this is the most up to date list of the new penalties we could find and they are now in full effect. We'll list the increased penalty violations but there are still a host of smaller offences that still carry a 500 Baht fine.



**Driving against traffic 2,000 Baht.**

**Motorbike riding without a crash helmet 2,000 Baht per person.**

**Driving a motor vehicle without wearing a seat belt (front and back) 2000 Baht per person.**

**Driving without a license 500-1,000 Baht for non Thai.**

**Failing to stop at a crossing whilst the pedestrian has right of way 4,000 Baht.**

**Disobeying traffic lights (running a red light) 4,000 Baht.**

**Speeding 4,000 Baht.**



Now, before we go on to a couple of changes that really need your attention, I'll just mention a few of the many lesser violations that are in place. These include driving on pavements, no regard for others safety, failing to comply with traffic signs, reckless driving, and my personal favourite, negligent or "scary driving". Who determines whether you have committed an offence is anybody's guess but suffice to say that if all the rules were strictly enforced there would scarcely be a vehicle turning a wheel in Pattaya.

Let's move on to drink driving. The new penalties are as follows and will apply to everyone, whether a long term resident or holidaymaker.

The first drink driving offence now carries a fine of between 5,000 – 20,000 Baht fine plus the option of up to one year in prison.

If you have a further drink driving conviction within two years of the first the penalty is now a fine of between 50,000 – 100,000 Baht and a prison sentence of up to two years.

Everyone knows that we shouldn't drink and drive. It costs untold lives in Thailand and something needed to be done. Speaking from an expat standpoint, if you are caught drinking and driving, you're in an argument that you can't possibly win and it might cost you a lot of money and a few days of your liberty to get to court. If there is a Thai national involved and they suffer an injury or worse, then your situation will become a good deal more serious. So let's not do it.

Whatever your mode of transportation in the city, drive safely and stay healthy. You know it makes sense.





# MARCH SPORTS UPDATE

By Steve Wade.



The sporting calendar really kicks into high gear this month. We have the Formula 1 season starting, the conclusion of the Six nations rugby and in football the continuation of the Premier League and Champions League, not to mention the Cheltenham festival.

Formula 1 has three meetings in March, starting off in Bahrain from the 3rd - 5th of the month. Then the whole circus moves on to Saudi Arabia from the 17th - 19th March before the Australian leg, which runs from the 31st until the race itself on the 2nd of April. It's good to see the return of the full programme in F1 after the recent upheavals. It is very popular amongst the expat community here and you can expect to see the bars and sports lounges get very busy for these events. Depending on the time difference of course!



Six Nations Rugby comes to a conclusion in March with some terrific fixtures to finish the competition. England play France on the 11th, Scotland host Ireland on the 12th, Wales travel to France on the 18th and England are away to Ireland in the final match on the 19th. Rugby Union is embroiled in plenty of controversy at the moment and a great home nations tournament will go some way to showing us what a wonderful spectacle the game can be. The games mentioned here are all timed to kick off between 9.45pm and midnight local time, great stuff for rugby fans.

The Premier League continues with Arsenal still leading the way at time of writing. Despite Liverpool struggling throughout the season so far the fixture that really takes the eye is the visit of Manchester United to Anfield on the 5th of the month. United are in a rich vein of form at the moment and Erik ten Hag, after a shaky start, is getting a real good tune from the team and the faithful at Old Trafford are starting to believe again. Liverpool meanwhile have had a dreadful start and show no signs of getting back on track so far. They have only one trophy to still go after, the Champions League, and Real Madrid stand in their



Talking of the Champions League, the second leg matches of the round of 16 are being played between the 9th and 16th of the month. As is nearly always the case though, all the matches start at 3am local time.

My personal highlight for March is the Cheltenham Festival, which runs from the 14th until the 17th and showcases the best National Hunt horses from both the UK and Ireland. I'll be glued to the screen for that and I'm sure that all you sports fans can find something that will do the same for you. Happy viewing!





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# THAILAND'S APPEAL RETURNING

## Lies Sol of Northrop and Johnson

After a dry spell for superyacht activity in Thailand, Phuket-based Lies Sol of Northrop & Johnson says government support for marine tourism, increasing visitor arrivals and returning confidence in yachting in the region point to better days ahead.

Back in the 1990s, I was crewing on the very first superyacht for charter in Phuket, a classic 32m Benetti named Amanaputri. Her graceful lines and elegant, rounded stern certainly attracted attention, but most of all, her sheer size immediately turned heads in Phuket, where there were few yachts above 20m in those days.

Even though the superyacht charter industry hasn't boomed as fast and furiously as people back then had predicted and wished for, decades later there are many more 30m-plus yachts in Phuket – for charter and private use.

Thailand's new strategic marine tourism plan is also among recent positive developments. Through the Tourism Authority of Thailand (TAT), the Ministry of Tourism and Sports has pledged international promotion of Thailand as a prime yachting destination at major boat shows including Dubai in the Middle East, Sydney in Australia, Monaco and Cannes in Europe, and Fort Lauderdale

Furthermore, tourists are steadily coming back to Thailand. After less than 500,000 visitors throughout 2021, visitor arrivals increased each month last year to top 11.5 million for 2022, a nice recovery, although there's still some way to go compared to the record 39 million in 2019.

However, in direct competition with the Caribbean charter season, Phuket and Thailand do not automatically come to mind when most of the world's superyacht owners and captains make their cruising plan, or when charter brokers propose yachts for their clients' winter boating holiday.



TAT promotions to showcase world-class cruising locations and complementary luxury facilities ashore –from five-star private villas, spa treatments, golf courses and outstanding restaurants to beach clubs and excellent medical facilities.

Beautiful cruising locations are begging to be discovered, world-class facilities are here, but are superyachts coming? Marieke Derks of Sevenstar Yacht Transport Asia confirmed that during Covid, many private and charter yachts in Thailand were sold and/or shipped elsewhere, as overseas-based owners wanted their yachts in their home cruising grounds for easier access.



"However, while Asia-based owners have continued to buy and ship new yachts from the yards, after the second half of the 2022 Mediterranean season, we noticed a significant increase in enquiries from foreign yacht owners seeking to ship to Asia," she says. "Owners may presently still decide for 'good old' destinations in the Caribbean and the Med, but there seems to be a growth in interest for wider exploration again, with clients considering Thailand and other Asian countries as their next cruising or charter Destination.

There's no better place to spend time together than on a beautiful yacht in complete privacy with luxury facilities, plenty of water toys and activities, and surrounded by stunning yet varied scenery.

Lies Sol is Head of Charter for Northrop & Johnson (N&J) Asia-Pacific and a Board Member of the Thai Yachting Business Association (TYBA), and was part of TYBA's organising committee for the first two editions of the Thailand Charter Week, in 2019 and 2022.

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A scenic background image of a tropical coastline with lush green hills, a white sandy beach, and clear turquoise water. In the foreground, a small red inflatable boat with people inside is visible, along with a person swimming in the water.

A circular logo with a red stylized wave above the word "OCEAN" in red, with "YACHTING" in smaller black letters below it.

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# KAREN SERVICES

## VISA AND PROPERTY

Karen would like to tell you about .....

**What do tourists and foreigners who live long term in Thailand need to know.**

I have working with foreigner in Thailand for many years and I have been working on the Visa Services for 25 years. Through all those years experiences, I have found that a lot of people did not know what to do when their visa expire and still want to stay longer in Thailand. Some people confuse what is TM 30, what is 90 days report ? and why they have to do visa run ? why can't they extend visa in Thailand? And some people even get so frustrate on extending visa.

So here are some answers that I can advice you.

1. TM 30 – Now that the government required everyone who enter Thailand, must do a report where they are staying. The owner of the residency must report if they are not report, you yourself must report where you stay. This report need to be done within 24 hours on the date you arrived.
2. Report 90 days – This report is for those who staying longer than 90 days or stay year by year. If you are on a year visa, you must do report every 90 days into immigration that you are still living in this address. You can report your 90 days 7 days before expire or after 7 days.
3. Visa Extention – To extend your visa, you can do it at immigration only one time than you need to leave Thailand. For those who want just to do visa run one day in-out you can do visa run to neighbour countries. There are so many others information to know which I can't give it all here. If you are not sure on your situations, you can bring your passport and visit me at my office for more informations.



คาเรนอยากจะบอกว่า ...

สิ่งที่นักท่องเที่ยวและคนต่างชาติที่อยู่ระยะยาวในไทยควรรู้

ดิฉันทำงานกับคนต่างชาติมาที่อยู่ในประเทศไทยมาหลายปีและได้ให้บริการในการต่อวีซ่าต่างชาติมา 25 ปี จากประสบการณ์การทำงานนี้ ดิฉันพบว่ามีคนจำนวนมากที่ไม่รู้ว่าต้องทำอะไรเมื่อวีซ่าหมดอายุและต้องการต่อวีซ่าอยู่ใกล้สักพักแต่ไม่รู้จะทำอย่างไร หลายคนก็สับสนว่า ตม. 30 คืออะไร การรายงานตัว 90 วันคืออะไร แล้วทำไมต้องออกไปวีซ่ารัน ทำไมไม่ต่อในประเทศไทย? หลายคนก็เครียดกับการไปต่อวีซ่า

ฉะนั้น ดิฉันก็จะแนะนำคร่าวๆว่า

1. ตม. 30 เป็นการรายงานที่พักเมื่อเดินทางมาถึงประเทศ ซึ่งปัจจุบันรัฐบาลขอให้ทุกคนที่เดินทางมาประเทศไทยต้องรายงาน การรายงานตม. 30 นี้ ปกติเจ้าบ้านต้องรายงานให้กับผู้ที่เข้ามาพัก หากเจ้าบ้านไม่ได้ทำ เจ้าตัวต้องทำเอง และการรายงานที่พักนี้ต้องรายงานภายใน 24 ชั่วโมง
2. การรายงานตัว 90 วัน อันนี้สำหรับคนที่อยู่เป็นปีหรืออยู่มากกว่า 90 วัน เป็นการรายงานตัวว่ายังอยู่และพักอยู่ที่นี้ ดังนั้นคนที่อยู่มากกว่า 90 วันในไทย ให้รายงานตัวกับตม. ทุกๆ 90 วัน
3. การต่อวีซ่า ในการต่อวีซ่า ต่างชาติสามารถต่อที่ตมได้หนึ่งครั้ง หลังจากนั้น ต้องออกจากประเทศไทยไป สำหรับผู้ที่จะไปต่อวีซ่าหรือทำวีซ่ารันชายแดนวันเดียว ก็สามารถไปประเทศเพื่อนบ้านได้

ข้อมูลต้องรู้อยู่มีอีกมากมาย ซึ่งดิฉันไม่อาจให้ได้ครบในนี้ หากไม่แน่ใจและต้องการข้อมูลเพิ่มเติม ให้นำหนังสือเดินทางและมาปรึกษาที่สำนักงานได้เลย ดิฉันยินดีให้

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## AMENDMENTS TO THE THAI LIMITED COMPANY AND PARTNERSHIP STRUCTURE IS NOW IN EFFECT

By: Magna Carta Law Firm

### SHAREHOLDING STRUCTURE

The minimum number of shareholders needed to establish a Thai Limited Corporation and Partnership has been reduced from three to just two as of February 7th, 2023.

In the event that there is only one shareholder left, the court may order the dissolution of the business.

### SHAREHOLDERS' MEETING

At least seven days before the meeting, the company must send the notice convening the shareholders' meeting by registered mail to each shareholder listed in the company registry. If the company has bearer shares, it must make an announcement at least 7 days before the meeting date in the local newspaper at least once or post in electronic media in accordance with ministerial regulations.

The presence of at least two shareholders (or their proxies) representing at least one-fourth of the company's capital is necessary for a quorum at the shareholders' meeting.

The amended law permits holding board meetings via an internet platform; hence, attendance in person by the directors is not required. The tools that can be utilized include Zoom, Google Meet, MS Teams, among others; the meeting can be considered to have a full quorum unless there are other corporate restrictions prohibiting directors from conducting online meetings, for instance.

When the amended law takes effect, and the corporation has regulations stating that notice of holding the general shareholders' meeting must be published in the local newspaper, these

regulations may still be used and in effect. The business must adhere to the procedures outlined in this rule. The rule should be changed if the corporation no longer wishes to publish the notice of the general shareholders' meeting in a local newspaper.

### MEMORANDUM OF ASSOCIATION

If the Memorandum of Association is filed before this Amendment Act goes into effect but the company has not, it must file for registration within 180 days starting on the day this Act takes effect. The Memorandum of Association (MOA) becomes void if the company is not registered within three years of the MOA being filed.

### AMALGAMATION AND MERGER

Prior to the Amendment, the Civil and Commercial Code only recognized the notion of "amalgamation," in which two or more firms could combine to form a single new legal entity. The amendment allows and adds one new option of merger to form a union of two businesses without the creation of a new legal organization.

### CHANGING FROM PARTNERSHIP TO COMPANY LIMITED

With the approval of all shareholders, a registered partnership may become a company limited and proceed as follows:

- submit a letter of consent from the shareholders to the registrar within 14 days of the consent being granted by all shareholders;
- at least once publish an advertisement in the media, and have the document of creditors' objections ready within 30 days.



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# Popular Right Now on The Small Screen



## The Mandalorian season 3

Mando returns to Mandalore, to make amends for removing his helmet and breaking the Mandalorian code.



## True Lies Season 1

A wife discovers that her bland computer consultant husband is a skilled international spy.



## Daisy Jones and the Six Season 1

American mini-series about 1970s rock bands rise from the LA music scene to become world famous.



## Shadow and Bone Season 2

Suspected traitor Alina Starkov is on the run and determined to bring down the Shadow Fold to stop the ruin of Ravka.



## Mare Antoinette Season 1

The life story of Mare Antoinette the last queen of France who was just 14 years old when she married Louis- Auguste.



## Succession Season 4

The satirical black comedy continues with the dysfunctional offspring of billionaire Logan Roy.





# Coming Soon to The Big Screen



## Creed 3

**Jonathan Majors, Michael B. Jordan, Tessa Thompson**

A childhood friend and boxing prodigy resurfaces after being in prison for 18 years and is after his shot at the title against Adonis Creed.



## Scream VI

**Melissa Barrera, Jasmin Savoy Brown, Mason Gooding, Courteney Cox**

Four survivors from the Woodsboro Ghostface murders try to make a fresh start in New York City but still have to fight for their lives.



## John Wick: Chapter 4

**Keanu Reeves, Donnie Yen, Bill Skarsgård, Laurence Fishburne**

John Wick has to defeat the members of the High Table to earn his freedom and remove the ever-increasing price on his head.



## Alice Darling

**Anna Kendrick, Kanietilho Horn, Charlie Carrick, Wunmi Mosaku**

Whilst on vacation Alice decides to break away from her psychologically abusive boyfriend Simon.



## Shazam! Fury of the Gods

**Zachary Levi, Asher Angel, Jack Dylan Grazer, Adam Brody**

Billy Batson and the other foster kids continue to juggle their teenage lives with their superhero alter egos and battle against a trio of vengeful ancient gods.



## Dungeons and Dragons: Honor among thieves

**Chris Pine, Michelle Rodriguez, Regé-Jean Page, Justice Smith**

A charismatic thief joins forces with an unexpected group of adventurers on a perilous journey to retrieve a long-lost artifact.



# Amazon Echo Dot Kids (5th Gen)



Amazon's 5th-generation Echo Dot Kids delivers superior sound quality in several cute animal designs. The Kids Dot is not only great for music and games, but also useful for early reading with its new Alexa skill called "Reading Sidekick." Simply have your child select a physical or digital book from Kids+ and then say "Alexa, let's read" to st

# kids

## Amazon Kindle Paperwhite Kids Edition



The Kindle Paperwhite Kids edition is purpose - built for reading, with no distractions from apps, videos, or games. It also features OpenDyslexic font, a preferred option for some dyslexic readers. With an adjustable warm light, kids can read in any environment, both day and night. Additionally, the Kindle Paperwhite Kids includes educational tools; Vocabulary Builder and Word Wise to aid young readers in building their skills.



# VTech KidiZoom Smartwatch DX2

The KidiZoom® Smartwatch DX2 is a top-notch tech toy for kids. It's user-friendly, dependable, and enables kids to take great pictures and videos, play games, and read time with ease. The watch has a sleek design and is built tough and secure for kids' wrists. With two cameras, kids can snap photos, self-ies, and action videos, then add fun filters in the Silly Me app and use them as watch faces. There are 55 digital and analog watch faces to choose from that help kids learn to tell time.



## tech

## LEGO App-controlled Transformation Vehicle

The LEGO Technic set boasts a standout feature among the many options in the LEGO world - remote control via an app. With the app, you can operate the vehicle and discover a different car underneath when you crash or flip it over. The car's suspension allows you to drive it over uneven surfaces.









# If 6 was 9

## Barry Upton

Jimi Hendrix wrote a song in the late sixties called if 6 was 9, two numbers which can hold great significance, not least because they can replace each other upside down.

If a couple of 3s were inserted, then 639.639 Hz is believed to be a frequency capable of opening your heart up and bringing you compassion from loved ones. It's also believed to enhance communication, understanding, tolerance and love. Nikola Tesla also thought that 3, 6 and 9 were the key to everything.

Jimi is quoted as saying his song has a cosmic meaning, stating that...

'If the sun refuse to shine, I don't mind, I don't mind, If the mountains fell in the sea, let it be, it ain't me. Alright, 'cos I got my own world to live through and I ain't gonna copy you....

Now if 6 turned out to be 9, I don't mind, I don't mind,

Numerology is the belief in an occult, divine or mystical relationship between a number and one or more coinciding events. It is also the study of the numerical value, via an alphanumeric system, of the letters in words and names, also often associated with the paranormal, alongside astrology.

The term 'numerologist' can be used for those who place faith in numerical patterns and draw inferences from them, even if those people do not practice traditional numerology.



I, personally, have been affected by numbers throughout my life. My biggest hit and highest grossing writing royalty return is with a song called 5,6,7,8., probably inspired from classic songs like 1,2,3 and 5,4,3,2,1, both from the 60s or 2,4,6,8, Motorway which I regularly sang with my European touring band in the late 70s.

In recent years the numbers 6 and 9 have featured prominently in my life as for the last 12 years, I have been managing, producing and presenting local Pattaya radio station 96FM.

Recently, I produced a new recorded tropical version of the Bryan Adams song 'Summer of 69' together with a video filmed here in Pattaya.

There are other connotations of 6 and 9 that are popular for me, but as this is a family magazine I will leave that to the readers imagination. Then, would you believe it? I have just turned 69. Who could have thunk it?

On a recent album, I wrote and produced a track called '27 Again', which is how I've perceived my age ever since the time that I was actually 27 and had my first success in the music business. From that time I have never felt any different, well, mentally anyway. I still retain the same enthusiasm for creating new music and now producing accompanying visuals. My motto has always been 'you never stop learning' which is why any new project is an interesting challenge.

At the recent Burapa Bike Week, together with my new developing artist Coco Zhu, I proved to myself that I can still rock with the best and be a crowd pleaser when called upon.

The music business today is a far cry from the creative and original output from years gone by before the development of digital downloading. However, I still receive deep joy from producing new material and the rewards derived from it.

So, in the end, as Jimi suggests, it doesn't matter if 6 was 9.

Whichever way I look at it, the numbers have been kind.

Check out Barry Upton's latest music on his dedicated YouTube channel - FAB BAZ MUSIC TV.





# CROSS WORD MARCH 2023

## Across

1. Young nocturnal bird
6. Fastner
10. Reckless
14. Fumble
15. Look
16. Male singing voice
17. Relating to kidneys
18. Footwear
19. Layer
20. Immerse
22. Urge on
24. Tender
25. Outflow
27. Candy
29. Lofty
33. Device used to shape metal
34. Individual structure
35. Swarm
37. Postage token
41. Form of transport
42. Angered or excited
44. Negative vote
45. Livid
48. Entice
49. Agitate
50. Small island
52. Short hours employment
54. Can make your eyes water
58. Stead
59. Unwell
60. Female red deer
62. The second of two
66. Destroy
68. Den
70. System of five lines in music
71. Boundary of a surface
72. Gumbo
73. Spooky
74. Surface impression
75. Submerged rock or coral
76. Mythical cave-dwelling creature

## Down

1. Fiend
2. Small bird
3. Lengthy
4. Shoulder board
5. Bank employee
6. Cooking surface
7. Highly excited
8. Single-masted sailing vessel
9. Explosive device
10. Rodent
11. Legal excuse
12. Beer mug
13. Multitude
21. Belief
23. Rostrum
26. Bow down
28. Allow
29. Musical instrument
30. Burden
31. Desire
32. Outfit
36. Wall painting
38. Opposing
39. Wound seriously
40. Funeral mound
43. Danger
46. Sense organ
47. Close
49. Stammer
51. Sartor
53. Tableware
54. Weary
55. Evade
56. Coordinate
57. Reptile
61. Desperate
63. Root vegetable
64. Malevolent
65. Bobbin
67. Trap
69. One of the British armed services, initially

1	2	3	4	5		6	7	8	9		10	11	12	13
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66			67			68			69		70			
71						72					73			
74						75					76			

**SOLUTIONS ARE ON PAGE 49**



# SUDOKU MARCH 2023

SOLUTIONS ARE ON PAGE 58

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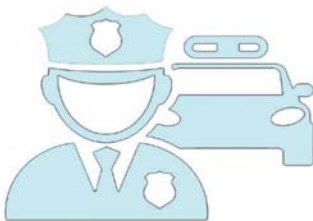
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## IMPORTANT TELEPHONE NUMBERS



### POLICE

Emergency Hotline: 191  
Pattaya Police Station: Soi 9 Pattaya  
Phone: 038 420- 802, 038-420 805 0-3842-9325  
Banglamung Police Station, Sukhumvit Highway)  
Phone: 038 221 800, 038 221 331  
Tourist Police: Phratamnak Road  
Emergency Hotline: 1155  
Phone 03841 4669, 03842 5937,

### AMBULANCE AND HOSPITALS

General emergency number 191 can be used or 1669  
Pattaya International Hospital  
PhoneTel: 038 428 374-5. Tel: 038-427 575  
Bangkok Hospital Pattaya  
PhoneTel: 038-259-999. 0-3825-9911  
Pattaya Memorial Hospital  
PhoneTel: 038 488 777. 038-429 422

### FIRE

Emergency Phone: 199  
Fire Brigade Pattaya  
PhoneTel: 038-425-943,  
Fire Brigade Naklua  
PhoneTel: 038-221-000,

### SEA RESCUE

Marine Police  
Phone. 038-423 666  
Sea Rescue  
Phone 038-488 134

### ELECTRICITY

Electricity Pattaya  
Phone 0-3842-6463, 0-3842-8502  
Electricity Banglamung  
Phone 0-3822-1007

### WATER

Water Works Banglamung  
Phone 0-3822-1463  
Water Works Pattaya  
Phone 0-3822-2462/5

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### **What's our commitment?**

- We will continue to build the BBX Business community providing sustainable opportunities focused on business needs
- We will support business initiatives and partnerships, nurturing them in parallel with new ideas.
- We will provide a secure financial platform for transaction management

### **Your Commitment?**

- Our business community transacts via business trade credits. A willingness to be part of this extra revenue stream
- Our community of business owners connects and supports each other via fair trading terms, an understanding that strong relationships prosper with respect

**Reach out to us, we are here to help all business grow!**

[www.bbxworld.com](http://www.bbxworld.com)





# SOLUTIONS

## CROSSWORD PAGE 46

O	W	L	E	T		H	A	S	P		R	A	S	H
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### HARD

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3	4	5	7	1	2	6	8	9
4	5	1	3	9	7	8	2	6
6	9	3	8	2	5	1	4	7
7	8	2	6	4	1	9	5	3

### HARD

7	6	4	5	3	1	8	9	2
8	9	2	6	7	4	5	1	3
5	1	3	9	8	2	6	4	7
6	8	5	7	1	3	9	2	4
9	2	7	8	4	5	1	3	6
3	4	1	2	6	9	7	5	8
4	7	9	3	5	8	2	6	1
1	5	6	4	2	7	3	8	9
2	3	8	1	9	6	4	7	5

### MEDIUM

2	5	8	1	4	9	6	7	3
4	3	9	2	6	7	5	8	1
6	7	1	8	5	3	4	9	2
7	6	2	3	8	1	9	4	5
3	8	5	4	9	2	7	1	6
9	1	4	5	7	6	2	3	8
1	9	7	6	2	8	3	5	4
8	4	6	9	3	5	1	2	7
5	2	3	7	1	4	8	6	9

### MEDIUM

4	2	6	1	5	7	8	3	9
9	5	8	2	3	4	7	1	6
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7	1	2	3	8	9	6	5	4
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2	8	4	6	1	5	3	9	7
5	3	7	8	9	2	4	6	1
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## *Koh Samui - Positive Highlights Part 1*

We sailed towards Koh Samui with excitement alighting the ferry on the west of the island at the Lipa Noi Pier. A coin was flipped and it was decided that we tour the island in an anti-clockwise direction. Koh Samui is Thailand's second largest island (after Phuket). Our destination for the first night was Lamai Beach. It is the quintessential Thai beach, crescent shaped, clear blue water and lined with restaurants and palm trees.

Inclement weather greeted us the next morning and we took shelter in the charming Dara Kitchen where we savoured the unique Deep Fried Samui Buns which we can highly recommend! Duly fortified we headed for the island's only shopping mall, Central Samui as we needed to get out of the rain. There is a good selection of shops and restaurants here but I had recollections of artisan hand-craft shops with rather different goods in them. Sadly these have been replaced by mundane kiosks selling the same souvenirs as Phuket, Pattaya and Bangkok. It was, however, good to keep out of the rain!



As the sun re-appeared we continued north to our destination, the intriguing Escape Beach Resort at the end of Maenam Beach. Getting to the resort was a mountain adventure as with a drive down a very steep slope to a sharp left turn! However, the resort was worth it, quite charming and good value at only THB.942.

Our destination for the evening was the Fisherman's Village, a slightly quirky place. You enter by a failed development but once you hit the street there are restaurants after restaurants lining the beach. Most appear to be upmarket and not the 'tables in the sand style'. Whilst we perused a few menus we chose the flexibility and price of the Night Market. With the largest choice of food outside Bangkok, there is literally something for everyone from Austrian to Isan and everything in-between. Most dishes were priced at THB.100 and the helpings were generous the drinks were also reasonably priced. Great atmosphere, superb flavours and excellent value.



The next morning we drove out to Big Buddha island, quite charming when it is not too busy. The Big Buddha itself is quite sublime and offers wide views over the bay and inland. Beneath the Buddha are some interesting, artisanal shops, if you look closely!

Continuing our circuit heading west, we followed the road enjoying some very photogenic views until we reached Nathon Beach where we stopped to see their latest catch.

That night we chose to stay at the Am Samui Resort Taling Ngam (THB.1,577 for an upgraded room) directly on the beach under the shadow of the tastefully constructed Intercontinental Hotel.

We found the resort quite charming with chalets surrounded by tall coconut trees and a lovely garden. The beach was also quite lovely but it was just a shame that the staff did not see the need to clean it for their guests.

The West of the island was really growing on us! Quiet, green and predominantly Thai with majestic coconut trees everywhere, a coffee shop called Café Botanikka caught our eye. With the coordinates installed we followed our navigation. Little did we know that the coffee shop was actually inside the ultra chic Conrad Resort. The valets parked our car for us and we were able to enjoy the incredible view from the resort entrance. The Café was a little disappointing but we enjoyed our surroundings.



For Part 2 of Kim's Positive Highlights of Koh Samui see next month's Discover Pattaya magazine or you can visit his website <https://Meanderingtales.com>





# ALL ABOUT THAILAND SNAKES CHAPTER 3

By Songpone Siriwanlert

Preface: In the previous chapter, we have classified the common venomous snakes in Thailand by group of venom that have different effects to human body. This chapter will describe the symptom of each kind of venom that the human body reacts to help doctor's diagnosis as follows:

1. Neurotoxins-effective to nerve system – Time of effect to the patient's body is about 15-30 minutes in average, depending on venom quantity injected to the body. The patient will feel dazzle, weak, sleepy, ptosis, stroke, so hard to swallow or open mouth. In the worst case, the patient might have sudden heart failure and dead. The bitten point might be pain and swelling, also having tissue necrosis. Some sort of cobra can spit its venom that might get into the patient's eyes, causing photophobia or corneal ulcer.
2. Hematotoxins- effective to blood system. The bitten point is very pain and swelling. The wound is blood seeping all the time. Swelling will get bigger and bigger by 72 hours then collapse. Bleeding could be found at other body organs. If the bleeding is found at vital part of body such as brain, kidney or heart, the patient will die very soon due to over bleeding.
3. Myotoxins-effective to musculoskeletal system. The venom will destroy the cover tissue of muscle cell. At the first bite, it is not so painful, the patient will feel like a pin stab. Later on will feel pain at all muscles specifically, neck and shoulder, arms and legs. Hard to open mouth with the condition of myoglobinuria. Finally, the patient will die of kidney or respiratory failures.

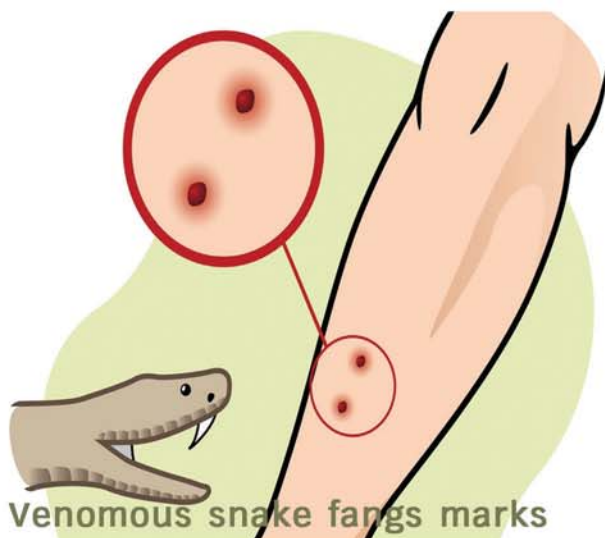
First Aids or pre-hospital management for the patient who gets the snake bite :

1. Take the patient to hospital as fast as possible.
2. No movement at the bitten point.
3. Pressure immobilization by elastic bandage but not tourniquet.
4. Do not suck the venom from the wound or cut or cover such wound with herbs. It will be risk of infection

Snake antivenom is classified into 2 categories:

1. Monovalent antivenom, this kind of serum are active for a certain group of snakes such as. Cobra, King Cobra, Banded Krait, Malayan Krait, Malayan Viper, Russel Viper and Green Pit Viper.
2. Polyvalent antivenom is active to any kind of venom from unidentified snakes that needs observation of the patient's symptoms.

In the next chapter, we will go in depth for each kind of snakes that are both harmful and harmless. As well as how to manage them in case of confrontation and preventive measure from snake bite.





# งูไทย อะไรก็ได้ บทที่ 3

โดย ทรงพล ศิริวรรณเลิศ

บทนำ: ในฉบับก่อน เราได้จัดประเภทของงูมีพิษที่พบเห็นได้ทั่วไปในประเทศไทย โดยจำแนกตามกลุ่มของพิษที่มีผลต่อร่างกายผู้ถูกงูกัดแตกต่างกัน ในบทนี้จะขอบรรยายรายละเอียดของอาการผู้ป่วยที่ถูกพิษงูแต่ละประเภท ซึ่งช่วยแพทย์ในการวินิจฉัยอาการที่ถูกงูกัด ดังต่อไปนี้

1. Neurotoxins-พิษต่อระบบประสาท – พิษงูจะออกฤทธิ์ภายในเวลา 15-30 นาที โดยเฉลี่ย ทั้งนี้ขึ้นอยู่กับปริมาณพิษที่ได้รับเข้าสู่ร่างกาย ผู้ป่วยจะมีอาการ มึน งง อ่อนเพลีย ง่วง หนังตาตก เคลื่อนไหวไม่ได้ กลืน หรือ อ้าปาก ลำบาก ในขั้นรุนแรงผู้ป่วยจะมีอาการหิวใจวายเฉียบพลัน และถึงแก่ความตายอย่างรวดเร็ว จุดที่ถูกกัดจะมีอาการปวดบวม และมีอาการเนื้อตาย งูเห่าบางชนิดสามารถฟันพิษได้ ถ้าพิษเข้าตาจะทำให้ตาพร่ามัว เกิดแผลที่กระจกตา บางรายถึงตาบอดได้

2. Hematotoxins-พิษต่อระบบเลือด – บริเวณที่ถูกกัดจะปวดมากและมีอาการบวม แผลที่ถูกกัดจะมีเลือดไหลซึมๆตลอดเวลา ส่วนที่บวม จะบวมขึ้นเรื่อยๆภายใน 72 ชั่วโมง จากนั้นก็จะยุบ ผิวหนังตรงแผลงูกัดจะมีจ้ำเลือด ภาวะตกเลือดจะพบได้ตามอวัยวะต่างๆ ถ้าอวัยวะสำคัญ เช่น สมอง ไต หัวใจ มีอาการตกเลือด ผู้ป่วยจะตายในเวลาอันรวดเร็วเพราะเสียเลือดมาก

3. Myotoxins-พิษต่อระบบกล้ามเนื้อ – พิษจะทำลายเยื่อหุ้มเซลล์กล้ามเนื้อ เมื่อถูกกัดใหม่ๆตอนแรก จะไม่รู้สึกเจ็บมาก คนไข้จะรู้สึกคล้ายเข็มตำ ต่อมาจะรู้สึกปวดกล้ามเนื้อในทุกๆส่วน โดยเฉพาะ คอ ไหล่ แขน และ ขา อ้าปากได้ลำบาก ปัสสาวะมีสีดำนํ้าคล้ายน้ำโคล่า ขั้นสุดท้าย ผู้ป่วยจะถึงแก่ความตาย ด้วยสาเหตุไตและระบบหายใจล้มเหลว

การปฐมพยาบาลและจัดการก่อนถึงมือแพทย์ :

1. นำผู้ป่วยไปให้ถึงโรงพยาบาลอย่างเร่งด่วน.
2. ห้ามเคลื่อนไหวบริเวณที่ถูกกัด.
3. พันแผลให้แน่นแต่พอประมาณ แต่ห้ามขันชะเนาะ ใช้ไม้ตามตรงสองข้างของอวัยวะที่ถูกพันแผลเพื่อกันไม่ให้เคลื่อนไหว
4. ห้ามดูดแผลเอาพิษออก หรือ กรีดแผล หรือ เอาเหล็กกร่อนจี้ หรือพอกแผลด้วยสมุนไพร เพราะแผลจะเกิดการติดเชื้อ

เซรุ่มต้านพิษงู แบ่งออกเป็น 2 ประเภทคือ

1. Monovalent antivenom เป็นเซรุ่มที่ต้านพิษงูเฉพาะกลุ่มที่เห็นชัดเจน ได้แก่ งูเห่า งูจงอาง งสามเหลี่ยม งูทับสมิงคลา งูแมวเซา งูกะปะ งูเขียวหางไหม้

2. Polyvalent antivenom เป็นเซรุ่มที่ต้านพิษงูที่ไม่สามารถระบุชนิดได้เหมือนกับกลุ่มแรก ในขั้นต้นแพทย์จะสังเกตอาการของผู้ป่วยที่ถูกงูไม่ทราบชนิดกัด ก่อนฉีดเซรุ่มประเภทนี้ให้คนไข้

ในบทต่อไป จะลงรายละเอียดของงูแต่ละชนิด ทั้งที่มีพิษและไม่มีพิษ พร้อมทั้งการหลีกเลี่ยง และตั้งรับเมื่อต้องเผชิญหน้ากับงูแต่ละชนิด เพื่อความปลอดภัยจากการถูกงูกัด





# TD FAVOURITE FILM SET LOCATIONS FOR THE KIDS

By Kristin Mariano

If you're thinking of a visit to the UK with the kids this year you may want to consider fun, affordable activities to do, and stepping into your favourite films may be the perfect solution. For example, fans of Paddington 1 and 2 may be happy to visit some of the London locations such as his home at the picturesque 30 Chalcot Crescent in Primrose Hill Paddington station of course and Alice's antique shop (Mr Grubers) on Portobello road.



For any fans of Matilda the musical, released last year, you can take a tour around "Crunchem Hall" where it was filmed at Bramshill house in Hampshire.



Or go to Cornwall the perfect place to visit with family, offering something for everyone to enjoy. Whilst there why not take a trip down the rabbit hole and visit the filming location of Alice in Wonderland? For example, Antony House where you can explore the gardens where the Mad Hatter hosted his tea party.



Beatrix Potter loved the Lake District, so it comes as no surprise that parts of the film Peter Rabbit were shot in Ambleside and Windermere. Visit Beatrix Potter's Home at Hill Top Farm or take a walk around the idyllic town of Hawkshead. You can also pay a visit to the World of Beatrix





Perfect for train fanatics, visit the town of Oakworth and pay a visit to the Oakworth Train Station to see where *The Railway Children Returns* was filmed. Catch a steam train on 'The Railway Children's' line between Oakworth and Haworth Stations and whilst in Haworth pay a visit to the Brontë Parsonage Museum aka. The Oakworth Doctors House.

By far the most popular children's film franchise for visits is of course Harry Potter. The UK is home to many iconic Harry Potter filming locations and to feel at the heart of Hogwarts, head to Gloucester Cathedral where the halls and walls will instantly transform you into the wizarding world – complete with the entrance to the Gryffindor common room.



In fact, during the recent ½ term school holidays searches for 'Harry Potter filming locations' spiked 41% in the UK. For those looking to explore some of the legendary exterior filming locations, Wales is the place to head. The River Wye and Forest of Dean on the border of Wales and England feature in *Harry Potter and the Deathly Hallows, Part 1*.





## Living the Extraordinary

**"To live is the rarest thing in life. Most people just exist." Oscar Wilde**

"Space is the ultimate freedom," Mendes Cavin, Founder & CEO of Deehiy. Deehiy believes in well planned space rather than the quantity of it, which goes against almost every principle of property development in Thailand where, until now, the number of bedrooms has been a more important criterion to buy property than its size or comfort. "We aim at creating spaces to unwind and rejuvenate from daily stress in a home where you feel comfortable and confident to host friends"

Casa Verde Villas consists of 8 secluded pool villas. 7 sit on a plot of 135 square wah (540 square meter), and 1 on a plot of 189 square wah (759 square meter). The standard house size is 435 square meters over two floors with 3 generously spacious bedrooms. Casa Verde Villas are designed with a yet unseen architecture, surrounded by greenery as the name would suggest. The biggest difference to the "usual" single house is the front of the building, which does not contain a large fence or brick wall but instead an open entrance showing the beauty of the building. Privacy, or security, however is not an issue, as the fence is set back further into the property and thus offers the same security or privacy as any other walled-in property would.

"What you see is what you get", Mendes says, in contrast to the often misleading imagery seen when looking at marketing materials of other developers and comparing them to the actual finished product. We have developed luxury hotels for over 12 years and now bring the same quality and detail finishes to the residential market", he continues. Casa Verde is built based on Swiss finishing standards, UK electrical standards, and the use of various imported materials. These include a new wall system from Germany that assures better durability, fire resistance and insulation. "We want to use only the best quality materials to create Casa Verde and therefore choose various European brands to achieve that".

Casa Verde Villas will feature 3 bedrooms and 3 bathrooms, with 1 bedroom on the ground floor next to the pool and two rooms on the upper floor. The ground floor offers a large open space combining kitchen and living area overlooking a beautiful pool and lavish green backdrop. For those who enjoy fine wines, the villa offers a provision for a built-in wine room. There is a garage with space for two cars and direct access to the house, another small convenient detail. The master bedroom, located on the upper floor, spans over 72 square meters with a spacious walk-in closet, large bathroom and a beautiful round bathtub overlooking the swimming pool.



Casa Verde Villas is located just behind Tara International School, set into the beautiful countryside of Nongprue. "The development has its own water well and produces drinking water quality through a Dutch designed filtration system, allowing residents to drink best quality mineral water from their tap at home", Mendes mentions. "This was something very important to me as it is normal in my home country (Switzerland), and I wanted to bring the same convenience to Pattaya".

Casa Verde Villas has indeed many unique features, and breaks a few of the usual rules of Thai developments for the benefit of those who appreciate quality and comfort.

For more information and to stay up to date with progress and pricing, please visit

**[www.casaverdevillas.com](http://www.casaverdevillas.com)**



# THAILAND PROPERTY INVESTMENT IN 2023

If you're considering Thailand property investment in 2023, there are a few things you should definitely know. For starters, the economic situation in the Kingdom appears to be improving with the Ministry of Finance predicting GDP growth of 3.8 per cent for this year. That is largely due to a surging tourism sector with arrivals in 2023 expected to come in somewhere between 20 and 30 million. While still less than the 40 million visitors seen in 2019, it is certainly a far cry from the doom and gloom being forecasted by some who thought recovery would take years.

As tourism goes, so too does the country's real estate market. But before you decide to buy or not, here are four things you should know about Thailand's property investment in 2023.

Sansiri said it intends to launch 52 new projects worth THB75 billion combined. The latter total would be a record for the country. Meanwhile, Supalai unveiled arrangements for 37 new project launches in 2023 while other homebuilders, including Noble Development, Frasers Property and Land & Houses, are set to bring double-digit projects to the market this year. For investors, this will obviously mean more options. More importantly, the increase in activity is a sign that most developers are truly confident in the country's economic prospects. Of course, you must know the types of projects they are launching and what locations they are focused on.



**Sansiri President and Chief Executive  
Srettha Thavisin**

Domestic Bangkok condo demand is growing in several suburban areas where new rail lines are being built. Both the northern suburbs of Bang Sue, Chatuchak and Lat Phrao districts and the northeast suburban area of Suan Luang and Bang Kapi districts have graduated from up-and-coming areas to be among the city's most popular locations. Over in Phuket, the proliferation of luxury villas in the Bangtao/Laguna neighbourhood has seen this become one of the island's most popular places to buy real estate. Developers such as Anchan, Garden Atlas and Botanica have all launched award-winning projects in recent times that appeal to both domestic and overseas buyer

A plan to allow foreign land ownership in Thailand was approved by the Cabinet last year, only for the proposal to be pulled some two weeks later. Those hoping for this to be revisited shouldn't hold their breath. There was talk of foreign land ownership plans being redrafted in the aftermath of the proposal being shelved with suggestions, including the establishment of clearer guidelines and a higher investment minimum. Others sought to encourage overseas investment in real estate through different measures. Neither idea gained traction and nothing looks likely to happen in 2023. The impending general election means major policies won't have much of a chance to be enacted.

The tallest building in Pattaya is Reflection Jomtien Beach Pattaya which is home to luxury residences

The Eastern Seaboard property market, led by Pattaya, is presenting investors with a number of opportunities. For instance, overseas demand for condo units is actually higher here than in Bangkok. What's more, the split in demand between domestic and foreign buyers was 55/45 per cent. This aligns closely with Thailand's 51/49 per cent foreign ownership regulations on condominiums and highlights a significant trend to emerge over the past few years. Domestic buyers continue to be active in the Pattaya condo market which wasn't necessarily the case prior to 2020.



The fundamental difference between the Eastern Seaboard condo market today and eight years ago is quality. At the affordable end of the market, developers have really worked hard to create desirable units people want to own.

It is a far cry from back in the day when Pattaya was awash with poorly designed condominiums whose only main selling point was being cheap. Additionally, a few high-end projects are popping up in Pattaya which has added much-needed diversity to the local market.

Assuming the next government continues to focus on the Eastern Economic Corridor as a hub for foreign business, there is strong reason to believe the Eastern Seaboard property market renaissance will continue.



# KIDS ROOM

## Trends for 2023

### Bold colours and Bunk Beds

Designers were asked for their thoughts on the major trends for decorating kids' rooms. Annie Obermann, Principal Designer at Forge & Bow said "People have been playing it safe with neutrals for more than a decade. Now they are becoming more comfortable with expression, infusing patterns and bold colours to create an eclectic space". Caroline Brackett of Caroline Brackett Studio of Design agreed, "We are seeing a lot of unexpected colour combinations coming through patterned wallpaper, paint colours, and fabrics."

Rozit Arditi, Principal at Arditi Design also predicted that design firms would be installing more bunk beds in 2023. "Bunk beds are often seen as a small space solution, which is true, but they can be used for kids' rooms big or small to maximise the floor space and create additional sleeping areas for sleepovers."

### Multi-Function Designs

This will be important with division into sleeping zones, work zones, organisational zones. Non Binary Design is also trending with colours that address gender neutral and non-binary considerations. Plus, abstract patterns allow the room to evolve as the child grows with simple updates of art and accessories that can take a room from newborn to preteen.

### Wild and Whimsical Kids' Rooms

Out of all of the rooms in the house, this is where you can really let your imagination and creativity run wild. A kid's room should be practical with plenty of room to relax and play but that doesn't mean you can't be daring with your décor. It should be furnished to a minimum with decor that's creative and above all fun. Rather than letting your furniture and furnishings do the talking, you can add style and character without compromising floor space by use of a charming and inspiring wall mural.





For example, jungle-themed rooms are bang on trend for 2023 as there's no easier way to ignite a child's imagination than with depictions of wild jungle life. Incorporate bold animal prints into your scheme in the form of curtains, rugs, cushions, bedding and themed wallpaper. You can even add some soft animal toys and classic books featuring favourite jungle characters.



Space themed décor is also set to be a big hit embracing the idea of a kid's room being a sanctuary a world away from the chaos of the rest of the house. It really doesn't get more other-worldly than Outer Space. Kids' room décor should inspire children not only to play but also to learn. One of the biggest reasons that space-themed rooms are so popular is that this design concept inspires kids of all ages.

A hanging chair can be a quick update for a room. Bethany Adams, founder of Bethany Adams Interiors says "Hanging chairs look super-cool and will impress their friends, which is sometimes the point of tween rooms," she laughs. Adams also loves installing a classic swing into a younger kid's room, if there's the space to do so safely. "Just be sure to have a qualified handyman or contractor install the hardware into the ceiling joists above and be clear about proper swinging space allowance.

### Cozy Spaces

"We are seeing a need for smaller, safe spaces," says Samantha Struck of StruckSured Interiors. She believes that their own space can help kids post pandemic "truly rest, process, and hide from the world." Think elements like hammocks, bunk beds that can be closed with curtains, tents and bed canopies to enclose their sleeping space. "Any chance to re-enforce security within the space will be huge for helping kiddos feel at peace and a sense of calm."





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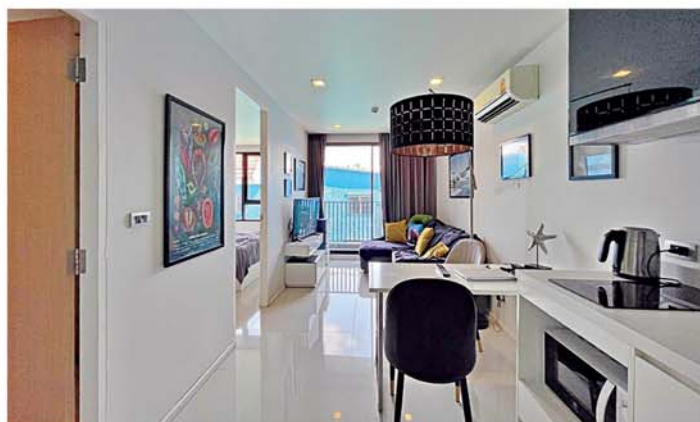
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