

— DISCOVER —  
**PATTAYA**

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QUALITY OF LIFE



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## Living the Extraordinary

**"To live is the rarest thing in life. Most people just exist."  
Oscar Wilde**

"Space is the ultimate freedom." Mendes Cavin, Founder & CEO of Deehiy. Deehiy believes in well planned spaces rather than the quantity of it, which goes against almost every principle of property development in Thailand where, until now, the number of bedrooms has been a more important criterion to buy property than its size or comfort. "We aim at creating spaces to unwind and rejuvenate from daily stress in a home where you feel comfortable and confident to host friends" Mendes continues. "I never understood how developers got away with creating these tiny spaces, and I felt the need to disrupt the market. If we will get away with it, and people will actually go for it, is written in the stars, but at least with our villas, we can be proud to have created a high-quality development for the few to enjoy".

Casa Verde Villas consists of 8 secluded pool villas. 7 sit on a plot of 135 square wah (540 square meter), and 1 on a plot of 189 square wah (759 square meter). The standard house size is 435 square meters over two floors with 3 generously spacious bedrooms. Casa Verde Villas are designed with a yet unseen architecture, surrounded by greenery as the name would suggest. The biggest difference to the "usual" single house is the front of the building, which does not contain a large fence or brick wall but instead an open entrance showing the beauty of the building. Privacy, or security, however is not an issue, as the fence is set back further into the property and thus offers the same security or privacy as any other walled-in property would.

Casa Verde is built based on Swiss finishing standards, UK electrical standards, and the use of various imported materials. These include a new wall system from Germany that assures better durability, fire resistance and insulation. "We want to use only the best quality materials to create Casa Verde and therefore chose various European brands to achieve that". The kitchen is Kvik, imported from Denmark, and comes with Swiss appliances from FRANKE. All sanitary ware is custom designed and made of imported high-quality brass.

Casa Verde Villas will feature 3 bedrooms and 3 bathrooms, with 1 bedroom on the ground floor next to the pool and two rooms on the upper floor. The ground floor offers a large open space combining kitchen and living area overlooking a beautiful pool and lavish green backdrop. For those who enjoy fine wines, the villa offers a provision for a built-in wine room. There is a garage with space for two cars and direct access to the house, another small convenient detail. The master bedroom, located on the upper floor, spans over 72 square meters with a spacious walk-in closet, large bathroom and a beautiful round bathtub overlooking the swimming pool.





Casa Verde Villas is situated within the beautiful countryside of Nongprue. “The development has its own water well and produces drinking water quality through a Dutch designed filtration system, allowing residents to drink best quality mineral water from their tap at home”, Mendes mentions. “This was something very important to me as it is normal in my home country (Switzerland), and I wanted to bring the same convenience to Pattaya”.

At time of writing Mendes mentions: “We have not yet fully finalized all plans but expect to complete everything within January 2023 when we can then bring it to the market officially. We have, however, 4 villas already reserved for pre-booking and expect to be able to quickly sell all of them”.

Casa Verde Villas has indeed many unique features, and breaks a few of the usual rules of Thai developments for the benefit of those who appreciate quality and comfort.

For more information and to stay up to date with progress and pricing, please visit  
[www.casaverdevillas.com](http://www.casaverdevillas.com)



# DISCOVER PATTAYA

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*This Month in Discover Pattaya*

### Dear Readers

I hope you all saw 2023 in style and like us are now looking forward to the next 12 months. On the 22nd we will be welcoming in the year of the rabbit which according to Chinese culture is a symbol of longevity, peace, and prosperity. So as 2023 is predicted to be a year of hope- here's hoping!

Certainly Pattaya has been buzzing recently and it is wonderful to see how well the place is bouncing back - long may it continue! So if you have a new business or venture you would like to share with our readers in the coming year please get in touch. Let your New Year's Resolution be to step up to the next level and please let us help you to do that.

Contact me at [gloria@pattayatrader.com](mailto:gloria@pattayatrader.com) Join our Facebook groups Pattaya Trader Discover Pattaya Group, Pattaya Trader Discover Pattaya Page and Pattaya Trader Expat Ladies Group. Subscribe to the Pattaya Trader YouTube channel for monthly updates of what's happening and please scan this QR code to read our magazines and articles online.

Wishing you all  
A Happy, Peaceful and Prosperous 2023!

Gloria  
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# Discovering a Perfect Resort with Everything you need in One Amazing Place



Situated on the main Thappraya Road by the law courts and at the bottom of Pratumnak Hill is the beautiful Sugar Hut Resort. Although conveniently located for exploring the city, once you enter this haven of peace and tranquillity you probably won't want to go anywhere else. A world away from the hustle & bustle of Pattaya's busy streets there is everything you need for a relaxing escape right here inside this wonderful tree lined location.

Traditional Thai villas have all the modern conveniences such as superbly comfortable beds, Netflix and WiFi. Whilst the resort itself has ONSEN, steam, sauna, fitness, spa & massage and delightfully secluded swimming pools. All are set amongst lush, tropical gardens where you can retreat, relax and pamper yourself to your heart's content.



But there is far more being offered here than just a charming resort. It is also home to the award winning Sun Sabella Classical Thai restaurants, the Jazz Pit, a club that showcases marvellous international musicians and the Heavenly Pavilion, where you can smoke some of the best cigars from all over the world.

The Sun Sabella Restaurants serve award winning classical Thai food and you can also be treated to some tasty snacks and beverages at the star cocktail bar in the Jazz Pit. Listen to top quality resident musicians who will entertain you in the evenings or at the popular Sunday afternoon jam session.

Afterwards you may decide to adjourn for a blissfully peaceful Brandy and Cigar at any of the three floors of the Heavenly Pavilion.

With peacocks, parrots, koi carp, roosters and squirrels for the children to find, it is a lovely environment in which to let them run around and explore.

So as you can see, the resort has something for everyone and is the perfect place for a weekend break or holiday getaway. At the Sugar Hut Resort you can unwind, relax and recharge the batteries and after your visit you're sure to want to return!



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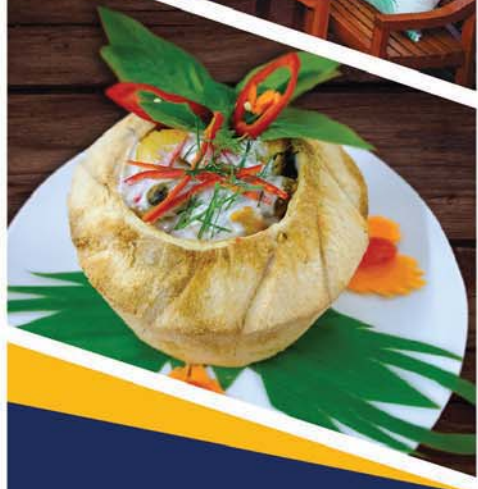
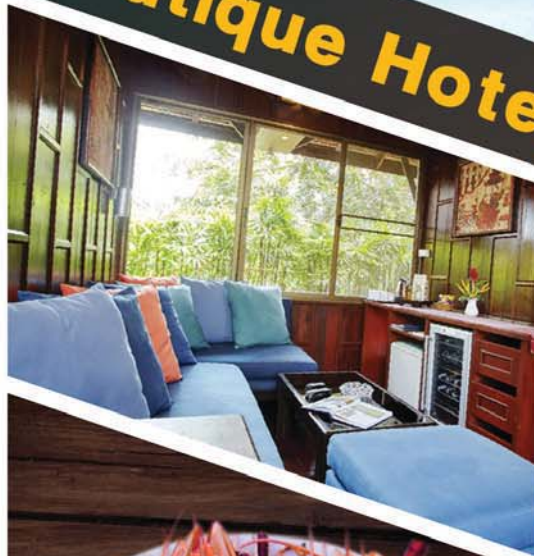
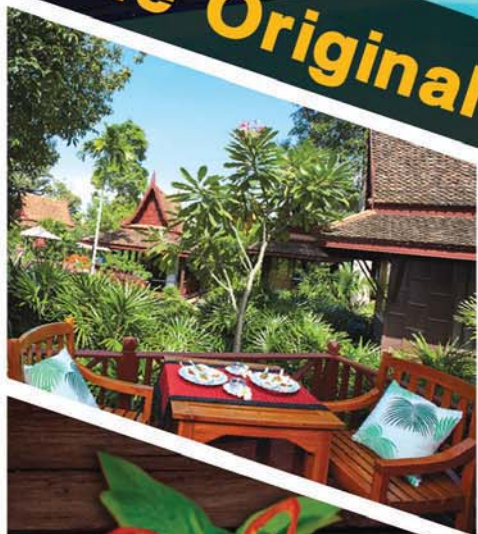
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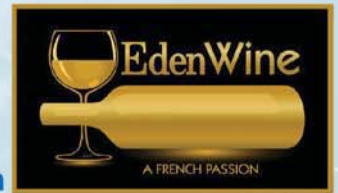


# The new collection for 2023 has arrived !

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**R**  
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Discover Pattaya was delighted to attend a very special wine dinner at the Renaissance Pattaya Resort & Spa. The evening started with a cocktail at the new beach club after which everyone was seated at Pebbles Bar & Grill for the main event. This stunning restaurant looks out over the ocean and has a delightful open air cocktail bar alongside, making it a charming place to spend an evening.

Wine dinners are becoming more and more popular in Pattaya right now. Sometimes the quality of the food can bit of an afterthought but that was certainly not the case here at Renaissance. The menu was worth the price of admission alone, with Angus Tenderloin, Argentinian Lamb Chop and a Charcoalled Beef Rib Eye, interspersed with a tasting starter, a pallet cleansing sorbet and a marvellous Milk & Caramel Mille Feuille dessert. All created by chef Marco Priolo and expertly paired with an excellent selection of fine Argentinian wines.

A very nice touch was when a wine expert from Catena Zapata Winery went from table to table to discuss the various wines and give some background on the vineyards. He was a happy man as Argentina had just reached the World Cup final, and must have been a good deal happier a few days later!

**The whole evening was a re-sounding success and could well become a regular event at this amazing resort.**



# TRUFFLE

SEASON

## 4 Must-try Dishes for All Truffle Lovers

Indulge and enjoy our irresistible specially crafted truffle menu at Caprice restaurant, Royal Wing Suites and Spa - Pattaya.

### Truffle Pasta

Italian Linguine, Truffle Cream Sauce  
Chicken Tenderloin, Cherry Tomatoes  
Parmesan & Rocket



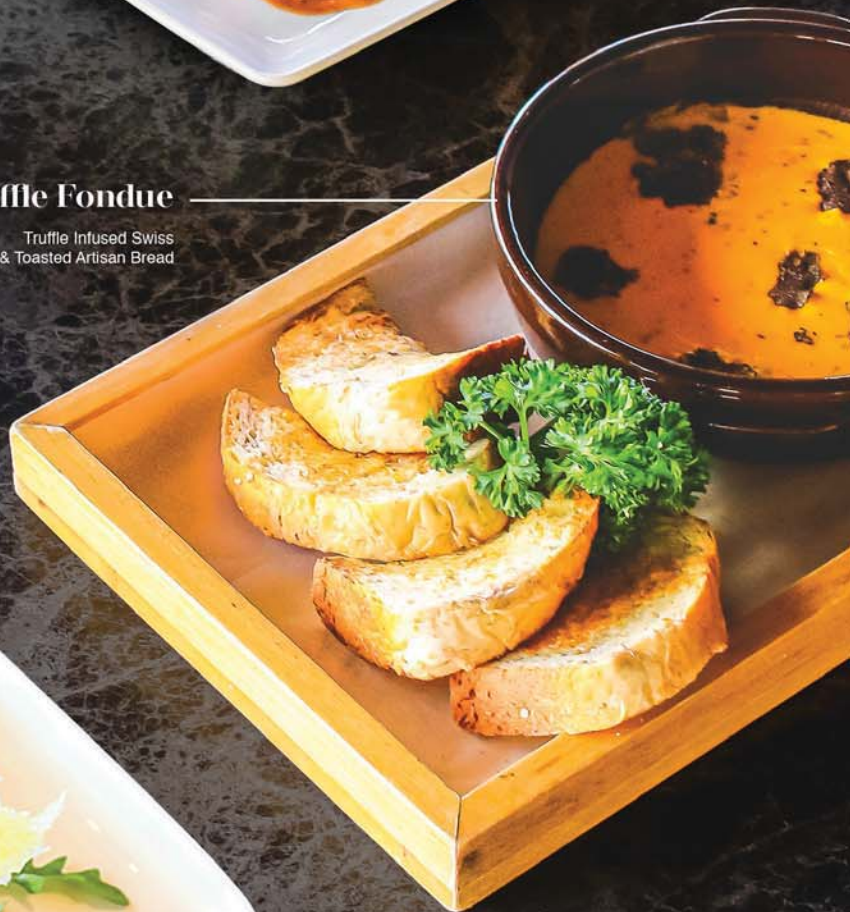
### Truffle Tenderloin

Grilled Australian Beef Tenderloin, Roasted Vegetables  
Butter Mash Potatoes & Truffle Sauce



### Truffle Fondue

Truffle Infused Swiss  
Cheese Fondue & Toasted Artisan Bread



### Truffle Steak Tartare

Seasoned Raw Minced Australian Beef Tenderloin  
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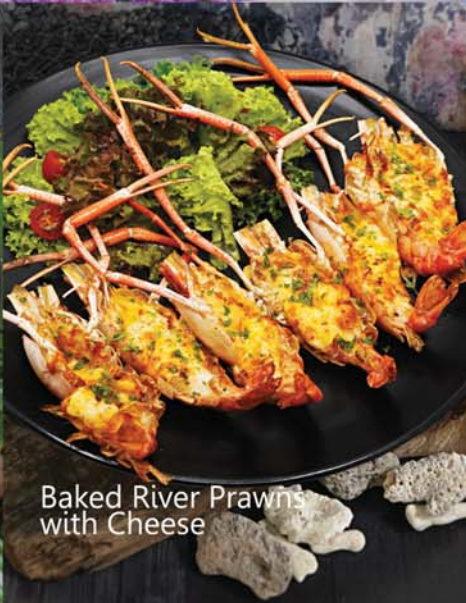
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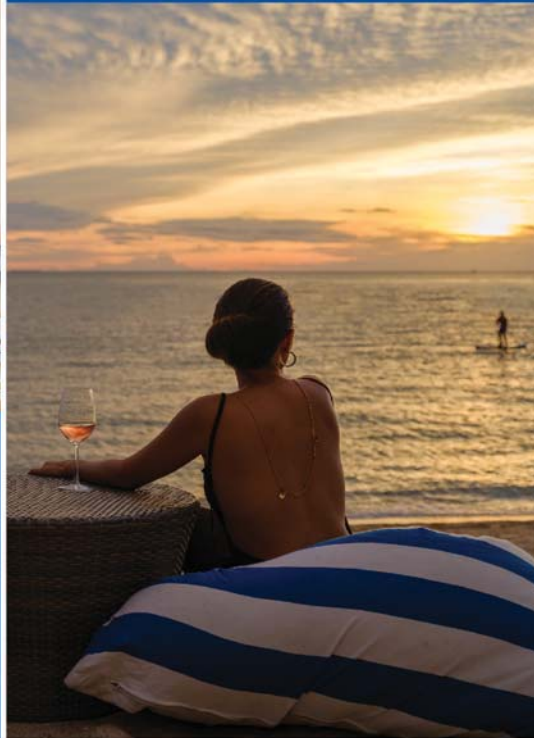
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# KHUN PONGPISIT EXECUTIVE CHEF AT AVANI PATTAYA RESORT

Khun Pongpisit proudly points to his name embroidered on the breast pocket of his chef's jacket and is happy to tell me that he has been at Avani for more than 10 years. Before that, he has been part of the opening teams for Le Meridien in Chiang Mai and the Sheraton (now Intercontinental) in Pattaya.

His particular culinary passion is for pastries, quite unusual for an executive chef but has meant that his flair can be seen and of course tasted in the hotel's pantry which has an amazing selection to purchase along with freshly brewed coffees. Valuable experience gained working alongside great Austrian and German chefs meant that Pongpisit was able to perfect his recipe for Stollen. This is a firm favourite with visitors to the hotel, especially during the recent festive season. The reason it is so popular is that it is quite difficult to find Stollen in Pattaya and the one made by Khun Pongpisit isn't at all dry, as is usually the case with those purchased from supermarkets, or in need of marzipan to retain moisture, but naturally moist, fruity and delicious.

Also with his wonderful gingerbread houses decorated with colourful macarons and sugar icing figures Khun Pongpisit has been able to display another artistic talent, making beautifully decorated cakes for special birthdays and themed events.



As executive chef at the Avani there is plenty to do with several restaurants to oversee including Benihana, Dicey Reilly's, Garden Cafe, and the bars: lobby, elephant and swim up Manao Bar. There are the hotel guests' breakfasts to prepare where in-house made bread, danish pastries and croissants have a table side warmer to be served at the perfect temperature. Plus of course, room service, which is available at the hotel 24 hours, 7 days a week.

The Avani is also a popular venue for official functions such as the recent dinner held in honour of Her Majesty's Ambassador to Thailand Mr Mark Gooding OBE. Banqueting services can even be provided for external functions as the Avani team have everything needed for grand openings and private functions, trucks, kitchen equipment, warmers, freezers, decorations and service staff. Their off-site banqueting functions have ranged from intimate sit-down dinners, food prepared and taken to Utapao for private jets, even a gala event where 2,000 visitors were catered for.

Khun Pongpisit is happy to see the increase in visitors to Pattaya with the hotel particularly busy this high season. The Avani has an Indian chef to add authentic dishes to the a la carte and buffet menus at Dicey Reilly's and with valentine's day approaching Benihana will have a special rooftop menu to provide an incredibly romantic venue from which to look out over the bay. Yet with all he has to do Pongpisit reserves a special time and place in his heart for his creations at The Pantry. Many are proving so popular that they are now sold wholesale to local businesses and visitors simply popping into the hotel for coffee or afternoon tea.

So please take a visit to the pantry -you're sure to find a favourite treat!



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# AVANI

Pattaya Resort

## Taste the Spice of Life at Avani Pattaya Resort

Set in Pattaya's best location for seaside excitement the Avani Pattaya Resort puts guests in the heart of it all. The resort boasts the world famous Benihana restaurant overlooking Pattaya beach and its own Dicey Reilly's Bar & Restaurant. Additionally, there's a swimming pool with swim-up bar and full spa facilities at AvaniSpa. Add in sand, sun, and sea and you've got Pattaya, where things to do are never in short supply.

Whether you want to relax, get an adrenaline rush or make like a local, we know how to get you there. Pattaya has a many cool cafes, so why not enjoy delightful cups of coffee and other drinks. Fulfill your day with stories of great adventures.

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FEATURE. BANKSY. KAWS. BARRY MCGEE. KEITH HARING. JEAN-MICHE

# BORN PRO STREET



Galleria Benetti was founded in July 2020 and is a welcome addition to Pattaya with its exhibitions featuring contemporary art.

This was the second of these that Discover Pattaya had been invited to attend. The first is featured in our September issue, which you can still read about from our back issues page on the [pattayatrader.com](http://pattayatrader.com) website.





This latest exhibition is entitled "Born From Street" because it features works from Jean Michel Basquiat , Brian Donnelly (KAWS), Barry McGee, Keith Haring and today's most famous street artist BANKSY.



The Gallery is located at  
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# Radiofrequency (RF) therapy available at Nicha Clinic

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Whenever anyone talks about non-invasive treatment I am immediately interested. Going under the knife for cosmetic procedures to my mind seems an unnecessary risk only to be undertaken in extreme circumstances. Therefore radiofrequency (RF) therapy (also called radiofrequency skin tightening) seemed very appealing. It is a nonsurgical method that involves electromagnetic waves to heat the dermis which is the deep layer of your skin. This heat then stimulates the production of collagen.

Collagen gives your skin its firmness but unfortunately after the age of about 35 your cells produce less collagen and this can lead to sagging skin and wrinkles. RF therapy has been used since 2001 to fight this by stimulating collagen production and can also help fight sun damage as well as reduce fat and therefore slim the face to give a lifting effect.



I can vouch for the fact that it is practically painless with only the sensation of heat against the skin as the therapist uses a massage like tool to conduct the current over your face and jaw line.

The Nicha clinic is also always extremely comfortable, cool and relaxing and although the recommendation is for at least 3-4 of these treatments I found a visible improvement after just one. Go see Dr Nicha by appointment and give RF treatment a try!



## Nicha Clinic Pattaya

### Aesthetic & Wellness Beauty Clinic



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Banglamung, Chonburi 21150





# A VISIT TO THE DR. OLIVIER CLINIC

The Discover Pattaya went along to the Dr. Olivier Clinic in South Pattaya recently to try out one of the many treatments they have to offer. We decided, after being advised by Doctor Olivier, to go for the non-specific vitamin cocktail infusion for general well-being rather than anything directly related to a particular condition, basically because we didn't have one!

The first thing to say is that the clinic itself is very clean and comfortable and the staff who administered the treatment were excellent throughout. Dr. Olivier himself is always there to provide advice and answer any questions you may have concerning your particular treatment and the attentiveness and general care you receive is very reassuring.

The clinic is currently offering a deal of three vitamin cocktail infusions for 6000 Baht and that is what I went for. You can decide yourself when to have them and you may wish to plan them around your own schedule and when you're most likely to be overdoing it socially but again the Doctor will advise you if necessary. I went for the Monday-Wednesday-Friday schedule as we had no social commitments and wanted to get the full affect!

The cocktail itself has been around for many years and has been used and made popular by many A list celebrities to boost their energy levels before a performance or to get over the after show party. It consists of Vitamins B1, B6, B12, Vitamin C, Calcium and Magnesium. The whole process takes no longer than 30 minutes and is completely painless and stress free.

So, the question is, does it work? I had the first shot on Monday and didn't initially feel the benefit but by the time the second shot came a couple of days later there was definitely an improvement in general energy levels. Like many foreign nationals here I have some trouble sleeping and one of the benefits I had was that after having and using more energy than I normally would during the day it enabled me to get a better nights sleep. All in all I would say that you can certainly feel the improvement after the treatment and it is certainly worth doing, especially if you have some heavy work or social commitments coming up.

If you go to the excellent Dr. Olivier Clinic website at [www.dr-olivier-clinic.com](http://www.dr-olivier-clinic.com) you will find plenty of information about this particular treatment and many more that the clinic has to offer. Dr. Olivier himself has many years of real medical experience, as you can see from the "about Dr. Olivier" page on the website, and this and his obvious knowledge and general demeanour certainly inspires confidence in you when you go along. If this or any of the other treatments the clinic offer may help you, I would recommend a visit.

<https://dr-olivier-clinic.com>



## DR. OLIVIER CLINIC

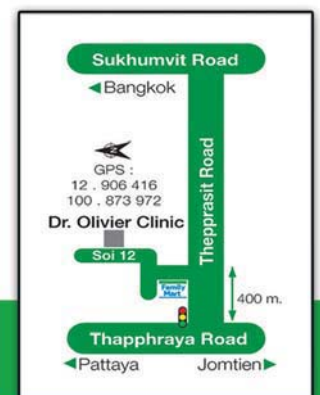
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# WORLD CUP 2022 - ARGENTINA AND MESSI TAKE IT HOME



There was much criticism of the competition before the start of the World Cup in Qatar, with some justification, but in the end the quality of the football and the fairytale result made it seem all worthwhile. Lionel Messi captained Argentina to beat France on penalties in what some are calling the greatest final in the history of competitive football. Messi finished second in the scoring charts behind the new “world’s best player” Kylian Mbappe but won the Golden Ball award for best player in the tournament whilst guiding Argentina to the trophy. All of this looked a long way away after the Argentinians suffered a shock opening group match defeat against Saudi Arabia, but they rallied superbly and were just about the best team in the tournament with France a very close second.

There were a few shocks at the group stage, chief of which was the exit of Germany from group E. They were pitched alongside Spain in the same group and both of these world giants were supposed to progress quite comfortably, but Japan had other ideas. The Asian side had the temerity to beat both Germany and Spain by the same score 2-1 and qualify as group winners. This after a loss to Costa Rica in between the two victories.

Incidentally Japan won both of those games whilst setting a record for the lowest percentage of possession in a World Cup against Germany at 26% and then breaking it against Spain with only 17%. Just goes to show sometimes it’s what you do when you have the ball, not how much you have it that counts.

Other surprises were Denmark crashing out allowing Australia to reach the last 16 and Belgium, second in the world rankings and expected to go far by some, exiting group F behind surprise packets of the whole tournament and history makers Morocco.





The round of 16 went very much to form except for the mighty Morocco knocking Spain out on penalties and the quarter finals was the place where everything really started to take shape. Brazil were still favourites at this stage but were up against Croatia here, who don't know when they're beaten and continued their brilliant World Cup form by hold the Brazilians to a 1-1 draw before going through on penalties.

France beat England 2-1 to go through and this was a real good game of football. There was nothing much in it and although France just edged it after Harry Kane missed a late penalty you would expect England to build on this as they have some exceptional young players coming through.

Portugal had a strong squad and were expected to end the run of Morocco. Nobody told the Moroccans though, who played brilliantly to edge the Portugese out 1-0 and become the first team from the African continent to reach the semi finals. In the last game Argentina cruised into a 2-0 lead but were pegged back by a quietly fancied Netherlands, who scored the equalising goal in the 11th minute of time added on before losing out on penalties.



And so to the semi finals. Two good games here but both Argentina and France eventually cruised through quite comfortably against Croatia and the heroic Moroccans respectively, setting up the final which everyone wanted between the two best teams in the competition. Although I wouldn't think that anybody could envisage what was to come in the final.

Of course the big story was Lionel Messi. The World Cup is the one trophy that has eluded him and the Maradona legend has loomed large over his career for that very reason. Until now. Argentina were brilliant for the first 75 minutes to go into a 2-0 lead and then conspired, as they had against the Netherlands, to get pegged back. This was mostly due to Kylian Mbappe producing one of the goals of the tournament with ten minutes to play which followed a penalty only a few minutes before. You could have forgiven the Argentinians if they had dropped their heads but they roared back in extra time and took the lead again through Messi before again being pegged back by an Mbappe penalty. That goal made him only the second player, after Sir Geoff Hurst, to score a hat trick in a world cup final.

The penalties were a slight anti climax really. The French were never really in it and Argentina didn't need the fifth spot kick to run out 4-2 winners and give Messi his crowning moment in the game after a glittering career. The best ever? An argument for another article perhaps.

So all in all it was an excellent footballing World Cup for both players and fans alike, and after some initial misgivings, things turned out pretty well. Let's hope the array of young talent on show here continues in the same vein for many tournaments to come.

# SMART POWER

Exterior designer Bernardo Zuccon says the knife-like profile of the SP110 was inspired by the great white shark.

Sanlorenzo's quest for innovation shows no signs of slowing down with the SP110, its first open coupè and fastest yacht to date. In fact, the two-deck design is so far removed from the SL, SD and SX flybridge yacht ranges that it's reaching a new sector of owners. Sanlorenzo Asia, represented by Simpson Marine, secured a sale soon after the model's world premiere at the Cannes Yachting Festival.

In an era with increasing focus on fuel emissions and a huge push for greener propulsion and operational systems, even Sanlorenzo Chairman Massimo Perotti admits that the high-speed SP110 may be a more niche offering than more voluminous models from the well-established SL, SD and SX series. But that's where the 'Smart' in Smart Performance comes in. Sure, the SP110 can seriously shift when it needs to, but Sanlorenzo says its performance is matched by impressive efficiency, the driving force behind the boat's fractional propulsion system.

To improve efficiency at slower speeds, the yacht can use just one engine or only the two outer engines, paired with a steering waterjet as opposed to the central thruster. "Personally, I think the best performance in terms of economy is at 10 knots, with the two side engines running at about 800-900 rpm and consumption at about 110-112 litres per hour," Antonelli says.

Furthermore, the SP110 incorporates a solar-electric energy system to help power onboard systems.

While Antonelli is focused on the Smart Performance the exterior and interior designers, Bernardo Zuccon and Piero Lissoni admit it was a "complex task" finding the balance between the SP110's dynamic performance and the need for elegant, comfortable outdoor and indoor spaces. "While respecting the stylistic features that historically characterise this type of boat, such as the aerodynamic and extremely organic surfaces, with Tilli Antonelli we arrived at a compromise: a dialogue between dynamism and liveability not normally perceived on boats of this size," said Zuccon.





Outdoor social areas include the foredeck and a five-person sunbathing area with an aft terrace, so offering space for outdoor furniture, water toys and whatever else an owner might wish to use it for.

Whether you're standing on the aft terrace, swim platform or even the dock, you have a clear view through to both the lower lounge and the main deck above. Both decks are connected by what Lissoni describes as a "hyper-technological staircase" to starboard and both are far more relaxing, comfortable and welcoming than the minimalist exterior might suggest.

Antonelli is full of praise for the connectivity of the outdoor and indoor areas. "The SP110 is designed to be social," he says. "When one guest is reading a magazine on the main deck, another is watching a movie in the lower lounge and others are sunbathing or playing on the aft deck, they can all communicate. They're in separate areas, but they're all connected."

Inside, Lissoni themes include long sight lines, big windows, large openings and clear deck spaces that can be dressed by owners how they wish.

In essence, the main deck is designed to start with an open saloon, while forward is a dining area flanked by huge sliding doors on both sides for a pleasant cross breeze and beautiful sea views. Like the main saloon, the lower lounge can be dressed and laid out to the owner's taste.

The SP110 is the first of what will genuinely be a new generation of yachts.

For more information go to:

[www.simpsonmarine.com/manufacture/sanlorenzo](http://www.simpsonmarine.com/manufacture/sanlorenzo)

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# Jaguar TCS Racing Reveal I-Type 6 The Most Advanced All-Electric Jaguar Race Car Ever

by Emily Hogg



*Jaguar TCS Racing will race in Mexico City on 14 January 2023 for first of 17 races in 12 cities*

The Jaguar I-TYPE 6 is the most advanced and efficient electric Jaguar race car ever. It is the first FIA Formula E race car to feature both front and rear powertrains, as 250kW regen is added to the front and 350kW regen added at the rear, doubling the regenerative capability over the Gen2 model and removing the need for conventional rear brakes.

Commencing in January 2023, the Gen3 era of Formula E will bring faster and more exciting wheel-to-wheel racing on street circuits across the globe. Pioneering new cutting-edge technologies, the third generation of Jaguar's Formula E race car will set new performance benchmarks: 74kg lighter and 100kW more powerful than the cars that have preceded it, and now capable of reaching a maximum speed of 200mph.

Jaguar TCS Racing head into the 2023 season with a new, distinctive identity. The compelling colour palette features carbon black, satin white and sophisticated gold accents, with the asymmetric design of the Jaguar I-TYPE 6 livery creating two unique cars for drivers Mitch Evans and Sam Bird. Uniquely in Formula E, the Jaguar driver line-up remains the same for the third consecutive season bringing valuable consistency. The next generation of Formula E will continue to be a real-world test bed for Jaguar TCS Racing and Jaguar Land Rover, as the team develops and innovates new cutting-edge technology to compete for World Championship success, it will power important race-to-road learning for electric powertrain, sustainability and software technologies.

Innovation and technology transfer from the Jaguar I-TYPE 6 will directly enable the reimagination of Jaguar as an all-electric, modern luxury brand from 2025. Racing in a zero-emission motorsport category with the world's most sustainable race car showcases Jaguar Land Rover's own commitment to have zero tailpipe emissions and to achieve carbon net zero across its supply chain, products and operations by 2039 as part of its Reimagine strategy. Jaguar TCS Racing are entering the 2023 season having recently been awarded FIA Three-Star Environmental Accreditation, the highest possible rating. It confirms that the team demonstrate best practice and commitment in environmental management, while continuously striving to improve existing processes. This is the first season that Jaguar will supply its successful powertrain technology to fellow British-based team Envision Racing, meaning there will be four Jaguar powered Formula E cars on the grid.





After Jaguar TCS Racing's biggest points haul to date last season in Formula E, with Mitch Evans finishing runner-up in the Drivers' World Championship, the British team are working hard to once again fight for the World Championship title in 2023.

James Barclay, Jaguar TCS Racing Team Principal says "Launch day is always a proud and exciting moment for Jaguar TCS Racing, and this year more than ever, as we head into the Gen3 era of Formula E. Season 9 is set to be the most competitive and thrilling season to date, with an all-new all-electric race car, the Jaguar I-TYPE 6, iconic cities added to the calendar and our new team design has transformed the car into a work of art, in harmony with our modern luxury vision for Jaguar. We're very excited to welcome Wolfspeed to the team as our Official Power Semiconductor Partner. Their expertise in Silicon Carbide technology will play a pivotal role in our powertrain performance. With our Title Partner, Tata Consultancy Services, alongside new and existing organisations, we have a formidable portfolio of partners, each supporting the team and applying their expertise to accelerate relevant sustainable technologies.



As we head into our seventh season in Formula E, I have been reflecting on how far we have come as a team. Jaguar TCS Racing has a vital role to fulfil beyond the success of the racetrack, and it remains a privilege to play our part supporting the reimagining of Jaguar as an all-electric brand from 2025. I am incredibly proud of what we achieved last season, we had our biggest points haul to date, but we know we can do better, and we are here to compete for the World Championship. We are confident in the Jaguar I-TYPE 6 and in the strength of our talented team and I look forward to what this season will bring."

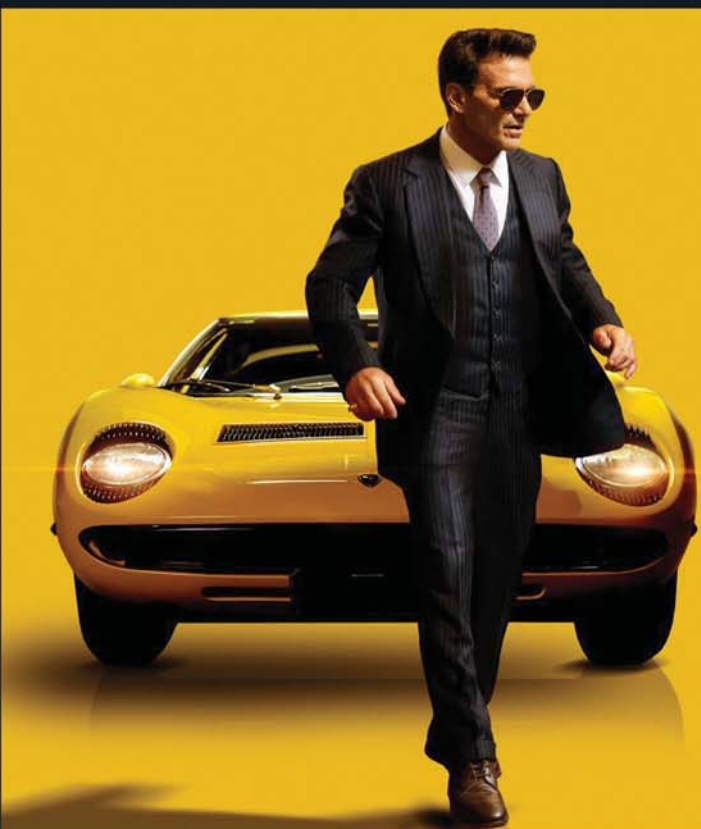


Mitch Evans, Jaguar TCS Racing driver says: "Last season was my best to date, finishing runner-up in the Drivers' World Championship, so we are determined to do one better this season. The new Jaguar I-TYPE 6 gives us a lot more to play with, with more power and speed, and the team and I have been working tirelessly to make sure we maximise this effectively to use it to our advantage. Formula E is such a competitive category, but I can't wait for the season to get underway in January and fight to win both the Drivers' and Teams' World Championship."

Sam Bird, Jaguar TCS Racing driver says Last season was full of ups and downs for me, and I couldn't finish the season due to injury. I've taken the off-season to reset, come back stronger and I'm hungrier than ever to do well for the team. We've been focusing all our efforts into the Jaguar I-TYPE 6, and I'm really looking forward to getting back out there for my third season with the team and showing everyone what we can do."



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FRANK GRILLO WITH MIRA SORVINO AND GABRIEL BYRNE

# LAMBORGHINI

— THE MAN BEHIND THE LEGEND —

*Like them or loathe them for over 50 years Lamborghini has done things their own way creating a niche market that always gets a reaction, no one sits on the automotive fence when it comes to "The Raging Bull".*

Ferruccio Lamborghini first became famous for his tractor business which aided Italy's Industrial growth after WW2. His wealth enabled him to afford the very best, including many high performance sports cars. He purchased many Ferraris over the years but often had to repair the clutch and transmission.



When he suggested to Enzon Ferrari how to make improvements his advice didn't go down too well. This resulted in a row and some insults that inspired Ferruccio to build his own high performance car to show Ferrari how it should be done.

The first model from the new company was the 350 GT, powered by a 3.5 Litre V12 engine with twin camshafts. Another feature of the first Lamborghini that has stood the test of time is Giotto Bizzarrini's V12 engine design.

Following on from the success of the 350 GT the Lamborghini Miura set new standards that the company has attempted to follow with its to the present day, cutting edge design, style, and technology. Considered revolutionary. the Lamborghini Miura was the star of the show at the 1966 Geneva Salon.

The importance of the Miura in Lamborghini's history is illustrated by the one-off Lamborghini Miura Concept, a modern interpretation of the Lamborghini Miura, based on Murciélago mechanicals and paying homage to the 40th anniversary of the original.





By the late 1970's Ferruccio sold off most of his interests in the company and retired to his estate in Umbria to pursue his winemaking. The firm's ownership has since changed many times to end up under the control of Audi.

A biographical drama was released in 2022 Lamborghini: The Man Behind the Legend starring Frank Grillo. based on Tonino Lamborghini's biography about his father.



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## STARTING A CANNABIS BUSINESS IN THAILAND

By: Magna Carta Law Firm

Since the Thailand Narcotics Law was amended to decriminalize parts of Cannabis, it is now allowed to produce, sell, and consume certain parts of Cannabis for medical and health purposes, as well as for food consumption, and research purposes. Cannabis bark, trunk, fiber, branch, root, leaf without flower, extract containing Cannabidiol (CBD) and Tetrahydrocannabinol (THC) not exceeding 0.2% or residues after extraction do not exceed 0.2% are no longer considered narcotics. However, these parts of the plant must come from Cannabis grown in Thailand.

Even though cannabis is now legal in Thailand, there are certain limitations in place. Cannabis extracts with more than 0.2% THC is considered to be a narcotic substance. Possessing, selling, and distributing this without a license is a criminal offence. Possession, use, or smoking of Cannabis with less than 0.2% THC is legal but is only limited to people aged 20 years and above, unless prescribed by a doctor. Pregnant women and breastfeeding women are strictly prohibited from buying and using cannabis products. Moreover, the use of Cannabis for recreational purposes, and smoking in public is still strictly prohibited and punishable by fine and imprisonment.

### **CAN FOREIGNERS ENGAGE IN CANNABIS BUSINESS IN THAILAND?**

Production and exportation of Cannabis is prohibited to foreigners or foreign-owned companies. However, the Cannabis and CBD market are open to foreigners through incorporating a Thai Limited Company. In order to obtain licenses to produce, sell, and import cannabis, 51% of the company shares, and at least two-thirds of the company capital and directorship must be owned by Thai nationals.

### **IS A LICENSE REQUIRED TO SELL CANNABIS?**

Various licenses will be required for producing extracts, growing, selling, importing, and exporting cannabis. Varying on the operations of the company, an Authorization from the Plant Varieties Act, Ministry of Agriculture and Cooperatives and the Food and Drug Administration (FDA) may be required. Failure to secure the appropriate license will be punishable by fine and imprisonment. For people who are planning to grow Cannabis, a website and mobile application was launched by the FDA, where one has to register, stating the reason for growing cannabis.

### **WHAT TYPE OF PRODUCTS CONTAINING CANNABIS CAN BE SOLD?**

Use of cannabis as an ingredient for selling must only use the parts allowed by Ministry of Public Health such as hemp seeds, oil from hemp seeds, protein from hemp seeds, trunk, fiber, branch, root, and leaf, without the tip or the flower.

1. Generic home remedies for home use such as Dietary Supplements and Cosmetic Products
2. Food Items or Confectionery Products
3. Products for Planting such as Seeds, Stalks, Shoots, Rhizomes, Branches, Buds, Roots, Tubers, Flowers, Fruits or Seeds for Planting

If you need help in starting a Cannabis business in Thailand, it is best to seek legal advice and guidance from a reliable law firm. Contact us now for more information about Cannabis regulations in Thailand.

We can also assist to set-up a company and to secure the necessary licenses.



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# WHAT IS SOLAR POWER ?

Solar power is technology that harnesses the sun's energy to make it usable. Solar panels have been doing just that for many years now and can be found on anything from handheld calculators to the large panels seen on building rooftops. The cells in these panels are made from semiconductor materials that capture electrons from the sunlight, which then flow through them to generate electricity.

Solar power unlike most traditional energy sources is a clean and inexpensive energy solution, it can help the environment by being pollution free and help you by reducing your bills. After only 3-5 years of saving on the cost of your electricity, you can actually get back all the money you initially invested, plus still have many years of savings ahead.

When choosing a solar system that is right for you it is possible to have one designed that works on the Grid, or with high efficiency batteries for a hybrid solution. You may even decide to be independent from your power supplier with an Off grid system. Whatever you choose you will find that conditions here in sunny, South East Asia will provide optimal performance. Your system will require very little maintenance or regular cleaning and give amazing results.

The potential for solar energy is enormous with about 200,000 times the world's daily electricity capacity being received from sunlight. Technology in the solar power industry is constantly advancing and increasing effectiveness to give you more bang for your buck. Help yourself and the environment by finding out more about solar energy and maybe even use it to charge up your electric vehicle !



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# Popular Right Now on The Small Screen



**Vikings: Valhalla (Season 2)**

Following on from the nail-biting bloodbath finale at the end of season one.



**Lockwood & Co**

Supernatural British detective thriller based on the Jonathan Stroud books.



**Your Honor Season 2**

Expands on the final episode of last season leading to a satisfactory conclusion.



**The last of Us Season 1**

A post-apocalyptic drama based on the 2013 video game of the same name.



**Godfather of Harlem Season 3**

Bumpy continues his fight to regain control of Harlem, this time he faces the Cuban Mafia.



**Mayor of Kingstown Season 2**

Mike has to earn back the trust from all sides after the chaos caused by the riot at the end of the last season.





# Coming Soon to The Big Screen



## Babylon

**Brad Pitt, Margot Robbie, Jean Smart, Olivia Wilde**

How Hollywood's move during the 1920s from silent films to sound affected many.



## Into the Deep

**Ella-Rae Smith, Jessica Alexander, Matthew Daddario, Jack Morris**

A young woman is swept off her feet by a mysterious and attractive stranger promising her a romantic trip.



## Mummies

**Joe Thomas, Eleanor Tomlinson, Hugh Bonneville, Sean Bean**

Three Mummies end up in present-day London and search for an ancient ring stolen by an archaeologist.



## The Plane

**Gerard Butler, Mike Colter, Yoson An, Daniella Pineda**

During a terrible storm, a commercial pilot is forced to land his plane in a war zone.



## I wanna Dance with Somebody

**Stanley Tucci, Naomi Ackie, Clarke Peters, Ashton Sanders**

Biographical film about the American pop icon Whitney Houston.

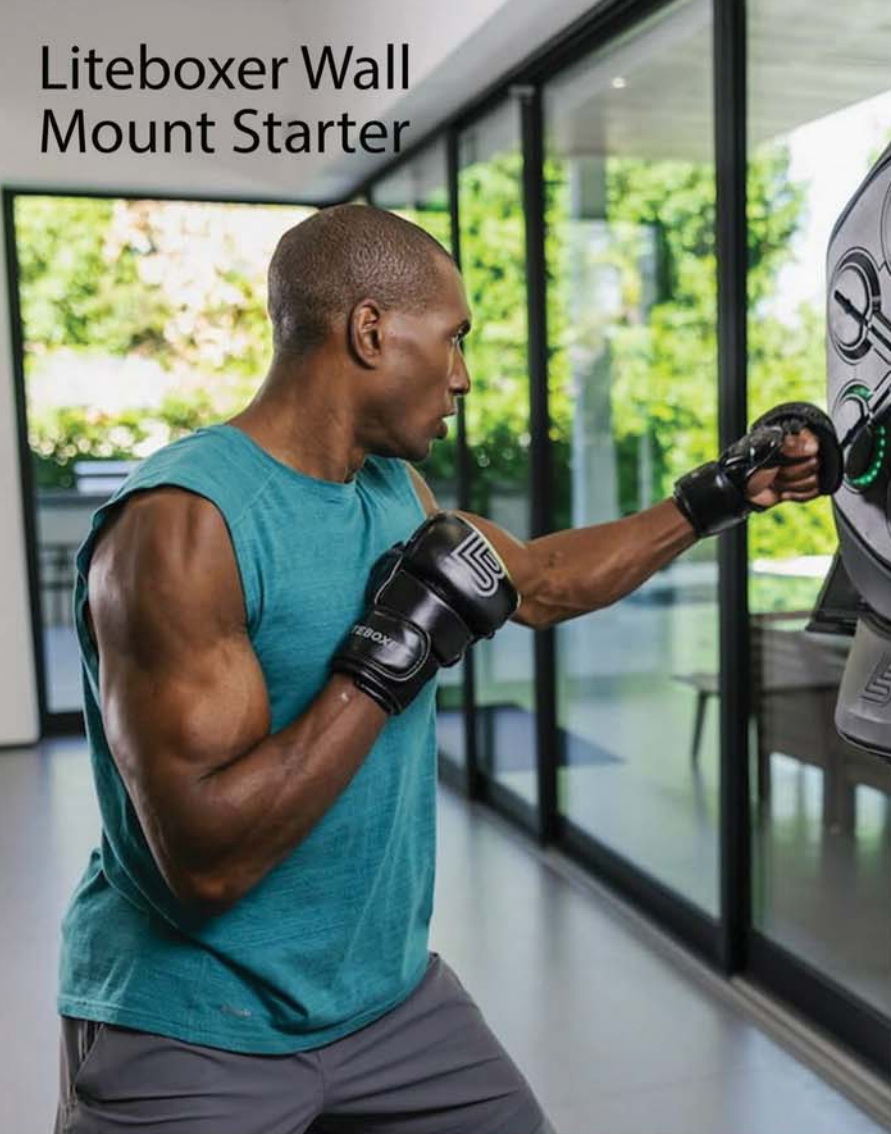


## Megan

**Allison Williams, Jenna Davis, Violet McGraw, Amie Donald.**

An 8 year old is given a prototype, a lifelike doll with artificial intelligence with unimaginable consequences.

## Liteboxer Wall Mount Starter



The Liteboxer Is an immersive training experience with hundreds of workouts to choose from. Its force detecting LED light pads sync up with your choice of music for a tough but rewarding session.

## NordicTrack iSelect Adjustable Dumbbells



This adjustable Dumbbell set ranges from 5 to 50 lbs and the LED screen shows you your current weight selection. Being Alexa compatible you can use a voice command to increase or decrease the load. The square plate design stops unwanted rolling.

## FORME Studio smart fitness

A new way to workout at home without feeling like you're on your own, there are a variety of classes to choose from covering everything from Yoga, Core strength, Meditation, Dance Cardio, Boxing, Pilates and much more.



## NordicTrack Commercial 2950 Treadmill



Sporting a High-definition 22-inch touchscreen this is Nordic Tracks top of the range treadmill. It has iFit Coach installed that lets you virtually run along a Google Maps route or enjoy some workout videos. It's durable belt moves easily for power incline or decline workouts.

# ALL ABOUT THAILAND SNAKES CHAPTER 1

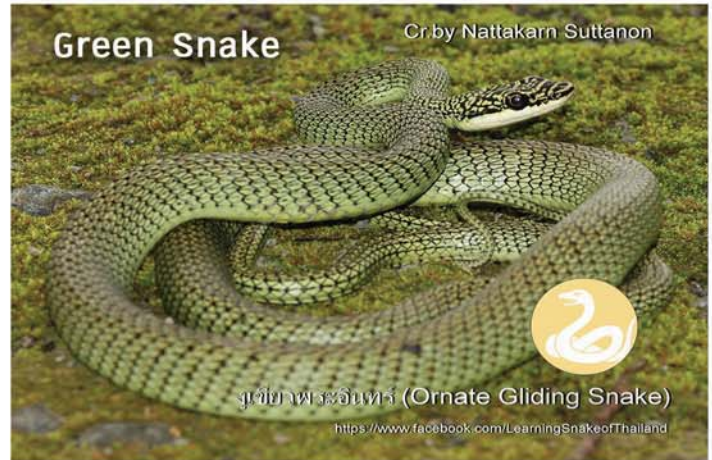
By Songpone Siriwanlert

Preface: The purpose of this article is to identify snakes from Thailand that all foreigners need to know. It would be more beneficial to have the knowledge on snake biology, ecology, taxonomy, venom, character, and other necessary information that helps people for safety in the presence of venomous snakes with ability to identify snakes. The main objective is to reduce the conflict between humans and snakes in order to prevent loss of lives to both sides. Additionally, this article purpose is to change the bad human attitude toward snake as many snakes are hit to death no matter it is venomous or not. It is not so easy to change such attitude that is in subconscious from generation to generation. This article is also to educate people all the truth and nature of snakes. As a result, people will learn how to deal with snakes for safety reason.

The next chapter will present each kind of snake that we should learn. Now the first chapter is to talk about the snakes that are common in general Thailand.



Thai Cobra



Green Snake

Cr. by Nattakarn Suttanon

งูพิษพวงมณี (Ornate Gliding Snake)

<https://www.facebook.com/LearningSnakeofThailand>

**Thai Cobra:** The popular venomous snake that can possibly be seen at all areas such as nearby jungle or rice field or crack cement wall with holes around the house. It is dangerous if it gets into the house and hides at the anywhere or even inside shoes. It can bite somebody who unintentionally steps on it. The best way to do is calling the rescue unit to catch it.

**Green Snake:** Nonvenomous Snake that can be found at anywhere around the house with many trees around. It is not harmful to people.



Green Pit Viper



Python

**Green Pit Viper:** Mild Venomous Snake that can be found at the same environment as Green Snake. No harmful to people as well, except in case of allergic to its venom.

**Python:** Nonvenomous giant snake that can be found in the nearby jungle around the house. It always swallows pets and poultry. Just Call the recue unit to take it away.

May we recommend "All about Thailand Snakes", a good free webpage in Facebook which you should subscribe. There are many different cases about snake posting on their page everyday. The next chapter will go in depth about each kind of snakes in Thailand.

If you need any help with Snakes contact: Sawangboriboon Foundation Rescue unit - South Pattaya Centre 038-222474

# งูไทย อะไรก็ได้ บทที่ 1

โดย ทรงพล ศิริวรรณเลิศ

คำนำ: วัตถุประสงค์ของบทความนี้คือการชี้ให้เห็นประเภทของงูในประเทศไทยที่ชาวต่างประเทศและโดยเฉพาะชาวไทย ควรต้องรู้ ซึ่งนับว่าเป็นประโยชน์อย่างยิ่ง หากเราจะมีความรู้ทางชีววิทยา นิเวศวิทยา ประเภทและชนิดของงูและพิษงู ตลอดจนอุปนิสัยและสิ่งที่ควรระวังเกี่ยวกับงูไทย ซึ่งจะช่วยให้เรื่องของคุณความปลอดภัยเมื่อต้องเผชิญหน้ากับงู โดยเราจะสามารถแยกแยะประเภทและชนิดของงูได้ วัตถุประสงค์หลักอีกข้อหนึ่งคือการลดความขัดแย้งระหว่างมนุษย์กับงู เพื่อป้องกันการสูญเสียชีวิตที่อาจเกิดขึ้นแก่ทั้งสองฝ่าย ทั้งนี้หากเรามีความรู้ความเข้าใจในธรรมชาติของงูแล้ว จะช่วยให้เกิดการเปลี่ยนแปลงทัศนคติในทางลบและอคติของคนที่มีต่องูที่ฝังอยู่ในจิตใต้สำนึกจากรุ่นสู่รุ่น จนถึงขนาดเห็นงูที่ไหนต้องตีให้ตายที่นั่น โดยไม่คำนึงว่าจะเป็นงูมีพิษหรือไม่มีพิษ ดุร้ายหรือไม่ดุร้าย นอกจากนี้ บทความนี้ยังต้องการให้การศึกษากับผู้คนเกี่ยวกับความจริงและธรรมชาติของงู ผลก็คือ เราได้เรียนรู้ที่จะอยู่ร่วมโลกกับงูอย่างปลอดภัย โดยไม่มีการเบียดเบียนชีวิตกัน

ในบทต่อไปจะนำเสนอรายละเอียดของงูแต่ละประเภทที่เราควรเรียนรู้ สำหรับบทที่ 1 นี้ จะขอเกริ่นนำคร่าวๆเกี่ยวกับประเภทและชนิดของงูหลักๆที่สามารถพบเห็นกันโดยทั่วไปในธรรมชาติของพื้นที่ต่างๆในประเทศไทย ดังต่อไปนี้



**งูเห่าไทย:** เป็นงูพิษที่มีมากและพบเห็นได้ในทุกพื้นที่ในประเทศไทย งูเห่าไทยมักจะอาศัยอยู่ตามพื้นที่ลุ่มต่ำ ที่เย็นๆ และมีหญ้ารก เช่นทุ่งนา แม้แต่พื้นที่ใกล้เคียงกับบ้านเรือนที่อยู่อาศัย ผาผ่นหรือใต้พื้นซีเมนต์ที่มีรอยแตกหรือมีโพรง งูมักจะเข้าไปออกไข่ซึ่งฟักออกมาเป็นตัวจำนวนมาก งูเห่ามักจะเข้าบ้านคนที่พื้นซีเมนต์ในระดับเดียวกับพื้นดินภายนอก โดยเฉพาะบ้านที่มีสิ่งของวางไว้กรงรังไม่เคยปิดกวาดเช็ดถู ทำให้หนูมาอาศัยอยู่ใต้กองสิ่งของนั้น งูเห่าตัวใหญ่ๆมักจะหลบอยู่ตามซอกมุมต่างๆของบ้านเพื่อจับหนูกินเป็นอาหาร ลูกงูเห่าตัวเล็กๆมักเข้าไปนอนอยู่ในร่องเท้า ซึ่งต้องตรวจให้ดีก่อนสวมใส่ เมื่อเห็นงูเห่าเข้ามาในบ้าน อย่าจับเอง ต้องโทรแจ้งให้หน่วยกู้ภัยมาจับไป

**งูเขียว:** เป็นงูไม่มีพิษ มักอาศัยอยู่บนต้นไม้รกที่ปลูกไว้รอบๆบ้าน หรือ ชุ่มเถาไม้เลื้อย งูจำพวกนี้ ไม่ทำร้ายคน จนมีผู้ให้สมญานามว่า “งูสามัญประจำบ้าน”



**งูเขียวหางไหม้:** เป็นงูที่มีพิษอ่อน พบเห็นได้ในพื้นที่เดียวกับงูเขียวธรรมดา หากถูกกัด พิษจะไม่ทำอันตรายต่อร่างกาย ยกเว้นคนที่แพ้พิษงู จะมีอาการปวดบวมเล็กน้อย ตรงบริเวณที่ถูกกัดและจะหายเป็นปกติในไม่ช้า

**งูเหลือม:** เป็นงูขนาดใหญ่ที่ไม่มีพิษ พบเห็นได้ทั่วไป ส่วนมากจะเป็นบ้านที่มีต้นไม้รกที่ปลูกไว้รอบๆบริเวณบ้าน งูจำพวกนี้มักจะมาขโมยกินสัตว์เลี้ยง เช่น สุนัขและแมว รวมทั้งเปิดไก่ที่เลี้ยงอยู่ในเล้า บางทีก็ขึ้นไปนอนบนหลังคาหรือซอกบ้าน เนื่องจากงูเหลือมมีขนาดใหญ่และพละกำลังมาก จึงควรที่จะต้องเรียกหน่วยกู้ภัย มาจับไปปล่อยยังที่ไกลๆ

ท้ายที่สุดนี้ เราขอแนะนำ เพจชื่อ “งูไทย อะไรก็ได้” ในเฟซบุ๊ก เข้าเป็นสมาชิกฟรีโดยกด like หรือ subscribe มีผู้โพสต์เรื่องราวต่างๆเกี่ยวกับงูในเคลสที่ต่างกันไปเป็นจำนวนมากในแต่ละวัน เป็นการเผยแพร่ความรู้ รวมทั้งไขข้อสงสัย สิ่งที่ต้องการรู้ โดยคอมเมนต์ต่อท้ายโพสต์แต่ละโพสต์ สำหรับผู้ที่อยู่ในพททยา หากมีเหตุด่วนเกี่ยวกับงู สามารถเรียกหน่วยกู้ภัย ของมูลนิธิสว่างบริบูรณ์ได้ที่หมายเลข 038-222474

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# Barry Upton

After joyfully making it through 2022 with more than my fair share of success in the music & entertainment business, the start of any new year, for me, always brings optimism, positivity and a high degree of excitement as to what surprises will be in store that I couldn't have ever predicted.

The formation of my personal YouTube channel FAB BAZ MUSIC TV and the publication of my book 'Confessions Of A Pop Tart', were two highlights of last year enabling me to document my past exploits and to have all my song videos in one place with easy access.

If you'd like to be seen out sporting one of these stylish and highly affordable exclusive FAB BAZ MUSIC TV t-shirts, then E-mail me ... [barryupton876511@gmail.com](mailto:barryupton876511@gmail.com).

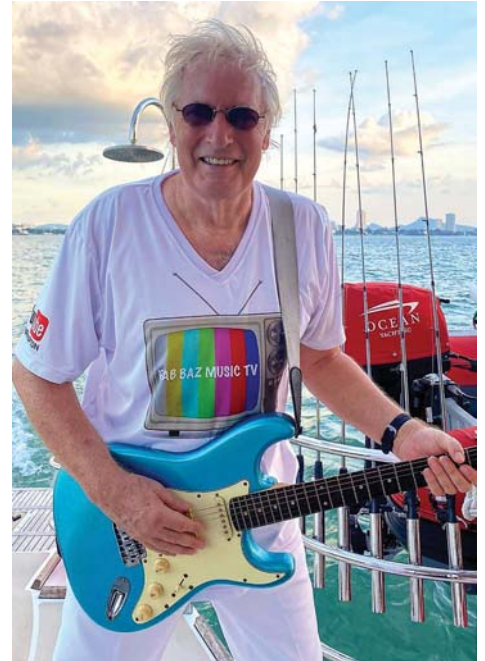
So, what can an unsuspecting public expect to be unexpectedly exposed to from Sunshine Productions and the always over creative mind of yours truly?

Well, already in production is a new album with versions of some of my favourite songs that have influenced me during my lifetime with a fresh sound and a TV style show for my YouTube channel utilising a working title of 'Barry's Bikini Beach Party', although that may change slightly on completion.

Also I have made a slight return to writing and producing songs for others whom I deem worthy of needing a leg up to showcase their talents. Every song I write nowadays has visuals in my mind as I plan for the necessary accompanying video which will inevitably be uploaded to the aforementioned YouTube channel.

Another project I would love to try to accomplish in the early part of this year is a lengthy new song which will incorporate many of my favourite musical styles including classical. Watch this space!

In addition to all of these activities, I shall also endeavour to gather together more of my past music vids and add to the FAB BAZ MUSIC TV channel.



The rest of the time I resolve to enjoy more of living in Thailand and the multitude of delights this country has to offer.

While the rest of the world is going 'doolally' crazy, we really must appreciate what a fantastic life we have here and the wonderful people we have as friends in our community.

I will most definitely be celebrating this, partly through my recorded and live music performances, but mainly by embracing all the good things that stare us in our faces on a daily basis.

I think we all have certain people we'd rather steer clear of but I can honestly say that I've never had so many good friends in one place my whole life.

Peace, love and a positive attitude is the key to happiness and I'll be reflecting these attributes in my creative output.

So, please support my YouTube channel by, firstly, enjoying my songs and videos, then by pressing the 'like' button and 'Subscribe' option which means you will be notified whenever new material is uploaded. My autobiographical book is available for free on this very 'Pattaya Trader' platform and I once again thank Rick Click for his support.

I also look forward this year to humorously chatting on camera with your esteemed editor Gloria as we have done for the past two or three years on a monthly 'Discover Pattaya' video feature basis which is always a joy and 'never a dull moment'.

So, make it FAB BAZ MUSIC TV in 2023 and remember... be fit as a flea, busy as a bee, always stress free and make fun the key! - (what?... me cheesy?)

Oh, and get a T.



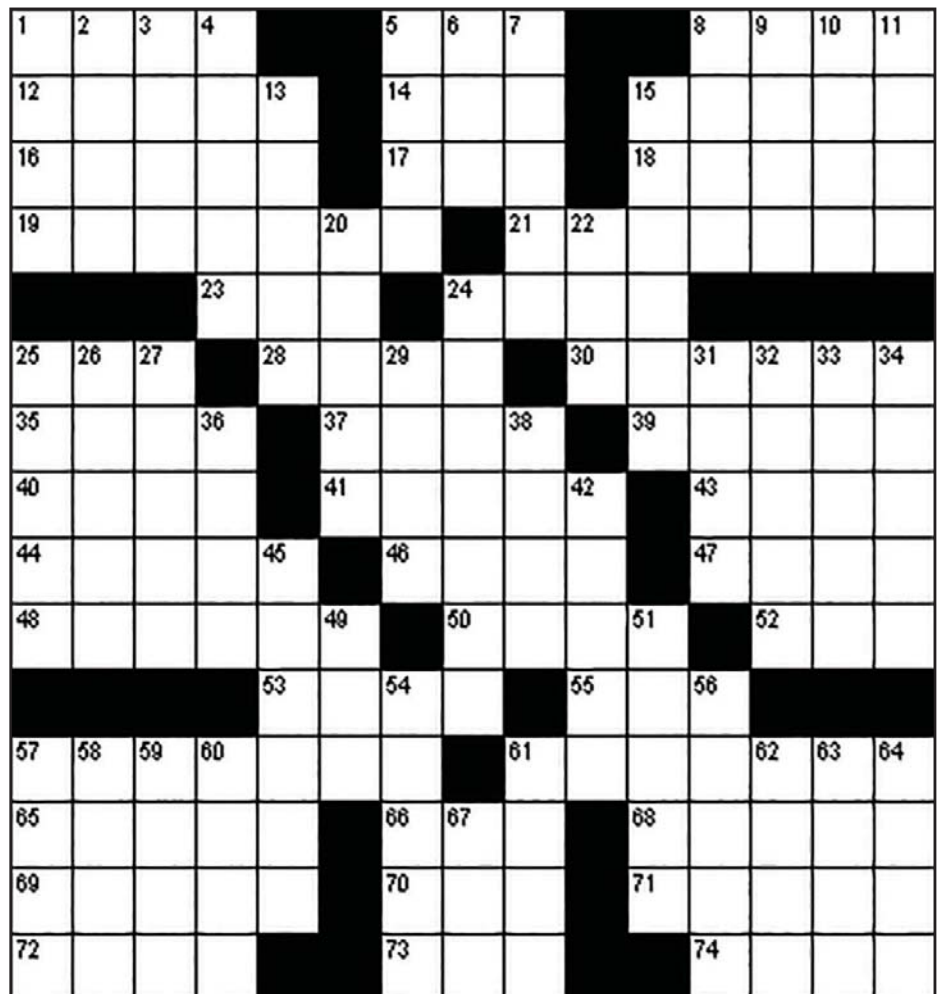
# CROSS WORD JANUARY 2023

## Across

1. Stringed instrument
5. Young child
8. Fuss
12. Obviate
14. Be indebted to
15. Fragment
16. Water barrier
17. Single
18. South American animal
19. Restless
21. Brass instrument
23. Japanese currency
24. Scorch
25. Weep
28. Small stream
30. Ploy
35. Harvest
37. Amphibian
39. Very slow tempo
40. Hawaiian island
41. Overhang
43. Musical composition for one
44. Contempt
46. Sate
47. Carbon black
48. Purloined
50. Zeal
52. Solfa syllable
53. Parch
55. Label
57. Part of a set of bagpipes
61. Female inheritor
65. Country life
66. Regret
68. Visual part of TV
69. Animated
70. Lout
71. Church officer
72. Manufactured
73. Moist
74. Musical instrument of ancient Greece

## Down

1. One of two equal parts
2. Assert
3. Wander
4. Righteousness
5. Implement
6. Possess
7. Fangs
8. Movie
9. Type of year
10. Highest attainable level
11. Type of fuel
13. Postpone
15. Denotes more than one
20. Combine
22. Music with syncopated melody
24. Stringed instrument with keyboard
25. Traverse
26. Respond
27. Cheerful sounding search engine
29. Loiter
31. Musical setting for a religious ceremony
32. Sulk
33. Ice hut
34. Part of a comb
36. Knitting stitch
38. Small wooded hollow
42. Roofing material
45. Cuddle
49. Indicating maiden name
51. Callow
54. Pointer
56. Kind of restaurant
57. Pack to capacity
58. Polynesian dance
59. Desiccated
60. Part of a church
61. Lift with difficulty
62. Miniture whirlpool
63. Soothsayer
64. Painful
67. Arab federation, initially



**SOLUTIONS ARE ON PAGE 49**



# SUDOKU JANUARY 2023

SOLUTIONS ARE ON PAGE 58

	9		4		5			
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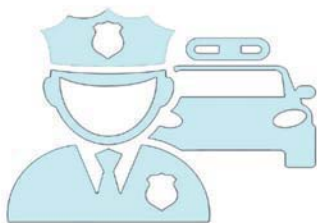
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8				2		5		



## IMPORTANT TELEPHONE NUMBERS



### POLICE

Emergency Hotline: 191  
 Pattaya Police Station: Soi 9 Pattaya  
 Phone: 038 420- 802, 038-420 805 0-3842-9325  
 Banglamung Police Station, Sukhumvit Highway)  
 Phone: 038 221 800, 038 221 331  
 Tourist Police: Phratamnak Road  
 Emergency Hotline: 1155  
 Phone 03841 4669, 03842 5937,

### AMBULANCE AND HOSPITALS

General emergency number 191 can be used or 1669  
 Pattaya International Hospital  
 PhoneTel: 038 428 374-5. Tel: 038-427 575  
 Bangkok Hospital Pattaya  
 PhoneTel: 038-259-999. 0-3825-9911  
 Pattaya Memorial Hospital  
 PhoneTel: 038 488 777. 038-429 422

### FIRE

Emergency Phone: 199  
 Fire Brigade Pattaya  
 PhoneTel: 038-425-943,  
 Fire Brigade Naklua  
 PhoneTel: 038-221-000,

### SEA RESCUE

Marine Police  
 Phone. 038-423 666  
 Sea Rescue  
 Phone 038-488 134

### ELECTRICITY

Electricity Pattaya  
 Phone 0-3842-6463, 0-3842-8502  
 Electricity Banglamung  
 Phone 0-3822-1007

### WATER

Water Works Banglamung  
 Phone 0-3822-1463  
 Water Works Pattaya  
 Phone 0-3822-2462/5

### WASTE DISPOSAL

Garbage Collection  
 Phone 0-3842-9494



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### **How do we do it?**

- We provide interest free credit to business owners in our community
- Business owners use this credit to purchase products and services within the community to help their business grow "No Cash Outlay"

### **What's our commitment?**

- We will continue to build the BBX Business community providing sustainable opportunities focused on business needs
- We will support business initiatives and partnerships, nurturing them in parallel with new ideas.
- We will provide a secure financial platform for transaction management

### **Your Commitment?**

- Our business community transacts via business trade credits. A willingness to be part of this extra revenue stream
- Our community of business owners connects and supports each other via fair trading terms, an understanding that strong relationships prosper with respect

**Reach out to us, we are here to help all business grow!**

[www.bbxworld.com](http://www.bbxworld.com)



# SOLUTIONS

## CROSSWORD PAGE 46

H	A	R	P			T	O	T			F	L	A	P	
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### HARD

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1	6	7	8	9	4	2	3	5

### HARD

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8	3	4	1	5	6	9	2	7
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2	8	1	6	3	5	7	9	4
3	9	5	4	7	2	8	6	1
4	6	7	9	1	8	2	5	3

### MEDIUM

2	8	6	5	9	7	4	1	3
3	9	4	8	1	6	5	7	2
5	7	1	3	2	4	6	8	9
4	5	8	6	7	2	3	9	1
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9	1	2	4	8	3	7	5	6
7	2	5	9	6	1	8	3	4
8	4	9	2	3	5	1	6	7
1	6	3	7	4	8	9	2	5

### MEDIUM

6	9	3	5	8	2	7	1	4
7	1	2	9	3	4	8	6	5
4	8	5	6	7	1	3	9	2
9	4	8	1	5	3	2	7	6
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5	3	4	8	1	7	6	2	9
8	7	9	4	2	6	5	3	1

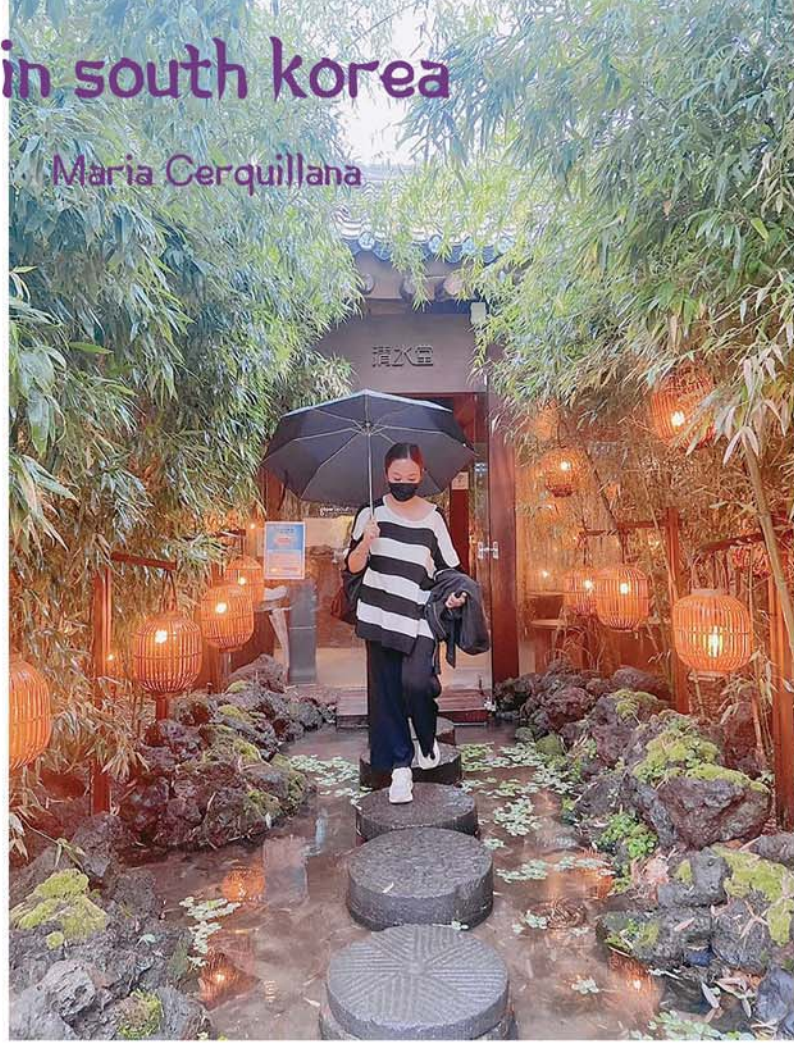
# Oh the places you'll go in south korea exploring gyeonggi-do

Maria Cerquillana

I've always loved South Korea. The land of the famous Hallyu wave - with its K-pop culture, popular k-dramas to k-beauty, brings together a most memorable travel experience. Time is always not enough during every trip as there is just so much to see and do. This time around, I went with the goal of not just visiting Seoul again but also seeing more of the interesting cities in Gyeonggi Province. While Seoul is definitely one of my favorite places, it was such a delight to experience the quaint little charms of the other cities surrounding it.

## Paju

My short trip started with a visit to the city of Paju, a 90-minute drive northwest of Seoul. My friend and I took a short drive to the quirky and artsy Heyri Art Village, a very picturesque place full of small stores, souvenir shops, dramatic restaurants, and cute cozy cafes. What could be a better way to start off our little adventure than with delectable food? Lunch at Mochuisle, an impressive dining space that has been the filming site of popular k-dramas such as Business Proposal, My Roommate is a Gumiho and Our Beloved Summer proved to be a great choice. It's a restaurant I absolutely recommend for its gorgeous interiors and excellent Italian food. We were lucky enough to have gone on a perfect sunny weekday and it ultimately was the perfect place to laugh and catch up. Because of my sweet tooth, one of my favorite things to do when in South Korea is to get my fill out of the sweet and silky Korean strawberry milk that is made with fresh chunks of strawberries and sweet strawberry syrup. The dreamy creamy one I had at this place certainly did not disappoint!



Heyri Art Village was a joy to explore. It has a little bit of everything for everyone but it would certainly be a tiny piece of heaven for creative folks such as writers, artists, and the like. A place that stood out for me was the Old Objects Museum. It offers a very quirky environment that showcases fun stuff from interesting museum pieces to old toys, comic books, uniforms, and even old-school candy which reminded my Korean friend of her nostalgic school days. I even experienced creating the famous Dalgona candy, which was made infamous by the highly acclaimed K-drama, Squid Game! The afternoon was well-spent strolling around and getting lost in fancy museums, interesting shops, and cute galleries.

I couldn't leave Paju without visiting a part of the DMZ, the world's most heavily militarized borders, which I've always found fascinating. Unfortunately, due to the lack of time, we were only able to visit the South Korean side where there were a lot of observation towers, museums, and beautiful parks. It was still such an insightful experience where visitors who love culture and history would get to understand why the 2 Koreas separated. You could also have an opportunity to see a part of North Korea which is mostly mountains and forests.



## Incheon

Another highlight of my trip was visiting the animated Chinatown in the city of Incheon. What I love about South Korea is the creative, cutesy, artsy vibe you get while wandering around its many streets and this particular Chinatown exudes certainly that! The country just knows how to make everything cute and fun. With its exuberant street life, it was so much fun just walking along its historical streets and taking in the buzzing sights and sounds. Delicious street food stalls offering Chinese Korean delicacies were abundant! Colorful gates were a sight to see. Small museums showcasing the port city's history lined the streets. Adorable cartoon cotton candy stalls were fun to explore. There were even little nostalgic game shops where we spent half an hour playing the classic Super Mario game. Everything was just so vividly wistful and colorful with a lot to take in and buy!



The main table has a memorable plant display as the centerpiece adding more to the charming interior. The fruit teas and cakes we ordered were exquisite! I couldn't get enough of the delicate Original Soufflé Castella and the divine Strawberry Fromage Cake. They were the cutest and tastiest things ever.

Who doesn't love a fun photo session with friends? After getting pleasantly lost in the numerous alleyways, my friend and I decided to visit a photo booth studio. This by far contributed to my really fun memories of the trip. Korean photo booths are definitely an experience anyone should try at least once. They bring you to another world where you get to choose exciting props, trendy costumes, and tons of accessories to play with. They even have hair irons to help you get ready! With all these along with its fabulous weather and amazing food markets, South Korea is and always will be a place I will unquestionably keep on going back to.



Walking up the road, my friend and I also explored a little of Songwoldong, or the Fairy Tale Village. It's a cute little neighborhood where numerous colorful western and Korean fairy tale cartoon characters are featured on walls along the streets. It was so much fun for me when I visited a small caricature shop where a talented artist draws the most lovable cartoon-style portrait of yourself while you sit for a few minutes. I was so happy with the winsome finished product that it remains one of my favorite souvenirs from the trip.

## Seoul

Finally, the trip would never be complete without a visit to one of my most-loved cities - Seoul. Aside from shopping in its popular shopping landmarks, I can't help gushing over one of my favorite neighborhoods - Iksandong which is definitely a precious hidden gem in such a bustling city! We went on a rainy day but it nevertheless added to the whimsical charm of the place. Strolling around a labyrinth of the cutest little alleys was a dream. The restaurants and cafes were amazing! Trendy boutiques are heaven-sent for shopaholics. The rustic tea houses were so cute. It feels like you are in another world as you are lulled by the sound of chimes and beckoned by the taste of heavenly tea. With lots of beautiful traditional Korean houses ( Hanoks ) lining the streets, it offers such a unique atmosphere where the vibe is simply remarkable.

As the place is popular for having superb cafes, of course, we couldn't leave without entering one. We visited Cheongsudang, an alluring and delightful cafe that mixes the modern and the traditional. It is surely one of the most beautiful cafes in Seoul. Showcasing bamboo, lanterns, and even a small pond, the whole theme is simply gorgeous.



By Kim Waddoup

## *Thung Bua Tong Sunflower Fields at Doi Mae U Kho, Northern Thailand*

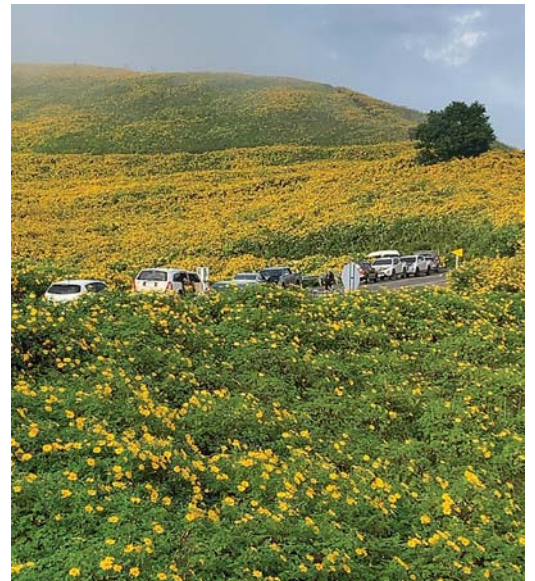
By Kim Waddoup

Maybe one of the most spectacular sights in Thailand are the Thung Bua Tong Sunflower fields

However, sometimes Instagram-type photos can be luckily taken with perfect weather and lighting, filters and photoshop. These 'idyllic' shots can then cause overreaction in our judgement and increase anticipation. The result being that when we actually see the real life view with our own eyes, it does not live up to the perceived images of our embroidered expectations.

Whilst I had been wanting to visit Thung Bua Tong Fields at Doi Mae U Kho for some time, I was slightly concerned that this might be a case of over-expectation but was jubilant to discover that, in reality, the spectacular sights were much more than I had ever anticipated and they have left deep impressions.

From Khun Yuam on Route 108 you turn up further into the mountains on route 1263. It's a good road that twists and climbs for about 25 kms. Finally, at an altitude of 1,600 metres one starts to see the yellow hillside and shortly one is surrounded by masses of bright yellow 'Sunflowers'.



Commonly known as the Tree Marigold the plants are from the family Asteraceae and also called Mexican Sunflowers and Nitobe chrysanthemum, amongst others. Whether they are true sunflowers or not is irrelevant as one leaves the car and is enveloped by this cornucopia of 2-metre + tall swaying bushes of yellow delight.

The flowers bloom between November and January and one is recommended to visit either early morning or late afternoon to enjoy the best views. It really is breath-taking, awe-inspiring, almost surreal, hypnotic and even spiritual as one attempts to absorb all that one is seeing within an aura of quietness and respect from the other visitors.

The development here is quite tasteful. Yes, there is a winding road that passes through these fields, but traffic is minimal and respectful. There are a variety of trails that one can explore through the tunnels of flowers. Conveniently placed view-points afford magnificent vistas over the flowers to the surrounding mountains. Whilst there are toilets there are no commercial shops or cafes to disturb the scenery or clear alpine air.



It is a photographer's dream, and one could probably spend 24 hours there to take in both the sunrise and the sunset. I believe that it is possible to camp, and a simple mountain resort is relatively nearby but apologies, I did not get the name

For me it was one of the most inspirational sights that I have had the privilege to witness. I have heard it likened to the alpine meadows from the Sound of Music, but this does not do the Bua Tong Sunflower Fields justice.

They are magical and we were truly fortunate to visit with the flowers in full bloom, spectacular panoramas over the mountains, a clear blue sky and few other visitors. Add this to your bucket list, no lifetime is complete without this experience.



Thung Bua Tong Forest Park – Doi Mae U-Kho is one of the top-list natural attractions in Mae Hong Son. However, be careful when you visit. Bua Tong flowers only bloom during the winter, If you go there during the other seasons it will be disappointing.

It's a good drive from Mae Hong Son or Mae Sariang in addition to about 1 hour up the mountain and there is limited accommodation in the region. So visit websites such as <https://mychiangmaitour.com/>- they have a chat room so you can ask about the blooms before you head off

For more from Kim Waddoup visit his website <https://meanderingtales.com/>



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WINNER: 125 Sathorn by PMT Property Co., Ltd.

**Best High End Condo Landscape Architectural Design**

WINNER: Fynn Asoke by Fynn Development Co., Ltd

**Best Condo Landscape Architectural Design (Phuket)**

WINNER: Waterfall Heights, Patong Bay (Phuket) by Property-Store Thailand Co., Ltd.

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# Top Interior Design Trends for 2023

## Restful interiors, bold hues, and eco-conscious choices.

During the pandemic whilst living most of the time indoors, cultivating a zen home became a top priority. In 2023 design choices will continue to encourage comfort and stability at home. Also with the rise in popularity of electric cars and organic food there is greater concern about the environmental impact of purchases. People therefore are turning away from fast furniture and opting for used and vintage pieces instead with greener homes and renewable materials such as wool, cotton, bamboo and cork.

## Open Floor Plans and Multi-Purpose Interiors

In 2023, rooms need to serve multiple functions with flexible interiors. A kitchen isn't just a kitchen; it's an open space that allows for entertaining at the weekend and a homework station mid week. While modern home/work living often demands privacy, most of us don't want to be isolated in a room all day and this is particularly true of open kitchens for families with younger children. Open floor plans that work smarter mean layouts that incorporate flexible rooms that can be easily divided into zones as needed.

Older generations are now looking to "right-size" moving or remodelling to suit their current lifestyle. Grandparents are selling the home where they raised their family to move closer to their children or creating a magnet house for their grandchildren with homes designed to aid family gatherings and entertainment.



### **A Home Oasis with Unpredictable Accessories**

Consumers will also look to their spaces to create a vacation-like retreat. Expect a turn away from the white and monochromatic "for a scheme that evokes wanderlust and a sense of escape," As many resume travelling post-pandemic, homeowners are bringing specific pieces from their travels back home with them. Expect to see a rise in more interesting and sentimental accessories. While things like coffee table books, family heirlooms and vintage pieces..

### **Holistic Design with Organic Materials and Earth Tones**

With nods to nature, interior design that closely considers a homeowner's mind and body is a growing category. People are going to think more about how the interior design of a house makes them feel and how design can make them happier, healthier, and more productive in their space. Nature has a calming effect, which is important in our chaotic world today, so organic materials and earth tones are important with colors inspired by nature, such as mossy greens and peaceful blues.



### **Tactile textures and colour will continue to be popular in decor, particularly jewel tones.**

For 2023 texture is going to play a big role in home decor in everything especially in pillows and sofas. Browns and greens will be big especially in bolder jewel tones.

### **Desert-inspired tones will also be popular.**

For those people not wanting to embrace jewel tones but still want something different from an all-white home, desert-inspired hues are becoming popular. Anything from pinks and oranges to beiges and sand which pair well with textured fabrics. A softer palette, it is still cosy and can transport you bringing a little bit of the outdoors inside.



Expect a pivot from synthetic materials, like acrylic, to organic, layered textures—a design trick that boosts serenity. This is an elevated approach to minimalism that combines simple silhouettes and natural materials, like cane and oak.

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