

# DISCOVER PATTAYA

## *A Rock Star Mansion in Beautiful Bang Saray*



An Exclusive Listing from

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City Garden - Central Pattaya



CS4135

Price: 2,200,000 THB

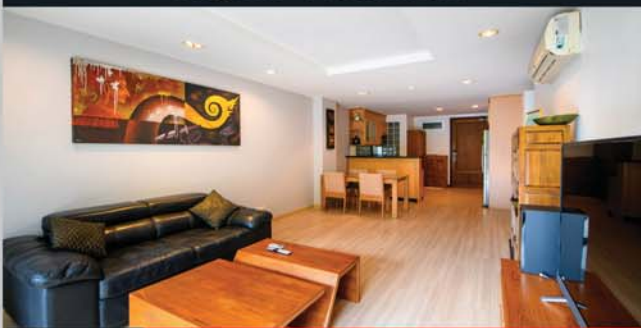
Nova Atrium - Central Pattaya



CS4132

Price: 2,800,000 THB

Regent - Pratumnak



CS4109

Price: 3,200,000 THB

El Grande - East Pattaya



HS2138

Price: 6,490,000 THB

Super Villa - Mabprachan Lake



HS2132

Price: 18,900,000 THB

Wongamat Tower - Wongamat



CS4130

Price: 7,900,000 THB

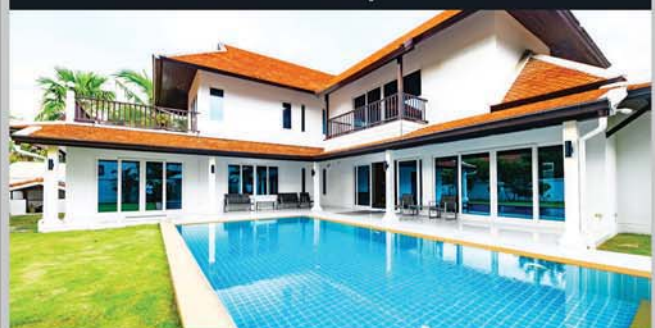
Axis - Pratumnak



CS4088

Price: 9,450,000 THB

Natheekarn - Mabprachan Lake



HS2141

Price: 11,450,000 THB



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We also have exclusive property listings such as the stunning property featured on the front cover and two photos below.. On a magnificent private estate in beautiful Bang Saray is this wonderful 5 bedroom property set on 2.25 Rai with 4 self-contained luxury bungalows. It is perfect for the truly musical, featuring a guitar-shaped swimming pool and wonderfully music-themed interiors. Available for 52,000,000 THB.

If you are interested this or any of our listings please phone us quoting the reference number or drop into our office and have a chat with our friendly, knowledgeable team..



**Baan Haad U Thong - Pratumnak**



**CS4098**

**Price: 22,700,000 THB**

**Ananya Beachfront - Nakula**



**CS4115**

**Price: 16,999,950 THB**



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# DISCOVER PATTAYA

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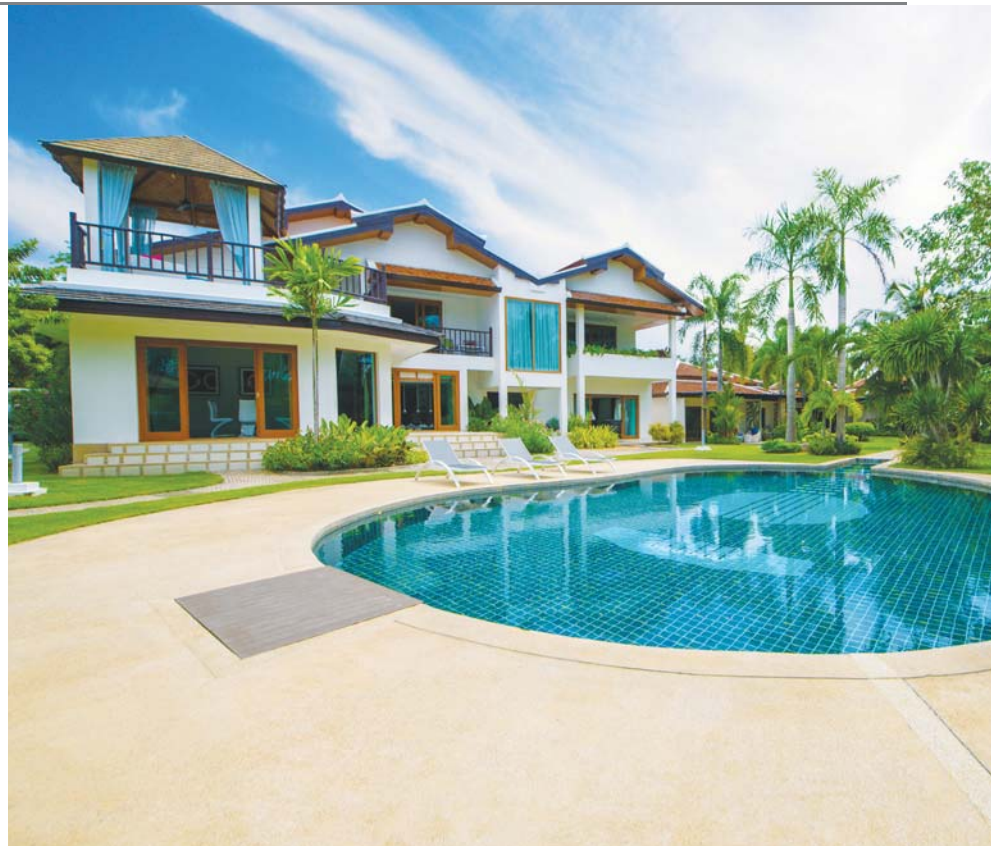
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*Welcome To The Second Edition of Discover Pattaya,*

For those who missed our explanation last month, on the facing page is a brief resume of the changes we have been making.

We do hope you like this new format which is still packed with many of our regular features and interesting articles on the expected and unexpected here in Pattaya.

Our cover this month features an amazing Bang Saray property for the truly discerning musician complete with a guitar-shaped swimming pool and musical notes effectively used in the stunning interior design. An exclusive listing for Rightmove Pattaya, there are more gorgeous places for sale in the property section at the back of the magazine.

Plenty of sports and dining features and a catch up with dear Rodney James Charman who tells us all about his "Incredible Journey". We also have an interview with Thomas Reimer the resident guitarist at Sun Sabella's Jazz Pit. Open every evening but Tuesday, the popular Sunday brunch will not be on from 2-5 pm every week. .

Or if you fancy some time at sea then contact Khun Oat at The Royal Varuna Yacht Club as he can train any would-be sailor from the completely inexperienced to the most advanced. There's still so much to see and discover here in Pattaya Enjoy!

Gloria



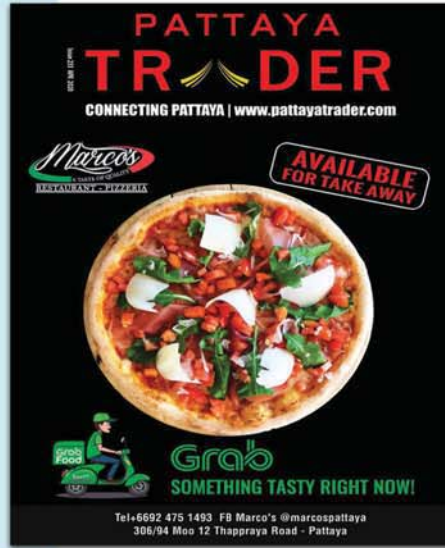
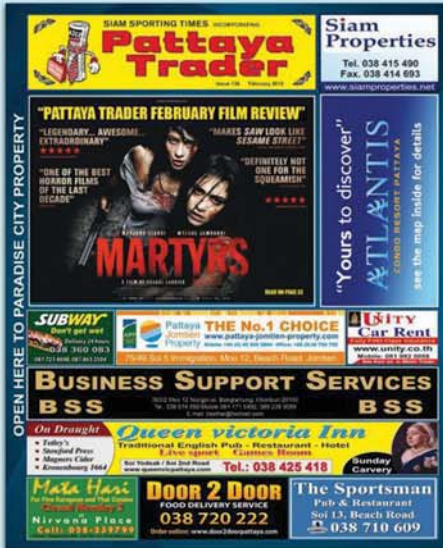
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# TRADING TO DISCOVERING



Welcome to the 2nd edition of our new-look magazine Discover Pattaya. As we explained last month The Pattaya Trader from its inception some 20 years ago has gone through many changes. Once a "trading bible" for anyone who wanted to buy or sell a car, bike, furniture, etc. the earliest magazines were covered in advertisements and many pages devoted to the second-hand trade of readers' goods.

Move forward to a better quality magazine with laminated covers, improved paper quality, and much of the clutter removed. Then in 2020 our newest evolution a 100% Colour, Glossy Lifestyle magazine which is still free of charge.

The 3 Pattaya Trader Facebook pages Pattaya Trader Group, Pattaya Trader Page and Pattaya Trader Expat Ladies Page are all still available to serve the community and the Group especially is great for buying and selling goods.

Discover Pattaya however is now going to be devoted to showing our readers both local and international what Pattaya has to offer. We are grateful for all your support during this new chapter and do hope you enjoy Discover Pattaya which we will continue to distribute all around Pattaya.





# HAPPY SONGKRAN Festival 2020



## *Re-scheduled Songkran*

By Rick Click

**S**trange times we are living in, with the Songkran festival being rescheduled this month on the 4th -7th. Possibly a good time to have it, coinciding with the rainy season so we can all get soaked without even being sprayed by a passerby!

As far as I know, this is the first time the festival has been moved since 1888 but maybe it's a good idea as we should try to leave the past few months behind us and look forward to a new beginning as quickly as possible. So in this somewhat unusual and historic year, I thought I would look back on the history of this soggy event.

### **The Origin and History of Songkran**

The most celebrated of traditions, the Songkran Water Festival derives its name from a Sanskrit word meaning to move or pass into. Usually, this ancient festival marks the Thai New Year in April 13 through April 15, with extended days into the 19th in areas such as Pattaya.

Traditionally the growing of rice crops was a mainstay of the ancient Thai economy and so the Animist priests and farmers sought rain to bring a bountiful harvest from the spirits that inhabited the land.

It was also believed that 'blessed' water used to cleanse possessions and anoint loved ones was another way to receive good fortune in the New Year. Therefore, the beginning of every astrological, aka lunar new year was thought to be a time to begin anew and a time of cleansing.

The use of water symbolized the washing away of anything bad that had occurred during the previous year. Over time, water became synonymous with Songkran and was used in a spiritual and religious way in order to pay respect to family members and the members of one's community. The water was collected after first being blessed by pouring it over the image of Buddha.







The now 'blessed' water, sometimes mixed with fragrant herbs, was then gently poured on the shoulders or hands of elders and other family members to wash away their bad luck, and potentially bring them good fortune in the coming year.

Songkran usually falls during the hottest part of the year in Thailand with children standing on the street to respectfully ask permission to sprinkle water onto passing strangers — thus providing them with both good luck and some much needed relief from the sweltering summer sun. To further increase an individual's good luck, white chalk as used by Buddhist monks for blessings is mixed with water to form a paste. This is then applied to a person's face whilst they are wished “Chok dee” (good luck).

The three days in April devoted to celebrating Songkran are divided into:

"Maha Songkran", the first day of the holiday when one's time should typically be spent attending religious events and paying tribute to ancestors at family gatherings.

"Wan Nao", the second day of the holiday, is occupied by prayers and visits to local temples where donations are made to Buddhist monks and those less fortunate. Also when blessings of scented water were poured over the monks to complete a holy cleansing process. It is also the day on which one's home, car or motorbike is cleaned, and when the community participates in the cleansing of public meeting places like schools and temples.

"Wan Thaloeng Sok", the holiday's final day, is set aside solely to involve oneself in local street festivities or by relaxing indoors.

If you can picture in your mind's eye, what was once a gentle water sprinkling ceremony that's gone nuclear, you'll probably have some idea of what a resort city caught in the grip of Songkran mania might be like. Here are some of the festival traditions you are likely to encounter let's see how many are observed in 2020

- **Throwing of Water** - the fun includes water guns, hoses and all manner of containers used by Thai locals and visitors to drench each other
- **White chalk**- to preserve the blessings made from the soaking, and often spread by hand on faces, cars and passing vehicles
- **Gifts of Food** - Thai people visit monasteries to deliver food to the monks and pour scented water on Buddha symbols. After this a procession of monks carrying Buddha statues move through the streets as people throw water.

How much water will be thrown this year we will just have to wait and see. You may be a complete coward and pass Songkran days safe and dry indoors, viewing the mayhem in a voyeuristic way through strategically located windows. Or you might be quite happy to squelch through the sopping lunacy. At least this year there will be fewer “Songkran water fight tourists” here to use their water cannons and high powered water guns.

So love it or hate it, try not to turn the air blue with expletives when water hits you. Rather keep in mind that generally the community is only blessing you with good luck in a traditional way. Smile through gritted teeth and politely greet each of your aqua armed assailants with a “Happy Songkran Day” or “ Sawadee pee mai” . Then you can return the favor by throwing a bucket of your own!







by Rick Click

# COMING TO THE SMALL SCREEN



## The Boys Season 2

The Boys are back on their mission to expose the truth about the 7 superheroes who have secretly abused their power.

Hughie, Butcher and the boys are still reeling from the blows at the end of season one. Now on the run they continue to fight on whilst Vought the company that handles the seven are in a tail spin about the possibility of Supervillains.

Stromfront a new hero arrives to shake things up and challenge the unstable Homelander.



## Away

Hilary Swank stars in this ten episode Netflix drama about the first manned mission to Mars. She plays Emma Green the astronaut in charge of a dangerous year long international project.

Josh Charles plays her husband and NASA engineer living back on earth and taking care of their teenage daughter.

Being isolated and away from the ones you love now resonates more than ever.



## The Third Day

This six part miniseries starring Jude law and Naomi Harris has six parts divided into to topics "Summer" and "Winter".

Law starts things off as Sam a man mysteriously drawn to a remote island off the British coast. To reach the island he drives across a causeway and discovers that the inhabitants have their own traditions which they keep at any cost.

The second part of the series stars Naomi Harris as Helen who travels to the island to get some answers and creates some discord.





by Rick Click

# Coming Soon to The Big Screen



## The Kings Man

Harris Dickinson, Ralph Fiennes, Aaron Taylor-Johnson, Gemma Arterton, Tom Hollander.

Prequel to the Kingsman movie series looking at the early days of the spy organization just at the turn of the 20th century.



## The Conjuring 3

Patrick Wilson, Vera Farmiga

Paranormal investigators Ed and Lorraine Warren fight for the soul of a young boy caught up in a murder case and claiming demonic possession as his defense.



## Escape Room 2

Taylor Russell, Zoey Davis, Logan Miller, Ben Miller, Isabelle Fuhrman, Indya Moore.

Sequel to the 2019 hit movie, picks up where the last psychological horror film ended.



## A Quiet Place 2

Emily Blunt, Cillian Murphy, Millicent Simmonds, Noah Jupe, Djimon Hounsou.

After the horrific events at their home in the last movie the Abbott family now venture outside into the unknown. They soon discover that the creatures aren't the only threat.



## I am Woman

Tilda Cobham-Herveym, Danielle MacDonald, Evan Peters, Dusty Sorg.

Story of Helen Reddy writer of the song "I Am Woman" which became an anthem for the women's movement during the 1970's.



## The last Full Measure

Sebastian Stan, Christopher Plummer, William Hurt, Ed Harris, Samuel L. Jackson.

True story of USAF Vietnam War hero William H. Pitsenbarger, a medic during the campaign who saved the lives of over sixty men.





## Meet Khun Oat at The Royal Varuna Yacht Club

**D**espite his youthful looks, Khun Oat has been at The Royal Varuna Yacht Club 16 years, and is their Senior instructor. He can teach all levels of proficiency from those who have never sailed before, right through to the intermediate and advanced.

Private courses are available for adults during the week or by special arrangement at the weekend and lessons are spread over 2 days with a mixture of practice and theory. The courses start from as little as 5,200 baht for members and 6,800 baht for non members (based on a group size of 3 +) with the price including boat hire, tuition, safety equipment, log books and certificates.

Khun Oat is also the youth sailing manager, responsible for the club's Junior courses. These have students starting from 8 years old upwards and run with a ratio of 6:1 students to instructor. In fact many of Khun Oat's earlier students have now trained to be qualified instructors themselves and other success stories include young sailors who have gone on to qualify for the Thai National Team.

Courses are available throughout the year with the next one running 12th-16th October and then 14th-18th December with all tuition given in both Thai and English. Running from 9:30 a.m. to 4 p.m.

Day one begins with a briefing and a talk about safety first both whilst on land and at sea, the importance of wearing life jackets and a strong sunscreen.

### **Beginner RYA Level 1-2**

Gives a basic understanding of how a boat sails progressing on to a wide range of sailing skills

### **Start Racing**

This course is designed for confident sailors looking to begin club racing under the supervision of the RYA coaches

### **Intermediate Stage 3**

Following on from the previous two, this course allows for sailors to learn to sail in any direction as well as additional emergency skills such as "Man OverBoard" and picking up a mooring.

### **Advanced Racing**

This course is aimed at sailors who are looking to compete in national events or wanting to improve on their racing performance





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THAILAND'S PREMIER SAILING COMMUNITY



**Course Prices**

	Members	Non-members
4 days	5,760	8,640
5 days	7,200	10,800

For further details and to enrol with Khun Oat and his team for a course please contact [sailcoach@varuna.org](mailto:sailcoach@varuna.org) or [reception@varuna.org](mailto:reception@varuna.org) Or telephone +66 38 250 116



# Pattaya Exhibition And Convention Hall (PEACH) receives accolade from Government for excellent Covid-19 preventative measures



**P**attaya, Thailand – Top executives from the Thailand Convention and Exhibition Bureau (TCEB) together with officials from the Department of Health (DOH) recently visited Pattaya Exhibition And Convention Hall (PEACH) for a site visit to inspect the venue's new health measures in safeguarding upcoming business events. TCEB has taken a pro-active approach to support the health readiness of Thai MICE operators and ensure that they comply with the government's health safety criteria for MICE events. These new health measures that are carried out by Thai venues including PEACH are part of the MICE Venue Hygiene Guidelines, which TCEB has developed in collaboration with significant associations.

Around 30 representatives from TCEB, DOH and the Royal College of Physicians of Thailand (RCPT) were welcomed by the team lead by Mrs. Panga Vathanakul, the Managing Director of Royal Cliff Hotels Group and PEACH. The site inspection included the presentation of the new normal preventive measures of PEACH showcasing modified event setups with social distancing practices, food contamination prevention protocols as well as the venue's green way of implementing garbage disposal. The PEACH team also showed and explained how the convention center's air system was thoroughly cleaned and upgraded with a filter for better air quality during the venue's temporary closure. An air disinfection system with UV light was likewise installed to help control the carbon dioxide level in the venue.

As an award-winning meeting and events destination, PEACH showcases its readiness in hosting "new normal" events that comply with the strict hygiene and safety criteria of the Ministry of Public Health. In addition, the venue has also created the "Protection-C Package" which incorporates specific preventive measures that allow planners, organizers and corporates to conduct events in a secure and well-protected environment.

"Today was a great opportunity for us in the Department of Health in collaboration with TCEB to see the preventive measures that PEACH has when hosting events under these new circumstances. With what they presented today, it gives us confidence in many aspects. If we continue to move forward with such measures and understanding of the current situation, events can still be held while preventing the outbreak of COVID-19.," Dr. Danai Thiwanda, Deputy General Director of the Department of Health said. "Seeing the interest of prestigious organizations in holding their upcoming events at PEACH shows confidence in the safety that PEACH delivers. I would like to take this opportunity to support and congratulate PEACH and the Royal Cliff for creating successful preventive measures which would serve as a great example for other MICE venues in Thailand to follow. This especially holds true to their innovative ideas such as providing better air quality in the venue."

A unique meeting destination that is set in a stunning location with breath-taking ocean views, the Royal Cliff Hotels Group along with Pattaya Exhibition And Convention Hall (PEACH) is one of Asia's premier resort - convention destinations that provide complete versatility as a convenient 'one-stop convention solution' for any meeting needs. The venue has been well-admired by established authorities as the main pioneer of the MICE industry in Pattaya. With over 23,500 sq.m of available meeting space, it offers modern facilities, professional services and technical support to successfully host a wide variety of engagements such as international conferences, exhibitions, product launches and banquets.

Want to hold your next event at the Royal Cliff and PEACH? Request for a proposal by contacting our Sales Managers at (+66) 38 250 421 Ext: 2845 or emailing: [succes@royalcliff.com](mailto:succes@royalcliff.com). Let us make your events extraordinary.



For more information on the Royal Cliff Hotels Group and Pattaya Exhibition And Convention Hall (PEACH), please visit [www.royalcliff.com](http://www.royalcliff.com) and [www.peachthailand.com](http://www.peachthailand.com)

Mrs. Panga Vathanakul, Managing Director of the Royal Cliff Hotels Group and PEACH gave a warm welcome to executives from prestigious governmental bodies during their visit to Pattaya Exhibition And Convention Hall (PEACH).



Mrs. Panga Vathanakul, Managing Director of Royal Cliff Hotels Group and PEACH gives her welcome speech during the site inspection.



Dr. Danai Thiwanda, Deputy General Director of the Department of Health congratulates PEACH for its preventive measures that comply with the guidelines of the Department of Health.

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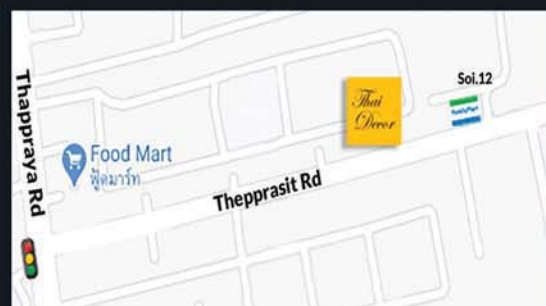
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Arizona reclining chair Alu frame  
with cushion 4cm and  
adjustable back

**5 990 -.**



Arizona Table with 5cm Parasol hole  
Alu frame  
size 150 x 100 cm

**9 990 -.**



Bahama Corner sofa set alu  
seater sofa : 207 x 84 x 63 cm | 2 seater sofa : 180 x 84 x 63 cm  
Table : 110 x 54 x 27 cm

**35 990 -.**



Vegas big cushion box alu  
size : L151 x W75 x H90 cm

**14 990 -.**



Cushion gold premium design  
size 45x45 cm, 400gr, soft and comfortable

**259 -.**



Cushion premium design  
size 45x45 cm, 400gr, soft and comfortable

**199 -.**



# How to select an International School

**I**f you are new or currently residing in Pattaya and have children of the appropriate age, finding the absolute best international school is a top priority. Selecting the correct school for your particular needs, requires more than just visiting a website and casting a cursory glance at a pamphlet or two. It involves research, asking a lot of questions, and wherever possible spending some time on the campus and in the classroom. If you pay attention to the following guide, and if you do your due diligence and make thoughtful inquiries, before long you'll have more than enough information to make an informed decision on what school is best for your children to attend

An international school is a school that has either adopted a course of study that follows an international curriculum like the Cambridge International Examinations, or a national curriculum that is different from that of the nation in which the school resides. International schools cater primarily to foreign students who are not native to the host country.



## Must Have Features

When shopping for a school, make sure that it is internationally accredited by at least one international agency such as the Council of International Schools. This will ensure that credit can be transferred from one international school to another. The school's teaching staff and student body should also both be multinational and multilingual. And make sure that the language of instruction is suitable for your children.

Select a school that is a member of the ISAT or International Schools Association of Thailand. An ISAT school offers a range of study programs that cater to American, British, and International Baccalaureate standards, as well as other international curriculum such as Japanese, Korean, French, and Swiss. ISAT members also offer a number of different campus sizes, and a wide variety of fine arts, sporting, and extracurricular activities.

## Don't be swayed only by a Name

Don't choose a school based solely on the fact that it has an impressive name or cultural affiliation that is familiar to you. Before signing up at a school that features notable words such as Harvard, English, International, Oxford, Private or World's Best in its name look beyond its label. Do more than just admire its name and glance at its test scores and demographic data. There are lousy, mediocre and great schools whether they have an inspiring name or not.

## Investigate Curriculum

Thai international schools offer a number of international curricula, many of which are listed above. Each of which has strengths and weaknesses. In turn, individual schools offering the curriculum you're interested in may have their own advantages and disadvantages based on its teaching staff and the courses offered. In addition, some schools develop other curriculum's which do not fall into a totally different format. Therefore, it's worth exploring what each school has to offer before making a final decision.

## Attend Seminars

If a school offers any sort of orientation seminar, be sure to attend. But be advised that you should never make a hasty decision based solely on the first impression. Every school puts its best foot forward at these events, and a snap judgment could spell disaster for your child's education. After all you wouldn't marry the first person you'd met in a bar that made a favorable impression on you.

## Research online

Continue your research online and see what surfaces, both good and bad. Look for reviews made by other parents. Talk to your co-workers and friends in regard to what school they send their children to. If possible, ask any teachers that you happen to meet where their children attend school. Also, don't be afraid to ask if they can speak candidly about the various schools in the area. When visiting the campus, get the perspective of the students who attend that school on a daily basis. This can pay handsome dividends as to whether that school receives a passing or failing grade.



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## OPENING OF MAP TA PHUT MOTORWAY

**T**he 32 kilometre Pattaya - Map Ta Phut motorway, through Chonburi and Rayong provinces, was officially opened by Prime Minister Prayut Chan-o-cha on 24th August 2020. The 17.8 Billion Baht No 7 intercity highway which took four years to complete links the Eastern Economic Corridor (EEC). At a later stage, It will connect the nearby industrial estates and U-Tapao international airport which is predicted to serve 60 million passengers a year in the future.

The motorway also has the potential to link U-Tapao airport with and at a later stage transport Minister Saksayam Chichob declared.

In the future. It may also has the potential to link the U-Tapao airport with Rayong, Prachin Buri and Cambodia.

The motorway has three ramps, The Huai Yai ramp leads to Highway No.3 near Pattaya. The Khao She-ohn ramp connects Highway No.331 in Sattahip, Chon Buri and The U-Tapao ramp leads to Highway No.3 in Ban Chang, Rayong. Two toll gates that opened were at Huay Yai Exit, which will connect the motorway to Sukhumvit Road opposite Ocean Marina Yacht Club, and Khao Chi On Exit, which will end on No. 331 highway. If you're coming from Bangkok and would like to avoid the traffic in Pattaya you can take the Maptaphut exit then Jomtien Exit. The rate to pay at the booths is expected to be between 1- 2.3 baht per kilometre but there will be no toll fee until October. .







# GAME RELEASES

With Gaming console sales rising by 36% (22 million units sold during the pandemic), the healthy sales of digital media and a new PlayStation and Xbox on the horizon gaming is still going strong. Here are this month's releases.



## Fast and Furious Crossroads.

At last a game that uses real movie actors' voices! This incredibly popular film franchise was a no-brainer for video game adaptation. Multiplayer looks like a real laugh.

There looks to be some variety in the missions from take downs to heists and of course you get to use the iconic vehicles from the franchise. Gear up for fast, cinematic non-stop action as you hunt down an international crime syndicate and pump the brakes on their plans.



## Madden NFL 21.

Once we get close to photo realistic graphics, game developers will have nowhere left to improve except for the gameplay and artificial intelligence.

So it's great to see the long running Madden series making its major improvements to the complex gameplay. Improvements will increase the sense of realism, a new system will give pass-runners more control off the line and added animations for side hurdle and dead leg moves encourage flair and creativity. You can even taunt your opponents with a new celebration option.



## Mafia Definitive Edition.

Out of the blue 2K announced that they were going to release what they called definitive versions of the Mafia franchise. A month or so back they released a slightly reworked version of Mafia 2 and 3. People weren't that jazzed about Mafia 2 with its graphical improvement it came with lots of bugs. However I feel that the release of these two games was just to pave the way for the total remake of the first 2002 game.

After a brush with the mob cabdriver Tommy Angelo uneasily enters the world of organized crime. An open-world action adventure set during the 1930s in the fictional city of Lost Heaven.



# LEARNING THAI WITH KAREN



Many of you already know Karen from her visa services and because she teaches English to Thai children. We have asked for her help now with our new feature Learning Thai with Karen.

Last month we went through the numbers 1 to 20. If you missed this you can have a look on our website [pattayatrader.com](http://pattayatrader.com) Back Issues page There you will see that after 11 the numbers follow a logical progression with the Sib (10) followed by the single-digit number Sib-song (12) Sib-Saam (13) and so on.

You can follow this rule through 20,30 etc. and on to the 100s and even millions.

Have a go the next time you want to use numbers in Thai

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40	สี่สิบ	See-sib
50	ห้าสิบ	Ha-sib
60	หกสิบ	Hok-sib
70	เจ็ดสิบ	Jaet-sib
80	แปดสิบ	Paed-sisb
90	เก้าสิบ	Kow-sib
100	หนึ่งร้อย	Nueng-roy

**After one hundred we will count thousand by using the word พัน – Pun**

**1,000** หนึ่งพัน Nueng-pun

**1,250** หนึ่งพันสองร้อยห้าสิบ Nueng-pun-song-roy-ha-sib

**1,900** หนึ่งพันเก้าร้อย Nueng-pun-kow-roy

**2,000** สองพัน Song-pun

**After Thousand, we will count by using the word หมื่น – Muen**

**10,000** หนึ่งหมื่น Nueng-muen

**14,000** หนึ่งหมื่นสี่พัน Nueng-muen-ses-pun

**After Muen, we will count by using the word แสน – Saen**

**100,000** หนึ่งแสน Nueng-saen

**After Saen, we will count by using the word ล้าน – Laan**

**1,000,000** หนึ่งล้าน Nueng-laan

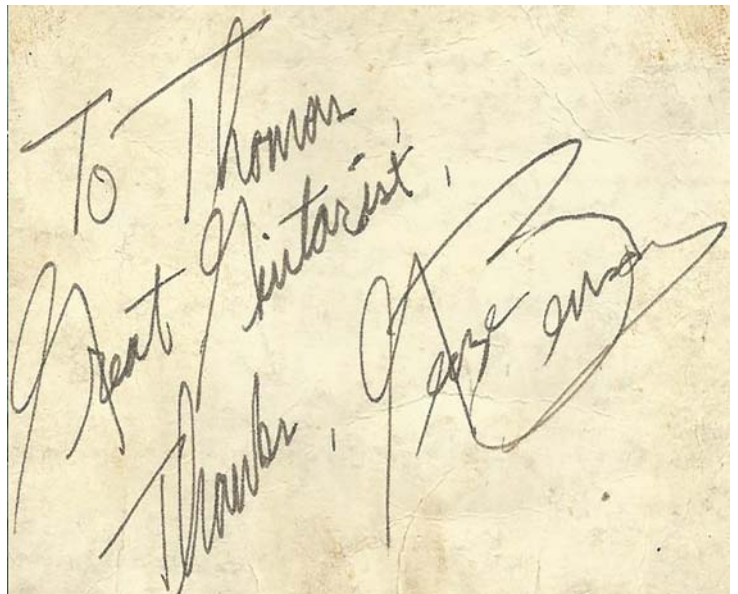
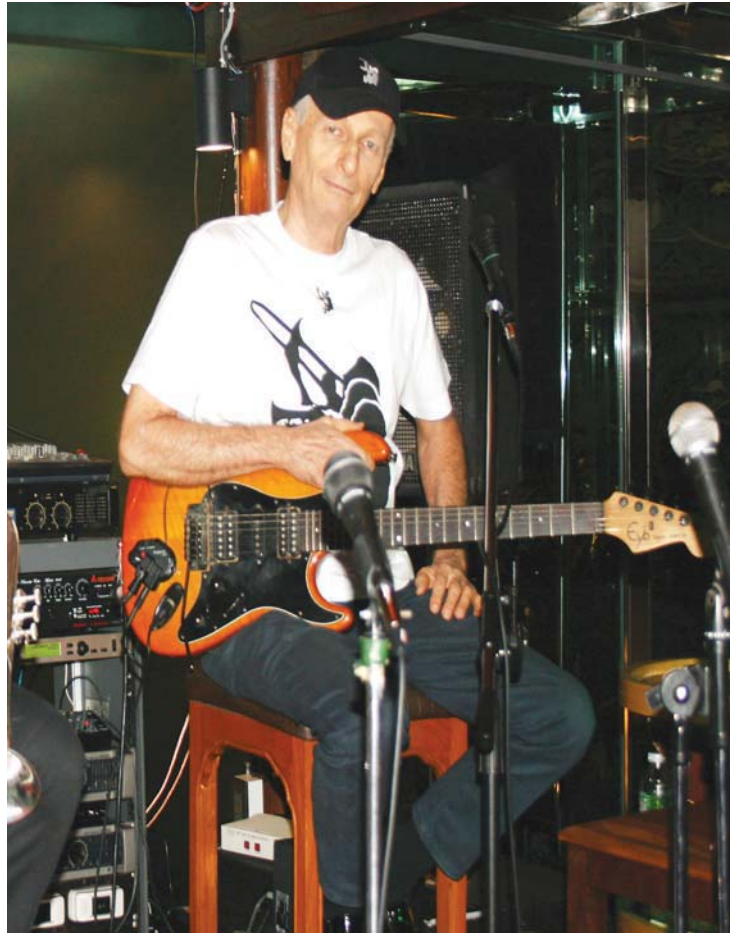


# LIVE MUSIC FROM THOMAS REIMER AT THE JAZZ PIT

The first musical instrument Thomas learned to play at the age of 6 was the violin which he studied at the Academy of Music in Graz and the Bruckner Conservatory in Linz, Austria. By the age of 14 he had switched to guitar and after just one year of being self-taught, was the best guitarist in his hometown. He would amaze his friends by being able to play his guitar behind his head Jimi Hendrix style.

At the age of 16, he formed a band with his older sister and her boyfriend, who played the drums. For about two years their band Archaeopteryx played every weekend until his sister and boyfriend went off to university in Vienna. Then it was Thomas's turn he got his diploma as a teacher of mathematics and music, learning classical guitar and piano during his studies. His girlfriend at that time was from Frankfurt and he followed her there straight from university leaving directly after the degree ceremony - still wearing his academic gown!

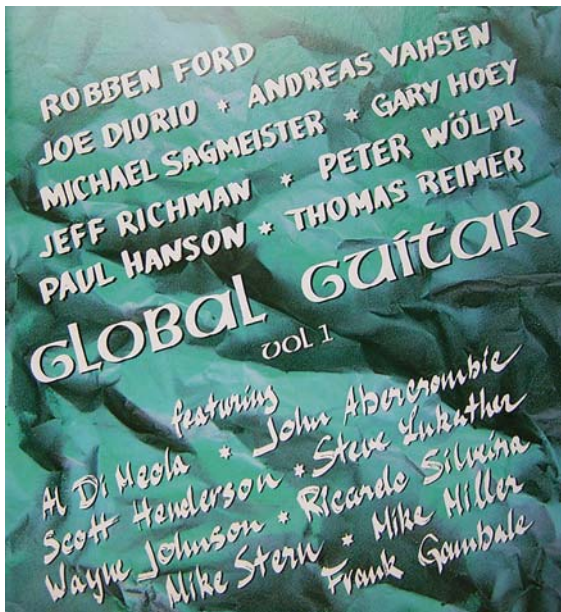
From Frankfurt, Herr Reimer traveled to Munich as he had already decided that his preference was for Jazz guitar and Munich had a fantastic jazz club called: Unterfahrt, that had been voted for several years as the best in the world. Whilst playing at this club the head of Munich's Jazz School saw him and engaged him directly as a teacher. So for 25 years Thomas was teaching by day and playing jazz gigs at the weekend.



\* ARCHAEOPTERYX \*







Also at that time, there was a famous nightclub in Munich called Nacht Cafe where many German celebrities such as Boris Becker used to dance the night away until 4 a.m. One evening the famous American guitarist, singer, songwriter George Benson was at the club. Thomas was playing there and so he invited George up on the stage so that they could perform together. Thomas has proudly shown me the autograph that he keeps as a memento of that evening and a great compliment.

Another fantastic opportunity came when Thomas was invited to perform on a CD entitled Global Guitar alongside such important names as Al Di Meola, Scott Henderson, and Mike Stern.

Thomas has even appeared in the Guinness Book of Records when the band he was playing with played for an hour on an airplane doing a round trip Munich to Salzburg on New Year's Eve. This gave them an entry as a band that had played at the highest altitude!

So life in Munich seemed to be going particularly well, and therefore I asked Thomas how it came to pass that he found himself making a new life in Thailand?

Well, it turned out to be another case of “cherchez la femme” being the reason, as it was indirectly because of a girlfriend who was a singer from Poland. For a long time, Thomas would think nothing of driving the long international distance every other weekend to be with her but eventually, the long-distance romance failed and so a broken-hearted Thomas found himself on holiday in Thailand.

After an initial week to check it out a longer holiday followed and soon Thomas was smitten.

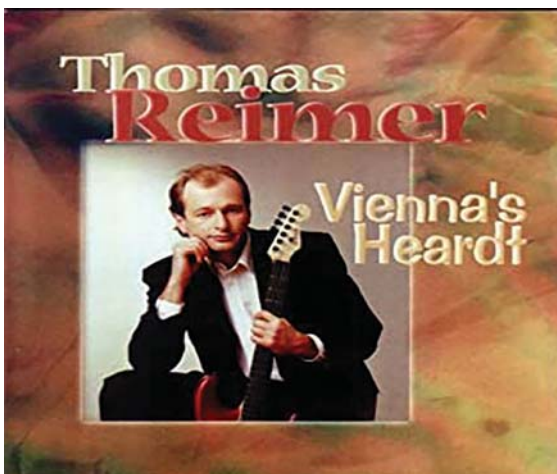
In Pattaya, he happened upon the Jazz Pit (then in Soi 4) where he joined in playing his first-class jazz guitar much to the delight of the then Russian band leader who instantly offered him a job. Thomas left his successful career teaching and performing in Germany as he had already fallen in love with Pattaya and that was some 16 years ago. In fact, the 1st September 2004 was when he started at the Jazz Pit following it on to its new location at Sun Sabella (at the entrance of the Sugar Hut on Thapraya Road).

If you want to hear Thomas play pop along to the Jazz Pit any evening (except Tuesdays) he will amaze you with his incredible repertoire of over 1400 songs. Overseas visitors have been amazed to find when they come to visit that he can sing and play in Chinese and Japanese as well as another 8 different languages. He is able to play all 40 of the compositions by King Bhumibol Adulyadej and there are in fact pictures of the late King who was a true devotee of the genre in the jazz pit.

Thomas can play jazz classics and the very hardest Be-Bop compositions by the likes of Charlie Parker, John Coltrane and Thelonious Monk as well as pop songs. His extensive catalogue includes titles by the Beatles, Amy Winehouse and up-to-date hits such as “The Shape of you” and “Despacito. So if you go to the Jazz Pit why not ask for your favourite? Thomas may well have it

Then make a note in your diary for EVERY SUNDAY FROM 2-5 PM the very popular jazz brunch sessions take place with guest musicians joining Thomas on stage. To keep up to date with who will be playing like the Facebook pages Jazz Pit Pub And Sun Sabella Classical Thai Restaurant

- and please note that during the week it is now possible to eat at the Jazz Pit while you listen to Thomas play with light bites and finger food available at the weekend.





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# TURMERIC

**T**urmeric is a flowering plant native to the Indian subcontinent and Southeast Asia. It requires temperatures between 20 and 30 °C and a considerable amount of rain in order to thrive. The spice that comes from the turmeric plant is often referred to as Indian saffron or “The Golden spice.”

Turmeric or *Curcuma longa* is a relative of ginger and its vivid orange spice is commonly used in Asian food as the main spice in curry. It has a warm, bitter taste, a black pepper-like flavor and earthy, mustard-like aroma and is used to flavour and colour powders, mustards, butters, and cheeses.

The root of turmeric is traditionally used in Ayurvedic and Chinese medicine. Its active ingredient, a yellow-colored chemical called Curcumin, has powerful biological properties. For centuries it has been used to treat inflammatory conditions, skin diseases, wounds, digestive ailments, and liver conditions. It has also been used to treat breathing problems and of late turmeric has been touted as a superfood that can fight cancer, ease depression, and more.



Western medicine has begun to study turmeric as a pain reliever and healing agent for conditions involving pain and inflammation, such as osteoarthritis. It is also used to treat hay fever, and to help reduce high cholesterol. Some people even use turmeric for heartburn, inflammatory bowel disease, stress, depression and as an aid to memory.

The chemical Curcumin found in turmeric can also help fight inflammation and keep blood sugar levels steady, making it a useful tool in the treatment of type 2 diabetes. In fact one study followed 240 adults with prediabetes and found that taking a curcumin supplement over 9 months lowered their odds of developing diabetes.

The Arthritis Foundation also cites several studies in which turmeric has reduced inflammation especially with arthritis in the joints. The foundation suggests taking turmeric capsules of 400 to 600 milligrams up to three times per day for inflammation relief.





Turmeric has been getting attention recently because of its antioxidant abilities. As there is a suggestion that its antioxidant effect is so powerful that it may stop your liver from being damaged by toxins. This could be good news for people who take strong drugs for diabetes or other health conditions that might hurt their liver with long-term use. Some people claim that putting a turmeric mask on their skin or eating turmeric will help fight stubborn pimples -- perhaps because of the spice's reported antibacterial and anti-inflammatory properties.

Curcumin also shows promise as a cancer treatment with studies suggesting it has protective effects against pancreatic cancer, prostate cancer, and multiple myeloma. In lab and animal studies, turmeric has stopped the growth of tumor cells, helped detoxifying enzymes work better, and more.

Curcumin may also help you to fight off a variety of viruses, including herpes and the flu, so therefore possibly beneficial in warding off COVID 19 symptoms..

A recent study found that turmeric can help ward off heart attacks in people who have had bypass surgery. Also people with Alzheimer's who have chronic inflammation, found the natural anti-inflammatory effects of turmeric to help combat this. The spice is well known for its ability to ease joint pain, stiffness, and inflammation and early research has found it can help improve IBS symptoms such as abdominal pain.

Turmeric is also being studied as a treatment for diseases like Crohn's and ulcerative colitis. Since it is also a relative of ginger, a well-known natural headache remedy, it's no surprise that turmeric also gets recommended as a headache treatment, -- especially for migraines.

You can choose to take turmeric in food or as a tea or in a turmeric latte. Be warned though the yellow colour can get everywhere and stains easily.

Therefore you might just find it more convenient to take the extract in capsule for,. Here in Thailand these are readily available not only from pharmacy and health food stores but even in convenience shops such as 7/11.







# Friendship Supermarket

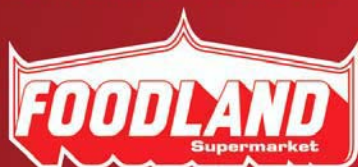
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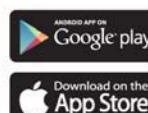
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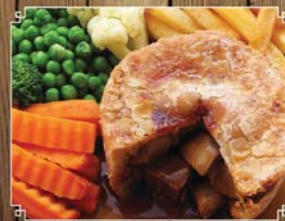
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## THE CADDY SHACK

The Caddy Shack has a real traditional English pub feel with memorabilia such as horse brasses over the bar having been brought over directly from the UK. The lighting is soft and the music not annoyingly loud. There is plenty of seating - inside and out and TV screens available should you wish to catch up on some news.

Recently extended - so well you would never know - there is now room for a pool table and a projector screen that gets good use when the live sports are being shown especially the AFL and NFL that are getting quite a following now at The Caddy Shack.

Open from 8 a.m. until 11 p.m. (or midnight if busy) the staff are well trained and friendly and there is a real family feel with one of the cooks having been here since it first started some 14 years ago. Unsurprisingly they know how to cook a tremendous full English breakfast and a great Sunday roast. However, it was their traditional English dinners that we were there to sample having heard of the really excellent value for money prices they are offering to entice us all in.

The 3 course Daily Special deal is an unbelievable **225 baht** and when we went there was a starter choice of Soup of the Day, Caesar Salad, or Liver pate and as you break the fat on the homemade pate it's hard to believe that this is included in your set meal The Main Course options are Chicken breast, Pork Schnitzel or Pork Steak with a choice of potatoes salad and accompanying pepper sauce or Bisto gravy. In fact, the Caddy Shack always has good quality brand name condiments Heinz Malt Vinegar, HP Sauce, Colman's Mustard, etc. Finally, dessert was a really filling chocolate brownie with vanilla ice cream







The portions are very generous, and the bangers and mash option - just **195 baht** was served with 4 perfectly cooked sausages and plenty of mash and onions. The peas could have been a little softer for my taste but with a whole sauce-boat full of gravy, they went down very nicely thank you. There are also many Thai options and a very good selection for kids at **only 125 baht**.

They also specialise in pastry with excellent pies, Cornish pasties and sausage rolls - extremely popular as take out. In fact, since the pandemic Keith, the owner told me that they have really grown their delivery service via GRAB

So if you want to grab something for home or come in and soak up the atmosphere with some great live sports get along to:

**The Caddy Shack on Thepprasit Soi 8**  
**Facebook @caddyshackpattaya**  
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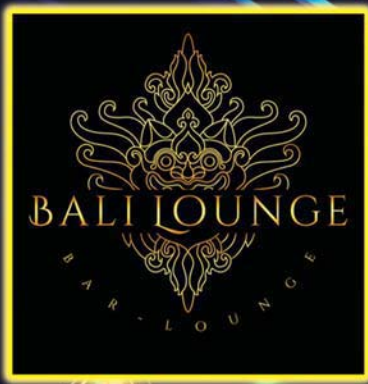




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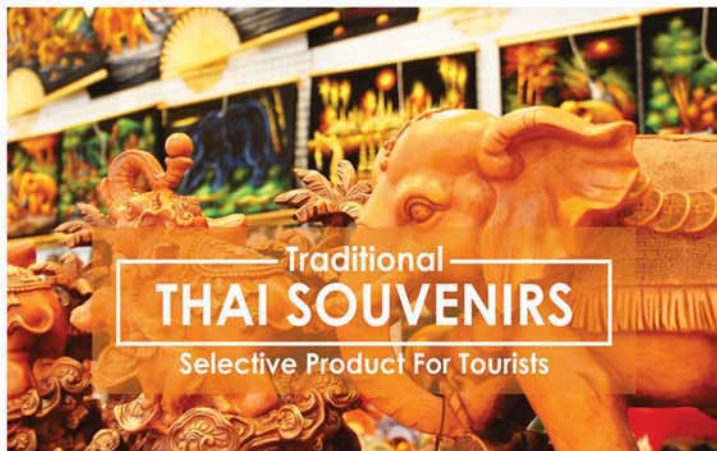
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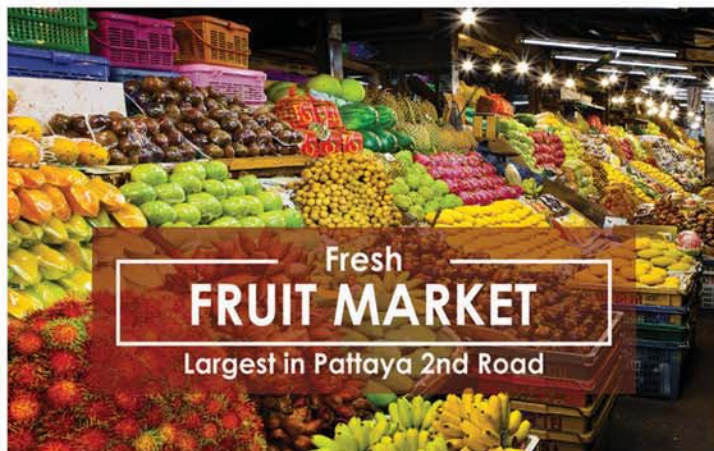
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# 10 WAYS TO GET A GOOD NIGHT'S SLEEP

In an ideal world, we should aim to get seven or eight hours of sleep a night because good quality sleep is essential in order to stay healthy, for aging well or to simply having enough stamina to make it through the day. The body needs rest, both to recover and regain strength after the day's physical activities, and to recharge —particularly following challenging mental tasks. However, as we age getting adequate sleep just seems to get harder and harder, so here are some steps to hopefully help you overcome the difficulties, and get a good night's sleep.

## 1. Maintain a consistent routine.

Try to go to bed at the same time each night and wake up at the same time each morning. A set sleep schedule can help to train you to fall asleep more easily just as it does for children who are coached into a bedtime ritual. This is because your body's circadian rhythm functions on a set loop, aligning itself with sunrise and sunset. Also during increased exposure to daylight, your body will produce Melatonin which is a key sleep hormone that tells your brain when it's time to relax. Although extremely popular worldwide, melatonin supplements may not be readily available here in Thailand so it is best to check with your doctor or international hospital.

## 2. Avoid Electronics and try to create the right environment for sleep.

No lying in bed watching TV. No looking at your mobile phone, iPad, or laptop. In fact, it is best to remove all electronic devices from the bedroom. Also, do what you can to ensure that the room is quiet and dark- this could extend to getting blackout curtains or blinds to help you attain this. Exposure to light during the day is beneficial, but nighttime light exposure has the opposite effect so another idea is to install an app (available on I phone and Android) to block blue light. Try to leave a gap of 2 hours or as long as possible, when you stop using mobile devices or watching TV before bedtime.

## 3. Cut down on caffeine

Especially true later in the day as coffee in the afternoon can mean a sleepless night. Caffeine also increases the need to urinate during the night so instead, you may want to try taking warm milk or snacking on nuts, bananas, honey or eggs which all contain the sleep-inducing substance tryptophan. However, in general, it is advisable not to eat too much before going to bed and an earlier dinner time can help improve your sleep





Daily walks, runs, swims, or however you take your exercise will provide sleep benefits. Exercising helps you fall asleep faster, attain a higher percentage of a restorative, deep sleep, and awaken less often.

Photo Man sleep

You need to control your bedroom temperature because anything below 18 degrees or above 24 degrees (which is more likely here in Pattaya) can disrupt your sleep. Ideally, you want to set your room temperature around 21 degrees. However, if you are unable to do this here are some things you can try

- Take a cool shower before going to bed.
- Have a glass or bottle of water on your bedside table, as a few sips can help cool you down.
- If you wake in the night place a cool, wet towel on your forehead
- Try using a thin sheet rather than a duvet

Nicotine is a potent drug that speeds up your heart rate, raises blood pressure, and stimulates brainwave activity. For this reason plus so many more, you should avoid smoking before bedtime and ideally give it up altogether.

Wine, beer, or indeed any alcoholic drink can initially help you to fall asleep quickly, but this effect dissipates after a few hours. Also, alcohol suppresses REM sleep (Rapid Eye Movement sleep) which is when we dream. Dreaming is important because research has found that people who dream (and remember their dreams) heal more quickly from depressed moods and emotional hardships.

photo sleep 1



OK, this is a tricky one because there are pros and cons to napping. Whilst short power naps have been found to be beneficial, long or irregular napping during the day can negatively affect sleep. Sleeping in the daytime can confuse your internal clock which can mean that you struggle to get to sleep at night. So the rule of thumb is to nap for 30 minutes or less to enhance daytime brain function but avoid anything longer.

If you haven't fallen asleep after about 20 minutes in bed, get up, go into another room, and meditate or read for a while to relax. Otherwise, you are likely to become anxious about not falling asleep and you will spend even more time tossing and turning. The same thing goes if you wake during the night and cannot go back to sleep.

These can become habit-forming. If you really feel the need to take sleep medicine, perhaps to break a bad sleep cycle routine, talk to your doctor about how to use it effectively and for only a limited time. Many prescription medications, including sleep aids and antidepressants, can suppress dreaming and as mentioned earlier this prevents good quality sleep



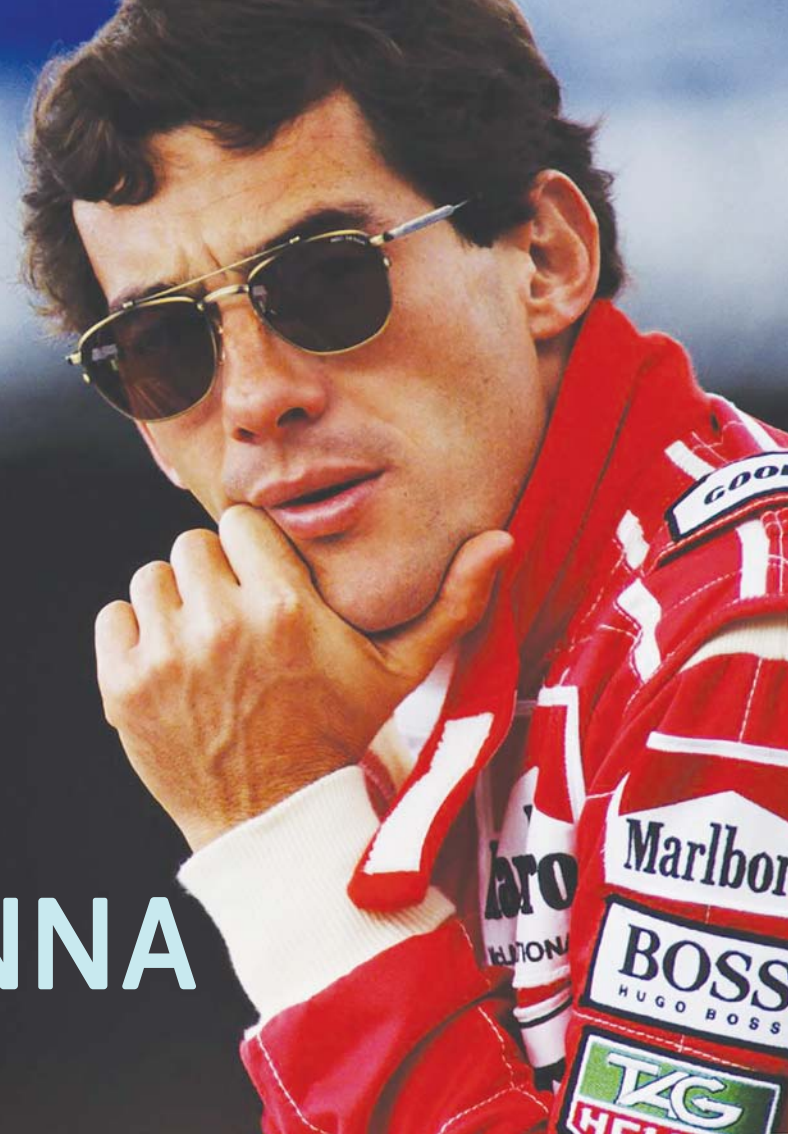
- Ginkgo biloba, a herb that can aid sleep and relaxation,
- Valerian root that reduces stress and helps you to fall asleep.

- Increasing your levels of Magnesium can also improve relaxation and enhance sleep quality,
- Taking 100–200 mg of the amino acid L-theanine before going to bed.
- Simply sleeping with Lavender in a vase by the bed or dried in a scented pillow has been known to help some with its calming effect.

Unfortunately, nothing is a completely foolproof and not all of our suggestions will suit everyone just keep trying different sleep strategies until you hopefully find what is best for you.

zzzzzzzzzzzzzzzzzzzzzzzzzzzzzz sorry, just, dropped off there for  
a minute!





# SPORTING HEROES: AYRTON SENNA

By Steve Wade

**A**yrton Senna, the Brazilian born F1 driver, was born on March the 21st 1960. After starting his racing career in South American Karting he moved to England in 1981 and contested the single seater racing championships before moving up to F3 in 1983 and winning the event after a close fought battle with Martin Brundle.

After joining the F1 circuit in 1984 he joined Lotus-Renault in 1985 and soon established himself as a driver of great promise, winning twice in '85 and gaining a reputation for being one of the quickest around. In 1986 he again won twice in the season before finishing 4th for the second year in succession in the driver's championship. He followed this up in '87 with two further wins and a 3rd position finish in the championship.

By that time the Honda-McLaren team were dominating the sport and Senna secured a move to them in 1988 with the full approval of Alain Prost, the team's number one driver and double world champion. This was the start of a fierce rivalry between the two on the track, leading to a series of dramatic incidents over the next five seasons.

To emphasise the domination of the Honda-McLaren team: they won 15 of the 16 sixteen races in the '88 season and probably would have collected all 16 if Senna had not collided with a back-marker when in the lead with two



laps to go in the Italian grand prix at Monza. Incidentally Senna's collision led to Ferrari finishing first and second in the race following the death of Enzo Ferrari in August of that year.

In 1989 despite winning six times Senna finished second to his team mate Prost in the driver's championship, again illustrating the team's complete dominance over its rivals. A series of incidents on the track between the two led to a dramatic falling out and Prost, the reigning champion, left to join Ferrari for the following season. This left Senna as the number one driver for the following two seasons and two more Driver's Championships for the Brazilian but only after some fierce competition out on the track, especially from the improving Williams team and their British driver Nigel Mansell.



Williams went on to dominate the 1992 and '93 seasons with Senna still managing to finish 4th and 2nd respectively in the driver standings. Senna finally got the invitation to join the Williams team in 1994 after the retirement of Prost and started the season alongside Damon Hill.

Senna made his worst ever start that year and found himself 20 points behind Michael Schumacher in the driver ranks after the German had won the first two races of the season. This was the background when Senna came to the San Marino grand prix that year. The race was cursed from the beginning with Rubens Barrichello lucky to escape with his life after his car became airborne and crashed into the tyre wall and fence on the first practice day.

Worse was to come on the Saturday qualifying when a young rookie driver named Roland Ratzenberger was killed after his car lost control and smashed into the retaining wall coming into a 190 mph corner.

After a start line accident held up the race, a resumption on lap 6 had Senna leading as he went into a high speed corner on lap 7 but his car left the racing line and hit a wall at 145 mph. He died almost immediately.

After his body was flown back to Brazil, an estimated 3 million people lined the streets to pay their respects which is still considered the largest recorded gathering of mourners in modern times. A national hero, he will always be remembered as one of the greatest drivers of all time.



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*By Steve Wade*

**I**n football, Bayern Munich won the Champions League for the sixth time beating PSG 1-0 in a tense final. Kingsley Coman, who started his career at PSG, headed the winner in the 59th minute. Bayern became the first team to win every game on the way to victory but it left PSG still searching for their first Champions League victory. Remarkably this was the first game they have failed to score in since a 1-0 defeat by Manchester City in 2016, showing that Bayern have the defensive capabilities to go with their attacking threat.



Sevilla won the Europa League for a remarkable sixth time beating Inter Milan 3-2 in a thrilling final. It left Inter still looking for a first major trophy win in nine years and was a great victory for Sevilla manager Julen Lopetegui, who was sacked by Spain two days before the 2018 World Cup and shown the door by Real Madrid after only four months in charge.



At the third and final test between England and Pakistan at the Ageas bowl in Southampton, the remarkable Jimmy Anderson looks certain to reach 600 test wickets and join only three other bowlers, the spinners Muttiah Muralitharan, Shane Warne and Anil Kumble to have passed that mark. A quite brilliant achievement for a quick bowler.

Fernando Alonso failed in his bid to become only the second driver in history after Graham Hill to win motor sports "triple crown", the Monaco Grand Prix, Le Mans 24 Hours and Indy 500 and any further bid will now have to be put on the back burner for two years as he is contracted to drive for Renault in F1 for 2021 and 2022. Meanwhile Lewis Hamilton and Mercedes continue to dominate the season and their latest victory in Spain saw Hamilton reach new heights as he dominated the field. It also takes him past Michael Schumacher's record of 155 podium appearances and gave him 92 pole positions, 24 more than his nearest rival.

Meanwhile in Golf Collin Morikawa, having only his second start in a major, won the USPGA Championship at TPC Harding in California. Only 23, his record since joining the professional ranks is excellent and includes three victories and 22 consecutive made cuts, bettered only by Tiger Woods when he turned pro.

In the AIG Womens Open, the biggest major of the year for women, world number 304 Sophia Popov produced a huge shock by winning at Royal Troon. The German, who had never won on the tour before now, had so far only won \$108,000 in her career but that was boosted by \$675,00 here. In the first of the Fed Ex cup playoff rounds, Dustin Johnson blew the field away at The Northern Trust, played at TPC Boston, by posting a thirty under par total of 254 to win by 11 shots! He will surely go into the US Open on September the 14th as one of the favourites. Outlining the competition in golf these days, Johnson is the fourth player to reach the number one spot this year.





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## TRAVEL DAILY ASIA

By Megha Paul

### Teeing it off! Thai Golf Passport unveiled



Amazing Thailand is a dream destination for golfers from all around the world as it has amazing Golf facilities. More than 250 golf courses are ideally located throughout the country. Top-quality courses, reasonable green fees, friendly caddies attract golfers to visit this amazing place. To bring value to this offering,

Sports & Leisure Worldwide (SLW), the leading golf management company in partnership with Tourism Authority of Thailand, New Delhi launched the first ever loyalty programme for a country. The Thai Golf Passport has been launched in India to offer Indian golfers a seamless golf experience in Thailand. Indian golfers can now be a part of this rewarding loyalty programme whenever they tee off in Amazing Thailand and redeem their points for products from more than two hundred leading brands.

Tourism Authority of Thailand (TAT) New Delhi Office and SLW conducted a survey on 'Golfing in Thailand' with golfers in India. A majority of golfers, almost 88% are planning to travel abroad to play golf post Covid19 and 92% kept safety as their prime concern for the outbound travel. The survey resulted in some important facts coming to the fore. Most golfers, a whopping 97% of those surveyed, rated Thailand as one of the best golfing destinations. Thai hospitality followed by value for money and affordable luxury were the top three key factors that prompt these golfers to travel to Thailand to play golf. Thailand's close proximity to India was another key factor in influencing the Indian golfers' mind in deciding on Thailand as the premier destination for Golf holidays.



# Father Ray Day 2020

By Derek Franklin

**T**he 16th August is the anniversary of the death in 2003 of Father Ray Brennan, founder of several social projects here in Pattaya. Due to the advice on social distancing and the dangers of catching Covid-19, it was decided that this year's Father Ray Day would be a quiet affair. However, while it was a very long day, it was far from quiet.

It started early, at six o'clock in the morning with the arrival of nine Buddhist monks. The children and students with disabilities presented alms of food, their way of making merit for Father Ray.



One hour later, flowers were laid on Father Ray's final resting place in the cemetery at St. Nikolaus Church. Then at nine o'clock at the Technological College for People with Disabilities, the students welcomed Khun Wittaya Kunpluem, Head of the Chonburi Provincial Administration, who arrived to officially open a re-laid sports court; after more than thirty years the old court looked like an earthquake had ripped a hole through it.



A memorial Mass took place at ten, attended by all the children and students currently living or being educated by the Foundation. Even though the majority are Buddhists, they sat through the catholic mass, singing songs and listening to stories about Father Ray.

Then it was time for fun, and food, it would not be Thailand if there was not a lot of food. For entertainment a group of puppeteers entertained the children, or they had the option of playing on the bouncy castle or winning prizes at one of the many booths or eating, and there really was a lot to eat.

After lunch a group of children walked up to the cemetery to thank Father Ray for what he has done for them. None of these children had been born in 2003, but they all know who he is and they thank Father Ray every day in their prayers.





# Items being sold to help raise money for “Take care kids “ Children’s Shelter.



A message from Gio the founder of the charity.

“Take care kids” children’s shelter is suffering enormous economic damage and its projects are at risk!! If you believe in what we do, in how we do it, don’t abandon us in this very difficult time. You can help us by:

with a simple donation at our bank account number: Kasikorn Bank 584-2-05272-8 buying our beautiful and very helpful gadgets”

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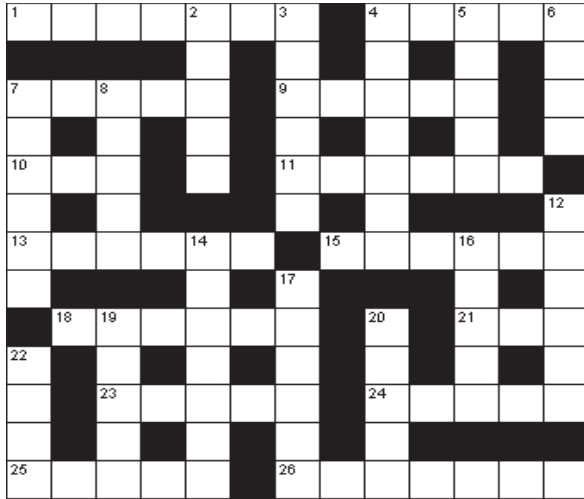
Maria 0848411957,  
palombimaria@hotmail.com

Gio 0852480194,  
Giorgio\_lusuardi@hotmail.com





# CROSS WORD SEPTEMBER 2020

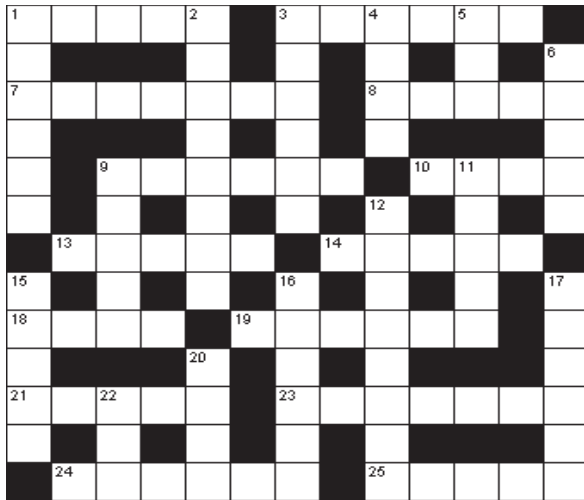


## Across

1. French variety of green bean (7)
4. Pickled flower buds used as a relish (5)
7. Baking chocolate, milk and sugar (5)
9. Powdery substance used in cooking (5)
10. Cereal grass seed (3)
11. Main course (6)
13. Edible nut (6)
15. Plant grown as a salad (6)
18. Well-seasoned stew of meat and vegetables (6)
21. Hostelry (3)
23. Bourbon, sugar and mint over crushed ice (5)
24. Sponge without egg yolks, \_\_\_ cake (5)
25. Oval smooth-skinned fruit (5)
26. Oblong cream puffs (7)

## Down

2. Marine mollusks served in chowder (5)
3. Sticky confection (6)
4. Small piece of toasted or fried bread (7)
5. Food prepared by processing in a blender (5)
6. Food grain (4)
7. Breakfast food (6)
8. Dairy product (5)
12. Aromatic herb (6)
14. Pasta strips (7)
16. Cake topping (5)
17. Basic food (6)
19. Firm-fleshed green-skinned pear (5)
20. Escargot (5)
22. Consomme (4)

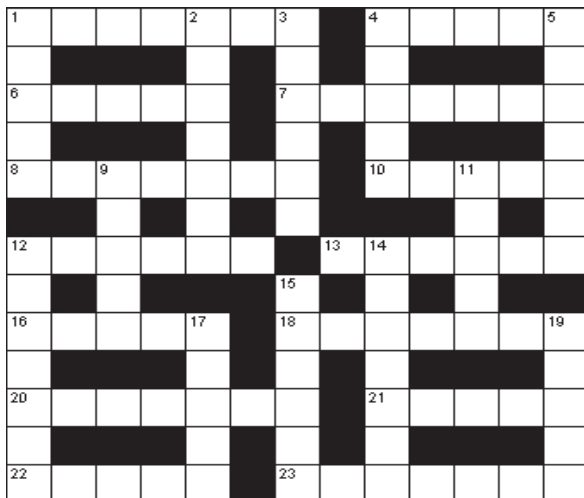


## ACROSS

1. Rodent (5)
3. European flatfish (6)
7. Arctic whale with spiral tusk (7)
8. Type of duck (5)
9. Carnivorous burrowing mammal (6)
10. Breed of dog (4)
13. Showy parrot (5)
14. Venomous snake (5)
18. Elephant ivory (4)
19. Billfish (6)
21. Small bird (5)
23. Sparrow hawk (7)
24. Musteline mammal (6)
25. Reptile (5)

## DOWN

1. Long-tailed primate (6)
2. Spiny anteaters (8)
3. Young hen (6)
4. Simians (4)
5. North Atlantic food fish (3)
6. Corvines (5)
9. Large plantigrade mammals (5)
11. Bird with long legs, neck and bill (5)
12. Shellfish (8)
15. Large wading bird (5)
16. Nocturnal canine mammal (6)
17. Sheepdog (6)
20. Colony insects (4)
22. Drone (3)



## ACROSS

1. State capital of Georgia (7)
4. Egyptian dam (5)
6. Italian isle (5)
7. Montgomery is the state capital (7)
8. Grand Canyon State (7)
10. Japanese city (5)
12. Capital of 16 across (6)
13. Capital of the Philippines (6)
16. European country (5)
18. Capital of Algeria (7)
20. North American mountain range (7)
21. Egyptian desert (5)
22. Tripoli is the capital (5)
23. Washington city (7)

## DOWN

1. Capital of Ghana (5)
2. Capital of Kenya (7)
3. Biblical Mount (6)
4. San Antonio mission (5)
5. Falls (7)
9. Asian country (5)
11. Australian town, \_\_\_ Springs (5)
12. French wind (7)
14. State capital of Maine (7)
15. Topeka is the state capital (6)
17. Currency of Nigeria (5)
19. French river (5)

**SOLUTIONS ARE ON PAGE 45**



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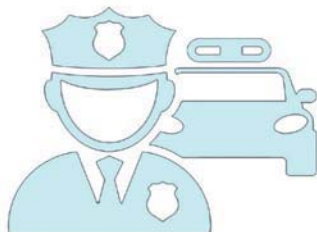
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## IMPORTANT TELEPHONE NUMBERS



### POLICE

Emergency Hotline: 191  
 Pattaya Police Station: Soi 9 Pattaya  
 Phone: 038 420- 802, 038-420 805 0-3842-9325  
 Banglamung Police Station, Sukhumvit Highway)  
 Phone: 038 221 800, 038 221 331  
 Tourist Police: Phratamnak Road  
 Emergency Hotline: 1155  
 Phone 03841 4669, 03842 5937,

### AMBULANCE AND HOSPITALS

General emergency number 191 can be used or 1669  
 Pattaya International Hospital  
 PhoneTel: 038 428 374-5. Tel: 038-427 575  
 Bangkok Hospital Pattaya  
 PhoneTel: 038-259-999. 0-3825-9911  
 Pattaya Memorial Hospital  
 PhoneTel: 038 488 777. 038-429 422



### FIRE

Emergency Phone: 199  
 Fire Brigade Pattaya  
 PhoneTel: 038-425-943,  
 Fire Brigade Naklua  
 PhoneTel: 038-221-000,

### SEA RESCUE

Marine Police  
 Phone. 038-423 666  
 Sea Rescue  
 Phone 038-488 134

### ELECTRICITY

Electricity Pattaya  
 Phone 0-3842-6463, 0-3842-8502  
 Electricity Banglamung  
 Phone 0-3822-1007

### WATER

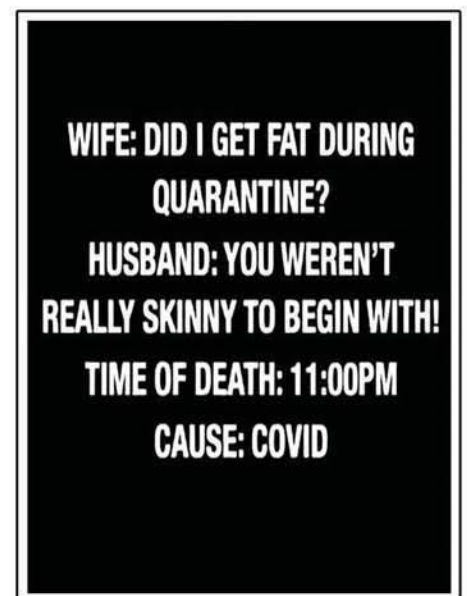
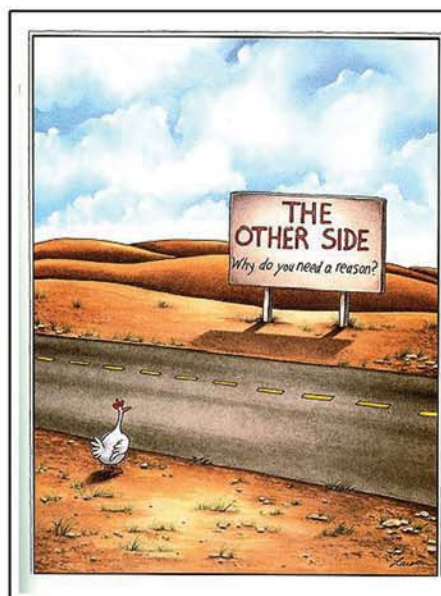
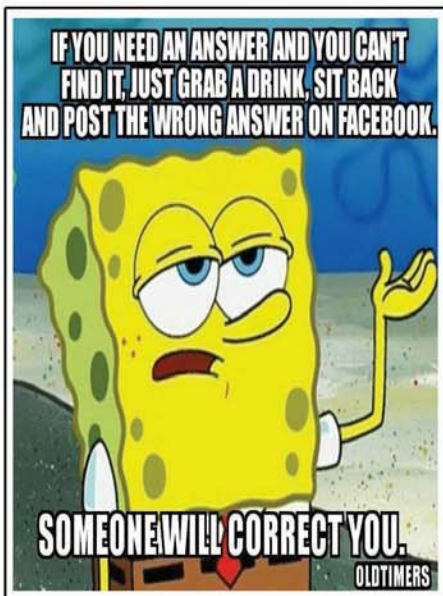
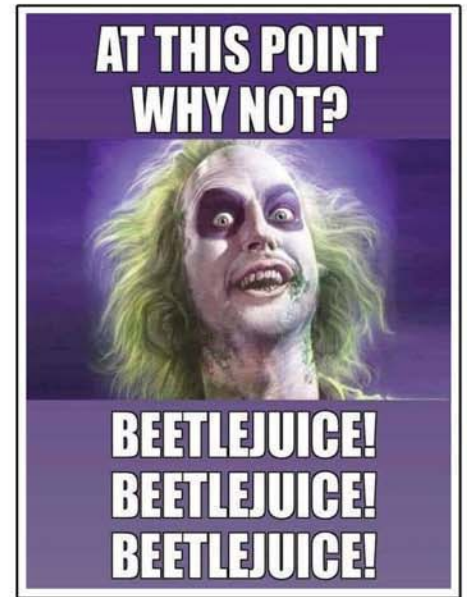
Water Works Banglamung  
 Phone 0-3822-1463  
 Water Works Pattaya  
 Phone 0-3822-2462/5

### WASTE DISPOSAL

Garbage Collection  
 Phone 0-3842-9494



# YOU'RE HAVING A LAUGH !





# SOLUTIONS

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## **Do you know about the Health Insurance requirements for Long Stay Visa Applicants in Thailand?**

Last year's new ruling by the Ministry of Public Health has meant that people applying or re-applying a non-immigrant visa will now need to have a Thai health insurance policy for the duration of their stay.

### **Do you have the correct Medical Insurance in place?**

We work with companies that are approved by Thailand immigration.

### **Have you been refused insurance because of your age?**

We work with companies that will accept applicants up to 75 years of age.

### **Have you been unable to find English speaking support staff?**

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### **Do you have pre-existing health conditions?**

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### **Have you been refused a renewal of your insurance because of your age?**

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## **MEDICAL INSURANCE**

DO YOU NEED MEDICAL INSURANCE TO BE ALLOWED TO STAY IN THAILAND?  
ARE YOU AWARE THAT THIS MAY BECOME A CONDITION OF YOUR VISA TO REMAIN HERE IN THAILAND?

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ARE YOU UNHAPPY WITH THE PENSION ADVICE YOU HAVE RECEIVED?  
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# BRITISH EMBASSY

PHOTOS BY RODNEY JAMES CHARMAN

British Ambassador Brian Davidson and Colonel Roger Lewis, the British Defence Attache to Thailand, commemorated the occasion of the 75th Anniversary of VJ Day. The services were a collaboration between the embassies of the United Kingdom and the Netherlands and the Royal British Legion at Don Rak and Chung Khai War Cemeteries in Kanchanaburi. Both events were held to honour and remember the sacrifice of our armed forces personnel.





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By Magna Carta Law Office

## Why a Last Will and Testament is Important

A Last Will and Testament is a declaration of intent concerning dispositions of your assets or other matters which shall take effect, according to law, after your demise. The document will detail your assets in Thailand, such as property, bank accounts, vehicle, and personal valuable items, designating who shall inherit and control them according to your wish to prevent unnecessary complications and quarrels between family members.

In Thailand, when a person dies without a Last Will and Testament, the intestate's assets are distributed according to the law. As stipulated in The Civil and Commercial Code Section 1629, there are six classes of statutory heirs in Thailand. Each class is entitled to inherit in the following order:

1. Descendants
2. Parents
3. Brothers and sisters of full blood
4. Brothers and sisters of half blood
5. Grandfathers and grandmothers
6. Uncles and aunts

The right of a surviving spouse to share in the estate of a deceased spouse arises automatically from marital status. Spouses who are under separation do not lose the right of inheritance to one another as long as the divorce between them has not been granted according to law. Ordinances awarding such rights of a surviving spouse make the spouse a statutory heir. Before any distribution of the estate to the relatives, half of the estate (Sin Somros) will belong to the spouse, if any, and the rest will be distributed accordingly.

Different jurisdictions usually require different formalities for the wills. Having a will drafted in your home country to cover all your assets in Thailand may be troublesome to your family, especially in the event that the will might be invalid in Thailand courts should it not conform to the Thai law requirements. A will that will cover all your assets in Thailand should be prepared and signed on Thai Territory. This is to make sure that Thai rules on the form of your Last Will and Testament apply.

Your Last Will and Testament shall cover these important points:

1. Specifying the assets in Thailand
2. Appointing an Executor
3. Naming the beneficiaries of your assets
4. Instructing how the assets shall be distributed to your beneficiaries

Overall, the Executor will administer your estate and make sure that everything is according to the terms of your Last Will and Testament. Appointing a trusted executor is an important decision that needs thorough consideration. The responsibilities of an executor include making sure all assets are accounted for, all existing debts and tax obligations are paid, and that all the remaining assets are correctly distributed to the beneficiaries according to your will. Most people tend to choose family members or close friends to act as an executor, it is important that he is someone you can completely trust. If you don't have a friend or a family member with the necessary expertise, consider hiring a lawyer, accountant or similar type of professional to act as your executor.



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## Is Pattaya becoming Bangkok on the Beach?



During a global pandemic, there is plenty of time for us all to reevaluate our priorities. Perhaps before the COVID-19 virus, work and finance may have been the most important norm. For many of us but, as we head into the "new norm" it is family time and quality of life that surely takes on greater importance. Therefore even when workplaces reopen, albeit slowly, there is a definite need for scheduling in much-needed downtime.

This is as true here in Thailand as in other parts of the world and as with other capital cities, to live in Bangkok means surrounding yourself with concrete and a lack of open spaces. The way to unwind in the "Big Mango" after a hard day's work and an even harder commute, has often been to head skywards up to the rooftop bars and pools on top of the city's skyscrapers. Another way is to go shopping in some of the best retail outlets in the

world. However, lockdown restrictions of recent months kept these areas mothballed which meant that for many weeks Bangkokians found themselves confined to their condos. No wonder then that as soon as restrictions were lifted the lure of open spaces was completely enticing.

Depending on the traffic Pattaya is only a 2 hours drive from Bangkok and has a crescent of more than 4 km of coastline with palm trees and promenades on which to take a stroll and enjoy the sea breeze. This makes it a perfect getaway destination for a weekend away from the capital. Certainly, since regional lockdowns have been lifted and domestic tourism encouraged, Pattaya has seen an increased number of Bangkokians descend on the city as compared to before the COVID crisis.

Pattaya beach is home to a huge number of speedboats, jet skis, diving boats, and floating restaurants. It also offers a host of available water activities such as water skiing, parasailing, scuba diving, windsurfing and even riding an inflatable "banana" that can provide thrills and actual spills when you are tipped into the sea!

Further afield there are also some pretty beaches at Jomtien, Cozy Beach, and Bang Saray as well as nearby islands to explore by speedboat or ferry. The most popular of these, especially for day-trippers is the Coral island Koh Larn. From Pattaya's Bali Hai pier there is a constant ferry service back and forth with the last ferry departing the island at 6 pm.



*"Bangkokians will certainly enjoy this 4 bedroom pool villa with sea-views on a 2,400 sqm plot near Bang Saray! Our ref#PC7893"*



Over the past few years, the island has benefited from increased visits by Bangkokians which can be seen everywhere from the newly painted, pastel guest houses to the increasing number of Thai eateries and coffee shops.

However, the international tourists who up until COVID also enjoyed the island have not been allowed back yet. The upside to this is that the sea and beaches are wonderfully clear and crowd-free, the downside that the seaside vendors are struggling.

There are very few visitors to the island Monday to Thursday as the bulk of Bangkokians come just for the weekend so it is very hard for the locals to earn their livelihoods.

Back on the mainland, there is a lot more to Pattaya than just sand and sea. Bangkokians who still find the need to shop can discover that the major department malls of Central Festival and Terminal 21 are well up to the capital's standards. There are also other activities to enjoy such as horse riding, visits to mini-farms, museums, amusement parks and of course golf. In fact, there are more than 20 championship standard courses available within an hour's drive of Central Pattaya.

Most importantly there are plenty of opportunities for the Bangkokians to engage in one of their favourite pastimes: taking photos and selfies.

There are several areas of scenic beauty and cultural heritage where this is a must. For example, Big Buddha at the top of Pratumnak Hill is the highlight of Wat Phra Yai. A temple built in the 1940s, it is extremely popular with both visitors to Pattaya and the local people who come here to pray and enjoy the spectacular views.

Also, the Golden Buddha carved into the rock at Silverlake is a must for everyone's album, as are the Tuscan inspired surroundings.

Of course, Pattaya is best known as a party place and with good reason. Mostly centred around its world-famous "Walking Street", for those who enjoy the nightlife Pattaya has it all; restaurants, bars, clubs, discothèques, cabarets, and massage parlours to name just a few. This makes it a favourite destination as the capital's playground.

By comparison in the UK, many Londoners enjoy a weekend's jaunt to Brighton which like Pattaya is a favourite haunt for going to the beach, getting a tattoo, and perhaps having a boozy night out with the guys - or the girls.

The main difference between the two cities is that Brighton is easily accessible from the capital with frequent, efficient train service - ideal for those who don't want the aggravation of driving.

Once a serious rail link, as has been anticipated for some time, is fully operational between Bangkok and Pattaya then surely the latter's moniker of being "Bangkok on the Beach" will be even more justified.



*"This spacious 1 bedroom is a perfect 'pied-a-terre' with sea-views next to Central Festival! Our ref#PC6678"*

Certainly, increased foot traffic in Pattaya and its surrounding areas is always welcome.

Also, with Bangkokians spending more and more time here, many may well find that purchasing a weekend bolt-hole or a home for the holidays, makes perfect sense. Good news for prospective landlords and property owners.

So don't forget, if you want an agent who can help you market your property to this growing, potential market, please get in touch with the team at Pattaya Prestige Properties



***The team at Pattaya Prestige Properties can meet all your requirements and would love the chance to prove it. If you have a property to list or want to buy one, why not put us to the test?***

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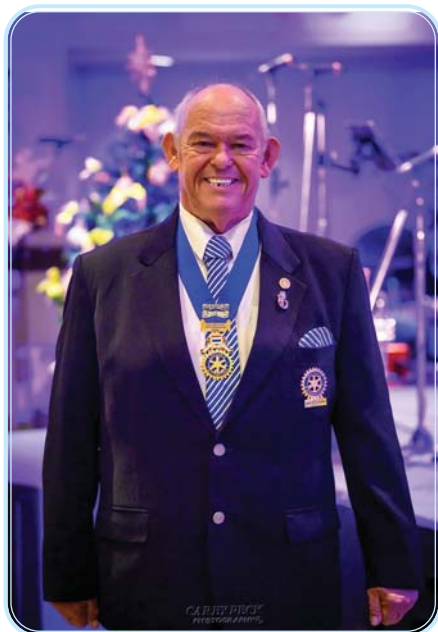
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# MY INCREDIBLE JOURNEY.

By Rodney James Charman



**R**odney is a well loved figure around Pattaya. He has been a Pattaya Personality in The Pattaya Trader and a long time contributor to the magazine with his photographs around town and reports on charity events. As many of you know earlier this year he underwent open heart surgery and has asked to share his story with us.....Ed.

When last in the UK I went to see a doctor for my well man check-up. All my tests were fine but he told me that I had a heart murmur. He did not seem that concerned so I told him I would check it out when back in Thailand. Upon returning I went to see Dr Sutin the cardiologist at Phyathai Sriracha hospital. He gave me an echocardiogram. It showed my heart was fine at rest but after exercise on a treadmill gave cause for concern. He felt that it needed to be sorted out sooner rather than later to avoid a heart attack.

I then agreed to have a coronary angiogram by Dr Montri Charoenpanichsunti. He told me to lose weight, carry on with my swimming increase my daily statin intake from 20mg to 40mg plus a Nebilet 5mg and return next year for a check-up

My partner Teay (Sujitra Wangchan) managed to get me registered at the government hospital where the Royal Family goes The King Chulalongkorn Memorial Hospital in Bangkok. Here I had another echocardiogram after which the doctor said that my heart was pumping well but that I needed the valve replaced and she made me an appointment with her boss, the top heart man Doctor Wacin Buddhari. I was told that there are 2 ways of doing the operation either by inserting a catheter in the leg and running a thin tube to the heart or by open-heart surgery.

Over the next 8 weeks I had another coronary angiogram (CAG), CT Scans and a 24 hour stay in the hospital with further tests. After these I was told that my aorta valve was not leaking but had become thicker due to a build-up of cholesterol. Otherwise I was told that I was pretty healthy and so fit enough to have the open heart surgery. They suggested an operation on 16th November 2019 but allowed me to wait until after Christmas, so that I could complete my charity commitments and see my daughter who was visiting me in Thailand for the first time.

So I was admitted into King Chulalongkorn Memorial Hospital Bangkok on Wednesday 22nd January 2020 for an operation the next day. However, two hours before my operation was due to take place it was cancelled because the hospital only had 2 units of my blood type available and needed 4 to carry out the operation. They tried to order 2 more units from the Red Cross blood bank but unfortunately my blood group was not available. My blood type is O RH Negative, is a common type in Europe but not here in Asia and stocks were low at the Red Cross due to a spate of road accidents in the capital.

The King Chulalongkorn Memorial Hospital Bangkok along with the surgical team and the nurses who were signed to look after me were very sorry and so apologetic for the inconvenience. The British Red Cross put out an urgent appeal for blood donors. As did my good friends at The British Embassy, The British Club Bangkok, Rotary, The Royal British Legion, Masonic Lodges, British Chamber of Commerce and other organisations.

Over the weekend many of my friends and donors attended the Red Cross Blood Center to give blood. A big thanks to all the many donors and especially to my good friend Ben Reeve who came forward to donate for me - what great networking and a fantastic result. Also it has helped others that needed blood as well and those who came out to donate have now become regular donors

Re-Call back to King Chulalongkorn Hospital Bangkok for a rescheduled operation on Sunday 2nd February. Many thanks to the Cardiac Team who came in on their day off. Teay came with me to the operating theatre before I was wheeled in for the operation. It was very tearful for me saying







“See you later” as I just did not know the outcome but I kept thinking positive as the nice anaesthetist put me to sleep.

After the operation I had to spend another day in ICU with a collapsed lung and kidney function failure. This is apparently common after in heart surgery, but the doctors and nursing staff worked on the problem with medication and breathing exercises.

The following day Teay was able to give everyone the following report via Facebook:

**Sawasdee ka everyone,  
Khun. Rodney came out from ICU early morning today. Now he is in recovery room everything went well. Take time for practice deep breathing and how to take care of the advice of the doctors.**

I then spent a further 10 days in hospital as the doctors wanted to sort out my heart rate before being able to discharge me. My first visitors were from the British Embassy Flight Sergeant Clare McKune (RAF) Assistant Defence Attaché and Tebby Suthathip Jeff Mitchell Vice-Consul British Embassy and Dao Micallef manager AMAR International Asia.

Also Khun Radchada Chomjinda (Toy) brought me messages of love and best wishes from all the children at the Drop-In Center, Child Protection and Development Center, Human Help Network Foundation Thailand, ASEAN Centre. Sheryl and Mike



Wilkinson, Frank Satar and Khun Gio from Take Care Kids. A few trips back to the King Chulalongkorn Memorial Hospital Bangkok my doctors were pleased with my progress and said that the surgery went well, stitches removed and the wound was found to be clean with no infection although still a little sore.

My red cells all back to normal and my surgeon Doctor Seri says he is very happy and that I do not have to go back until January 2021

So a big thanks to all the Doctors, Nurses and my hospital carer who looked after me 24 hours around the clock, Also many thanks to everyone for all their kind messages and support. Of course not forgetting my blood donors and my lovely Teay who has been a brick

**6 months on and I'm still alive and kicking!**

My Consoltant Doctor Wacin	My Surgeon Doctor Seri	My Haematologist Doctor Udomsak	My Cardiologist Dr Anurut



# What is Baan Dee Mee Down and why do Thai developers want it extended?

By Cheyenne Hollis

**B**aan Dee Mee Down provided eligible property buyers with a THB50,000 cash rebate. Thai developers want to see Baan Dee Mee Down and other incentives extended until the end of the year as the country starts to recover from the COVID-19 pandemic.

The program was part of the government's property stimulus package that launched late last year. Baan Dee Mee Down provided registered taxpayers in Thailand with a THB50,000 cash rebate when they purchased a new property. To be eligible for the program, an applicant's monthly income had to be less than THB100,000 per month or THB1.2 million annually.

The goal of the program was to entice hesitant homebuyers to bring forward their purchasing decision. However, the COVID-19 pandemic caused the property market to slow down with the discount not being enough incentive to buy a home.

Registration for Baan Dee Mee Down expired on March 31, but developers believe the program should be extended in order to stimulate the property market.

Extending Baan Dee Mee Down and other incentives

Khun Wasan Kiangsiri, President of the Housing Business Association, explained to The Nation that many developers are already running promotions, but further incentives are needed to support homebuyers at the moment.

Demand for condos in Thailand is beginning to recover but many potential buyers are still hesitant to buy. According to Khun Wasan, extending Baan Dee Mee Down is one of the

ways the government could support developers and the recovery of the country's property market.

In 2019, the property transfer fee was reduced from two percent to 0.01 percent while the mortgage fee was cut from one percent to 0.01 percent. However, this only applied to properties priced at THB3 million or less.

Experts would like to see these measures cover higher priced properties as well. Additionally, they recommend making Baan Dee Mee Down available to all property buyers. The hope is this would lead to a more robust property market recovery in Thailand.

"The measures should cover all market segments or every unit price if the policy wants to have a strong impact like previous measures did. The cut in transfer and mortgage fees should be given to all price ranges."

Aliwassa Pathanadabutr Managing Director CBRE Thailand told local media





## Land for sale at St Andrews Golf Course



Building plot at St Andrews Village in the St Andrews Golf Course Complex near Baan Chang suitable for building a one or two storey 3 or 4 bedroom house.

Facilities include a large fine clubhouse, equestrian track, swimming pool, polo club, fishing lake and St Andrews International School.

Size 104 Talang Wah or 416 square meters.

**Price 1,560,000 Baht**

## Investment in Land at Bang Saray



Land numbered 85, Chanote number 10492, Investor sought Size 1 Rai 3 Ngan 65 square Wah (19125 Rai or 3,060 square meters) Suitable for building a 7 floor Condominium of 200 units EIA and Building permits approved in principle, being upgraded 2.2 Km to Bang Saray Beach, 20 Km to Pattaya, 24 Km to U-Tapao airport (UTP)  
GPS Co-ordinates 12.755763, 100.896411  
Investment 30,000,000 Baht

**Price 30,000,000 Baht**

## Land for sale - near Chiang Rai



Plot of land together with a two storey 2 bedroom 2 bathroom house at Mueang Chum, District Wiang Chai, Chiang Rai 57210 suitable for building several houses 15 minutes from Chiang Rai airport, 20 minutes from Chiang Rai City  
Size 3 Rai 105 square Wah or 5,220 square meters  
GPS Co-ordinates 19.906025, 99.953924

**Price 7,000,000 Baht**

## Land for sale at Potaran Ratchaburi



Plot of land at Potaran Ratchaburi suitable for building an apartment block or a petrol station (no competition) On a main road opposite a clothes factory, 30 minutes from Potaran town  
Size 5 Rai 5 square Wah or 8,020 square meters  
GPS Co-ordinates 13.749345, 99.705715  
Price based on 800,000 Baht per Rai

**Price 4,010,000 Baht**

## Studio for Sale or Rent



AD Condominium floor 6 near Wong Amat Beach, 35 sqm. Bathroom, fully - equipped fitted kitchen, balcony, good sea view. Swimming pool, a/c, safe, LCD TV, DVD player, home theatre. foreign ownership. One-year lease 10,000 Baht per month including cable TV and fast Internet. Shorter periods possible. Tel 084-864 6068

**Price 1,800,000 Baht**

**Rent 10,000 Baht**

## Studio for Sale or Rent



Angket Hip Residence floor 10 Soi Boonkanjana 800 meters to Jomtien Beach. Studio with fully-equipped fitted kitchen, bathroom, balcony, good sea view. Reception, swimming pool, under-cover parking, 24 hour security fitness centre. Air-con, microwave, TV, DVD player, electronic safe, washing machine. Size 36 sqm, foreign ownership. One-year lease 9,000 per month including cable TV

**Price 1,550,000 Baht**

**Rent 9,000 Baht**

## One-bedroom Condo for Sale or Rent



Tropicana Condominium floor 2 on Pratumnak Road Soi 6 close to Thapraya Road, 71 sqm. Lounge, fully-equipped European kitchen, bedroom, bathroom, balcony. Reception, roof-top pool and ground floor pool, under-cover parking, 24 hour security, CCTV, fitness centre, Zen beauty salon, Sure-cell medical centre <http://surecell.com> 2 air-cons, microwave, electronic safe, washing machine, 2 flat-screen TVs, 2 DVD players, home theatre. One year lease 20,000 Baht per month including Cable TV and fast Internet. Foreign ownership.

**Price 3,900,000 Baht**

**Rent 20,000 Baht**

## One-bedroom Condo for Sale or Rent



A one-bedroom unit of 36 sqm at Park Lane, Jomtien registered in company name Reception, swimming pool, parking, 24 hour security, key-card access, CCTV, fitness centre, laundry, shop, restaurant, bar, independent Internet, 2 air-cons, 2 TVs, sea view. One-year lease 9,000 Baht per month

**Price 1,500,000 Baht**

**Rent 9,000 Baht**



By Kristin Mariano

## Thailand reopening in October: 5 things to keep in mind before booking that flight



Thailand's Ministry of Tourism has announced that the beloved Asian destination will finally open to foreign tourists starting October.

The Tourism Authority of Thailand governor Yuthasak Supasorn made the bold announcement on 21 August adding that the island of Phuket will serve as the experimental ground for the upcoming opening of borders testing how successful restarting tourism is.

Since the country is testing the waters, it is taking cautious strides coming up with several caveats many of which might be deal-breakers for hopeful tourists.

1. Travellers must fly directly into Phuket. A negative PCR test may also be required by all arrivals to fly into Phuket.
2. Tourists must stay in Thailand for at least 30 days.
3. Half of the 30 days stay will include 14 days staying in quarantine at their hotel, which will include their private hotel

4. In order to leave the premises and explore Phuket, travellers must register two negative PCR tests. Tourists who want to leave Phuket and explore other parts of Thailand must conduct a third PCR test on the third week of their visit.

5. While the government of Thailand has not yet stated which countries will be welcomed on its shores, it is most likely that the country will open its borders starting with neighbouring countries in which the virus has also been successfully contained. It may also include nations with important socio economic ties to Thailand.

6. Since July, Thailand has also been allowing select categories of foreigners to enter the country, starting with medical tourists, direct family members of Thai nationals, business investors, and skilled foreign workers. The Phuket announcement is the first general tourism announcement to come out of Thailand since the closure in March.







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# 4 tips to help you buy Thailand property at the lowest price right now

By Cheyenne Hollis



It can make sense to buy property right now

It's natural instinct to delay big spending decisions during times of economic uncertainty. It makes sense on the surface but could actually cost you in the long run. Sellers are more willing to make a deal now and home prices will begin to recover in the coming months.

Of course, you can't simply make a low-ball offer and expect to get the property you're after.

Here are four tips to help you buy property right now.

## Buy property right now with these tips

### **1) Get the seller to pay all fees**

The first thing you should do is find out what fees the seller is willing to pay. Many developers have agreed to pay all fees for off-plan homes, but this may not be the case for resale properties. If a seller isn't willing to cover all these, think about walking away from negotiations to see if they change their mind.

### **2) Understand real value**

Property sellers will try to justify asking prices by telling you about all kinds of value a property has. In theory, this is true. But there is a difference between a project having a nice swimming pool and being in a location where home values will increase. Separate the real value of a property with those superficial ones when it comes time to negotiate. If the development you're interested in is being built close to a public transportation hub, that's a real value. So too are unique amenities such as golf simulators or onsen spas. On the flipside, common items, such as a workout room, are not real values.

### **3) Know why you're buying and how its impacted by the current situation**

Chances are, you know the answer to the first question, but are less certain regarding the latter. And that's okay. We know the real estate market is historically resilient, so recovery is a matter of if, not when. However, some real estate developers are actively finding ways to support buyers at the moment.

For example, some developers selling resort properties with guaranteed rental returns are reworking those programs in light of tourism restrictions. In some cities developers are offering to make mortgage payments for two years in order to entice buyers. Offers like these provide you with more confidence knowing the short-term situation won't impact your long-term property buying decision.

### **4) Look for special sales**

There are some amazing sales happening now, you just have to keep your eyes open in magazines and online portals. Also have a talk with a friendly agent to ask for recommendations.

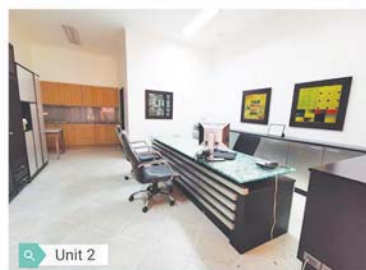
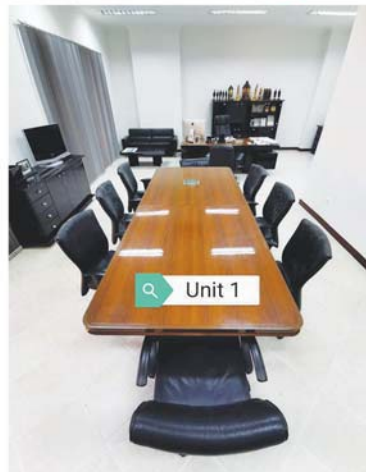




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**T**he impact of the last few months will have undoubtedly left a big impression on everyone around the world and caused a lot of people to have a rethink about what is important in life. Music has been, and always will be, great therapy for uplifting vibes.

Pattaya People Radio on 96FM and online via the free downloadable Pattaya People app has not stopped providing a wonderful addition to each treasured day and still provides some happy, positive, life enhancement with it's 'Sunshine Hits On 96' motif.

Also, new to Pattaya People Media Group is the addition of Thailand's first 'Bollywood' style station on 90.75fm.

Both radio stations can be heard in your car or on any household radio plus online with the Pattaya People free app which can easily be downloaded to your mobile device or computing receiver.

Top quality sound and varied enjoyable content 24 hours a day from our stations will most definitely enhance your daily music listening here in Pattaya, or, in fact, outside of Pattaya and, in fact, anywhere in the world.

KISS 91.75fm and online offers a mixture of cool Tropical House music sounds plus a selection of modern dance hits.

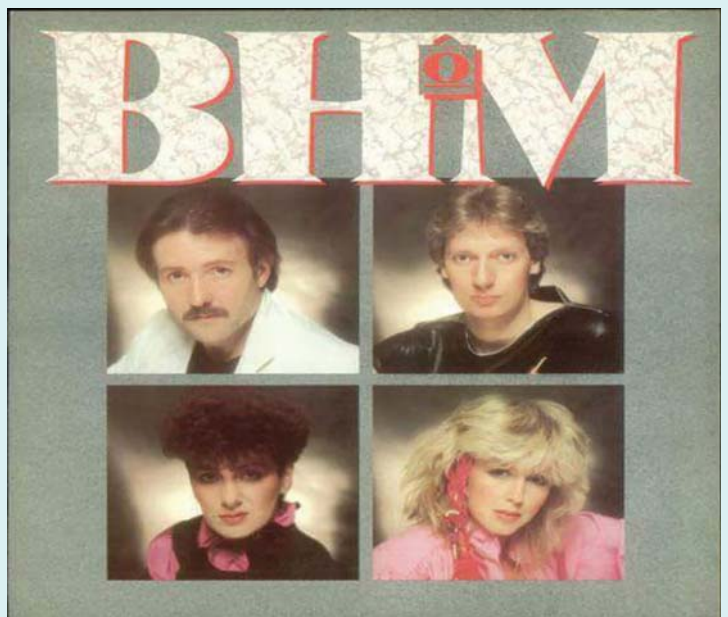


The coolest commercial playlist in town is on 96fm and is regularly updated with lots of great new popular tunes and additional oldies but goldies which are bound to get your groove on...baby! Continuous 'sunshine hits on 96' provide great entertainment with 'less chat, more music' as a credible slogan.

Each day's playlist is carefully put together from seven decades of hits, plus occasional chats with interesting local guests to the 96FM studios.

A new recent addition have been the Covid news updates. MSN International News in English is at 12 noon, 2pm, 4pm & 8pm  
All through the weekend, a full service of entertainment can be enjoyed.

For more information contact Pattaya People Media Group by e-mailing [info@pattayapeople.com](mailto:info@pattayapeople.com). -  
Get your kicks with a bunch of sunshine hits on 96.







# PATTAYA PEOPLE TELEVISION

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PPTV is still at the forefront of providing important information for our Pattaya Ex-Pat community with a wealth of up to date information about subjects close to our hearts plus a reflection of entertaining aspects of our city .

Now on the TMN cable network, internet access from the Pattaya People web site, [www.pattayapeople.com](http://www.pattayapeople.com) and the free Pattaya People app., means that our weekly updated output can be sought easily, even on our smartphones with interesting features and essential programming.

Coming up in September is a continuing focus on up to date immigration news from Key Visa with the latest rules and regulations, plus features with interesting content from guests.

Also check out Barry and Discover Pattaya editor Gloria Jones with their monthly comments and chat about the latest goings on around town, plus many interesting local celebrity interviews and interesting features.

If you have any ideas for items or can recommend new people for Barry to chat to for his 'Pattaya Stories' series or any other features, please contact Pattaya People Media Group by e-mailing to [info@pattayapeople.com](mailto:info@pattayapeople.com).

Don't forget to download the FREE 'Pattaya People' app so you can access the TV output on your handheld device, anytime and anywhere in the world.





Every month new gadgets arrive on the scene to hopefully make your life easier, more productive or just more fun. As an old friend of mine once said buying a new TV can be good for the soul. This month lets look at some practical tec to improve the quality of your life.



## Dial Vision Adjustable Glasses.

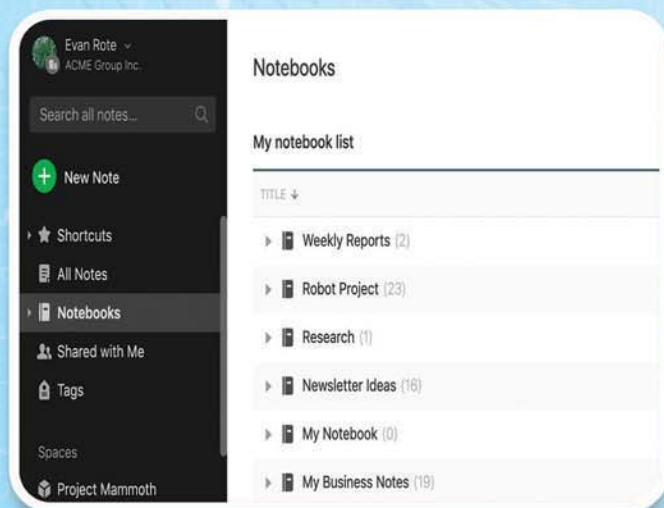
I wear contact lenses which are great for mid to far range vision, but if I need to read up close I need a pair of reading glasses. Also my vision can vary from day to day depending on my health at the time. I guess if you wear glasses you need two pairs for every situation. Save all this messing about by getting an adjustable pair of glasses, then you can bring your text or computer screen into the correct amount of focus. Gone are the days of peering down your nose to at your bifocals's

There are dials for each eye that work independently so you can adjust the strength for each eye. An eye graph is included to help you adjust to the perfect strength. Only drawback they do make you look like a nerd, guess it's OK for work but maybe stick to you other lenses when going out on the town. Great for near or far, get some bionic eyes at a bargain price.



## Fujitsu ScanSnap SV600 Overhead Book Scanner / IRIScan Book 5 Wifi Wand.

If you deal with lots of printed media and want to transfer it into digital files, these two devices can make life a lot easier. The Fujitsu Scansnap don't come cheap but is highly versatile, fast (less than 3 seconds) and easy to use and can scan up to A3 sized documents. There is no lid to put down, so easier with large books which it can scan both pages simultaneously and potentially less damaging on delicate items. So recommended for those that need to do a lot of scanning, but for those who want a lower budget solution I would try the IRIScan Book 5 Wifi Wand. One great advantage of this device is that you don't need a PC as it can scan straight to a memory card or send the image by wifi straight to your mobile. It has option selections for dpi, file type etc right on the wand and of course it's much more portable than the Fujitsu. Also it's silent and there are no flashing lights so a great choice for Industrial espionage! Might take some getting used to having to manually slide it over your items.



## App of the month.

### Evernote (Free)

This note taking app is a powerful tool for organizing almost everything and notes can be anything from images, text, audio or combinations of these which can then be stored inside notebooks that you create. It also features optical character recognition so if your images contain any text they can be found in search and you can also tag your notes to locate them fast. There are also plenty of other features to discover so some video tutorials are recommended to get the most from this program. Just one of many free apps to try out to help you become better organized and productive, if this one isn't for you there are plenty of similar ones like OneNote to try.



A new 'one in all solution' for new and existing business offered by Thepprasit business center located in the heart of the city on Thepprasit road, Pattaya. Their services has been an answer to many companies and new start ups. The massive commercial digital billboard has attracted many businesses and received outstanding feedback.

Due to fierce competition they have found an efficient way to develop a successful integrated way to create a platform for their services keeping the needs of clients as priority. They offer meeting rooms for big and small companies, office space for rent and advertisement space on the massive digital billboard, which has become one of the most commercial and most frequently viewed billboard in Pattaya.



## FASTEST GROWING OFFICE SPACE FOR RENT ADVERTISING SERVICE

If you are looking for a full facility office in the heart of Pattaya with various room size option, fully equipped advertising services such as billboard etc. at a great price, be sure to check us out.

Our largest service is a digital advertising billboard in Thappraya junction, a huge attraction that can help your business reach its target audience.



Feel free to contact us for more information.

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## View Talay Executive Residence.

A rare opportunity to purchase beautiful, boutique apartments and a luxurious two bedroom villa, with private pool, nestled in the heart of Jomtien.

The property consists of 11 large studios, 6 one bedroom apartments, 2 two bedroom apartments and a two bedroom pool villa. There is also a large reception/office with potential to be another studio apartment or mini mart.

Within an easy 300 metre walking distance of the vibrant Jomtien beach with its multitude of beachfront bars and restaurants.

The perfect location for a Seaside Residence either for breaks from Bangkok, a long, relaxing holiday, an Expat lifestyle or long term residence.





Part of the stunning, tranquil, oasis of  
**The View Talay Villas Estate**

enjoying a large central pool surrounded by mature gardens, a licensed bar, generous decking and ample sun loungers.

With easy access to restaurants, nightlife, banks, shops and a local market on the doorstep.

- Freehold available
- Company name.
- Perfect turnkey business opportunity.

**To arrange a viewing Contact:**

**pattayatrader@pattayatrader.com or Tel: 0837 683 696**







**P**ark Hyatt Bangkok has put numerous precautions into place that help prevent the spread of COVID-19

The Dot Property Thailand Awards 2020 presentation ceremony is set for September 17.

This year, it was extremely important for us to select a venue with thorough safety measures in place to ensure the health and wellbeing of guests.

We are proud to be hosting the Dot Property Thailand Awards 2020 at Park Hyatt Bangkok.

The hotel has earned an Amazing Thailand Safety and Health Administration (SHA) certificate that proves its commitment to reducing risks and preventing the spread of COVID-19.

Among the precautions in place at Park Hyatt Bangkok are the requirement of face coverings in indoor public areas and when moving around in outdoor areas; temperature and wellbeing checks when entering the property; and regular cleaning and sanitization with hospital-grade disinfectants.

Additionally, we have put into place several safety measures for this year's event to provide added peace of mind.

These include:

- Moving guest registration to the ground floor entrance of the hotel
- Extending the reception and networking area to cover two floors allowing for sufficient social distancing
- Making hand sanitizers available for each guest at every table in addition to being placed throughout the hotel
- Limiting the number of guests admitted to the presentation ceremony and • Hosting the Dot Property Thailand Awards 2020 Winners Party at Penthouse Bar across two levels including an open-air rooftop space

We are excited to host the Dot Property Thailand Awards 2020 presentation ceremony with guests in attendance. We've worked closely with Park Hyatt Bangkok to ensure you can feel safe and confident at this year's event.

Those unable to join us at Park Hyatt Bangkok on September 17 can watch the event live via the Dot Property Awards' On Screen broadcast. The presentation ceremony can also be viewed in its entirety on demand after the event.





THIS IS HOW DOT PROPERTY THAILAND  
REWARDS ITS WINNERS

## AN AWARDS NIGHT

TO HONOUR DEVELOPERS & AGENTS  
IN THEIR GREAT DEDICATION  
FOR THAILAND'S REAL ESTATE INDUSTRY IN 2020



# DOT PROPERTY THAILAND AWARDS 2020

17 SEPTEMBER 2020  
PARK HYATT BANGKOK

SEE NEXT MONTH'S DISCOVER PATTAYA FOR  
THE FULL LISTING OF PRIZE WINNERS

DRESSCODE: FORMAL DRESS

FOR MORE INFORMATION, PLEASE CONTACT

**Mr. Pakkapong (k.Jae):** [pakkapong.wongrakthai@lifullconnect.com](mailto:pakkapong.wongrakthai@lifullconnect.com)

**Mr. Neeraj:** [neeraj.kanwar@lifullconnect.com](mailto:neeraj.kanwar@lifullconnect.com)

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