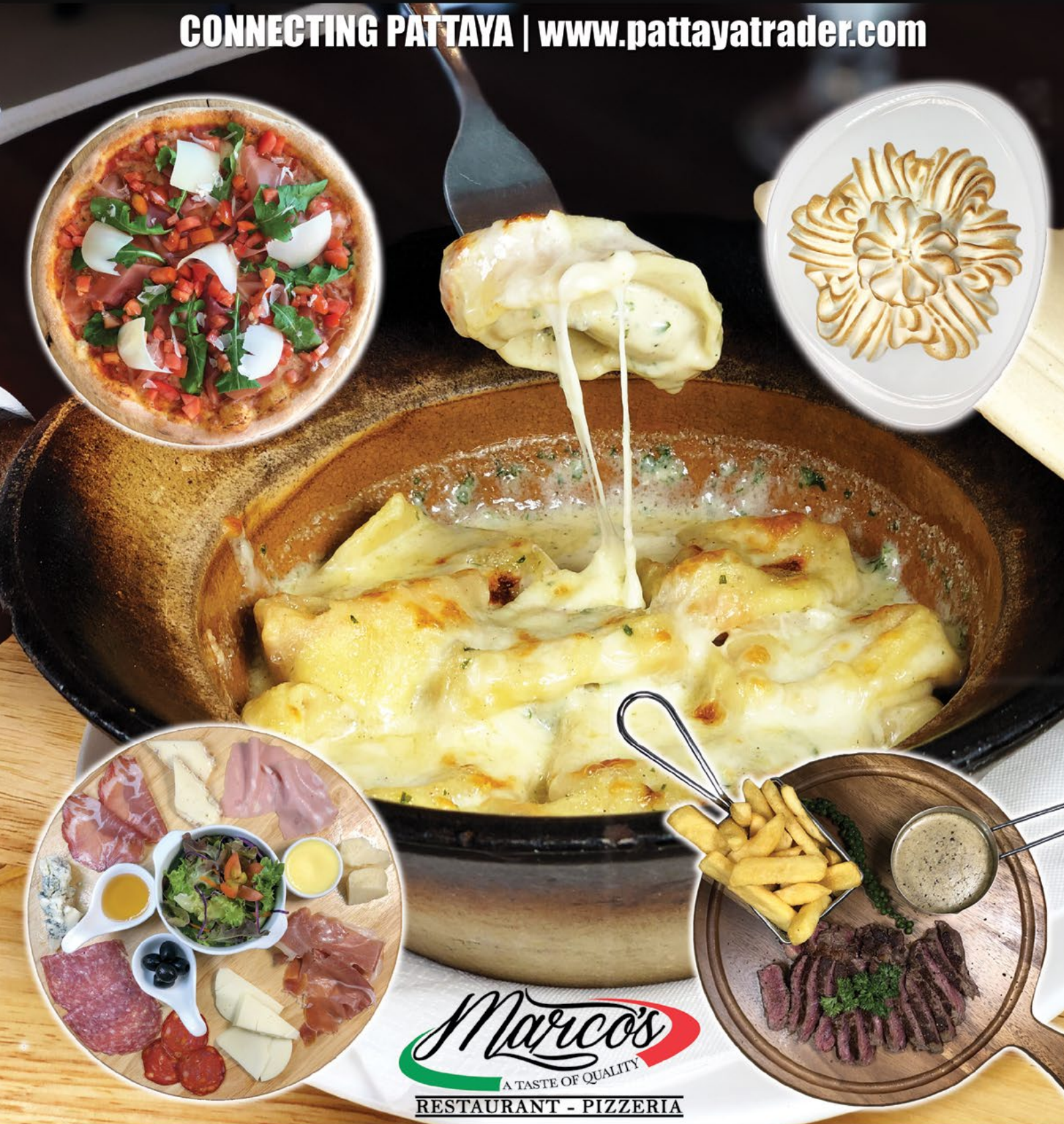


Issue 221 APR 2019

PATTAYA TRADER

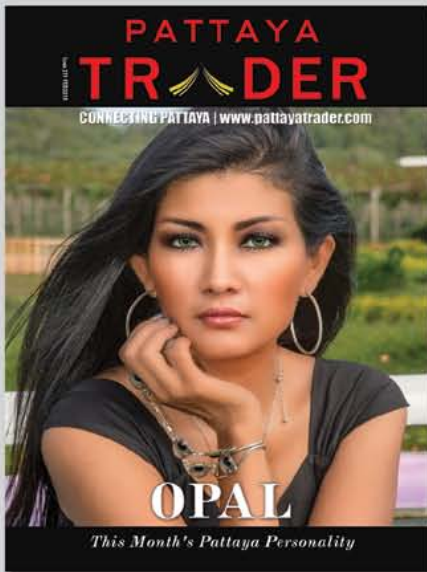
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Then just when you think you can't be tempted any more there are the desserts! From only 180 baht you can choose from Lemon Pie, Chocolate lava cake Chocolate mousse Tiramisu or try the wonderful selection of desserts to share

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Hi Readers,

The month of Easter, Songkran and My birthday - same day as her majesty Queen Elizabeth's - for all well wishers - not the same year I hasten to add !

So in this issue we give you some tips on how to survive Songkran (page 14) if you are staying put and some ideas for getting away from it all in Phil's article on Koh Chang. You might just want to stay inside, miss the madness and order in from the newly launched Nick the Pizza - our Dining in Detail for this month. Or I personally would just favor locking myself in at Marco's on Thappraya road for the whole week - just look at the amazing food in our cover story.

There's a great exhibition coming to Bangkok , Dr Tassuda from Pattaya International Hospital tells us how we should be looking after our teeth and plenty of sporting action to read about including an article on The Masters for all the Pattaya Golfers.

Packed with plenty to see and do as ever this month we've revamped our What's On page to now include some Important Telephone numbers - as some readers have requested. If you would like us to include your details in the What's on page just drop me a line at pattaya.trader@pattayatrader.com

Looking forward to hearing from you
All the best

Gloria
pattaya.trader@pattayatrader.com

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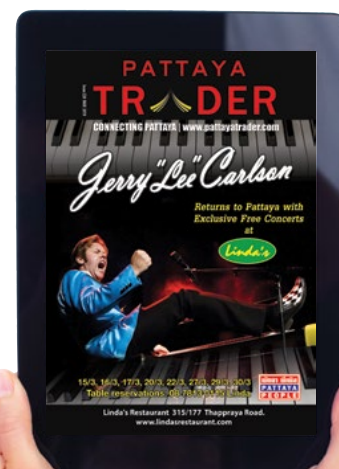
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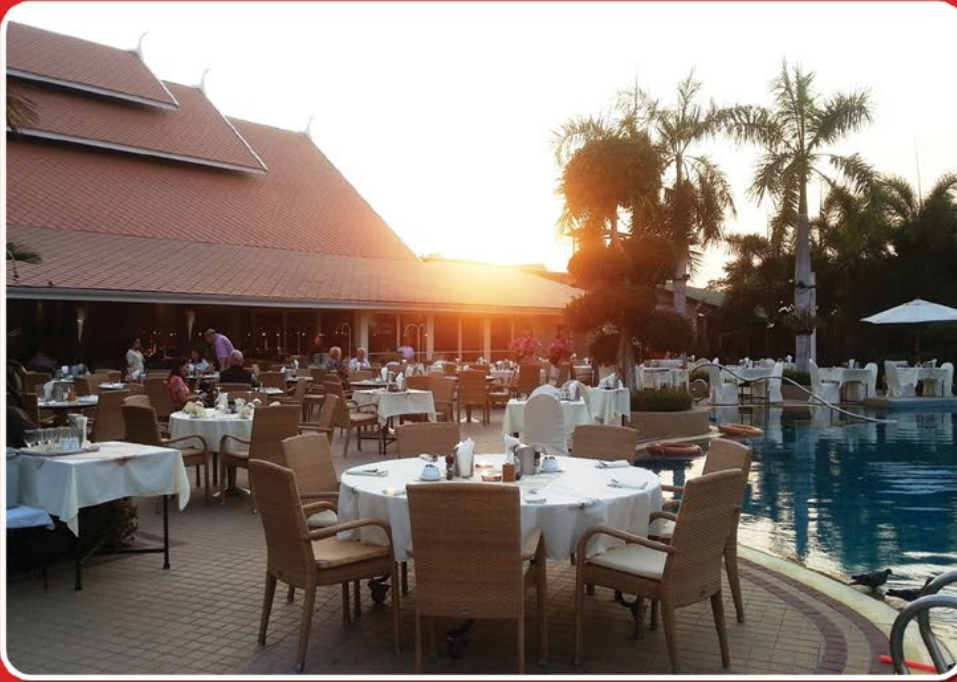
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SOULED OUT AT MIAMI CLUB ON WALKING STREET

PATTAYA TRADER PROUD TO BE PART OF THE TEAM AT THE RECENT
SOULED OUT EVENT ON WALKING STREET
When 54,000 Baht was raised for the Baan Jing Jai Orphanage.

Watch this space for the next one later this year!







by Rick Flick

COMING TO THE SMALL SCREEN



Game of Thrones Season 8.

Conclusion of the epic medieval fantasy drama based on George R R Martins book series " A Song of Ice and Fire" Looks like they have a fight on their hands with the White Walker army having breached the north wall lead by the Night king riding Viserion one of Daenerys dragons resurrected and breathing out Ice now instead of flame.



Killing Eve: Season 2.

Eve is a very clever MI5 security officer now bored with her daily desk-bound duties. Villanelle is an exceptional killer who loves all the life style that comes with her job. When these two face off it become a dangerous game of cat and mouse.



Our Planet.

David Attenborough documentary series looking at the great diversity of the many different habitats on the planet we live on. From the mysterious ocean depth to remote Arctic wilderness, the African plains to the forests of South America. Using the latest and best in camera technology this promises to be another fascinating and spectacular spectacle.

Reccomended Series: Peaky Blinders.

After the Great War 1914-18 war hero Thomas Shelby returns home to an economically struggling Britain. With his family he forms one of the most infamous gangs know as the Peaky Blinders, due to the razor blades sewn into their caps. Starting on BBC2 back in 2013 we followed the exploits of the Shelby family set in grimy streets of Birmingham. Cillian Murphy gives an excellent performance as Thomas Shelby Different seasons have some excellent cameos from Sam Neill (season one) and Adrian Brody (season four). The show has been praised for its writing, powerful performances and stylish cinematography. Writer Steven Knight has informed the press that there is a planned six and likely seventh season.

If you like some gritty old time gangster action, this may be right up your alley, just watch your step.





Coming Soon to The Big Screen

by Rick Flick



Pet Sematary.

Jason Clarke, Hugo Lavoie, Amy Seimetz, Kevin Kolsch, Mark Vahradian, Steven Schneider, Dennis Widmyer, Lorenzo di Bonaventura.

A family decide to move out to the country and live in Maine. They soon discover that they have moved near a pet cemetery built on top of an ancient Indian burial ground. After a car accident that kills the his young son the husband takes his body to the cemetery to be resurrected.



Shazam.

Dwayne Johnson, Zachary Levi, Hiram Garcia, Mark Strong, Jovan Armand, Marta Milans, David F. Sandberg, Peter Safran.

When 14 year old Billy Baston shouts out SHAZAM he turns into an adult Super Hero called SHAZAM all made possible by an ancient wizard. Billy has great fun seeing what superpowers his alter ego is capable of. But he needs to master these in a hurry in order to fight the evil Dr.Thaddeus Sivana.



The Haunting of Sharon Tate.

Jonathan Bennett, Hilary Duff, Daniel Farrands, Lydia Hearst.

Based on the true story of the murder case of actress Sharon Tate a 26 year old actress expecting her first baby with director Roman Polanski. Sharon has terrifying premonitions which unfortunately come true from the evil plans of Charles Manson and his cult.



Avengers Endgame.

Brie Larson, Robert Downey Jr., Chris Pratt, Chris Hemsworth, Chris Evans, Tom Holland, Tom Hiddleston, Joe Russo.

After the shocking ending of Avengers Infinity War and their ultimate defeat by Thanos how will everything be returned to normal in this Marvel Superhero movie?



Hellboy.

David Harbour, Ian McShane, Lloyd Levin, Milla Jovovich, Sasha Lane, Daniel Dae Kim, Andrew Cosby, Mike Mignola.

Reboot of the Hellboy film series based on the Dark Horse comics. Hellboy has to stop an evil ancient sorceress from destroying humanity,



Teen Spirit.

Elle Fanning, Rebecca Hall, Max Minghella, Zlatko Buric, Agnieszka Grochowska.

Shy teen Violet follows her passion for singing, hoping it will help her escape from a small town. She enters a local singing competition that tests her talent, integrity and ambition.



The Best of Enemies.

Robin Bissell, Taraji P. Henson, Sam Rockwell, Anne Heche, John Gallagher Jr., Matt Berenson, Babou Ceesay, Wes Bentley.

During the racial tension of 1971 and after a ten year battle with C.P.Ellis leader of the local Ku Klux Klan civil rights activist Ann Atwater comes to the end of the feud.



Missing link.

Travis Knight, Zach Galifianakis, Emma Thompson, Timothy Olyphant, Zoe Saldana, Stephen Fry, Hugh Jackman, Amrita Acharia.

Eight foot tall and furry Mr.Link seeks the help of explorer Sir Lionel Frost to find his long-lost relatives in the mythical valley of Shangri-La. Joined by Adelina Fortnight an adventurer they face a dangerous journey.

FORTHCOMING EVENTS

MANY EVENTS ARE BEING CANCELLED IT IS BEST TO CHECK WITH ORGANISERS BEFORE ATTENDING

THU

APRIL 4

PET SHOP BOYS

The upcoming PET SHOP BOYS Bangkok show on Thursday 4 April 2019 has been cancelled.

Thai ticket major advise: Tickets can be refunded from 25th March until 8th May 2019

CANCELLED.



SUN

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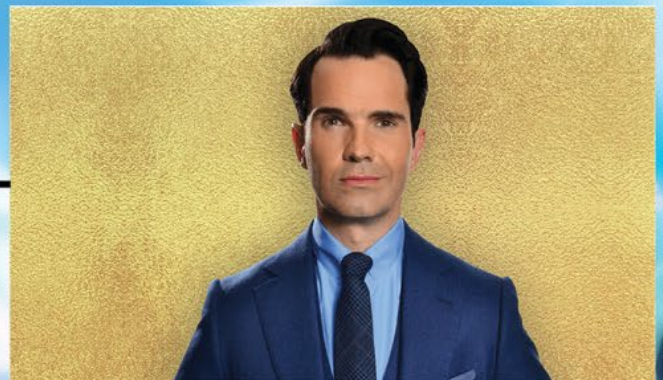


SAT

APRIL 6

JIMMY CARR LIVE IN BANGKOK

This popular comedian will be live in Bangkok at The Westin Grade Sukhumvit from 8 pm



MON

APRIL 8

CHAKRI DAY (OBSERVED)

This is an annual public holiday when the nation commemorates the coronation of Rama I and is also a general celebration of the Thai Royal Family.



FORTHCOMING EVENTS

MANY EVENTS ARE BEING CANCELLED IT IS BEST TO CHECK WITH ORGANISERS BEFORE ATTENDING

APRIL 13-17

SONGKRAN FESTIVAL THAI NEW YEAR

Officially Saturday the 13th until Monday 15th many businesses will also shut for observed days 16th and 17th and you know Pattaya will be extending these dates as ever depending on which part of the town you're in!



SUN

APRIL 28

ED SHEERAN

Proving that Thailand is being included in more and more important world tours Ed Sheeran is performing at the Rajamangala Stadium in Bangkok on Sunday the 28th. Ticket availability may be scarce – Good luck !



SUN

APRIL 28

SUNSHINE RUN

The Sunshine Run may be rather too hot to handle for most of us but for the super fit visit their Facebook page for more information and get along to Sattahip for the 5 am start



APRIL 30-MAY 5

TOP OF THE GULF REGATTA

The 15th Top of the Gulf Regatta will take place at Ocean Marina Yacht club with boats of all sizes and sailors of all ages and abilities



From Monet to Kandinsky. Visions Alive

Coming to Bangkok at 2/F, RCB Galleria, River City Bangkok, 23 Charoenkrung Soi 24. From Apr 26-Jun 16.

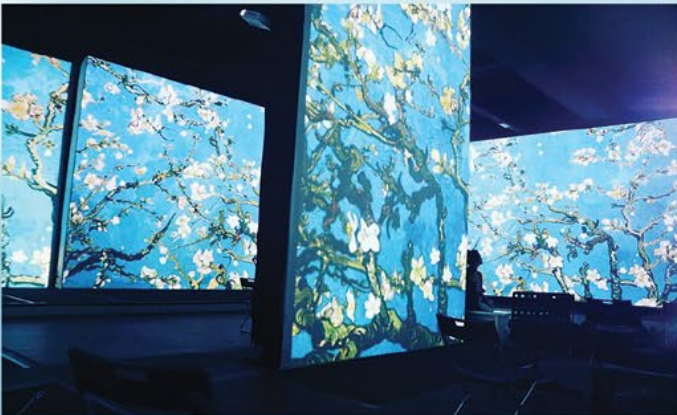


Right culture vultures start preparing your trip to Bangkok to see a really remarkable exhibition.

This multimedia event as the title suggests will feature some of Europe's most renowned masters of modernism. In a unique experience, animated video projections of some of Europe's finest works are to be shown alongside appropriate music to give a truly immersive experience. .

Masterpieces by Monet, Degas, Gauguin, Rousseau, Toulouse-Lautrec, Klimt, Van Gogh, Kandinsky and more will be brought to life at River City Bangkok.

With state of the art HD projection the exhibit which debuted in Berlin back in 2017, takes visitors on a journey from the late 19th to early 20th century. At only 300 baht for early-bird tickets (on sale until Apr 20th) and thereafter B350 and B200 for children, this is tremendous value.



For further information go to their Facebook page: From Monet to Kandinsky

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GAME RELEASES



Days Gone.

There have already been so many post apocalyptic or Zombie survival horror games however this one takes a different approach. More like "the last of us" on Steroids than the creeping menace of Resident Evil. What mostly sets it apart are the huge hordes that rush after you, very reminiscent of the movie World War Z. Also refreshing are dynamic day and night cycles, different weather conditions and unusually, infected animals! Tackle a Zombie Bear if you're brave enough. A third person open world post apoc Biker adventure exclusively for the Ps4.



Mortal Kombat 11.

My favourite Arcade Fighting game returns for its 11th release, developed by NetherRealm Studios creators of the excellent MK10, so we're in safe hands. The gangs all here with 25 playable characters; Raiden, Baraka, Sonya Blade, Sub-Zero, Scorpion, Goro etc. But this time we have an interesting new character called Geras who controls the flow or time and uses sand based attacks. Also new is the Custom Character Variations system giving you unprecedented control of the fighters so you can make them your own. Multi platform release for single and or course multiplayer, should be interesting to see how this one works on the Switch. Not for the squeamish with its brutalities, fatalities and bone crunching attacks, you have been warned... "Finish Him!"



Imperator: Rome

Following on from 2008's cult classic EU:Rome is this PC strategy game from Paradox interactive. They have 20 years experience in producing grand strategy games, Sim City being the most famous. Starting out in the early days of the republic you will be evolved with Diplomacy, Trade, the Population and have to negotiate with the senate to get your plans approved. The Senators have different agendas so you may have to juggle things to please them all. If you want to be engrossed and have plenty of spare time why not give it a go. New players should follow the tutorial closely to grasp key concepts. Build your empire the way you think best.



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Our Top 5 Tips for Songkran Survival



Like all countries New Year is celebrated throughout the land. However in Thailand rather than just an overnight celebration, it officially runs from the 13th to the 15th and this year, due to the dates falling at the weekend, may well extend for many places to the 16th and 17th and in Pattaya even longer!

Love it or hate it - and many do hate it - enough to leave the city during its duration, Songkran is a mega party. Drink flows and so does the party right into the streets. Even the most normally timid of Thais may lose their inhibitions and show no mercy, insistent on blessing you water, chalk or a powdery paste smeared onto your face..

Consider it the world's biggest water fight and you're halfway there. If you head outside YOU WILL GET WET as

trucks carrying revellers armed with water guns, cannons buckets etc etc will be cruising the streets with the sole purpose of spreading water.

If you pass through an area of bars the effect is multiplied by the inclusion of ice cold water as the revellers enjoy seeing the reactions they get to freezing cold water being added to the mix.

SO TO PREPARE YOURSELF HERE ARE OUR 5 TOP TIPS:

1) PROTECT YOUR VALUABLES

If you must take them out rather than leave them at home you should keep your valuables in a secure waterproof plastic bag. You will find custom-made plastic pouches that can be worn around your neck, expressly for the purpose of carrying your phone from 7/11s and many other stalls and shops around Pattaya.

2) AVOID RIDING YOUR MOTORBIKE

Although a car may get water thrown at it or smeared by powdery hand prints, riding a motorbike at this time of year is infinitely more hazardous. You are still considered a target and as there will be no regard for your safety you will have water thrown at you which could, of course lead to accidents and a spill - in more ways than one!

3) DON'T TAKE IT TOO SERIOUSLY AND DON'T LOSE YOUR TEMPER

People are going to throw water and will usually be smiling at you as they do so. You must keep a big, wide smile on your face as well. If you lose your temper and lash out, officials will take a dim view. You are expected to enjoy the locals' celebration of their new year and take Thailand's Songkran festival in the spirit of good fun.

4) PREPARE YOURSELF BEFORE YOU GO OUT

Remember YOU WILL GET WET so wear clothes that are going to be comfortable. Synthetic fibres can repel water better and dry faster than clothing made from cotton and natural fibres which will retain water and stay sodden. You might also consider picking up a cheap disposable raincoat from Family mart etc. and make an effort to not wear your Sunday best! Remember because of the aforementioned chalk and powder being thrown and also the fact that some of the water may not be terribly clean, your clothing could get ruined. So remember our tip no 3) and wear something of little value.

5) GET OUT OF DODGE

You can escape completely either by planning to get out of Thailand altogether or go visit a different part such as Chiang Mai, Samui, Koh Chang etc where the celebrations do not go on for so long. If horror of horrors you have to work or go out for essentials then get up early and try to get as much done in the mornings as possible, when most revellers will still be nursing their hangovers from the night before. Go sit in a cinema, walk around shopping malls or visit some of the international hotels who will celebrate with a more traditional, family-friendly Songkran. Or simply stay at home and get your provisions in. Takeaways such as those from Nick the Pizza on our Dining in Detail page may well be the order of the day.

Whatever you choose have a Happy Songkran Sawasdee pi mai!

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PATTAYA INTERNATIONAL HOSPITAL

Dr Tassuda Buranupakorn



Pattaya International Hospital has its dental department up on the ninth floor in a really lovely bright spacious area and it was there that I met with Dr Tassuda Buranupakorn or Dr Pla as she is more easily known. A good name for a dentist in my opinion as it reminds me of the word plaque!

Anyway I started by asking Dr Pla how often she thought it best that we have a dental checkup and she advised every six months. At Pattaya International Hospital they encourage this by offering dental checkups at no charge and if you should need a procedure they also display a board showing all costs so there are no nasty shocks. Everything is taken care of from teeth cleaning, fillings, extractions surgical procedures for wisdom tooth extraction, root canal crown and bridgework, X rays where needed and even the

procedures such as teeth whitening. This can either be done by laser or with home bleaching where an impression of the teeth is first created so that the patient can then apply gel themselves at home.

In terms of tooth decay it varies from person to person but obviously maintaining good oral hygiene is key to keeping your teeth. Dr Pla advises parents encourage regular teeth cleaning habits with their children as early as possible. Also that children are brought in to see the dentist from an early age - even whilst at toddler stage. First of all because Dr Pla can then just take a look at the formation of the teeth and secondly to get the children used to dentist's visits so they are less traumatic for the future. I for example had terrible treatment from the good old British NHS when I was a child and it left me with a morbid fear even to this day, whenever I just hear the sound of a dentist's drill However Dr Pla with her calm gentle manner is I'm sure the perfect introduction for your children to the world of dentistry.

So apart from regular checks what else does she advise? Well we should brush our teeth three times a day, ideally with a soft toothbrush to prevent wear and damage to the gums. Adults holding their toothbrush at a 45° angle, selecting two teeth at a time and brushing them between 10 to 20 times. Whilst for children horizontal is better, but again 10 to 20 times for every two teeth. Dr Pla also recommends that parents stay with their children up until about the age of 11 to check that they are brushing correctly and also flossing their teeth.

I was finally curious to learn how many years study was involved to become a Dentist I had heard it was quite a long time and Dr Pla confirmed that she studied for six years. Then after graduating at the age of 24 she went on to work for three years in hospitals in Bangkok and Rayong before joining Pattaya International Hospital.

So if you are nervous of that all important visit to the dentist worried about any unforeseen costs, or if you want your children to have a pleasant experience with a kindly practitioner, I would definitely recommend taking them to see Dr Pla. She is even available for appointments on Saturdays so there is no disruption to schooling. Just phone Pattaya International Hospital to make an appointment between 10am and 6pm - you will be pleased you did.





We care...

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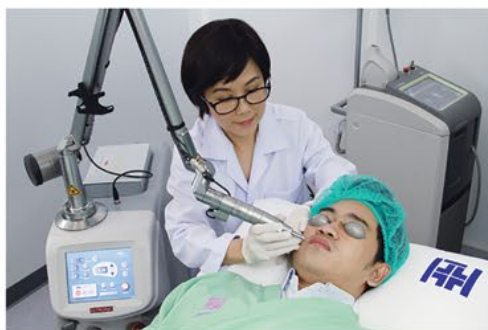
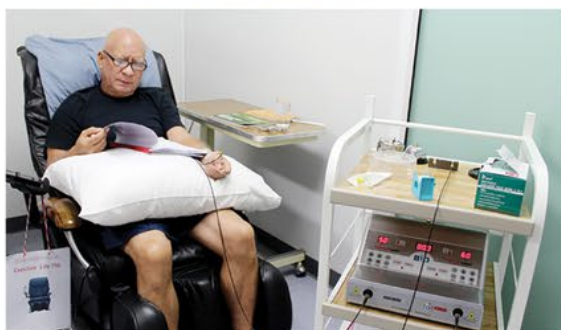
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Under the Roof club Update

The school building is in the final stages of construction and painting. Next there are solar panels to be bought and also furniture for the school .

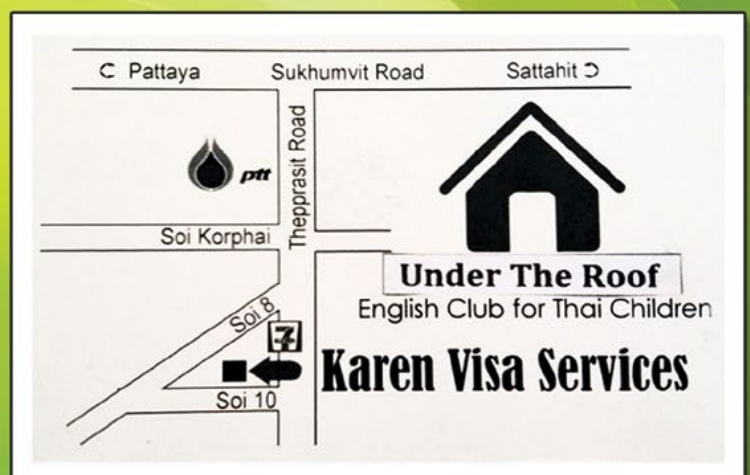


Everyone is hoping that stage 1 will be completed before the rains. Then phase 2 of this project will include the building of toilets, a kitchen and eating room for kids .

How you can help:

If you want to send food, clothing, kitchen utensils school supplies they can be dropped off at Karen Visa Services Soi 10, Theprasit road

If you wish to make a donation please go to www.undertheroof.club or pay into SCB ACCOUNT NO: 0863 244 575-5 sending an email to undertheroof2018@gmail.com to advise them so that they can update your donation on their website. Thank you for your support for this great cause.





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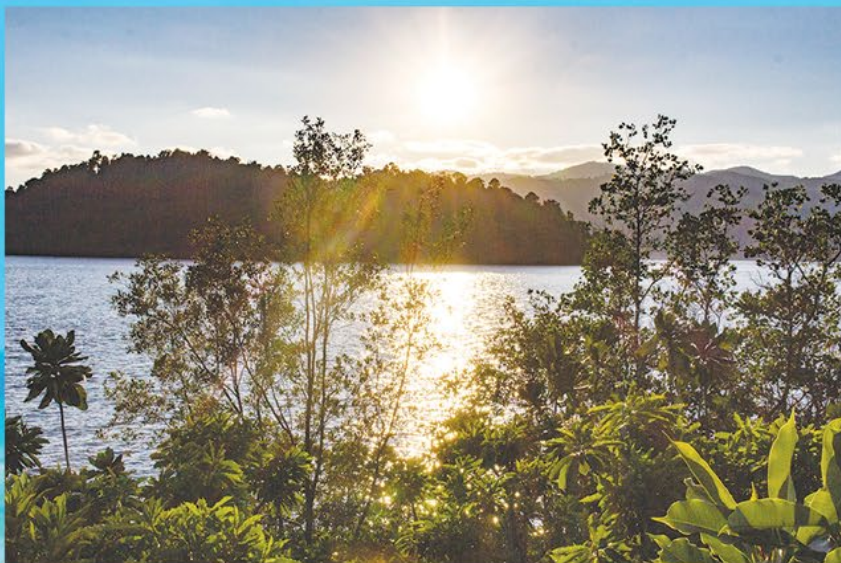


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The Parama Resort - Koh Chang.



Most people turn right when they drive off the Koh Chang ferry, but if you turn left and take a relaxing 30 minute drive through the traffic-free empty roads of the picturesque east coast you will find the Parama Resort.

The Parama, which means (Dolphin) in Thai, is a family run business that has been open for 8-years, there are just 31 rooms and a staff of 25. On arrival, you will be greeted with a smile and a welcoming fruit punch drink and a glass of ice-cold water, just enough time for you start your relaxing vacation by the 3-meter deep wrap around pool that houses turtles, grouper, and tuna. They even have a separate pool with Arapaima, and another pool with more turtles and something that looked suspiciously like some kind of a shark to me.

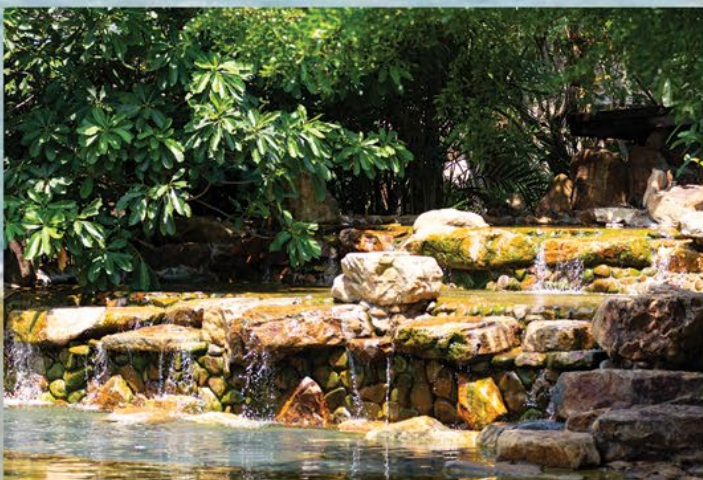
This is a resort that lives up to its name for luxury, serenity and a restaurant dedicated to organic dining. With their own vegetable garden they have a 100% organic food policy. On arrival, we were invited to partake of the resorts 1,200 THB per person "Set Menu" of 5 courses. With a STARTER of Fresh okra, winged beans, butterfly flowers, mango, and prawns. Followed by a freshly made DUMPLING with spicy chilli sauce. The SOUP a creamy Pumpkin was made fresh from the Parama resort's own organic garden. The Main Course was Grilled Sea Bass, Mashed potatoes, and arrabiata sauce (garlic, tomatoes, and dried red chilli peppers cooked in olive oil). The sauce originates from the Lazio region, around Rome. Arrabiata literally means "angry" in Italian; the name of the sauce refers to the spiciness of the chilli peppers. Dessert was Banana Fritters with refreshing Vanilla Ice Cream.

All this was served outside on the romantic and majestic wooded dining area that is sophisticatedly lit and overlooked the ever-present shimmering dark ocean. Supporting the vision of true hospitality, they also offer outdoor Thai cooking classes, these are classes that take place right next to the organic fruit and vegetable garden.

The Parama Resort has 3 types of accommodation. Superior Rooms are 40 sqm, Deluxe Rooms are 55 sqm, whilst the Suites are a cavernous 75 sqm. The Superior room has a massive bed facing a flat screen 40" TV with True Vision and AXN in English. There was also tea and coffee making equipment with a very high-tech coffee machine that we soon got the hang of - a beautiful room!



The Gym and Sauna are both open 24/7. There are massage and spa facilities, and an outdoor swimming pool with a slate effect bottom, fed by a 3-level rock waterfall. There are large double hammocks around the pool area, and kayaking is available at no extra charge.





Most guests take advantage of the free boat ride to the beautiful sandy beach situated on a small island some 15-minutes away. With large beach towels, mats, snorkelling gear, and an icebox filled with water all free of charge everything is included for a wonderful day. Just tell them in advance when you want to return to the resort and they will come right over and pick you up. (On Time)

Motorbikes can be hired for 300 THB per day, giving you the opportunity to visit the 2 nearby waterfalls and just 30 minutes away are some popular seafood restaurants.

I was informed that there is now a Parama II and in 2020 there will be a Parama III that will cater for clientele, interested, specifically in diving as they also intend to open a Dive Centre. As a PADI DiveMaster myself I hope I get an invite back for the opening.

All in all, a beautiful location, a gem of a resort, and a most pleasant relaxing spot, well worth the 27 Kilometre drive to this idyllic and much-overlooked part of the island. The surrounding area is quiet at night, but it all depends on what you're looking for. The Parama is a perfect romantic getaway and somewhere to help you relax and get away from it all.



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From small beginnings in 1987 The PILC (Pattaya International Ladies Club) has grown to encompass over 200 members from more than 30 countries. The Club provides expatriate women with the opportunity to network, socialise, make friends and participate in a wide range of monthly and weekly activities including sporting and cultural pursuits. PILC is involved in supporting several welfare projects both through volunteer help and fundraising. Each month there is a lunch and a coffee meeting at various venues.

Here are some of the members enjoying a recent coffee morning at Loaf, Pattaya.



There is also a Newcomers Coffee Morning at 11am on the last Monday of each month at Casa Pascal Restaurant, 2nd Road Pattaya, opposite the Avani Hotel (formerly Marriott Hotel). All newcomers to the Eastern Seaboard region are welcome.

**For more information Send an email to presidentpilc@gmail.com or visit www.pilc-pattaya.com for more information
Or visit their facebook page @PattayaInternationalLadiesClub**

Jerry Lee Carlson at Linda's Restaurant

The Pattaya Trader was proud to promote a series of concerts by Jerry Lee Carlson and his drummer Hakan Nelson at Linda's Restaurant last month. For anyone who loves, not just the music of Jerry Lee Lewis but also that from Rock n Roll greats such as - Elvis, Johnny Cash, Little Richard, Fats Domino etc. Messrs Carlson and Nelson have the talent to bring these all to life with their virtuoso playing and performance.

Linda will continue to support live music at her popular restaurant on Thappraya Road, Jomtien So keep your eyes open throughout the year and you can be sure that The Pattaya Trader will let you know future dates for your diary.





Dining

By GLORIA JONES

NICK THE PIZZA



So Songkran is coming and what better way to stay in and “batten down the hatches” than by ordering in and letting your delivery biker run the risk of braving the roads, dodging the water and bringing your food to where you sit safe and dry!

Nick the Pizza, known to many since 2003, is now under new ownership as you will see from their much improved and extremely user friendly website.

They also have a new, more central location and new telephone numbers that you should really keep to hand, not just for ordering pizzas but for a whole range of additions available from their extensive menu.

NICK the PIZZA

For Dining in Detail we tried a Large Diavola and one of Nick the Pizza’s famous “fusion options” The Lamb Kebab

Pizza .Be warned the Diavola really is hot and spicy but for those who prefer a milder option there is also a Classic Salami Pizza In fact there are 21 different Pizzas to choose from with an additional Create your Own Pizza giving you a further 23 different toppings to select.

From the alternative menus we chose the Chicken and Ribs - perfectly cooked in a rich,tacky sauce - finger licking good ! However, you could also choose from hot meat pies, pastas, salads or toasted baguettes.Also look out for the daily specials.On the day we ordered this was free chips with any burger but be warned on the phone this got somewhat lost in translation when free chips turned out to be a delivery of 3 portions of chips! Still with a copious selection of dips who’s complaining. Marie Rose, garlic mayonnaise and of course what every Thai seems to consider essential when eating pizza - tomato sauce.

There is also an extensive list of available drinks that Nick the Pizza will deliver to you to accompany your food. So with this much choice if you wanted, you could survive the whole Songkran week with just a trusty phone by your side.

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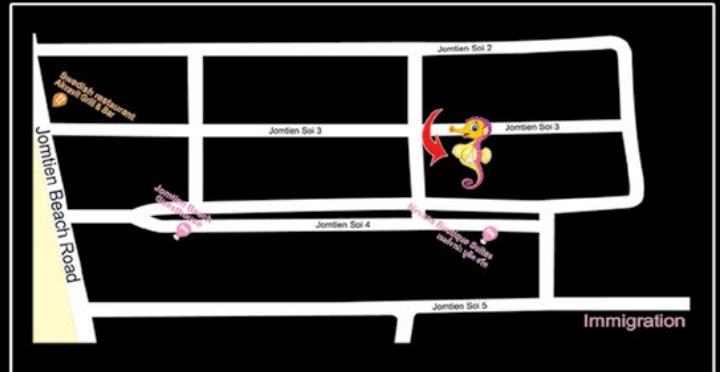
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THE MILLION YEARS STONE PARK AND PATTAYA CROCODILE FARM



Who would have guessed the “Million Years Stone Park” also known as the “Crocodile Farm” has had its gates open for 30 years? Now tourists from Pattaya are able to travel to this attraction via the new motorway in under 15 minutes.

I arrived at 08.00 am hoping to beat the crowds and take advantage of the morning light for my photographs. Unfortunately, I was already behind one of the many coaches that bring in some of the two thousand daily visitors.

Sitting on 150 rai of land there's a feeding platform where you can purchase chicken to dangle (with the use of a pole) and hopefully tempt one or more of these monsters into an out

of the water leap. Carrying on with the crocodile theme, there is an exciting show that takes place every hour on the hour starting at 09.00 am and goes on through until the last show at 17.00. So, if you miss one whilst feeding the other crocodiles, you will have many more opportunities to see the show.

After seeing a man put his head into the mouth of a crocodile, you might want to take a slower approach to your day by mounting one of the 40 elephants and taking a 350 baht, 30-minute ride.



There are 60 tigers, and I must say I was lucky enough to have had some interaction with a young white tiger who either didn't like me or had found a was of playing and combating his boredom. He would wait for me to pass him and then chase after me and leap up against his cage. At one point he was soaking in his pool just waiting in ambush me because as I approached he took one giant leap and sprang out of the water hitting the cage and soaking me with water and sand !

After cleaning my camera equipment and towelling myself off I strolled over to the giraffes where for 50 baht you can purchase bananas with which to hand feed them. They have 20 giraffes including three that are only about 12 months old with some even younger, latest arrivals, 2 infants born in the park just 2 months ago.

All in all, with an entrance fee of 500 baht for foreign visitors and 200 baht for Thais its a pleasant way to spend a few hours of one's vacation.



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THE MASTERS



The 2019 edition of the Masters, played at the beautiful Augusta National golf club in Augusta, Georgia, will be teeing off for its 83rd edition on Thursday the 11th of April and finishing with the always great final days play on Sunday the 14th. The tournament has the smallest field of any of the four major championships, but what a field it will be, with all the world's top golfers teeing it up over the four days. The course itself, with some of the most famous holes in the world of golf including the short par three 12th, called Golden Bell and with the tee shot over the iconic Raes Creek, has been lengthened to a total of 7,475 yards this year to try and offset the huge distances today's top players hit the ball and will be a test of nerve for the very best.

As is the custom at the Masters, a host of past champions who have lifelong exemptions from qualifying will be playing this year, dating right back to Larry Mize, the winner in 1987, and of course Tiger Woods, four-time winner and hoping to make it five this year after coming back from some horrendous injury problems to win again on the PGA tour at the end of last year and going off as one of the favourites this time.

Rory McIlroy, the current outright favourite at time of going to press just ahead of Dustin Johnson, has at last closed out a winning chance at a tournament after holding off veteran Jim Furyk by one shot at the Tournament Players championship, the unofficial fifth major played at Sawgrass in March. McIlroy has been playing great golf recently, and had gone off in the last group ten times previously without winning, but now he has managed to get his head in front he will be a danger to all this time. Rory has thrown away a huge lead at Augusta before, and the fact that the tournament is the only major he hasn't won will bring its own pressure, completing as it would his own personal grand slam but with a game as good as he has, his turn will surely come.



The aforementioned Dustin Johnson, one of only three players in PGA tour history to win in each of his first twelve seasons alongside Tiger and Jack Nicklaus, is playing great golf again this year and like McIlroy has the game and the power to mount a serious challenge over the four days.

Throw into the mix such players as the immensely popular Englishman Justin Rose, three-time major winner Brooks Keopka, highly ranked and regular winners Jon Rahm, Bryson de Chambeau, Justin Thomas and Tommy Fleetwood. When you add previous winners Phil Mickleson, Bubba Watson, Patrick Reed and a host of other quality players to the line up, this is looking like a tournament to savor.

I-ROVERS

Attention all sports fans!! April promises to be a bumper month of action so let's take a look at what the I-rovers 24 hour sports bar will be showing on their 21 screens throughout the month.

PREMIER LEAGUE AND EFL

Well it looks like the fight to win the premier league is now officially a two horse race, with Manchester City and Liverpool drawing well clear of the rest. It looks like going down to the wire but with teams at both ends of the table scrapping for points, nothing is certain. The Championship has been a great competition this year and I-rovers will be showing some of the best games live again this month. So regardless of which team you support, check out the weekly updates posted by the trader for more details.

NATIONAL RUGBY LEAGUE

The Australian National Rugby League will be into its fourth week in April and beginning to warm up nicely. A great favourite among Aussie sports fans who visit I-rovers, the fixtures come thick and fast throughout the month so check those weekly listings out to make sure you don't miss anything.



GOLF



Most golf fans' favourite tournament of the year, The Masters, is being played this month. Starting on the eleventh and concluding on the fourteenth and as always being played at the beautiful Augusta National course, this event really is a treat to watch for any golf fan. All the world's best players will be in attendance, and the course has been lengthened to try to make it a stern test for even the most powerful of the big hitters on tour. The time difference means this event will be played throughout the night in Pattaya, but with I-rovers open 24/7, you can watch the whole tournament live. Check the schedules!

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AUSTRALIAN FOOTBALL LEAGUE



The competition will be getting into its stride with the third week of fixtures underway at the start of the month. The current title holders are the West Coast Eagles but it's pretty open this year and they face some stiff competition from the likes of Richmond, Collingwood and Melbourne. With Collingwood against the West Coast at the MCG on the sixth, Sydney vs Melbourne at the SCG on the eleventh and a host of other fixtures to look forward to, the 124th year of this competition looks as strong as ever.

FORMULA ONE



The season kicked off in Australia in March this year with Lewis Hamilton again securing pole position, carrying on where he left off in 2018. The race was actually won by Hamilton's team mate Valtteri Bottas, giving Mercedes a one two in the constructor's championship. April's fixtures are in China on the 14th in Shanghai and Baku in Azerbaijan on the 28th.

CHAMPIONS LEAGUE

We're down to the quarter-finals this month, with the first legs being played on the 10th and 11th and concluding the following week on the 17th and 18th. Four premier league clubs feature for the first time in the competition's history and with strong challenges from both Lionel Messi's Barcelona and Cristiano Ronaldo's Juventus, this looks a fascinating line up.



Pattaya Amateur Golf Series High Scores in All Flights



Darren Ottaway - Low Gross Winner

A good field of 115 players, including 11 Ladies gathered at Pleasant Valley Golf Club where there were again some fine scores turned in, along with some sparkling individual efforts for the technical prizes available on each hole.

PAGS has been blessed of late with the weather, and this day was again perfect conditions for golf. The course was in moderate condition, with the greens at a decent pace. However green frontages and fairways were inconsistent with some heavily watered areas, whilst others were dry. If players could keep out of the bunkers and while holes were playing short, low scores were sure to be the order of the day for the successful.

The MVP on this day was hard to distinguish, with several outstanding stableford scores recorded in the tournament. Philippe Vos (18) with his 46 points was the best of the day, while Darren Ottaway (Scr) managed to keep his round together on the back 9 to sign for 75 and win the Low Gross, also picking up the maximum 2 technical prizes on holes #7 and #9.

There were prizes to be won on every hole as per normal for the PAGS events, but with such a large field of golfers you had to be very close to win.

The Ladies winner was Laura Kamarainen (20) with a spectacular 42 points with a special mention to Wannapha Peerathan who picked up technicals on holes 2, 11 & 18, although only collecting the maximum of 2 prizes.

C Flight for 22+ handicappers was won by Andy Richards (25) with an exceptional score of 43 Points, closely followed by Barry Elphick (32) with 42 points, while Kjell Ahlund (29) picked up 3rd spot with 41 points.



Jon Dean - A Flt Winner

In the B flight (14 – 21) it was the aforementioned Philippe Vos (18) winning with his 46 points clearly ahead of the rest of the Flight members. Rolf Patomella (18) signed for 39 points, while Roger Andersson (19) edged out Jan Blom and Kauko Kamarainen on countback 18/16 after all recorded 37 points.



Laura Kamarainen - Ladies Winner

In the A flight (0 – 13) it was Jon Dean (12) who came out on top with a solid 41 points, while a countback was required to decide the minor placings. Olli-Pekka Suominen (13) with his back 9 of 23 points edged out Reijo Velsberg (9) after both signed for 40 points. Olli-Pekka also picking up the approaches on #10 and #14.

A couple of honorable mentions also go out to multiple technical prize winners, Mel Davis, Jon Davis & Gerry Sweetnam. The catering crew from Hemingways did their part, feeding the players and guests prior to the prize giving, and I am sure all were satisfied with the selection of food offered in the Buffet.

Contact Shane on 0859459689, through Facebook, or birdie.in.th for your preferred time slot.

"IT'S HOT – DAMN HOT"



As I have shared in the past, fishing during the hot parts of the summer is a major challenge. It is rare to catch wild big fish during this time unless you know a special fishing technique that can drag fish up from the bottom of a pool, from under a log or from under an overhanging tree. But it can be done.

Streamers are the ticket during the middle of summer. Not just any streamer but ones that imitate something that is alive in the water you are fishing. Some of the best patterns are imitators of leeches of which we have plenty in Thai river and lake systems. Other patterns that are glitzy and flashy can catch fish, but are often passed up by the fish because they are more attractors and not imitators. These flashy attractors make the fish attack rather than take them for food. (Bit like Atlantic salmon does with Shrimp)

The best fish story I heard this past week is of two fishermen who were fishing a few lakes together. One fisherman fished only bread mix and caught a few fish that were all small but pretty good fighters for this time of year. His partner was fishing imitation leech and caught all large fish and continued to do so as the day went on. The streamer fisherman encouraged his partner to take his rod and fish the imitated leech, but the partner declined, indicating that his kind of fishing was boring and the worst kind of fishing. I won't repeat the rest of the comments made by the other fisherman or the adjectives used.

Imitation bait fishing from a Thai lakeside can take a little time to get used to and if you have not done it before I would recommend that you take someone with you who has done this type of fishing and is willing to teach you. The weather is beginning to change a little. As the sun becomes more active leading to Songkran, you may find that the mornings and evenings are a bit cooler, helping fish at these times. That should give you a good idea when to fish.



In the heat, I would target both structure and vegetation. In the Thai Lakes. If bites are slow, try downsizing your tackle and do some "Cute Flipping" from close range. By flipping smaller weights (That sink your imitation bait), you minimize the amount of splash upon your bait's entry and are less likely to spook any fish about. By pitching out in front of you and staying quiet, you can target any fish that are hiding at the edge of vegetation spreading out into the water, that other anglers couldn't catch or don't even realize that they are there.

In hot conditions make sure to keep an eye on your line. When you pitch a big worm or Leech and a sinker into heavy cover, you have to watch the line, because when it stops, you want to immediately lift up on it and see if there's tension or weight. Remember...Patience is a virtue. Different presentations work in different places at different times, regardless of season. But being on the water is the first step towards a successful and memorable fishing trip. So if you're out there, find the cover and make sure that you have the gear you need to be able to get them out of it.

Enjoy the sun and the cool beer you stuck in the bankside water..... And especially enjoy Songkran!

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PPTV's output is constantly being updated to provide a revised and even better schedule. The free Pattaya People app has been created so that the TV and radio stations can be accessed on your smartphone, anytime, anywhere.

Coming up in April are new features including Let's Cook Thai, Nursing Homes in Pattaya, Property Updates plus Barry Upton's 'Pattaya Stories' series, and so much more, covering a diverse range of subjects here locally including some of the amazing attractions all around Pattaya which can now be enjoyed with a 50% discount using the Pattaya People Privilege Card.

Kevin's Vlogs are all about various aspects of living in Pattaya and cover subjects as diverse as 'Retiring On A Budget', 'Going To Court', 'New Motorbike Laws', 'Cheap Jomtien Beach Front Apartments', etc., etc..

The very popular 'Yoga Pose Of The Day' series with instructions from guru Diana Mountanous, sponsored by the Zen Cell Rejuvenation Clinic, will continue with new exercises and postures intended to help health and flexibility. Strike a pose and get fit!

Plus the weekly 'Pattaya Expats Club' TV feature with interesting and sometimes, vital info from the guest speakers that appear there.



If you have any ideas for features or can recommend interesting people for Barry to chat to for his 'Pattaya Stories' series or any other new features, please contact Pattaya People Media Group by emailing to info@pattayapeople.com.

Big sponsors 'Mixx nightclub' and 'Club Insomnia' are always well featured with their infomercials lighting up the daily output. Also, look out for 'Pattaya and Property Trader' chief editor Gloria Jones having a cozy couch chat with Barry Upton as they delve into detail re- the currently released Pattaya Trader magazine.

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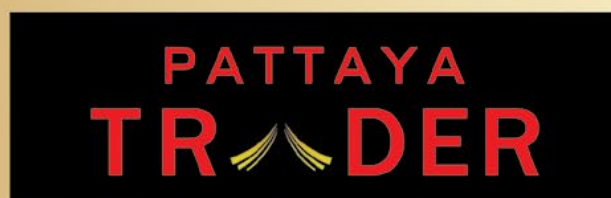


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INSIDE THE SUVARNABHUMI AIRPORT'S SECRET TUNNELS



During the past 18 months, a series of secret tunnels have been built underneath Bangkok's Suvarnabhumi International Airport. The presence of these structures is no surprise to airport officials, the large construction teams building them or the huge security team keeping them safe.

But a majority of the more than 60 million people who flew in and out of the airport last year likely had no idea the tunnels existed making them a secret to the public for the time being.

That will change during the next 12 months. Eventually, airport passengers will get to see the tunnels firsthand as part of an Automated People Mover (APM) system. This tram will connect the Suvarnabhumi Airport main terminal to the midfield expansion concourse also being constructed.

The expansion will increase the airport's capacity by an estimated 15 million people annually. Work on the project began in late 2017, starting with the taxiway before moving onto the tunnels and a new concourse. More than 1.4 kilometres of tunnels will be built as part of the project including those used for the APM and service tunnels.

A look down the tunnel which will hold the Automated People Mover (APM) system under Suvarnabhumi Airport

Thousands of passengers will be transported on the tram daily, but it's unlikely they will pay much thought to just how the massive tunnel system came to fruition. No one really spends time to think about what goes on behind the scenes of a project like this. However, the technology used in the construction of these tunnels is impressive in its own right.

How do you build secret tunnels under a busy airport?

Standing in the Suvarnabhumi Airport secret tunnels as they sit now feels a bit surreal. It is like something straight out of a movie or television show. The massive concrete walls stretch as far as the eye can see, a row of fluorescent lightening making it visible. The bulk of the current work is happening on the structures that will connect the tram to the new concourse extension.

Meanwhile, there are no signs of planes as they pass above the ground further down the tunnel. The only thing you do notice are the towering concrete panels that line the walls of the structure. As you might expect, these aren't your ordinary walls.

They have been constructed with INSEE SUPERBLOCK, prefabricated concrete panels that have been designed to provide the strength and durability a project of this magnitude requires. Used in place of traditional brick and mortar, these panels are vital in the building of the Suvarnabhumi Airport secret tunnels that will soon be home to the people mover as well as a service route.





An estimated 50,000 square metres of prefabricated panels have been used in the building of the tunnel. It's hard to even quantify that size, even as you look down the dimly-lit corridor with walls that seemingly never ends.

However, we're getting ahead of ourselves. As recently as 2017, this space was nothing but dirt. Given the unique route of the tunnels, which go underneath taxiways at the airport, a few different tunnel creation methods were used to remove the earth and reinforce the structure. This was done to limit disruptions and maintain safety.

50,000 square metres of prefabricated concrete panels have been used in the construction of the tunnels

The use of prefabricated materials along with traditional concrete solutions allowed builders to get the tunnel up quickly. For example, 1,000 square metres of walls inside the Suvarnabhumi Airport tunnels could be installed in roughly one week.

Perhaps the most important thing about a secret tunnel is that it needs to remain out of sight and out of mind. If the public finds out a tunnel is being built underneath the planes, it might cause people to be nervous. That's the last thing you want to happen at the airport and means time is of the essence.

By using prefabricated materials, the Suvarnabhumi Airport secret tunnels went noticed by the millions of people who flew in and out of the facility. Pilots and even some staff didn't even know about the work that was taking place underground. It may sound crazy, but before prefabricated concrete panels, builders would use bricks and mortar to support underground tunnels. As you might imagine, this took a really long amount of time. For starters, loading and unloading bricks is an arduous task, but that's only one consideration.

It's estimated that four people building a tunnel wall with prefabricated panels could cover up to 24 square meters in a single day. That number shrinks to 10 square metres when the same four workers build with traditional bricks and mortar. In other words, five day's work can be cut into two when using prefabricated panels. Project contractors estimate the tunnel could have been built in less than two months if they had opted to focus all of their time and effort on the project. Ultimately this was not feasible considering they also need to work on the APM station, basement and ground levels of the concourse extension.

Suvarnabhumi Airport secret tunnels will soon be revealed

During Chinese New Year festivities, some 200,000 passengers went through Suvarnabhumi International Airport on a daily basis. And yet, underneath the airport, work continued on the Suvarnabhumi Airport secret tunnels that will allow even more people to fly in and out of the airport.

Work continues on the Suvarnabhumi Airport concourse extension

It's still a dusty work site, however, the Suvarnabhumi Airport secret tunnels won't be unknown for much longer. No set date for the opening of the APM and concourse extension has been announced as of yet, it is expected to be operational sometime in 2020.

The tram system still needs to be installed and a great deal of testing must be done, but it's safe to say everyone will be quite happy when it does open to the public.

The parts of the tunnels people will see when using the tram are going to look quite different than what's now visible. A thin layer of plaster will be placed over them and then a decorative coating is set to be added over that in the areas where the tram connects to the airport terminals. It will certainly look nice and match the final design of the airport. But, behind this decorative layer will sit 50,000 square meters of prefabricated concrete panels that have made the tunnels possible. Without them, the project would have taken significantly more time, money and manpower.



So, once the Suvarnabhumi Airport concourse extension opens and you use the tram, enjoy the ride. There was a time when this short journey was nothing more than a secret hole in the ground.

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2pm to 4pm – Afternoon Delight with Diana Mountanos

4pm to 6pm – The Sundowner Show with Barry Upton

6pm to 6.20pm – Thai News

6.20pm to 8am – All Night Long



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For more information contact Pattaya People Media Group by e-mailing info@pattayapeople.com.

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Dealing with Debts

By Magna Carta Law Office

Debt is an amount of money borrowed by one party from another with an arrangement that gives the borrower permission to borrow money subject to contractual terms regarding the amount and timing of repayments of principal and interest.

Debt should be taken with a clear intention of paying it back. Debtors are legally responsible for paying the debts they legitimately owe. You cannot be sent to jail, or even be arrested for owing a debt, regardless of the amount involved. However, you could face court action over unpaid debts. A creditor has no right to forcibly enter into the property of the debtor to take control or to seize anything as a repayment of the debt owed. To collect an unsecured debt, the general rule is that most creditors must first file a lawsuit against the debtor and win the court judgment.

In cases where a debt was incurred by one spouse before or during marriage, it shall first be settled out of the spouse's personal assets; however, if the spouse's personal assets are not sufficient to settle the debt in full, it shall be satisfied out of the spouse's portion of the couple's joint assets.

INTEREST

Interest shall not exceed 15% per year; when a higher rate of interest is fixed by the contract, it shall be reduced to 15% per year. Interest shall not bear interest. The parties to a loan of money may, however, agree that the interest due for not less than

one year shall be added to the capital, and that the whole shall bear interest. Any such agreement must be made in writing and signed by both parties. If it is agreed in a contract that interest is payable, but no rate is specified, the court will order, as prescribe the law that the parties agree to the rate of 7.5% per year.

GUARANTOR

A guarantor is a person who pledges to pay for someone else's debt if he or she should default on a loan obligation. As soon as the debtor is in default, the creditor is entitled to demand settlement from the guarantor by sending a letter of notice to the guarantor within 60 days commencing from the date of default. A creditor cannot request a guarantor to settle the debts of the debtor unless the notice has been duly received.

When the creditor demands settlement of the debt from the guarantor, the guarantor may require that the debtor be first called upon to settle unless the debtor has been adjudged bankrupt, or his whereabouts in Thailand is unknown. If the guarantor can prove that the debtor has the means to perform and that execution would not be difficult, the creditor must first make execution against the property of the debtor.

In case of death of the borrower where there are assets left, they must be used to cover the debts left by the deceased before distributing anything to the heirs. Creditors may claim repayment of the loan against the guarantor only within 1 year after the death of the borrower.



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Alternative Investments

Alternative Investments are classed as ones that do not fit into the usual investment types such as those held on stock exchanges, mutual funds, stocks, pensions, government bonds, etc. They include things such as private equity, hedge funds, infrastructure projects, property, derivatives, commodities, forex, IPOs (Initial Public Offerings), crowd funding etc.

Most alternatives have low liquidity compared to conventional types. An example of this is that it will be a lot harder to sell a part stake in such as a Malaysian forest compared to shares in Microsoft because of the limited number of buyers. By nature Alternative Investments are usually unregulated. This means that although there are some excellent ones there are others which are highly risky. Some are outright fraud and scams. Always be wary of unsolicited calls offering fantastic returns in IPOs, fine wine, property etc. They'll provide you with glossy convincing brochures and persuasive sales talk. These are normally from people using false names working in "boiler rooms" in some far off country. You'll receive worthless ownership papers and receive updates telling you how well your investment is doing but in reality they've stolen your money. Once the complaints start coming in they disappear off the face of the earth. So be warned. Make sure you undertake homework and due diligence to find out if the opportunity is genuine.

Having found a genuine opportunity how do you value it should you wish to sell it in the future? If we take the example of the Malaysian forest again where do you go to sell it? Where do you get a valuation from? Very often there isn't one so how do you know what price to put on it? Think of the things that can go wrong with an investment. Trees can get diseases, forests can burn down, there can be illegal logging. In short look at all the angles in a worst case scenario. If you are being offered a 15% return per year, what's the catch? How long have the company been in business? What profits and losses have they made in previous years? Who are the people behind the company? Can you talk to other investors?

There are excellent alternative investments out there but you have to go in to them with your eyes fully wide open. The returns can be brilliant but the losses can be devastating, you might well end up losing everything. I cannot stress enough that it is essential that you get expert advice and undertake all the necessary checks to ensure that the opportunity is genuine. If you are new or inexperienced in saving and investing I would recommend that you stay away from this type of thing. If you are experienced and everything stacks up then by all means go for it. However I would recommend that it only forms a small part of your overall portfolio. Not more than 15% of the total amount that you have invested.

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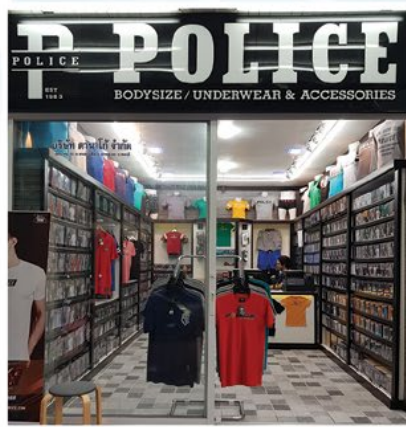


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ULB® An American / International Salon

If you realize owning a salon is too much responsibility..... If you want to do good hair, nails, waxing, lashes, be inspired, make more money, teach and be taught—and couldn't do that in a room by yourself...



We are looking for talented booth renters like you!

We are looking for Russian, Chinese, Japanese, Thai, and European "MASTER STYLISTS".
Must be able to speak English! 99.9% Of our customers are foreigners.
(ULB® will obtain work permit for qualified applicants)

Why booth rent with ULB® Pattaya?

Being able to offer your clients the best possible experience. Better client experience = better clients = more money!

How Much Does ULB® Pattaya Charge for rent?

You only want to pay 5,000 THB a month for a chair? That's absolutely fine, but don't expect a beautiful space or much in the way of amenities. Do you want big picture windows, exceptional lighting, big stations, foot traffic, full beverage service, parking and a receptionist?

Money is the bottom line, right?

Being a booth renter means running your own business, so let's talk money, because that's really the point of all of this. We have chosen creative, fulfilling jobs, and that is wonderful, but at the end of the day, we are all here to make money. So listen up, because we're going to break down the actual numbers for you. You don't want to skip this part. Your own numbers may vary..., depending on where you live and what you charge, but the principle is the same. If you are charging 350-850 THB for a haircut and making 49% of that at a commission salon. If you did 100,000 THB in services in a month average, after commission, taxes, and deductions you'd go home with roughly 49,000 THB a month (not including tips). It's enough to live on, but it's a pretty modest life. Skip forward to the same service numbers as a booth renter. You will be paying 10,000 THB a month for a chair, plus estimate another 5,000 THB a month in expenses (color supplies, accounting, etc). For that same 100,000 THB month in revenue, you are now keeping 85,000++ THB Plus tips. That's 80-90% more money in your pocket at the end of each month for the exact same amount of work.



**YOU ARE NEVER
TOO YOUNG TO
START AN EMPIRE &
NEVER TOO OLD TO
START A NEW
DREAM.**

Being your own boss.

Make your own hours. Never again have to answer to someone who thought you should come in earlier, or be more involved in team events. And you know what, you will still part of a team of people who love and support one another, but want to keep more of their money. All the things that you have been afraid of become easy and routine very quickly. It's amazing how quickly you can adapt, especially when there's money involved. So if you have a steady clientele, why on earth would you keep giving so much of your money to someone else? Take charge of your own business, make a change! You will never regret the choice.

What are the pros to being independent booth rental?

The freedom and flexibility to have your own schedule, and creatively to go whatever direction you want. A financial gain because you are not giving up the huge percentage of your money to a landlord.

Responsibilities like stocking retail, doing laundry, handling front desk can prevent you from being creatively free. At ULB® we handle all the front desk, online booking, marketing and customer service for you. Giving you the freedom to focus just on your clients.

Being a part of talented team.

Another advantage is working next to other stylists and seeing their work. Now you will be learning secrets of the trade that you didn't know. Styling tips on how to do certain hair types, or what product they used. Being a part of a team, we're together, "as one united force we are great".

Think about why you're in the industry and what you need?

Are you getting what you need out of it artistically? Are you keeping yourself inspired? Is the communication you have with just your clients enough? Are you ok with being isolated in a room by yourself?

Are you giving the best you can?

When you do an amazing haircut in the salon and people watch it, that feels good. When nobody sees it, what are the odds you are going to just give a simple trim? Your peers know the difference between a good and great haircut, and being in the salon puts you on stage with your co-workers. Most stylists want recognition and to watch other people. It's not a natural environment to be isolated. It's hard—while a client's color is processing, you can't just get your lunch out and eat, or leave them in a little room by themselves.. **Come and grow your skills with us!**

If you realized owning a salon is too much responsibility.. If you wanted to do good hair, be inspired, make more money, teach and be taught—and couldn't do that in a room by yourself.

We are looking for talented booth renters like you!

Contact : Call/LINE 0889933323

FaceBook Messenger: <https://www.facebook.com/UltimateLashAndBrowThailand/>

THINK YOU'VE GOT WHAT IT TAKES?
JOIN THE TEAM

Women's Forum Americas prepares to break the silence

WOMEN'S FORUM AMERICAS

30 - 31 DE MAYO 2019 | EL CLAUSTRO DE SOR JUANA, MEXICO CITY



Christine Lagarde
Directora Gerente del
Fondo Monetario
Internacional



Arancha González
Directora Ejecutiva del
Centro de Comercio
Internacional (ITC)



Carlos Moreno
Director científico del Catedra
Entrepreneurship, Territory,
Innovation - Pantheon Sorbonne



Lydia Cacho
Periodista, escritora y
activista de los derechos
humanos

Tomando el liderazgo para la inclusión:
Unidos para romper el silencio.



#WFAMERICAS

WOMEN'S FORUM
AMERICAS 19
30-31 May 2019

"Taking the lead for inclusion: United to break the silence"

This is the theme that will address the first edition of Women's Forum Americas, which will be held on 30-31 May 2019 in El Claustro de Sor Juana in Mexico City with the participation of personalities such as Christine Lagarde, Managing Director of the International Monetary Fund (IMF).

Based in Paris, France, the Women's Forum for the Economy & Society has become a benchmark that empowers leaders from around the world to accelerate the impact of women's leadership and boost their participation in society and the global economy.

For the first time, Mexico City will host this forum for the entire continent. Women's Forum Americas will bring together 1,500 leaders from around the world, who will debate on how to unleash the potential of American diversity and shape a future based on sustainable and inclusive growth.

"Men and women must unite to break the silence and free women from all contexts, to progress and live without fear for their safety in their communities and workplaces," says Chiara Corazza, CEO of Women's Forum for the Economy & Society.

For two days this Meeting will focus on breaking the silence through three pathways: 1. Amplifying women's voices to shape the future. 2. Driving sustainable behaviours for sustainable growth. 3. Forging collaboration for good. The sessions will address issues such as economics, innovation, immigration, climate change, gender violence, sustainable growth, the jobs of the future and the construction of inclusive cities.

Women's Forum Americas will have the participation of speakers such as Luisa María Alcalde Luján - Secretary of Labor and Social Welfare; Saskia Sassen - professor at Columbia University; Dayle Haddon - Founder of Women1one; Graciela Márquez Colín - Secretary of Economy; Daniel Bandle - CEO of AXA Mexico; Olga Sánchez - Secretary of the Interior of Mexico; Alejandra Frausto - Secretary of Culture of Mexico; Claudia Sheinbaum - Head of Government of Mexico City; Arancha González - Executive Director of the International Trade Center; among others.

Teaching students to fail at life

Learning about teaching and education, I am often left wondering if we, as teachers, are teaching our students to fail at life? As a teacher I think it is important to always be learning, keeping up with industry trends and tools, and sharing knowledge. More so in the early stage of one's career. Also, it's generally good practice as a professional to be continuously updating and broadening your skill set. When it comes to education it appears that some of us (teachers and institutions) have gone a bit too far in being academic and not pragmatic. Education should deliver lessons that are practical and usable.

There are many studies as well as anecdotal evidence to show that perhaps the education system is at fault, producing individuals that lack the aptitudes required to build a positive society. Websites such Teachthought (<https://www.teachthought.com/>), ASCD (<http://www.ascd.org>), Edutopia (<https://www.edutopia.org>) and Education World (<https://www.educationworld.com>) offer ideas for teachers to develop their skills, share experiences and learn. Reading articles on these sites and in academic journals has reinforced the idea that there is so much going on in education nowadays that perhaps teachers need to go basic to basics. Academic literature also shows that, at universities, academics and even students themselves, are realizing that many programs are failing to fail students.

Asking what the purpose of education is, may be a starting point. Having a degree carries less weight than before. A growing number of employers no longer say they need a degree. One report, based on 2012, mentioned that there are many (6% Ireland, 7% England) functionally illiterate university graduates in the OECD. It would be interesting to find out Thailand's figure?

Exposure to failure helps build character but that is not going to happen with grade inflation and universities designing courses for students to pass. Grade inflation and course design needs to be taken with a pinch of salt because students are exposed to greater support material than in the past and courses need to evolve to suit a modern environment. However, fewer and fewer leaders in all spheres of life are willing to admit to failure or mistakes. Perhaps it's from growing up in an environment where there are so few? Whereas before, failure was seen as an element of success, failure is now seen as an outlier. Or perhaps failure is just covered better with social media postings that empathize success?

I have seen and adjusted courses to help students pass. These are solid sounding courses, such as Management, Production Operations and Logistics, not Cat Keeping or Bird Watching or The History of a Fly. Universities in Thailand appear to focus on quantity rather than quality even if it means ignoring the fact that many students are ill-equipped, ill-prepared or unable to function at a tertiary level. Lecturers are subservient to administrators who see numbers as the key indicator of success. Woe to the lecturer that challenges the system.

Soft skills like grit are being touted now as an elixir for building positive healthy productive children. Grit comes from wanting to do something and finding ways to overcome the obstacles that may exist. Some routes may be blocked, hence failure is useful.

Living with the consequences is another lesson from failure. A scar reminds most individuals of the activity which got them that scar and not to do it again or risk the consequence of doing it. People are not always aware of the consequence of their actions. The thought process is not there because there is little to challenge the idea – "what if?"

Practical courses formerly considered common sense

Parents themselves also contribute to development problems by farming out child rearing to screens. The interaction needed to build the self, develop social skills and learn about oneself is not there. When things do not go to plan, kids do not know how to deal with life situations. The variety that makes the world go around is being limited to groups of similar thought. Failure along with support encourages diverse thinking and thus exploring interaction among various groups. This wider interaction is made by accepting that things do not always go as we want and that there are upsides to occasionally failing.

Perhaps when universities and academic institutions return to teaching pragmatic courses and preparing students for the futures in a practical holistic manner, then the relevance will return. Failure is part of learning and preparing kids for the future. Let's not take that away because the progress we have made may not continue.

Reference

Katherine Donnelly February 20 2019 4:19 PM

<https://www.independent.ie/irish-news/education/literacy-standards-among-irish-graduates-have-dropped-significantly-oecd-37836017.html>

www.pattayatrader.com



Travel Information

Please note, the following information is accurate as far as we are aware and is compiled from more than one source. If you find anything you believe is incorrect, please email us at: pattayatrader@pattayatrader.com

Train Travel

You can book tickets in advance check prices and timetables online via railway.co.th website or get tickets from travel agents who will usually charge a small booking fee. Or you can go to Pattaya train station between **8am - 4:30pm Monday to Friday**

COACH TRAVEL

Suvarnabhumi International Airport

From Pattaya- Suvarnabhumi Airport

Buses depart from Thappraya Road, opposite Foodmart Supermarket
Every hour from 7am until 9 pm every day

From Suvarnabhumi Airport - Pattaya

Tickets available from the booking counter on Level 1 Gate 8 every hour from 7 am until 10 pm every day and can also run on the ½ hour so check at the counter to see next available departure.
Passengers are able to alight at North Pattaya, Pattaya Klang (Central) Pattaya Tai (South) and the Final stop at Jomtien (opposite Foodmart).

North Pattaya Bus Terminal

From Pattaya - Bangkok

The Roong Reung Coach Company run a regular bus service from Pattaya to the Eastern Bus Terminal at Ek-kami, Northern Bus Terminal at Mochit and Southern Bus Terminal at Sai Tai Mai

From Pattaya - Cha Am, Hua Him, Kok Samui, Petchburi, Phuket, Surat Thani

The Roong Reung Coach Company also run yellow buses that leave from the North Pattaya Bus terminal and go to Cha Am, Hua Him, Kok Samui, Petchburi, Phuket and Surat Thani

FERRY FROM PATTAYA TO HUA HIN

Operated by the Royal Passenger Liner leaves from Bali Hai Pier Pattaya to Khao Takiab Pier Hua Hin For current information and online reservations visit royalferrygroup.com



NEED A RELIABLE SERVICE FROM PATTAYA TO BKK SUVARNABHUMI AIRPORT ?



**Contact Sunny on
+66 81 903 0001**

RENTING A MOTORBIKE



Now the high season is in full swing we think visitors to Pattaya may need a timely reminder of the rules and regulations which must be adhered to if they are planning to ride a motorbike in the city.

It is the driver's responsibility to have a valid license, to wear a crash helmet at all times and most importantly of all, not to drink and drive. You could have heard that the police in Thailand may take a lenient view of breaking the law on the road but as you will see by the many police checks around Pattaya this is simply not the case.

Alongside this even though you are strictly following the above mentioned rules when you rent your motorbike you must also ensure that it is fully legal and includes up to date tax and insurance. So be advised take care on the roads follow these guidelines and have a happy holiday

SOLUTIONS ARE ON PAGE 60

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	2					3	
1			3		2		5
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PROVIDED BY WWW.PUZZLES.CA

Simple Simon

Restaurant – Guesthouse – Bar – Meat Products



- Extensive English & Thai menu
- Full English all day breakfasts & Baps
- Delicious Sunday roast dinners
- English Cod fish & chips
- Full range of sausages, bacon & home-made pies for sale
- Popular English products, HP Sauce, Bisto gravy, Tetley tea all for sale
- Pool table & friendly staff

“The best English breakfasts in Jomtien”

Soi 5 Immigration Jomtien Beach Road

Tel: 038 756 580 Mob: 089 096 2491

www.simplesimonthailand.com

Finished the crossword? And the Sudoku? And the quiz?

Why not play

the *Pattaya Trader* Game?

Grab a partner, a rope and your copy of the *Trader* and go to **YouTube** to find out how to throw the best party in town!

www.youtube.com/PattayaTrader

Pattaya Expats Club Est. 2001

Pattaya Expats Club
(established 2001)

Meet every Friday, for all expats living in and around Pattaya as well as visitors who are welcome to join the weekly breakfast meeting

From 10 a.m. at the Mercure Hotel Soi 15 off Pattaya Second Road.

Buffet breakfast is 230B or 210B
(for members)

After breakfast entry fee 100B

<http://www.pattayaexpatsclub.info/>

SOCIAL CLUBS

Pattaya City Expats Club

meets every Sunday at the executive tower of the Holiday Inn, Pattaya Beach Road. Everyone is welcome you don't need to be a member to attend. For more information go to www.pcecclub.org

Pattaya Sports Club

Promoting sports and supporting local charities. Clubhouse on Third Road, next to the Pattaya Driving Range. For club details call 038 361 167. Full details are posted on the club website: www.pattayasports.org

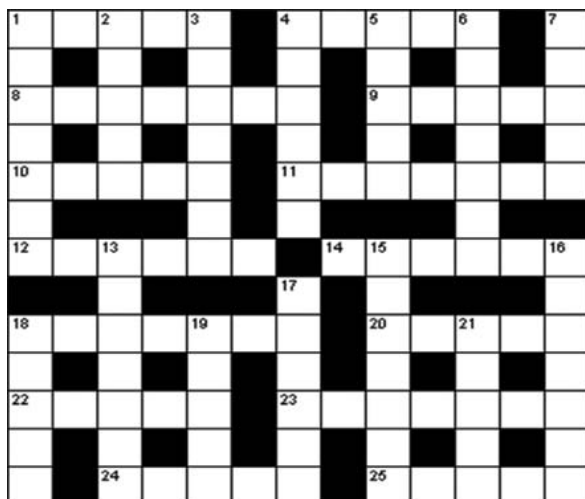
The Rayong-Pattaya Ladies Circle

RLC welcomes women from all nationalities living on the Eastern seaboard to meet socially for a program of social, cultural and welfare activities. They hold a very informal coffee morning once a month. For more info message their FB page @RayongPattayaLadiesCircle or email rayongladiescircle@gmail.com

Rotary Club of Eastern Seaboard

meets at 6pm every Thursday at The Siam Bayshore Resort, between Beach Road and Second Road in South Pattaya. The meetings on 1st and 3rd Thursday in each month will include guest speakers and on the 2nd and 4th Thursday there will be a presentation on club activities. Meetings are always followed by an informal a la carte dinner in the main dining room. Everybody is welcome to join us as guests; please check the website for important dates and information www.rotary-es.org

TRADER X WORD APRIL 2019

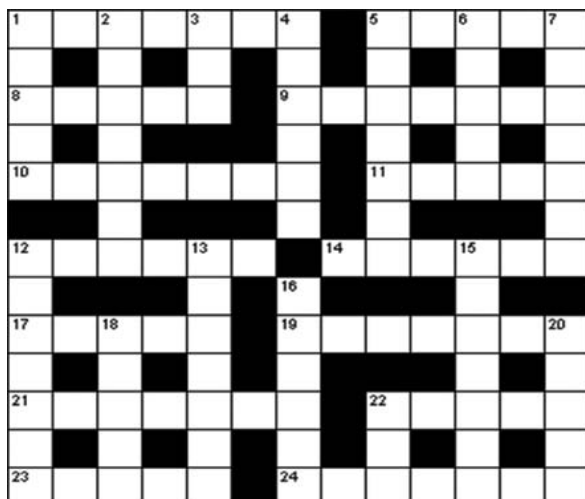


ACROSS

1. Extremely cold (5)
4. Out of fashion (5)
8. Communication channel (7)
9. Crowd scene actor (5)
10. Part of a church (5)
11. Unlawful (7)
12. Natural abilities or qualities (6)
14. Conundrum (6)
18. Malleable (7)
20. Irritated (5)
22. Spear (5)
23. Acute (7)
24. Stringed instrument (5)
25. Overheads (5)

Down

1. Chivalrous (7)
2. Guides (5)
3. Distinguish (7)
4. Writing implement (6)
5. Carapace (5)
6. Lured (7)
7. Intended (5)
13. Curt (7)
15. Ludicrous (7)
16. Interminable (7)
17. Sheep known for its high quality fleece (6)
18. Greek letter (5)
19. Paragon (5)
21. Male monarchs (5)



ACROSS

1. Chronicle (7)
5. Proverb (5)
8. Graphic (5)
9. Cautionary advice (7)
10. Help grow and develop (7)
11. Free of impurities (5)
12. Neckband (6)
14. Systems of principles (6)
17. Hackneyed (5)
19. Facets (7)
21. Gullibility (7)
22. One of the senses (5)
23. Larceny (5)
24. Unprocessed or manufactured (7)

DOWN

1. Oasis (5)
2. More than two or three but not many (7)
3. Of long duration (3)
4. Gaped (6)
5. Fruit (7)
6. Stage whisper (5)
7. Machines (7)
12. Piece of furniture (7)
13. Complaint (7)
15. Tooth (7)
16. Ravine formed by a river (6)
18. Racket (5)
20. Hex (5)
22. Toddler (3)

Important Phone Numbers

Banglamung Police Station

Sukhumvit Rd, Banglamung

Tel: 038 222 100

Banglamung Post Office

Tel: 038 428 225

Chonburi Immigration Office

Soi 5, Jomtien Beach Road

Jomtien Post Office

Soi 5, Jomtien Beach Road

(to 4.30pm Mon-Fri)

Tel: 038 231 944

Naklua Fire Brigade

Sukhumvit Rd, Banglamung

Tel: 038 221 000

Pattaya City Helpline

Tel: 1337

Pattaya City Hall

North Pattaya Road

Tel: 038 253 100

Pattaya City Hospital

Soi Buakhaw

Tel: 038 420 562

Pattaya Electricity

Banglamung office

Tel: 038 221 007

Hotline: 1129

(for electricity failures)

Pattaya Fire Brigade

Third Road, South Pattaya

Tel: 038 424 678

Pattaya Health Department

Tel: 038 429 374

Pattaya Memorial Hospital

Tel: 038 429 422

Pattaya City Police Station

cnr Beach Rd & Soi 9

Tel: 038 429 325

Pattaya Post Office

Sukhumvit Rd (nr Na Jomtien)

Tel: 038 429 341

Pattaya Tourist Police

Pratamnakh Road, nr Fitness Park

Tel: 1155

Tel: 038 429 371

Pattaya Water Works

Tel: 038 222 462

Sawang Boriboon Rescue Service

Hotline: 1669

SOLUTIONS ARE ON PAGE 60

YOU'RE HAVING A LAUGH !

Waiter: How do you like your steak cooked?

Me: Like winning an argument with my girlfriend.

Waiter: Rare it is.

Scientists have grown human vocal cords in a Petri dish.



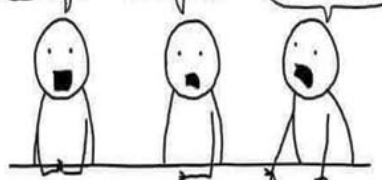
The results speak for themselves.

OPTIMIST PESSIMIST ME

THINGS HAPPEN FOR A REASON.

THINGS ARE RANDOM AND MEANINGLESS

THINGS?!! WHAT THINGS? NOBODY TOLD ME ABOUT ANY THINGS!



I'll tell you why I can't lose weight... I've got metal fillings in my teeth and my refrigerator magnets keep pulling me into the kitchen.

aunty acid
www.facebook.com/auntyacid

© Gerd Beckford 2012



DON'T LOOK NOW, MARGOT, BUT THE GUY AT THE END OF THE BAR IS TRYING TO CHECK US OUT...



HAPPY EASTER!!

WHAT?!



Helen. I think the dog wants to go out.



FINANCIAL ADVISER



"YOU REALIZE YOU REALLY WEREN'T SUPPOSED TO TRY TO KEEP UP WITH THE KARDASHIANS?"

WHERE TO FIND!

LIVE MUSIC AND SHOWS



Alcazar Show (cabaret), Second Road, North Pattaya. Open 6pm onwards. Tel: 038 410 2247

Ankor Night Club & Lounge (nightclub), Walking Street Soi 16

Aqua Bar (nightclub), Mercure Hotel, Soi 16, behind The Avenue, South Pattaya

Colosseum Show Pattaya (cabaret), Thepprasit Road. Open 6pm. Tel: 038 906 530, email: rsvn@ColosseumShowPattaya.com, www.ColosseumShowPattaya.com

Dusit D2 Baraquada Pattaya (live band), Second Road, South Pattaya. Tel: 038 769 999, email: d2pa@dusit.com

Hopf House (house band & Italian tenor), Beach Road (cnr Soi 13/1)

Insomnia (nightclub), Walking Street. www.clubinsomniapattaya.com

Lucifer's Disko (live band), Walking Street

Malibu (cabaret), Second Road, cnr Soi 13/2 (Soi Post Office)

Mixx Discotheque (nightclub), Bali-Hai Pier end of Walking Street. www.mixx-discotheque.com

Garden Resort). Cross Colours Band starts 9pm. Tel: 038 370 616, email: reservation@thaigarden.com

Rolling Stone 2 Bar (live rock n roll band), Walking Street, cnr Soi 16

The Pier (nightclub), Walking Street. Tel: 080 480 6661. Open 7:30pm to late

The Rendezvous Resort, Lake Mabprachan

Tiffany's Show (cabaret), Second Road, North Pattaya. Open 6pm onwards. Tel: 038 421 700, www.tiffany-show.co.th

Tony's Entertainment Complex (live band), Walking Street. Tel: 038 425 795, www.tonydisco.com

THE BIG GAME



I-Rovers, Soi LK Metro, South Pattaya.

Tel: 038 489 494, www.i-rovers.com.

Jameson's Irish Pub, Soi AR (Soi Sukrudee), Central Pattaya.

Tel: 038 361 873, email: info@jamesons-pattaya.com, www.jamesons-pattaya.com

Kilkenny Bar, Soi LK Metro, South Pattaya.

Email: info@kilkennypattaya.com, www.kilkennypattaya.com

Legends Pool & Sports Bar, Pattaya Klang (nr Third Road).

www.legendspoolpattaya.com

The Players Lounge, East Pattaya. www.theplayerslounge.asia

Witherspoons, Soi Buakhow (nr Soi Lengkee), South Pattaya.

Tel: 038 721 121, www.witherspoonspattaya.com

FOOD & DRINK



Access Inn, Third Road, nr Soi Lengkee, www.accessinnpattaya.com

Akvavit Grill & Bar, Jomtien Beach Road. Open 9:30pm to midnight. Tel: 038 233 672, www.akvavitjomtien.com

Bruno's Restaurant & Lounge Bar, Thappraya Road, Pattaya. Tel: 038 364 600, www.brunos-pattaya.com

Dicey Reilly's, Second Road, next to Royal Garden Plaza

News Steaks & Grill, Thappraya Road, South Pattaya. Tel: 038 267 174, www.newssteaks.com

Robin's Nest Restaurant & Guesthouse, Soi Diana Inn. Tel: 038 720 194, www.robinsnestpattaya.com

Tavern by the Sea, Beach Rd, North Pattaya Tel: 038 418 418PLICE

AT THE MOVIES



SFX Cinema, Big C Shopping Mall, Second Road, North Pattaya

Major Cineplex, The Avenue Mall, Second Road, South Pattaya. www.majorcineplex.com

SFX Cinema (6th Floor CentralFestival Shopping Mall), Central Pattaya. www.sfcinemacity.com

SOCIAL SCENE



Pattaya Expats Club, www.pattayaexpatsclub.info

Pattaya City Expats Club, www.pcecclub.org

Rotary Club Eastern Seaboard, Siam Bayshore Hotel, South Pattaya. www.rotary-es.org

Rotary Club, Jomtien-Pattaya, Royal Cliff Beach Resort, Pratamnak Road. www.rotaryjomtienpattaya.org

Royal British Legion, Tropicalbar Thailand 39/132-133 Moo 10, Boonsumpan, Pattaya 20150. Meeting every Last Saturday of the month. Tel 089 807 2335 or 038 361 887

Veterans of Foreign Wars, Soi Diana Inn, South Pattaya. www.vfwpost9876.com

SPORTS & LEISURE



Archery Club, Pattaya Shooting Park, Huay Yai.

www.pattayaarcheryclub.com

Bira Circuit, www.bira.co.th

Cricket Club, Horseshoe Point. Email: pattayacricketclub@gmail.com

Darts, www.pattayadarts.com

Hash House Harriers, PH3 www.pattayah3.com

Hash House Harriers, PBH3 Bush Hash House Harriers
www.pattayahash.com/pattayabush.html

Hash House Harriers, PJMH3 Jungle Monkey Hash House Harriers
www.pattayahash.com/monkey.html

Hash House Harriers, PJH3 www.pattayajungle.com

Lawn Bowls (indoor; for school-age and college children), Coco Club, behind Phoenix Golf, Baan Amphur. Sue: 087 1358357

Megabreak Pool, Soi Diana Inn, South Pattaya. Tel: 086 033 6617

Muay Thai, Pattaya Boxing World, Sukhumvit Road, North Pattaya.
Tel: 038 726 203, www.pattayaboxingworld.com

Ocean Marina Yacht Club, Sukhumvit Hwy (km 157), Jomtien.
Tel: 038 237 310, www.oceanmarinayachtclub.com

Petanque, email: petanque.Th@gmail.com

Planet Football, Soi Siam Country Club, Eastern Pattaya Tel: 038 248 212, www.pattayafootball.com

Polo, Horseshoe Point, end of Soi Siam Country Club, East Pattaya.
Tel: 081 835 2419, email: santithaipoloclub@yahoo.com

Polo, Huay Yai. Tel: 02 663 045; 02 258 0194. www.poloescape.com

QueenVictorialInn, Soi6, Central Pattaya. www.queenvicpattaya.com.
Wednesday League, pattayaquizleague@hotmail.com

Royal Varuna Yacht Club, Pratamnak Rd, South Pattaya.
Tel: 038 250 116, www.varuna.org

Rugby (Touch), Horseshoe Point, next to Siam Country Club.
Email: pjcrouch@hotmail.com

Seafari Dive Center, Soi 12, South Pattaya. www.seafari.co.th

The Sportsman Pub, Beach Road Soi 13, South Pattaya.
www.sportsmanpub.com, Tel: 038 710 609

Yoga, Balaji Studio, Soi South Pattaya 24. Tel: 089 748 6204,
www.balajiyoga.com

Bear Gym and Supplements Jomtien - Airconned powerlifting and bodybuilding gym with nice EDM music.

7:00 - 23:00 at Wanbun Kanjana main road 700m towards Sukhumvit rd. www.bear-gym.com/en

Sport Nutrition Shops:

6 locations in Pattaya: BigC extra, Royal Garden, Mike Shopping Mall, Thappraya rd.13, Wanbun Kanjana, KaoTalo (near Ek Mongkhon rd.) maps: www.7LB.online

IMPORTANT TELEPHONE NUMBERS

POLICE

Emergency Hotline: 191

Pattaya Police Station: Soi 9 Pattaya

Phone: 038 420- 802, 038-420 805 0-3842-9325

Banglamung Police Station, Sukhumvit Highway)

Phone: 038 221 800, 038 221 331

Tourist Police: Phratamnak Road

Emergency Hotline: 1155

Phone 03841 4669, 03842 5937,

AMBULANCE AND HOSPITALS

General emergency number 191 can be used or 1669

Pattaya International Hospital

PhoneTel: 038 428 374-5. Tel: 038-427 575

Bangkok Hospital Pattaya

PhoneTel: 038-259-999. 0-3825-9911

Pattaya Memorial Hospital

PhoneTel: 038 488 777. 038-429 422

FIRE

Emergency Phone: 199

Fire Brigade Pattaya

PhoneTel: 038-425-943,

Fire Brigade Naklua

PhoneTel: 038-221-000,

SEA RESCUE

Marine Police

Phone. 038-423 666

Sea Rescue

Phone 038-488 134

ELECTRICITY

Electricity Pattaya

Phone 0-3842-6463, 0-3842-8502

Electricity Banglamung

Phone 0-3822-1007

WATER

Water Works Banglamung

Phone 0-3822-1463

Water Works Pattaya

Phone 0-3822-2462/5

WASTE DISPOSAL

Garbage Collection

Phone 0-3842-9494

PLEASE NOTE: All dates, times and details were correct (to the best of our knowledge) at the time of publication. *Pattaya Trader* is not responsible for the postponement, cancellation or relocation of events.

PATTAYA TRADER

Connecting Pattaya



Keep up to date with news, events and businesses in Pattaya
Online and in the magazine.

SOLUTIONS

G	E	L	I	D		P	A	S	S	E		M
A		E		I		E		H		N		E
L	I	A	I	S	O	N		E	X	T	R	A
L		D		C		C		L		I		N
A	I	S	L	E		I	L	L	I	C	I	T
N				R		L				E		
T	A	L	E	N	T		R	I	D	D	L	E
		A				M		D				N
D	U	C	T	I	L	E		I	R	K	E	D
E		O		D		R		O		I		L
L	A	N	C	E		I	N	T	E	N	S	E
T		I		A		N		I		G		S
A		C	E	L	L	O		C	O	S	T	S

H	I	S	T	O	R	Y		A	D	A	G	E	
A		E		L		A		P		S		N	
V	I	V	I	D		W	A	R	N	I	N	G	
E		E				N		I		D		I	
N	U	R	T	U	R	E		C	L	E	A	N	
		A				D		O				E	
C	O	L	L	A	R			E	T	H	I	C	S
A				I		C					N		
B	A	N	A	L		A	S	P	E	C	T	S	
I		O		M		N				I		P	
N	A	I	V	E	T	Y		T	A	S	T	E	
E		S		N		O		O		O		L	
T	H	E	F	T		N	A	T	U	R	A	L	

3	6	1	9	4	5	7	8	2
5	4	8	2	7	3	6	9	1
9	2	7	8	6	1	3	4	5
1	7	6	3	8	2	9	5	4
2	8	9	6	5	4	1	7	3
4	5	3	7	1	9	8	2	6
6	9	5	1	2	7	4	3	8
7	1	4	5	3	8	2	6	9
8	3	2	4	9	6	5	1	7

4	5	9	6	7	1	3	8	2
6	8	1	4	2	3	7	9	5
2	3	7	9	5	8	6	1	4
7	1	2	8	3	5	9	4	6
3	9	6	1	4	7	2	5	8
5	4	8	2	9	6	1	7	3
8	6	4	3	1	9	5	2	7
9	7	3	5	8	2	4	6	1
1	2	5	7	6	4	8	3	9