

Issue 213 AUG 2018

PATTAYA TRADER

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*This month The Pattaya Trader
Goes Green !*

We look at how we can all help in the Battle Against Plastic

Flip the book as TWOFLAT are coming soon to Pattaya - we will keep you posted !

The battle against Plastic - How you can Help



When we are confronted by horrendous images of marine life dying on beaches having ingested plastic bags and debris thrown into our oceans, it is easy to just shake our heads and declare the problem too big for us to have any influence over. However in this article we shall aim to show how collectively “doing our bit” could bring some changes - at least even just locally - let’s make a start.

Whales are mystical magnificent creatures and the sight of them beached and dying is always heartbreaking. Only in recent months has the full extent of the problem been reported on. Scientists have been deeply disturbed by what they have found in the stomachs of the twenty-nine sperm whales they have found stranded on shores around the North Sea. According to a press release from Wadden Sea National Park in Schleswig-Holstein, some of the whales had stomachs FULL of plastic debris, including a 13-meter-long fishing net, a 70 cm piece of plastic from a car and other forms of plastic litter. “*These findings show us the results of our plastic-oriented society. Animals inadvertently consume plastic and plastic waste*” said Robert Habeck, environment minister for the state of Schleswig-Holstein

has been a disturbing increase in the overabundance of plastic in our oceans showing humanity’s shocking disregard for the planet’s marine life.

Whilst on land the beef and dairy industries have become popular targets for both health and environmental activists. Famous celebrities such as Leonardo DiCaprio Sir Richard Branson and Sir David Attenborough have been actively campaigning to publicise the alarming statistics and terrible threat animal agriculture poses to our planet,



DiCaprio helped produce the popular documentary *Cowspiracy: The Sustainability Secret*, which outlines how “Animal agriculture is responsible for 18 percent of greenhouse gas emissions, more than the combined exhaust from all transportation.” “Methane has a global warming potential 86 times that of CO₂ on a 20 year time frame” and that “Livestock is responsible for 65% of all human-related emissions of nitrous oxide – a greenhouse gas with 296 times the global warming potential of carbon dioxide, which stays in the atmosphere for 150 years.” Furthermore with cows producing 150 billion gallons of methane per day it is easy to see why many people are taking to Vegan and Vegetarian diets and cutting out the dairy !

Some cities are actually attacking environmental issues head on. With Vancouver’s city council, for example, voting to ban the distribution of plastic straws, foam cups and take-out containers by June 2019 as part of its Zero Waste 2040 strategy. The Council also approved an immediate bylaw to reduce the amount of plastic shopping bags handed out across the city. Issuing a statement declaring that businesses must choose one of the following options:

- No distribution of disposable cups or plastic/paper shopping bags at all.
- Charging an extra fee for disposable cups or plastic shopping bags.
- Other solutions that will be proposed and finalized through consultation.

The city said it plans to invest in education to support small businesses "as they transition to using more sustainable packaging materials due to the fact that 2.6 million plastic-lined paper cups and two million plastic bags are thrown in the garbage in Vancouver every week. "



7/11 What you can do

7-Eleven is one of the largest international chains of convenience stores. It started quite humbly in 1927 with its first shop in Texas and since then shops have been sent up in Canada Mexico Thailand, Taiwan, South Korea, China, Malaysia, Singapore, Philippines, Australia, Sweden, Norway, Denmark, Hong Kong, Macau, Indonesia and UAE through Area License and Master Franchise Agreements. There are now over 65,000 stores worldwide and it is well known that they are the undisputed champion when it comes to all the plastic that you see littered around locally

It's not just that 7-11 uses plastic bags, it's that they double bag and give different products their own individual bags. I'm sure it's seen by them as a sign of good service but as a general rule of thumb if you can carry your purchase with both hands, you don't need a plastic bag. Even better - and if you are having to ferry your purchases back on a motorbike a cloth "bag for life" is a sound investment so you can just say "No" when offered the plastic bag option.

Simply refusing plastic bags will educate the staff within these convenience stores to ask whether you require a bag or not rather than automatically stuffing your purchase into plastic. Also try to do without straws these are also given automatically unless you stop them being included with your purchase.



If you are not ready to go Vegan or Vegetarian then look at alternatives to Beef - chicken and pork for example. Then rather than endless burgers get your "beef fix" with just a great steak once in a while and cut out or cut down on the dairy - not that difficult here in Thailand.

Then another thing you can do to help is observe the five pieces of plastic rule every time you visit the beach i.e. pick up 5 pieces every time you go or even better join in with the local clean ups as they happen.

You really can help to make a difference !

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Hi Everyone

This month The Pattaya Trader "Goes Green" as we endeavour to shine a light on some important environmental concerns. Certainly on one of the most topical issues of the moment; just how badly we are contaminating our planet and what we can do right here in Pattaya to help fight the "Battle Against Plastic".

If you are guilty of adding to the problem of landfill, make sure to reduce your carbon footprint by donating second hand clothes, kitchen items or just about anything that would help the villagers in one of the most isolated areas of Thailand, to The "Under the Roof Club". Their story on page 18 shows the fantastic work they are doing along with the local border police to help build much needed schools in the area and ferry your donations to the people who are almost completely cut off during the worst of the rainy season.

Our resident fisherman The Highlander gets involved by pointing out the terrible effects plastic debris is having to our oceans, marine life and ultimately the fish we eat. Then on the subject of what is going into our bodies Pattaya Clean Food on page 27 is a perfect solution for those of us who would like to prepare organic, healthy meals but just don't have the time.

Eating more healthily is certainly one of the recommendations from Dr Sarawooth of Pattaya International Hospital he gives us some great advice together with early warning signs to look out for - read his article on page 16.

Stay Happy and Healthy!

Gloria

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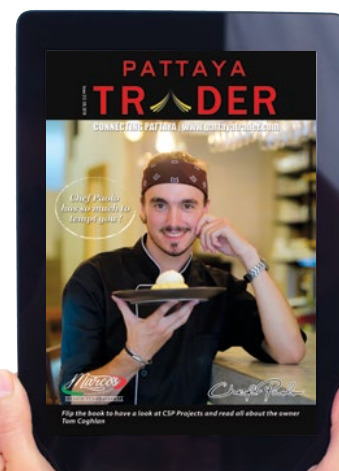
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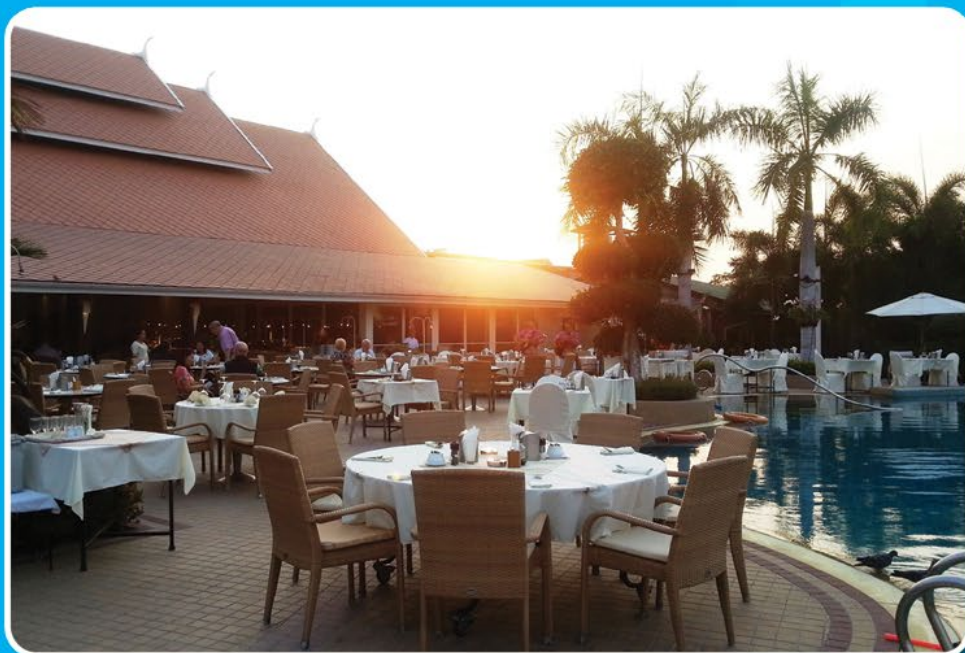
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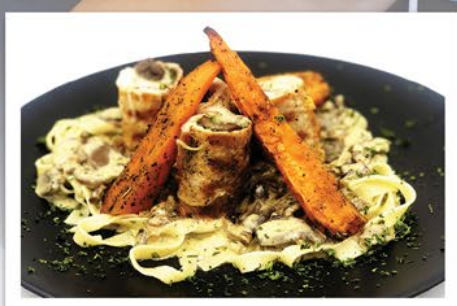
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Certainly an amazing selection of Pizzas and traditional Italian favourites but also this talented winner of the popular TV Show "Iron Chef" can create spectacular one off creations for your delight !

An extremely tangy and aromatic starter of tuna with white radish, red and yellow capsicum in passion fruit and lime jus enhanced with mint, coriander, spring onions, dill and celery



A succulent Tagliatelle with parma ham mozzarella mushrooms and baked carrots

Wonderful poached pears with a dark chocolate ganache, crumbled hints of ginger and a light vanilla and cinnamon cr me anglais



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NOT ONLY DID THE FRENCH HAVE REASON TO CHEER THEIR WORLD CUP TEAM - IT WAS ALSO A GREAT TIME TO CELEBRATE BASTILLE DAY AT NEW NORDIC'S ON THE HILL BISTRO





COMING TO THE SMALL SCREEN



The Innocents season 1

A supernatural love story about two teenagers June and Harry running away from their repressive families to be together. As they travel they uncover secrets kept by their parents of extraordinary abilities that eventually unleash powerful forces, testing their relationship to the limit.

Starring Sorcha Groundsell, Percelle Ascott along with Guy Pearce.



Disenchantment

Matt Groening creator of the Simpsons and futurama has a new Netflix series. This adult animated series takes place in the medieval kingdom of Dreamland. We follow the misadventures of hard-drinking princess Bean and her elf companion Elfo and Luci her personal demon of course.

The trio encounter ogres, trolls, harpies, imps and even human fools in a world full of suffering and idiots.



Ozark season 2

After Dad Marty's money laundering scheme went awry his family moved from Chicago to the Ozarks.

The second season continues to follow the Byrde family as they try and find a way out from under a controlling drug cartel. Now the syndicate have sent a ruthless attorney to manage the family.

The dangers escalate and the stakes are even higher as the Byrdes have to go all in before they can get out.



Recommended Series Homeland.

I have watched and loved every series of this great show and even every episode. The standard of acting, plot and sheer drama are enthralling. A firm favourite of ex-president Barack Obama, Ben Affleck, Prince William and Kate Middleton. Homeland centers around CIA officer Carrie Mathison brilliantly portrayed by Claire Danes.

A fascinating character struggling from a bipolar condition that makes her personal life difficult. However her volatile and unpredictable nature gives her an edge when doggedly pursuing terrorists. Often recruited by her

mentor Saul Berenson who takes advantage of her abilities when stuck for answers. Early series also feature a brilliant performance from Damian Lewis (Billions) a recently released prisoner of war, not to be missed.

There are seven great Seasons for you to binge watch with a final eighth planned for next year.



Slenderman
Joey King,
Jaz Sinclair,
Annalise Basso.

Set in a small town in Massachusetts four high School girls investigate the myth of Slenderman only to become haunted by him. After performing a ritual one of the girls goes missing in this supernatural horror film.



Disney's Christopher Robbins
Ewan McGregor,
Mark Gatiss,
Hayley Atwell.

Christopher Robin the young boy from the Winne-the-Pooh stories has now grown up. But as an adult he has lost his sense of fun and imagination. His childhood friends return to help him rediscover the joys of life in this latest live action adaptation from the Disney franchise.



A.X.L
Alex Neustaedter,
Becky G. Alex
MacNicoll.

Down on his luck teenage biker Miles discovers an advanced robotic dog named A.X.L. Created for military purposes this robot has advanced artificial intelligence and abilities. Miles forms a bond and teams up with Sara to protect A.X.L from the scientists trying to recapture him.



BlackKlansman
John David Washington,
Adam Driver,
Ryan Eggold.

Directed by Spike Lee and set in the early 1970's this is the true story of the first African-American detective serving in Colorado Springs. He sets out on a dangerous mission to investigate the Klu Klux Klan with the help of a colleague. The pair go undercover and attempt to expose this extremist hate group.



Animal Crackers
John Krasinski, Emily
Blunt, Danny Devito,
Sylvester Stallone, Ian
Mckellen.

Stuck in a deadend job a workaholic dad one day inherits a circus from a very distant relative. Along with the circus comes a magical box of Animal Crackers that allow him to change into any animal they represent. A 3D animated movie.



The spy who dumped me
Mila Kunis,
Kate Mckinnon,
Justin Theroux.

Audrey and best friend Morgan are suddenly thrust into an international conspiracy when Audrey's ex shows up at her apartment. The ex-boyfriend is being hunted by a deadly team of assassins and reveals that he is actually a CIA agent. The friends find themselves drawn into the action and travel to Europe with a plan to save the world in this action comedy.



Kin
James Franco,
Jack Reynor,
Zoe Kravitz.

Recently released ex-con goes on the run with his younger adopted brother. Chased by a criminal out for revenge along with the feds and a gang of otherworldly soldiers a mysterious weapon found by the brother is their only protection. A Sci-fi action adventure from the producers of Stranger things and Arrival.



The Meg
Jason Statham,
Jessica McNamee,
Ruby Rose.

An international undersea observation submersible is attacked by a massive creature thought to be extinct. Trapped at the bottom of the deepest trench in the Pacific with time running out a rescue attempt is mounted. Can the crew be saved from the Ocean and the threat of the Megalodon a pre-historic 75 foot long shark the largest predator of all time.

FORTHCOMING EVENTS

MANY EVENTS ARE BEING CANCELLED IT IS BEST TO CHECK WITH ORGANISERS BEFORE ATTENDING

AUGUST 1-5, 9-13 & 18-22

ENGLAND V INDIA CRICKET TEST SERIES

1-5th First Series at Edgbaston, 9-13th Second at Lord's, 18-22nd at Trent Bridge.



AUGUST 8 & 17

12TH INTERNATIONAL EARTH SCIENCE OLYMPIAD

This year being held in Bangkok at the Mahidol University, Kanchanaburi. To raise awareness of global environmental challenges on the theme "Earth Science for All"



SUN

AUGUST 12

MOTHER'S DAY IN THAILAND

As this year the 12th falls on a Sunday this is Mother's Day but the observed holiday for her majesty's birthday is Monday the 13th



AUGUST 12-13

HM QUEEN SIRIKIT'S BIRTHDAY MOTHER'S DAY IN THAILAND

As this year the 12th falls on a Sunday the observed holiday for her majesty's birthday is Monday the 13th



FORTHCOMING EVENTS

MANY EVENTS ARE BEING CANCELLED IT IS BEST TO CHECK WITH ORGANISERS BEFORE ATTENDING

THU

AUGUST 16

THAILAND DOT PROPERTY AWARDS

Taking place at Radisson Blu Plaza Bangkok .
The awards will honour developers, projects, agents and companies in the real estate sector

DOT PROPERTY
THAILAND AWARDS
2018



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THE COUNTRY'S LEADING

AUGUST 17-18

TEMCA FORUM & EXHIBITION

The ASEAN FEDERATION OF ELECTRICAL
ENGINEERING CONTRACTORS will this year be
holding their Forum and Exhibition at the Royal
Cliff Hotel

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SAT

AUGUST 18

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SUN

AUGUST 26

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GAME RELEASES



If you are the proud owner of a Nintendo Switch then this is the month for you, there is a plethora of new releases.



Okami HD

Okami was originally released on the Playstation 2 in 2007. A year later and this beautiful game was released on the Nintendo Wii and used its motion control system to great effect. This original Japanese watercolor art styled game had you making brush strokes to interact with the game. Now this August you can use the Switch touch screen in handheld mode or the Joy-Con controllers for TV to do your painting. Now remastered for the Switch it should look even more stunning and play very smoothly. Now considered to be one of the best video games ever made.



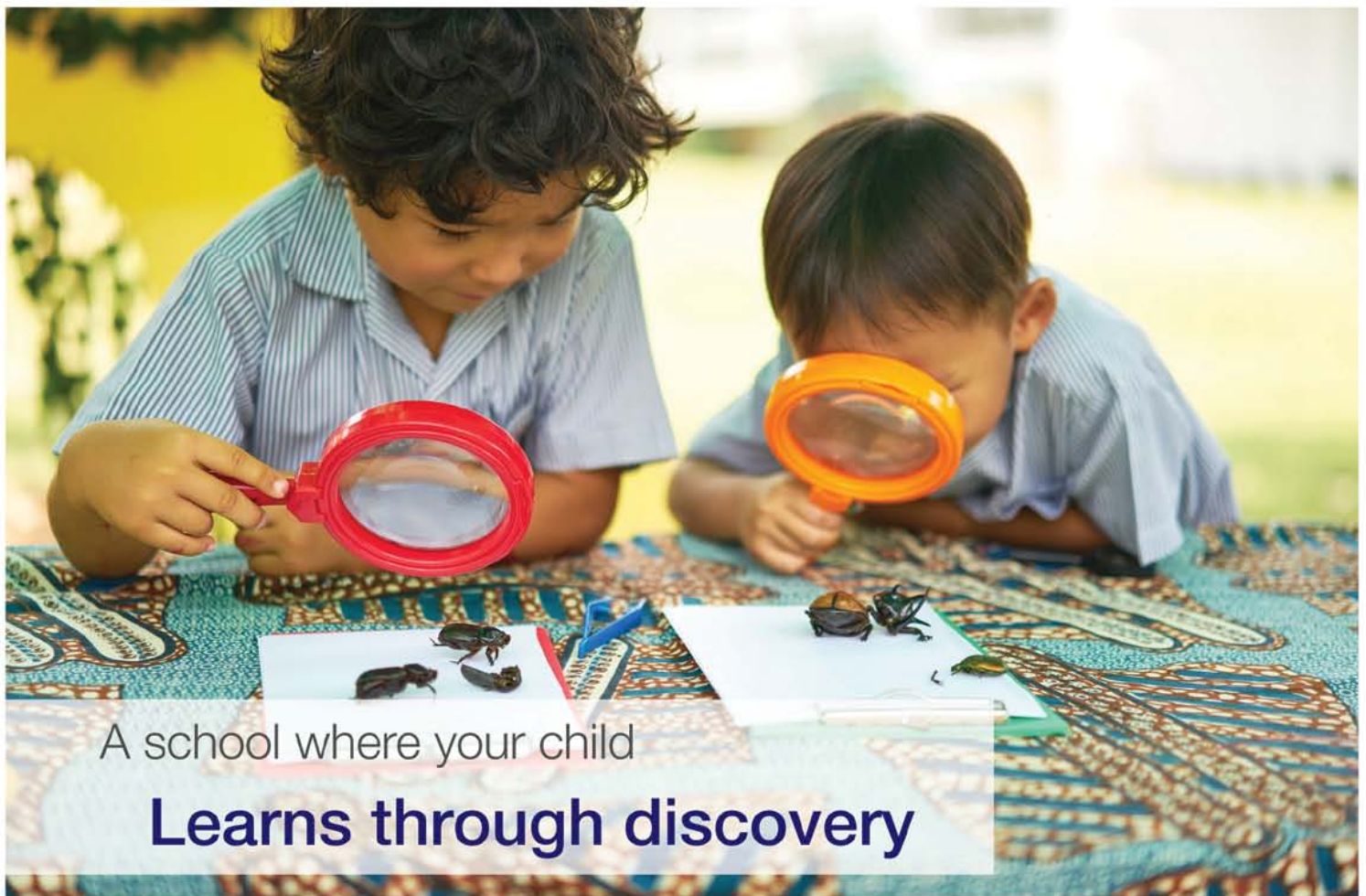
Layton's Mystery Journey DX.

If you are a puzzle game fan then you may have heard of the Professor Layton series. These games have you trying to solve a main mystery. In order to progress you must solve a great number of puzzles. Usually you play as Professor Hershel Layton, renowned archaeologist with humor supplied by Luke Triton, his curious young sidekick. This time with its seventh release you follow a new protagonist, Katrielle Layton, searching for her father. A great way to get your kids to try out some IQ-type challenges in a more fun setting out this month on Nintendo Switch.



Victor vran overkill edition

If you feel like a break from all the puzzle solving or just want to turn your brain off, then give this hack and slash a try. This gothic action RPG is like putting the Van Helsing character from Dracula into a Diablo-style isometric top-down game. Depending on the class you choose, use either weapons, bombs, or spells to defeat the hordes of demons and boss monsters you will find in the dungeons of Zagoravia. The Overkill Edition also includes the Motorhead through the ages expansion, which featured artwork influences endorsed by the band. The first and only of these type of games to arrive on the Switch.



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DR SARAWOOTH PHOLSANE

CARDIOLOGIST AT PATTAYA INTERNATIONAL HOSPITAL



The first thing you notice about Dr Sarawooth when you meet him is his excellent command of the English language, something I complimented him on during the course of our interview. He agrees that it is an important part of his job when dealing with English speaking patients. "A Dr needs to explain clearly and simply what information he needs from the patient and also understand the answers given in order to give an accurate diagnosis". So I knew that it would be an easy to ask him some questions that would be of interest to us all :

When did you first decide that you wanted to be a doctor ?

I was 10 years old and my father was a hospital technician so I often used to go and see him there.

Where did you study and how long have you been at PIH ?

I trained at the medical University attached to the Queen Sirikit Navy hospital - I now hold the rank of Captain and I have been at Pattaya International Hospital for 10 years now.

How would you describe the patients you see here ?

I see 50-50 Thais to Foreign patients. During the high season there are more Northern Europeans and I am also seeing more Chinese patients now. As the heart specialist with the hospital, the General doctor will refer patients to me after his initial examination, especially those with critical problems. I am also on standby for emergencies because early diagnosis is essential, especially with heart attacks and strokes.

How often would you recommend people have a general health check?

Once every year is good in order to determine the risk factors for possible heart problems. Once you know these then prevention is far better than cure

Over the age of 40 everyone will see an increase in plaque formation in the arteries which if not controlled can rupture and cause a stroke or a heart attack. A heart attack can be like an earthquake it can suddenly erupt with little or no warning. You cannot control aging and your genetic make-up but you can change your lifestyle to include healthy food and exercise and most important of all to **STOP SMOKING!**

When taking blood pressure what is the ideal reading for a healthy level.

130/ over 80

What are the early warning signs of a Heart Attack ?

PRESSURE PAIN - Discomfort - feeling of the chest being squeezed

PAIN IN THE ARM AND JAW

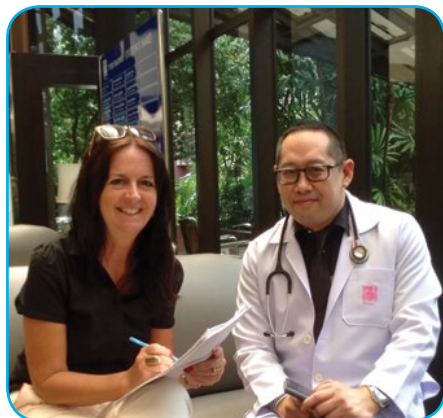
SWEATING

FINDING IT DIFFICULT TO BREATHE

Dr Sarawooth then went on to explain that now in Thailand 2 people die every hour from heart attacks. Secondary Diabetes is also on the increase here with Thai people now consuming more burgers, fast food, fizzy drinks and sugar in their food. Diabetes can add to the risk factor for heart problems.

Of the heart problems he treats he says there are really 3 main categories

- 1) Heart Attack - Vascular problems - that can be treated with balloon surgery
- 2) Uneven Rhythm - when the heart beats too fast or too slowly - if recognised quickly this can be treated by a quick shock
- 3) Valve problems - when patients often find it difficult to breathe -can be detected by ultrasound to investigate quickly whether the valves are working properly.



In the case of a stroke it is also important that friends and relatives can spot the signs of this happening. Once again the sooner a patient is brought in to hospital the better the chances of a full recovery.

SYMPTOMS OF A STROKE

WEAKNESS IN 1 SIDE OF THE BODY AND ONE SIDE OF THE FACE Causing an unsymmetrical appearance.

DIFFICULTY IN SPEAKING

LOSS OF BALANCE

GENERAL WEAKNESS INABILITY TO WALK

Again to avoid a Stroke know and learn to control your risk factors:

High Blood Pressure, High Cholesterol, Diabetes. These can all be checked for by use of a simple blood test. Smoking and a lack of exercise can also add to the danger. Control your risk factors, Watch out for Early Warning Signs - Get a regular health check up and go see Dr Sarawooth for friendly informative care!





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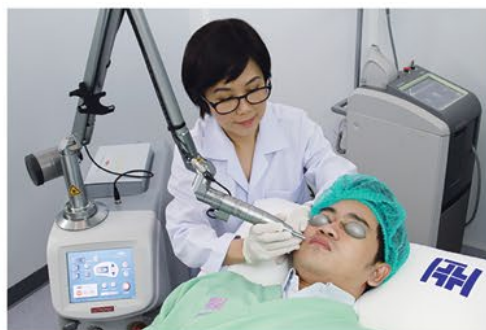
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The Under the Roof Club



Recently the eyes of the world were firmly fixed on the dramatic rescue of the Wild Boars football team from the Thai Cave. International news releases showed just how hazardous and unforgiving some of the terrain in the North of Thailand can be, especially after heavy rains when flooding can lead to extremely dangerous conditions. Therefore the Pattaya Trader was only too keen to find out more about the “Under the Roof Club” who are based here in Pattaya but have identified a real need to help one of the most isolated communities in Northern Thailand.

These photos show just how mountainous the landscape is in the Mae Hong Son Province where driving off road from the villages to the nearest paved road can increase from 3 hours to 12 after heavy rainfall. This is their story:

Our goal is to help the jungle tribe villages that are very isolated and far away from any paved roads. These villages are hard to access, rough terrain and dirt roads make it nearly impossible to travel during rainy season. The muddy, slippery mountain roads are extremely dangerous and only experienced drivers can manage to reach these villages during this period. Most villages don't have their own schools and children need to travel for hours just to get to school and back, which puts them at great risk of accidents.





We are focusing on six selected villages in the Mae Hong Son Province, which we want to provide with functional schools so that all the children of school age can have access to them. Mostly these villages are without electricity, so we also want to provide the schools with their own solar electric system. It costs around 500,000 baht to build each school, which means that a total of three million baht or 100,000 US dollars will need to be raised for this purpose.

By building these six schools many children will be able to get a safe access to education, both the village children and also children from the surrounding areas.

As soon as the first 500,000 baht has been raised, the building of the first school will start.

Our webpage (and further articles in The Pattaya Trader) will be updated with photos of the construction progress. We will have full transparency. All donations from companies and individuals will be published and all expenses will be shown and documented with receipts.



How you can help: If you want to send food, clothing, kitchen utensils school supplies they can be dropped off at Karen Visa Services Soi 10, Thepprasit road
Monetary donations can be paid into
SCB Account no 0863 244 575-5.

Please email to advise: undertheroof2018@gmail.com and we shall update the donation on our website **undertheroof.club**

Thank you everyone for your support and to all who are donating to this great cause



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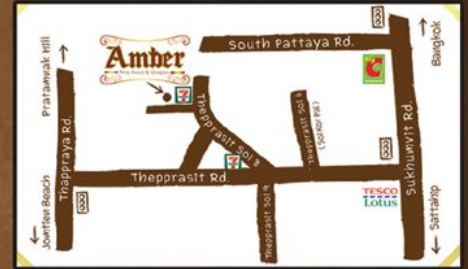
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Dining

By GLORIA JONES



TIME FOR A RAINY SEASON TAKE AWAY!

The rainy season is now getting into full swing with the next few months leading to more and more wet weather. So this is exactly the right time to get home, shut the door, make yourself cozy with a great film or your favourite TV programme and order a take-away. Even if it's the end of a long arduous week and you just don't have the energy to get dressed up and go out, letting someone else bring a delicious dinner to your door is always a great idea. Another favourite time for a take away is if you've just moved and everything (including your cooking utensils) is still in boxes and you have little or no energy left to cook. At times like this it's probably all you can do to just make the beds up and flop down allowing someone else to take the strain of preparing the evening meal. Whatever the reason a hearty Indian Take Away from The Crown of India is at any time a real treat.

We ordered some classic favourites - Chicken Jalfrezi, Madras, Tikka Masala and then tried a couple of new dishes which I would most thoroughly recommend: Bhuna gosht - a mouth-watering dish where the mutton is well cooked in its own juices together with a host of spices including ginger garlic and papaya paste, - completely delicious! Then Malai Kofta a Punjabi dish and one of the most popular Paneer (Indian cheese) recipes where potato and paneer balls are deep fried and then added to a wonderfully thick and creamy gravy!

These curries were accompanied by a selection of nan breads - 1 portion of pilau rice and 1 of onion bhaji with a Dal Tarka for dipping. Everything was brought in perfect condition - no spillages or greasy drips from the bag as curries were stacked in sensible plastic containers and accompaniments in either foil, plastic or take away cartons with good use of elastic bands to prevent any problems with these. There was even a liberal helping of fresh green chillies and cut onion should you wish to add to taste.

Remember when it's raining outside and cozy indoors let The Crown of India take the strain and bring you a really great Indian Take Away! Order via Dining in Detail or phone them on 038 423 009 and please let them know that you read this review - Enjoy!



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THE KEY TO HEALTHY EATING

EAT HEALTHY

In this issue of the Pattaya Trader while we are looking at ways to save the planet and reduce our carbon footprints it is great to see a company such as Pattaya Clean Food reinforce all these great ideas with their company policy.

The company was started by Khun Nid who first had the idea for Pattaya Clean Food after being advised that she needed to lose weight due to a medical condition. Even though she tried a strict exercise programme she only lost 2 kilos and then no more. So she then decided that exercise in isolation just wouldn't do it and started looking at what she was eating. Choosing to take more care of what she was putting in her body she opted for fresh organic foods prepared into daily portions of low fat, healthy meals. Very soon on this new regime combined with her regular exercise programme after just 2 months she lost a further 16 kilos and friends and colleagues were so impressed they asked her about the secret of her success. So Khun Nid decided to share these recipes and freshly sourced foods with her friends setting up a Facebook page where they could view the recipes and order from her.

Fast forward to today and meals are available to order from as little as 80 baht (chicken and egg varieties) and 120 baht for shrimp and fish meals. It is also now possible to get these delicious options delivered to your door with 5, 6 or even 7 day meal plans available in the Central Pattaya area. Although Khun Nid also has some customers who order in bulk from her as far away as Siracha and Sattahip.

So what are you waiting for to try these delicious, healthy sets

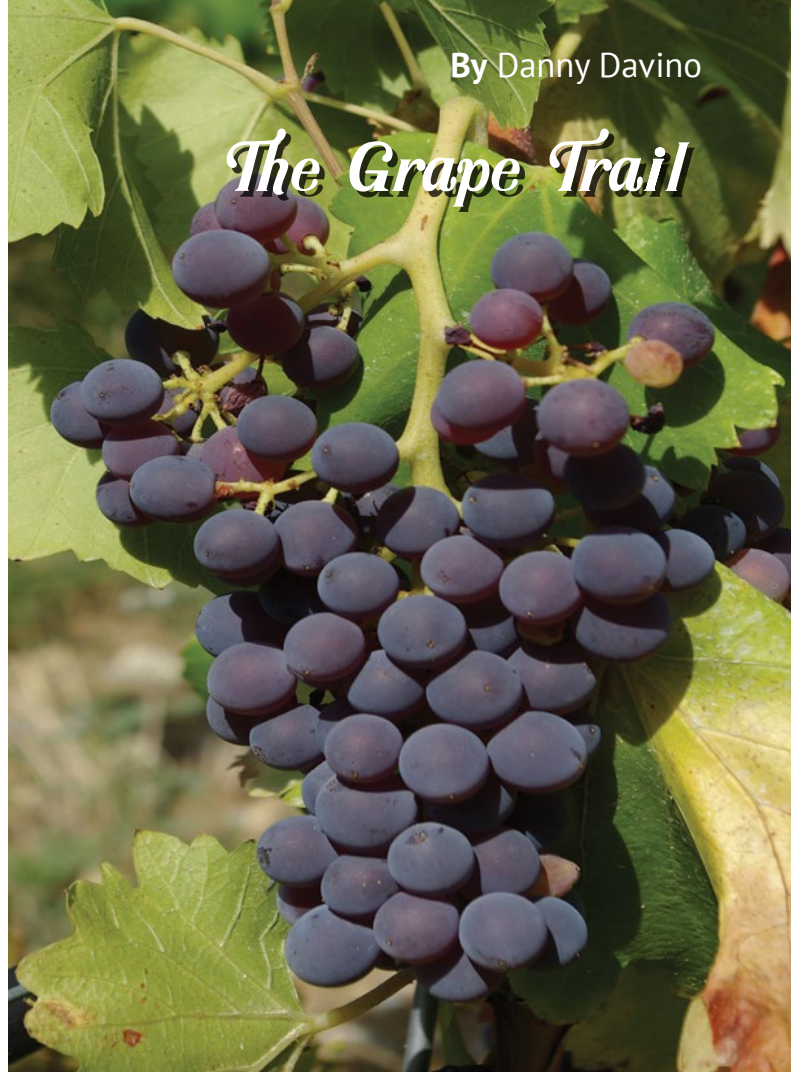
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The Grape Trail

Do You Smell?

A couple of weeks ago, I went to what was supposed to be a wine tasting at a hotel in town. In typical Pattaya fashion, few people were actually tasting the wine critically but simply knocking it back as though at a weekend party. They'd clearly just come along for a booze-up. Hardly anyone was taking the trouble to even look at the wine, let alone sniff it. If you don't bother to enjoy the aroma, you're really missing out on a sensuous pleasure. Someone once wrote that not smelling a wine is like forgetting to smell a rose. Now I come to think about it, I wrote it myself. But you know, I get more enjoyment out of smelling a wine rather than drinking it. This is probably because in a previous life, I was almost certainly a dog, or so my mother used to say.

The human tongue can detect only a handful of basic flavours but the nose can pick up thousands of aromas and there's an astonishing variety of aromas in wine. Contrary to popular belief, wine doesn't smell of grapes, or not very often anyway. Cabernet Sauvignon can bring smells of cherry, blackcurrant, beetroot, mint or even fresh tobacco. Pinot Noir often comes with aromas of earthy moss and tree bark, rhubarb and cranberry. Riesling sometimes has a distinct whiff of gasoline which is more attractive than it sounds. Cold-climate Sauvignon Blanc has aromas of nettles, asparagus and sometimes cat's pee. Yes, honestly. You may well ask where all these smells come from. It's a good question, but the answer is rather complicated and I shall resist the temptation to explain. In a nutshell, some aromas come directly from the grapes and others develop through chemical changes during the fermentation and ageing processes. Almost all red wines are aged in oak barrels, bringing yet another dimension to the aroma.

The better quality a wine, the more complex are the aromas. While some seem to almost leap out of the bottle, others take much longer to show up and remain like shrinking violets in the background. It all adds to the fascination of wine. Both wines this month have interesting aromas and they're available from Wine Connection, a company with shops all over the country and two in Pattaya. You can also order online through their website and they'll deliver to you direct.

Rare Vineyards Sauvignon Blanc 2016 (white) Cotes de Gascogne, France

You may be disappointed to know that there's not a trace of cat's pee aroma in this Sauvignon Blanc. But the wine makes up for it in other ways. This pale, straw-coloured wine is one of the company's best-sellers and comes from the Côtes de Gascogne, an important wine-growing region in South West France. I first tasted this wine about six years ago and the 2016 vintage is as good as ever. It has rich aromas of pear, peach and melon up front and a delicate hint of boiled sweets. I picked up faint grassy and mineral notes too but these aromas are typical of Sauvignon Blanc from cooler climates.



The wine makers have captured the spirit of Sauvignon Blanc yet the taste is fuller, richer and smoother than its New Zealand cousins. There's plenty of citrusy fruit on the palate, a lovely dry tang of zesty acidity and an exceptionally long finish. It would make a terrific apéritif but would also go well with light chicken dishes. It worked perfectly with a creamy cheese quiche. By the way, don't believe that old nonsense about drinking only red wine with cheese. Sauvignon Blanc makes a splendid partner for Brie, Camembert, Danish Blue and Havarti. It also goes well with Swiss alpine cheeses like Emmenthal and Gruyère. This splendid wine comes at a bargain price, just under Bt 700. It's probably worth that for the aroma alone.

Rare Vineyards Grenache Vieilles Vignes 2016 (red) Pays d'Oc, France

First, let's decode the label. Rare Vineyards is the trade name of the producer; Grenache is the name of the grape; Vieilles Vignes means "old vines" which are thought to produce better quality grapes than young ones. Pays d'Oc is the designation given to wines from the enormous Languedoc-Roussillon wine region of southern France. So there we are. My service charge is a modest fifty baht. Leave the money on that table by the door on your way out.

The grapes were harvested early in the morning to preserve the aromas of summer fruit. You'll probably get a whiff the moment you open the bottle. It's a rich, spicy, peppery smell with hints of bramble and dark fruit. To enhance the aroma, aerate the wine first by pouring it into a jug or decanter and leaving it to stand for about ten minutes. Then you might pick up hints of chocolate and herbs. This is a dark, crimson wine and there's plenty of smooth blackberry and cherry on the palate with a pleasing touch of acidity. It's a dry, easy drinker with a long satisfying finish and quite low in tannin. Grenache can sometimes taste a bit rustic which is why it's normally blended with other grapes, but this is an exceptional wine and comes at 13% ABV and just under Bt 650. Don't forget to give it good sniffing. You need to poke your snout right into the glass (but not into the wine) and take a few short quick sniffs - like a blood-hound. Surprisingly, short sniffs are more revealing than long ones. Remember, I was once a dog, so I know about these things.



At The Pattaya Trader we welcome questions from our readers here is a recent one from Mr Adams:

"The story in June's issue under the heading The Grape Trail, is about glasses, could you answer me a question? I have 3 madison 425 ml glasses as recommended by him, but everywhere I go to try and get some more I am told they don't make them any more."

Answer from Danny Davino:

The most likely place to find them is Pattaya Kitchenware which is next to Foodland on Pattaya Klang Road. It might be useful to check the company website of outlets here: <http://www.oceanglass.com/en/where-to-buy/> However, the reader might prefer to contact the company direct to find a convenient outlet at this address: contact@oceanglass.com



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The Pattaya Trader appears as a flip book on our website pattayatrader.com and also on the international online media platform Issuu.com. So you can even reach potential clients while they are browsing for information on Pattaya, even before they arrive.

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SLOW DEATH – THE EFFECTS ON FISH MAY BE DOING THE SAME TO YOU



It's Eco edition and so I thought I would write something close to my heart and a process that I follow meticulously when I go fishing. If I didn't do some of the tips mentioned later in this article, then what would be the point in returning to a venue that has given me hours upon hours of pleasure as an angler and has fed me with Omega 3 oils and a hearty meal to boot?

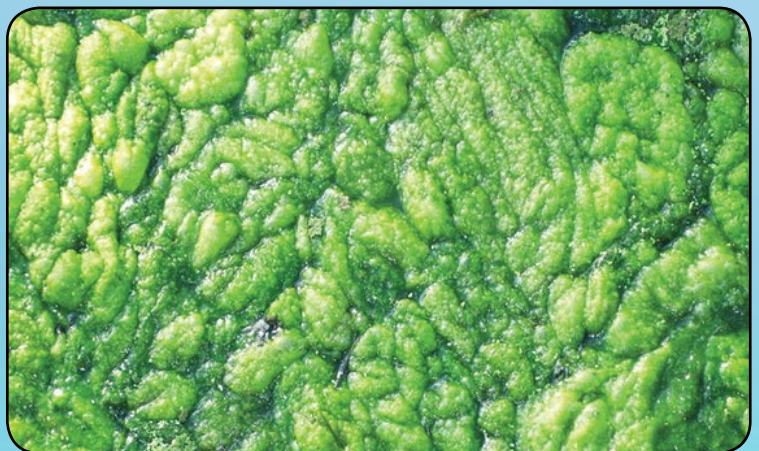
FACT:

Fish may be actively seeking out plastic debris in the oceans as the tiny pieces appear to smell similar to their natural prey. The fish confuses plastic for an edible substance because micro plastics in the oceans, rivers or lakes pick up a covering of biological material such as algae that mimics the smell of food.

Scientists presented schools of wild-caught anchovies with plastic debris taken from the oceans, and with clean pieces of plastic that had never been in the ocean. The anchovies responded to the odours of the ocean debris in the same way as they do to the odours of the food they seek. The scientists said this was the first behavioural evidence that the chemical signature of plastic debris was attractive to a marine organism, and reinforces other work suggesting the odour could be significant. The finding also demonstrates an additional danger of plastic in the oceans, as it suggests that fish are not just ingesting the tiny pieces by accident but actively seeking them out.

When plastic floats in the sea its surface gets colonised by algae within days or weeks, a process known as bio fouling. Previous research has shown that this algae produces and emits DMS, an algal based compound that certain marine animals use to find food. Plastic may be more deceptive to fish than previously thought. If plastic both looks and smells like food, it is more difficult for animals like fish to distinguish it as "not food."

Plastic debris in the oceans, ranging from the microscopic to large visible pieces, is recognised as a growing problem as it does not readily degrade and hundreds of thousands of tonnes are dumped in the sea annually. Larger pieces have been found in the intestines of whales and seabirds, where they are thought to be potentially fatal, while the smallest pieces have been detected in the guts of even juvenile fish and molluscs. Numerous species of fish eaten by humans have been found to contain plastic, and the effect of eating these on human health is still unknown.



Efforts to reduce marine plastic have so far had little effect: microbeads widely used in cosmetics and other products have been banned in the US, the UK and other countries, but they only solve part of the problem, which is mainly caused by dumping of plastic rubbish. There will be more plastic than fish in the sea by 2050. If dumping or global policy does not get its act together

I have always been a firm believer in eco-friendly fishing. Fishing is a sustainable sport. People have been fishing for pretty much as long as they've been eating and nature has a way of seeing to that balance. But more and more, I'm seeing people completely trashing the waters where fish live. And I'm ashamed to say that it's not just beer cans and cigarette butts on the lakes where I fish. My fellow anglers are guilty as well – I know it's them, because there are discarded hooks, line and even lures both in the water and on a beach.

I don't like fishing in a dirty environment. But it goes beyond just my own personal preference. The more we continue to damage the waters where the fish live, the less fish we'll actually see. That's bad news for both anglers and the fish. So want to clean up your fishing trips a bit? Here are a few simple things you can do to make our sport more enjoyable and ensure that fishing is a skill we can pass down to our kids:

USE THE BAG DON'T DUMP

Wherever you go, bring a small trash bag with you. If you see something, pick it up. It's that simple.

CLEAN UP YOURSELF

Again, a very simple task. But did you know that thousands of animals each year are caught by “ghost fishing?” Ghost fishing is what happens when marine life becomes tangled in the lines and hooks we leave behind. These animals aren’t being harvested or used. They simply remain on the line. This can greatly impact the wildlife population of the area where you fish. It can also cause injury to animals, further reducing the population. Pick up after yourself.

GO NATURAL

That doesn’t necessarily mean that you’ve got to use “all natural ingredients.” Fish don’t much care whether there’s preservative in their chicken livers. What it means is that you can try to use baits which are natural to the environment. Try using shrimp to catch catfish instead of corn or livers. For crab, use rotting fish instead of dog food. Using baits that are natural to the fish’s environment is less likely to harm the fish. That’s especially true if you intend to catch-and-release the fish.



GROUND BAIT RESPONSIBLY

Ground baiting is a pretty controversial practice. Lots of anglers think it’s cheating, others think it’s irresponsible. Truthfully, it doesn’t have to be either if you do it right. There are methods of ground baiting that are harmful to fish. For example, creating “natural” structures underwater using hay bales or similar materials is not a good idea. The hay rots, causing bacteria and mold to enter the water. That kills the fish and also affects the plants in the water.

Other harmful ground baiting practices include using dog food, corn, glitter and other materials. These are very harmful to fish and the environment. Instead, use natural oils for grounding, or try frozen fish. Both options are better for the ecosystems fish live in.

MIND THAT FIRE

There’s nothing more relaxing than spending a day on the lake, then cooking your catch for supper. But is your fire harmful to the environment? Not necessarily. You can make sure you’re doing what you can to protect nature by building your fire the right way. First, be sure to choose an open space. There should be at least 10 feet surrounding your fire which is clear of any trees or plants. Secondly, only use wood that’s already fallen. Using green wood is harmful to the environment and the smoke can also be harmful to you.

Keep a bucket of water nearby in case of emergency, and never burn plastics or chemically treated wood. When you’re done with your fire, put it out completely, and do your best to redistribute the wood that you collected evenly.

FIX YOUR BOAT

One of the most important things you can do to practice eco-friendly fishing is to maintain your boat. Oil and gasoline affect thousands of marine creatures, and it’s pretty simple to prevent this.

The effects of oil, in particular, are long lasting. Consider this:

- A 1969 oil spill in Massachusetts USA... still affects fiddler crabs in that area
- The 1979 Ixtoc spill still has an impact on oysters and mangroves.
- In 1989, the Exxon Valdez spill dumped 10.8 million gallons of oil into the water. That oil is still found on the beaches of Alaska.



Of course, your boat is much smaller than the Exxon Valdez. The point is that the toxins your boat releases into the water will stick around for a very long time. That can be prevented by regular boat maintenance.

KEEP IT SIMPLE

You don’t have to be an environmental activist to make a few small changes. Simply start by being mindful of your own trash, or bringing a bag along with you to help clean up for others’. Even the smallest of steps can help to make a huge impact on the waters where we fish. That, in turn, will ensure that fishing remains a sustainable sport for centuries to come here in Thailand.

“Khap Khun Khrap & TIGHT LINES” - Stay Alive and Healthy

PAGS Tournament from Treasure Hill

Pelle in Love with Rain



79 players, including 6 ladies, made the journey this month up Highway 331 to the Treasure Hill course, where we were met by an overcast sky. The weather was warm, there was hardly any breeze to keep the humidity down with the groups getting underway pretty much to schedule. We played from the yellow tee markers today, but still the course was the same challenge it always provides for players of all abilities. A heavy shower at around midday which lasted for about 30 minutes put a bit of a dampener on some rounds, but overall conditions may well have improved after the rain passed with a light breeze alleviating the heat a little.

As with most months there is 1, or sometimes several outstanding performances for the tournament. This month special mentions should go to Pelle Pettersson, who got the top spot in A Flight & 3 technical prizes, with Amphai Noksa getting the Ladies & a NTP.

The C flight of handicaps 22+ was won by Mike Turner (25), who led the way home by a clear 2 points with 39, to go with his NTP on #17, ahead of Sugar Ray Handford (24), while Dan Margetts (25) needed a countback to decide 3rd spot after signing for 35 points, with 18 on the back 9.

The B flight, for handicaps 14 - 21, was tightly contested, with all placegetters separated by only 1 point. Glenn Armistead (18) was the winner on countback over Mikael Andersson (19) 22/19 after both signed for 37 points. Werner Schwarz (14) got the bronze medal position with a well earned 36 points.

Pelle (11) was the clear winner in A Flight with his 37 points, assisted by a chip in on #18, 2 points clear of Gerd Riedler (11) who also got a technical prize. The low spot on the podium required a 3 way countback, with Urs Wandeler (12) coming out victorious on 34 points, over Steve Truelove and Vinai Jumparnit.

Vinai Jumparnit won the Low Gross & 2 technical prizes, while other honorable mentions go out to multiple winners in the technical prizes, getting their maximum 2 prizes were Colin Ward, who got both Long Putts and Jeff Wylie.

Dave was at it again, who with his capable staff on the BBQ, kept all attendees well satisfied with their tasty offerings for the night. We will all look forward to another successful tournament scheduled for 25th July, at Bangpra, so get your preferred timeslot by booking with Shane on 0863720084 or through Birdie at www.birdie.in.th.



Ocean Marina Pattaya Boat Show contributes to growth of Thailand's east coast business and leisure market

Pattaya to link up with Thai Government's "Thai Riviera" project



PATTAYA, is gearing up for its annual showcase of marine and luxury life From 29 November to 2 December when leaders in the country's boating and luxury lifestyle industries come together for the 7th Ocean Marina Pattaya Boat Show, and where consumers gather to see the latest products and technologies on offer.

"Ocean Marina Pattaya Boat Show has seen steady growth in the last six years. The number of boats and brands has increased year-on-year, and in 2017 visitor numbers were up 23% on the previous year," said Mr. Napong Pariyontpochanapisuti, Acting Managing Director, Ocean Property Co. Ltd., organisers of the Ocean Marina Pattaya Boat Show.

"We invest over 10 million baht each year to host the event which is a key platform to boost business and tourism in the region. Ocean Marina Pattaya Boat Show generates more than two billion baht annually for the industry and we expect the marine industry to grow more than 10% per year."

2017 was a record year for the show with almost 6,000 visitors from 22 countries attending. With strong support from the Thai Government, organisers are investing heavily in a comprehensive online/offline visitor marketing campaign targeting HNWI's throughout Asia and key cities in China, expectations are 2018 will be the best show yet.

Pattaya's popularity as a seaside destination is at an all time high with more than 14 million visitors in 2017. Visitors are expected to increase as additional airlift and capacity at U-Tapao Rayong-Pattaya International Airport comes online, and the Eastern Economic Corridor (EEC) project starts to take shape. Linking Pattaya, via the Hua Hin ferry, with the Thai Government's "Thai Riviera" project – which reaches from Petchaburi to Ranong – further strengthens Thailand's East Coast as a prime tourism and business region.

"We are already seeing the benefits of East Coast growth in the marine industry. Charter and day trips are up 20% year-on-year, the number of new boats sold into the region is up 10% year-on-year and international yachts visiting the area is also increasing on the back of government changes to immigration last year. At Ocean Marina Yacht Club we are catering to this increased demand by expanding our capacity 15% to 440 berths," said Mr. Scott Finsten, Harbour Master of Ocean Marina Yacht Club, organisers of the Ocean Marina Pattaya Boat Show.

Adding to the vast array of marine products on display, live on-water demonstrations are available throughout the four days, giving a glimpse into the fun side of boating. From jet-powered surfboards to Flyboards, Seadoos, SEABOBs, Seabreaches, SUPs and more, organisers expect these, together with the popular free yacht cruises, to appeal to a demographic that is increasingly showing an interest in boating.

The show has an impressive 20,000 sqm of exhibition space and in addition to the in-water boat display, demos and onshore marine products and services, exhibitors will include super bikes and cars, real estate, home products, hotels and resorts, food and beverage, and lots of activities for families. To view current exhibition space availability, go to www.oceanmarinapattayaboatshow.com/site-plan.

The 7th Ocean Marina Pattaya Boat Show takes place 29th November to 2nd December at South East Asia's largest marina, Ocean Marina Yacht Club in Pattaya. Entry is free.



**For more information: website: www.oceanmarinapattayaboatshow.com
facebook: www.facebook.com/oceanmarinapattayaboatshow**

PATTAYA PEOPLE TELEVISION – ALL SUMMER LONG



The only English speaking 24 hour a day channel, Pattaya People Television is continuing to entertain and inform the Expat community of Pattaya plus many Thai locals who are known to regularly choose to watch this mainly English speaking channel.

Coming up this month are news features and recent stories which specifically relate to Expats living here in Thailand.

The channel's partnership with nationwide news gatherer NATION has allowed Pattaya People TV access to all their latest news and features meaning that the Pattaya community can get all the information they need.

Also in production right now is a series relating to Visa Information, Cultural differences, Thai law, Thai language, and Heritage, such as the History of the Sanctuary of Truth.

New features will show the recent Chaine des Rotisseurs event at Silverlake, the Motorcycle Club's significant 'future of MCs in Thailand' get together with Thai officials, also Barry Upton's travelogue and music video of his recent visit to Japan.

The very popular 'Yoga Pose Of The Day' series with instructions from guru Diana Mountanous, sponsored by the Zen Cell Rejuvenation Clinic, will continue with new poses and postures intended to help health and flexibility.

Plus the weekly Pattaya Expats Club TV feature with interesting and sometimes even vital information from the guest speakers that appear there.

The regularly updated 'Events & Gig Guide' presented by Barry Upton & Paul Rosenberg, will suggest things to see and do or experience in and around the town.

If you know of an event that you'd like to see listed in the show, then contact Pattaya People's offices or e-mail to info@pattayapeople.com.

Big sponsors 'Mixx nightclub' and 'Club Insomnia' are always well featured with their infomercials lighting up the daily output.

Also, look out for Gloria from The Pattaya Trader who each month gives her insight on the features which go into the current issue.

Finally, the cinema previews are always worth a watch to see what will be showing at Pattaya's excellent cinemas.

Available on Sophon cable around the clock and online at the 'Pattaya People' website - www.pattayapeople.com

All summer long, including the rainy interludes, Pattaya People TV is ESSENTIAL VIEWING for any Expat living in Pattaya.



96FM – ALWAYS AVAILABLE



There has been a slight void on the Pattaya airwaves for a week or two as a new license and transmitter check has been underway with a slightly longer wait than usual for the paperwork to be processed.

The good news is that 96FM is clear for take off again and is always available online.

A new operating system is also being installed by KISS FM's computer guru Dan Johnston which will tie in the many platforms that Pattaya Peoples' radio networks utilise and will promote greater communication with listeners, not just in Pattaya, but worldwide.

Our 24 hour a day fun music policy will continue so that a constant supply of uplifting tunes will accompany you reflecting the dynamic area we choose to live in or visit.

Our philosophy at Pattaya People Radio is to provide a commercial soundtrack to each beautiful day here in our wonderfully colourful city targeted to the age range of Ex Pats most likely to be listening to local radio on a daily basis, whether at home, driving, or living far away but needing a connection to keep in touch with this area.

So, our lives really can be all about the music we love and enhance our existence on this planet everyday. 96FM is the one station in town that cares about its' musical output and tries to give that 'wow' factor everytime a new track is played.

Whatever you might be doing, driving, cooking, relaxing by the pool, partying, Enjoy the vibrant and go-ahead dynamic sound of 'Sunshine Hits' on 96FM, Pattaya People Radio.....AVAILABLE ALWAYS





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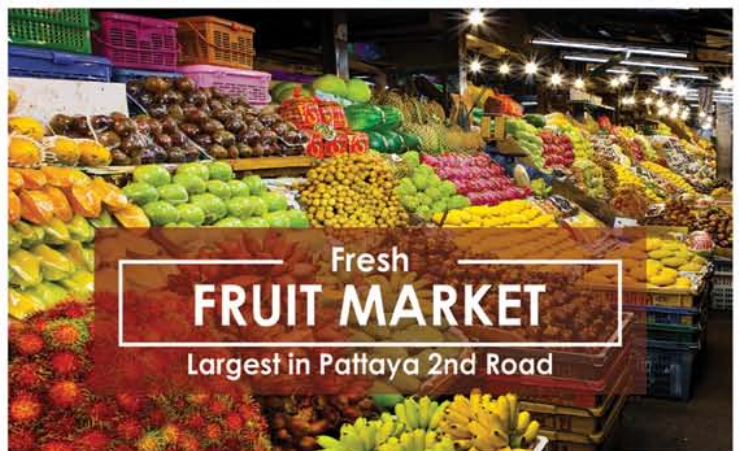
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Bloggers Block: Tips for new ideas



Yes we are all told by Search engine optimisation gurus to fill our sites with compelling content so that we become 'more Wikipedia' for our own industry than a shop selling products or services. Strike us down if we would ever dare mention that we sell something on our websites. Yet sitting in front of the PC with Bloggers block and; wandering, for what seems like an eternity, what to write about next hits every one of us at some point.

So here are a few ideas to help you get your consistent content strategy moving.

Start already!

Just start writing the first thing that comes into your head, and you now have started at least and you know what I was pondering over, once you start typing your subconscious mind goes to work thinking of ideas.

Reframing:

Think about your corny mate the one who is always telling corny jokes, where does he get his material? There is no such thing as a new joke, comedians know this to be true, it's just they change the words and circumstances to fit either a more modern situation, or the people and things, if you digest jokes they have the same basic elements.

This is apparently the oldest Joke in the world:

A man buys a slave and takes him home he returns the next day and says to the trader:

"I need to complain about this slave, he's dead" The trader seems indignant and replies:

"Well he's never done that before I assure you!"

Didn't Monty Python do a version of this joke centuries later?

Please don't start turning your blog into a cheesy joke board; it's just my way of sneaking a cheeky pun in. What I mean is; worry not about whether you seem to be writing about the same underlying subject all the time, ***your subject put in different ways will always be of interest to those who need the information.***

I always look forward to Frank Rambauskus email newsletter, he writes about cold calling and the devastating effects it has on Sales people in modern times and this has been his subject matter for years, but each time he frames it differently, and I get something new from his correspondence each week.

What happened this week?

Try to think of a circumstance where you have helped someone this week in your work and relate that story in your blog like when I spoke with a client recently about targeting;

I asked him who his target market was, and I think he was used to the question and he believed he had answered it succinctly; he said it was young men and woman early twenties who are in between jobs and need a gap year, to attend their TEFL (Teach English as a Foreign Language) courses in Thailand from his website which we are proud to say we built as well.

One of the best things that come with age is wisdom and tact; I still have my imagination so I can be gratuitously violent without hurting anyone or facing legal proceedings and Jail. In my reverie I often end up shooting everyone up with a sub machine gun with blood splattered everywhere like a Tarantino movie for my client's crimes to obviousness. <Ahem> back to reality:

I tactfully told him that he was definitely on the right track, but he must drill much deeper to think about where these people are to be found online, like on Travel groups on Facebook and is there any joint ventures he can do with very popular travel bloggers and perhaps a link with Western universities.

Facts and figures

Research always helps a blank mind, you can pull up market research facts and figures on your industry and add your review in a blog, it also forces you to look and digest facts and figures that you may not have really wanted to. Remember in school when our teachers made us write reviews of books to see if we really read them or not?

Lists:

Have you ever thought of a list of your favourite websites or peripheral companies you use and a review of why they are useful to you, this will give plenty of link love to your favourite authors and they may in return give you the link love back, hopefully one of them has a few thousand followers on Twitter like me, then you could see a few hundred new visitors to your blog.

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Advice on Thailand Visa Overstay Regulations

Overstaying your visa is illegal. If you overstay for a short period you will have to pay a fine. However, if you overstay for more than 90 days then it is a serious offence and the result will be you are deported from Thailand and banned from visiting again. The length of the ban depends on how long you have overstayed your visa.

If you are caught overstaying by an Immigration officer, then it can result in being taken to jail if you are not able to pay the fine or have a long overstay.

If you have a long overstay and turn yourself in to the authorities you will have to go before a judge in court. The overstay fine is usually waived and in its place a smaller fine imposed. You will then be held in the IDC (Immigration Detention Center) until you can arrange for a ticket on a direct flight back to your own country. You will then have to pay a small fee to the immigration officers to take you to the airport and accompany you through Immigration, where you will get the blacklist stamp in your passport, and to the gate. Your passport will be given to a steward on the flight and they will return it to you when you land in your home country.

How much is the fine for overstaying?

The fine depends on the number of days you have overstayed. The minimum charge is 500 Baht per day. This goes to a maximum of 20,000 Baht for overstays of 40 days or longer. The good news is that if your overstay is under 90 days and you pay the fine then leave the country then you won't have any problem returning to Thailand at a future date. There won't be any black mark next to your name.

What is overstaying?

Overstaying is when someone resides in Thailand for a period exceeding the length of time they are permitted to do so by their visa or entry stamp. It is your responsibility to ensure that you do not overstay. However, the Thai Immigration officials realise that sometimes people make mistakes and book a flight a day too late or their plans change, a flight is cancelled and they have to leave a day late. In cases such as these, with a few hours overstay, the 500 Baht overstay fine is usually waived. If you are in a situation like this, don't panic. Just explain to the immigration officer when you are being stamped out of the country. Apologise and you will be treated fairly.



Warning of overstay

The aliens overstaying in the Kingdom of Thailand for a long period will be banned from re-entering the country as follows ;

In case of alien surrendering to the authorities

Period of overstay	Period of banning from re-entering the country (starting from the departure date)
more than 90 days	1 year
more than 1 year	3 years
more than 3 years	5 years
more than 5 years	10 years

In case of alien being arrested and prosecuted

Period of overstay	Period of banning from re-entering the country (starting from the departure date)
less than 1 year	5 years
more than 1 year	10 years



WARNING OF OVERSTAY

STARTING FROM 20 MARCH 2016, THE ALIENS OVERSTAYING IN THE KINGDOM OF THAILAND FOR A LONG PERIOD WILL BE BANNED FROM RE-ENTERING THE COUNTRY.

In case of aliens surrendering to the authorities

Period of Overstay	Period of banning from re-entering Thailand
More than 90 days	1 year
More than 1 year	3 years
More than 3 years	5 years
More than 5 years	10 years

In case of aliens being arrested and prosecuted

Period of Overstay	Period of banning from re-entering Thailand
Less than or 1 year	5 years
More than 1 year	10 years



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If you have a longer overstay, for example, 1 week, then you will be required to pay this (7 days x 500 Baht = 3,500 Baht) before you can leave the country. It is easiest to pay when you fly out. Again, explain the reason to the immigration office at the airport, then you will be taken to a nearby counter when you can pay the overstay fine. Please ensure that you have enough funds to cover this. If not, then you may be taken to the holding cells until you can raise funds.

Children under the age of 15 are not charged a fine for overstaying but still get overstay stamps when they leave the country. Being exempt from the fine does not make them exempt from needing a valid visa entry or extension to stay in the country.

Consequences of overstaying your Thai visa

Please note that repeated violations of overstaying can hold serious consequences. In the event that you have had a few overstays, your passport could be stamped with a stamp declaring you in violation of the immigration laws and regulations of Thailand.

This stamp will label you as an “undesirable alien”, which could make travel and obtaining entry to other countries much harder than it should be.

Where is the Immigration Detention Centre?

The IDC is located in central Bangkok at the Immigration Office on Soi Suanplu, Bangkok. This is where anyone who has been arrested for overstaying will be held prior to attending court and then whilst waiting for their flight back home to be arranged.

You can call on: 02 213 2369 but it is better to go in person. Go to Building 5 at the IDC. You will need the overstayer's details: Name, nationality, age, arrest date and location.



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MEDICAL INSURANCE

When people come and live in Thailand one of the things that is often neglected is medical insurance. In their home country they are so used to rolling up at their doctor or hospital and not having to pay anything out of their own pocket

Thailand is different. If you do not have medical insurance you will have to pay for treatment out of your own pocket. If you have neither any treatment needed will be withheld. The situation has got so bad the several of the Embassies have issued warnings about people being underinsured or not insured. I quote from the British Embassy warning of 1st February 2016:

“Based on British Embassy figures in 2015, more than 80% of British residents in Thailand over the age of 51 who received consular assistance after being hospitalised did not have medical insurance, despite the relatively common need for medical care”

Layla Slater MBE, HM Consul to Thailand said: “Thailand is one of the top tourist and retirement destinations. Medical treatment can cost thousands of pounds and returning home may not be an option for everyone.. In many cases there will be a direct financial impact on family and friends. The British Embassy endeavours to work with charitable organisations and do everything we can to help people, but we cannot pay medical bills or fly people home. That is why we encourage people to make provision for their health and medical needs when choosing to live abroad, as it is the most reliable way to ensure that costs are covered”

Whatever nationality you are it is essential that you have medical insurance. Unfortunately many people think “It will never happen to me”. However it does to a surprisingly high number of people. I have known of instances where treatment has cost over \$100000. It is quite common if someone has been in an accident for the total cost to exceed \$50000. When you consider that Thailand has the second highest death rates on the roads in the world and there are uninsured drivers everywhere accidents are a very common occurrence.

You can obtain local medical insurance that can work out relatively cost effective or you might want to choose full international cover which costs more but has more extensive cover.

Whatever your needs I recommend you get in touch with us as we can offer free impartial advice as well as being able to give the very best in quotes.

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Child Support

Child Support is a payment or contribution, usually made by a noncustodial divorced parent as a legal obligation to support to the financial care and costs of raising his or her minor child or children. Child support can be settled by a written agreement or by a court order.

A Child Support Agreement is a written agreement between parents setting out the amount of child support to be paid to help with the financial costs of raising their child/children after separation. It can include provisions regarding the method of payment of child support to cover the child's expenses such as food, shelter, clothing, education, health costs and other extra-curricular costs for the benefit of the child. Support shall be provided by periodical payments unless the parties agree to settle in other manners.

The amount of child support and up to what extent the amount would be granted shall be according to the decision of the Court, considering the ability of the noncustodial divorced parent bound to provide the support, the condition in life of the child and the circumstances of the case.

If there has been a change in circumstances or in the means or condition in life of the parties, they may request as follows:

1. In the case of mutual consent of divorce, both parties can request to amend the contribution attached to Divorce Certificate at the District Office.

2. In case of divorce by judgment of the court, the court may make alterations on the support by cancelling, reducing, increasing or re-establishing the amount of support when any interested person can show that there has been a change in circumstances or in the means or condition in life of the parties.

Parents are bound to support their children during their minority, to provide them proper education, to look after them when they are in poor health and maintain them until they are capable of earning their own living. In case the custodial parent denies visitation rights to the non-custodial parent, such excuse cannot be used for denying support for their child/children.

In Thailand, a child born out of wedlock is deemed to be the legitimate child of the birth mother. The biological father is not considered as the legitimate father and shall have no legal rights over the child. Therefore, the biological father is not bound by law to pay child support unless he acknowledges that he is the father through the child legitimation process.

A father's rights to a child can be legitimized:

- If there is a subsequent marriage between the father and the mother
- If there is a registration of legitimation made at the local district office or Amphur on application by the father
- If there is a judgment by the court



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VALUE AND PRICE

Most things have value and this will vary between us – I know I value my time in the company of others, whereas my colleague puts much greater value on his time alone – he has two young children! What's striking in the financial world is that those peddling expensive financial products and investment funds tend to talk a lot about value. Those with simple low cost solutions instead talk a lot about price.

Looking back at what I have gained from my time in this industry, I can clearly see the immense value I can pass on to investors. I can say to clients, "you will only retire once, I have gone through the retirement process hundreds of times with people exactly like you for over three decades" This is also true of most of my colleagues as when we help people, save, spend and cope with turmoil we learn things that help us the next time around.

With investing, what we have learned is that higher cost doesn't often mean greater value and vice versa. When we read the glossy brochures and look at the presentations from sophisticated fund managers we rarely have anyone saying "this expensive fund does not provide great value" What I learned in my early days in banking is that nobody ever comes into the bank with an unprofitable business plan – the spreadsheets are always beautifully constructed showing great profits. Don't you think some investment brochures are the same?

You must know it is important not to focus solely on cost and rather to think of the value we might obtain and what something can do for us. Our experience in managing investments for large pension funds has helped us understand that there is often more than one price and also different ways to look at value. An investment fund that provides diversification or exposure to a very specific asset class can have value even if it comes at a cost.

We find that our experience, expertise and education has become ever more important in managing investments, particularly for retail investors in this lower return environment where cost can have a much greater impact. For

example, let's say a client wants to withdraw 5.0% per annum from their investments over the course of their retirement. We'd hope that we could deliver a sustainable, rising income over time by investing in the right asset classes in the right proportions. To achieve this you cannot be part of a high charging fund.

You may also employ a financial adviser who will charge 0.5% - 1.0% per annum depending on the service offered. This means that a retail investor might need to earn 3.0% per annum from their investments just to break even and before a penny of income is paid. You may think that this represents good value, however, we don't. What we believe is more acceptable is that retail investors benefit from our institutional investment experience, in managing investments for larger pension schemes.

One of my colleagues who worked in Private Banking for many years was astonished that the investments they sold seemed to be designed to benefit the bank and not so much the clients. And why wouldn't the bank do this – the perceived value in dealing with a Private Bank is that they will look after you – they could charge for the privilege. We approach things differently, utilising institutional buying power to run investment portfolios for retail clients – that's ordinary people to you and me. A portfolio will typically cost about 0.58% per annum and contain many of the same investment managers used by the high street brand names. How is this possible? Well we are able to use the buying power of some of the world's leading pension funds who drive down costs by investing substantial amounts in returns for discounted fees. The typical fund discount is 50% although will be as high as 96% in some cases.

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Application **15,000 THB**

Renewal **8,000 THB**

One Year Business Visa

Application **12,000 THB**

Company Setup

From **12,000 THB**

Annual Audit

From **11,000 THB**



VISA SERVICES

Retirement Visa
Business Visa
Marriage Visa
Education Visa
Dependent Visa
Visa Renewals
Visa Run Laos

BUSINESS SERVICES

Work Permit
Company Setup
Company Changes
Business License
All Accounting
Bookkeeping
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3. Check either 'Property' or 'Classified'
4. Check 'Register'
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6. Click 'Preview' and check your information

You are now done

PEDIGREE SCOTTISH FOLD KITTENS



Available for reservation big chunky round headed babies with plush coats and beautiful little tightly folded ears. Two boys Kitten all will have 4 x vet checks 2 x Vaccinations Microchip in your name Bathed nails clipped Wormed and flea treated Registered breeder. All our cats are tested for genetic diseases and our cats are clear of FIV and Felv by blood testing We pride ourselves on healthy stable kittens and are well socialized and great with children and other pets. ...marianaliersen@gmail.com

**This Box
can be yours
only 600 Baht
contact us now
pattayatrader@pattayatrader.com**

PAJERO SPORT 2WD, 7 SEATS, 2.5 L DIESEL



Wonderful SUV off-road for sale by single owner. 2WD, 7 Seats, 2.5 L Diesel. No accidents, never smoked inside. New tires, battery, belts etc etc. 1st Class insurance till Nov 2018! Perfect car for family! Please call for viewing:
0877953085
Price 645,000 Baht

FOR SALE

Rare collection of antique, hand-loomed, Mudmee silk from Cambodia, Laos and Thailand. Hundreds of hand picked pieces. Also, Tibetan and Nepalese Newari hand painted Thankas, framed and unframed. Call Michael for appointment,
in East Pattaya - 038-734-871

HONDA CRV (DECEMBER 2002)



Honda CRV 2.0i; 5/7 seats, Always Honda serviced, One farang owner. Very good condition, 211,000 Km
Price 180,000 Baht
Phone: 0882057290
Email: mpoustie@loxinfo.co.th

8,395 KMS / 2013 HONDA FORZA 300 ABS IN PERFECT CONDITION



- HONDA FORZA 300 ABS / Pattaya
- Registered 2013 in Chonburi
- It has 8,395 Kms on the clock
- In the perfect condition
- It's a wonderful black color
- PIRELLI tyres
- You are welcome to test drive at any day and time. (Pattaya / Khao Talo / Soi 4)
Price: 117,000 Baht Tel. 0871351920

2012 HONDA CBR600RR



- Year: 2012 - Make: Honda
- Model: CBR600RR - Category: Sportbike
- Type: Motorcycle - Mileage: 4824
- Primary Color: White
- Engine Size: 599 cc cc
Price 60,000 Baht
Whatsap. on +905387437771

2013 YAMAHA R1 FOR SALE



My bike runs very well and in good condition. never been in any accident and has no scratch on it. the bike is very clean and just like new motorcycle. it has very low mil. it will come with bike stand and two helmet. If you are interested to buy this bike
Price 87,000 Baht
Whatsapp: +1(410) 449-5439
Email: jimmybusak110@gmail.com



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Automotive

2017 Land Rover Range Rover Sport V6 Supercharged Hse Gray



VIN: SALWR2FV0HA676266 Stock #: P6476My price \$47,984 Vehicle Overview Trim V6 Supercharged HSE Exterior Color Gray Interior Color Unknown Mileage 9,937 MPG 17 city / 23 hwy Transmission 8-speed Automatic w/OD Engine Intercooled Supercharger Premium Unleaded V-6 3.0 L Drive Type 4WD Fuel Type Gas
Email: luxurycarsalesplc@gmail.com

Cars and trucks

Toyota Corolla Altis 1.8e At Registered 2014



driven by my wife; service at Toyota Pattaya Dealer; excellent condition.
449,000 THB
Phone: 0817627655
Email: sudungm@gmail.com

Pajero Sport 2wd, 7 Seats, 2.5 L Diesel



Wonderful SUV off-road for sale by single owner. 2WD, 7 Seats, 2.5 L Diesel. No accidents, never smoked inside. New tires, battery, belts etc etc 1st Class insurance till Nov 2018! Perfect car for family! Please call for viewing: 0877953085
675,000 THB
Phone: 0877953085
Email: max_designer@hotmail.com

Used 2016 Lexus Lx570 Gcc For Sale



My Car is accident free, very good condition, very clean inside and out. A very neat car. Well kept and maintained. Full Options, never faulty before. Tires are % 100 great, the Car is in perfect shape, Gulf specification, Serious Buy should Contact: Mr Ahmad, Thanks,
 20,000 THB
Email: ma9971338@gmail.com

Ford Ranger Xlt 2.5td Hi Rider

Very good condition 2004 model. 127,000km on clock. Im the 3rd owner. Ive had this for 10 years. Tyres have 8mm of tread. Recent service. (oil, fuel, air filters, glow plugs and battery). A/C. Power steering. ABS Braking. Electric Windows. CD Player. A very reliable truck. Selling due to repatriation. Tel.. 0870430056
 250 THB
Email: desmoorhead@hotmail.co.uk

Motorcycle

Low Mileage Honda Forza 300 Abs Perfect Condition



Low Mileage HONDA FORZA 300 ABS in Perfect Condition/2014 Model/11,298 Kms/Red Colour/New tyres (3 months and 300 kms old)/ Never been in an accident or fall down and no scratches/Service book with full history/PRICE 108,000 BAHT/PHONE: 0969628977
105,000 THB
Phone: 0969628977
Email: ozgeenkermeli@hotmail.com

For Sale, Toyota Vigo.

Toyota PreRunner Diesel 2010, Beautiful condition, never used as commercial, approx. 100,000 Baht extras, inc. 20 Chrome wheels, running boards, DVD, Leather Seats, Turbo Timer, etc, etc, Engine Timing Assy. recently re-newed. Meticulous service history. **410 THB**
Email: geoff_llt@yahoo.com.au

Low Mileage Honda Forza 300 Abs Perfect Condition



2014 HONDA FORZA 300 ABS/11,298 Kms/Perfect condition/New tyres/ Never been in an accident or fall down and no scratches/ Regularly serviced/Last maintenance date 05-01-2018 (11,000 kms)
 PRICE: 115,000 BAHT With FREE full face helmet/0969628977
105,000 THB
Phone: 0969628977
Email: ozgeenkermeli@hotmail.com

2016 Kawasaki H2 R



2016 KAWASAKI H2R 2016 Kawasaki H2R, M4 Exhaust, Must See, Excellent Condition, Always garage, Never been dump and everything works as it should. For more info contact via whatsapp at.. +97155 456 2796
3,500 THB
Email: rolandmarck001@gmail.com

8,395 Kms / 2013 Honda Forza 300 Abs In Perfect Condition



8395 Kms/Black/2013 Honda Forza 300 ABS/perfect condition/Pirelli tyres/ Never been accident or fall down / No scratches / Regularly serviced/Tax and insurance is paid till August 2018/Green book on my name/Ready for sale/PRICE 117000 BAHT/PHONE 0871351920
117,000 THB
Phone: 0871351920
Email: ilgincbirbilgi@gmail.com

Yamaha Acoustic

guitar v good cond
4,500 THB
Email: amptronique@gmail.com

8,395 Kms / 2013 Honda Forza 300 Abs In Perfect Condition



8387 Kms / Black 2013 Honda Forza 300 ABS / Perfect condition / Pirelli tyres / Never been in an accident or fall down and no scratches / Regularly serviced / Tax and insurance paid till 18-08-2018 / Green book on my name / 123,000 BAHT / 0871351920
117,000 THB
Phone: 0871351920
Email: ilgincbirbilgi@gmail.com

2017 Honda Cbr300r 1 Miles Red 300



Price: US \$1 895,00 Stock #: 300323 Exterior Color: Red Interior Color: Not Specified Engine: 300 Title Condition: Salvage Vehicle Description This 2017 Honda CBR300R features a 300 cyl engine. The vehicle is Red with a Not Specified interior. - - Vehicle Warranty New Vehicles come with a full-factory warranty. Used vehicles may have a remaining-factory warranty, but please contact us for the warranty details specific to this vehicle.
60,646 THB
Email: luxurycarsalesplc@gmail.com

2013 Honda Forza 300 Abs In Perfect Condition



2013 HONDA FORZA 300 ABS- 8,387 Kms-Perfect condition - Black -PIRELLI tyres- Never been in an accident or fall down - No scratches - Last maintenance 20/11/2017 (8,380 kms)- All electronics, engine and main components in perfect condition
123,000 THB
Phone: 0871351920
Email: ilgincbirbilgi@gmail.com



2013 Yamaha R1 For Sale Whatsapp Me..+1(410) 449-5439



My bike runs very well and in good condition. never been in any accident and has no scratch on it. the bike is very clean and just like new motorcycle. it has very low mil. it will come with bike stand and two helmet. If you are interested to buy this bike, Whatsapp: +1(410) 449-5439

87,000 THB

Email: jimmybusak110@gmail.com

2012 Honda Cbr600rr, Whatsap. number On +905387437771



Interested buyers who is ready for purchase, do contact me for more details and information on my whatsapp number above. Condition: Used. Year: 2012. Make: Honda. Model: CBR600RR. Category: Sportbike. Type: Motorcycle. Mileage: 4824. Primary Color: White. Engine Size: 599 cc. cc **60,000 THB**

Email: mohamadsaungweme@gmail.com

Honda Cbr 1000 Rr Fireblade Sp Repsol 2015



honda cbr 1000 rr fireblade sp repsol 2015 whatsapp +1(323)641-3248 **4,000 THB**

Email: jamesmarhaba02@gmail.com

Shipping Containers

20ft....40ft Standard and HQ can view and ideal for Conversions. Prices from **39,000 THB**

Email: phil@kssthailand.com

Golf Cart Club Car For Sale



96 Club Car golf cart for sale. (Burapha Golf) 48V, 4 seats, room for 2 golf bags, new batteries, new tires, brakes, headlights, tail lights, many new parts, extra parts available, very fast and reliable. **65,000 THB** ono. **vwv744@gmail.com** Rusty **65,000 THB**

Email: vwv744@gmail.com

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We can offer 40% discount on medical insurance with a company that last year paid out over 98% of claims in full. At all times you will receive the very best care with access to the very latest medical equipment, the most qualified doctors and nurses as well as the latest and best medications on the market. At all times you will be in the very best hands. For further details either ring 062 898 7770,

Email: colin@nrg-financialservices.com

Golf Cart For Sale



97 CLUB CAR golf cart 48V 2 seats room for two golf bags headlight tail lights new batteries new brakes many new parts spare parts available battery charger included very fast and reliable **60,000 THB** ono **vwv744@gmail.com**

60,000 THB

Email: vwv744@gmail.com

2014 Honda Cbr600 For Infor Whatsapp Us At +971557414952

2015 Honda CBR600, in more euphoric economic times, the 600-class sport bikes were getting significant upgrades every two years. But consumer tastes have shifted away from the race replicas and both manufacturers and buyers are more cautious these days. The pace of innovation has slowed, but that doesn't mean the bikes are slow. Today's test case is the Honda CBR600RR. CBRs have been a benchmark since the 600 class was invented. So, how does the 2015 version measure up? Contact us for more info at +971557414952

4,000 THB

Email: Chintousammy@gmail.com

Business

Traditional Healer And Astrologer , +27833147185 To Bring Back Lost Lovers Love Spells

My spells work and they work fast to bring back your lover and even mend things to lead to a happily ever after remarriage. Lost love spells to bring back boy/girlfriend you love but left you. No matter how many years you have been away from each other my powerful lost love spells will work for you and bring back that ex-boy/girlfriend you still love in a few days. Even if the mistake was yours and you pushed away your boy/girlfriend; as long as you truly love h/her, my lost love spells will succeed for you even after breaking up with h/her as long as you want to get another chance with you ex-boy/girlfriend again. My love portions can also help you bring back a lost lover, help you find a rich lover, help you attract the Person you want and help you make someone fall in love with you, for single m/women and gay/Lesbians are there to help you with all the love problems faced by single women and homosexuals/lesbians to find a lover of your choice.

100 THB

Email: drmamashiba@gmail.com

Car Wash For Sale

Very profitable car wash and detailing business for sale in Si Racha. To include all equipment and stock. **750,000** baht. Tel: English 062 898 7770 or Thai 095 061 1114

750,000 THB

Email: cnwn33@gmail.com

Food and Drink

Home Made Cookies., Cookie Hut. The Most Delicious.



Cookie Hut, the homemade cookies. We select the best material. Produce with clean and care. No color and additives added. Seal every piece to preserve before pack in charming package. Best impressive souvenir in every special occasion. Please visit our shop in Nonthaburi or our web: cookieshut.com LINE ID: [@your_service](https://line.me/ti/p/@your_service)

55 THB

Email: cookiehut@hotmail.com

Investments

9% Interest On Savings

Are you unhappy with the interest you are earning on your savings? How would you like to earn 9% per year guaranteed. For further details get in touch with NRG Tel: 062898 7770 Email: info@nrg-services.net

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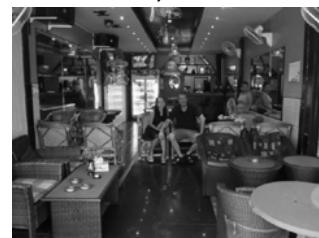
Seaview Beach Loft Near Pattaya

180 degree seaview from 2 windows in the 4th floor, 106 sqm, fully rebuilt 2 years ago, huge pool opposite condo entrance, 50 meters from a small beach, perfect for windsurfing or paddling, luxury flat, like a open plan loft, one bathroom one bedroom, but office or guestroom can be changed in a second bedroom. fully furnished, expensive kitchen, new washing machine, big television, inbuilt ceiling speakers, mattress for 35000 baht, very cosy sofas one minute drive to the highway bangkok and rayong **24,000 THB**

Email: stormsecutrie@aol.com

Businesses for sale

Bar For Sale 650,000 Tb



22 seats pooltable small kitchen 4 rooms 2 with balcony and ac the hole bar and the rooms have been renovated 1 year ago have 3 toilets 1 staffroom rent 25000 no key money location soi w.h (denmark) more info contact anders 06 12 108598 or come and have a look

650,000 THB

Email: alauto@me.com

Evian Dining Pool Table 8ft

Evian - Dining Pool Table 8ft This ultra modern slim design table is made from Solid European Beech Wood. It is a Combination of Pool and Dining Table in one. Featuring a removable 3 piece Solid Oak Wood Dining Top, 3 piece 3/4 Thick Slate, USA American 9 Ball Worsted Cloth and American style drop pockets, the Evian table is the perfect addition to any Dining or Games room.

125,000 THB

Email: simon@thailandpooltables.com



Electronics

Router High Power D-link (new)



For sale Router D-Link (new) AC 1750 High Power Wi-Fi Gigabit router Warranty until 12.07.2020 New price 3590.- Sale for only 1600.- More information will be provided if you contact me.

1,600 THB

Phone: 843088300

Phone: +66843088300

Email: rbahni@outlook.com

Nikon D3100 Body With Nikon 18-55mm. Lens And Tamron 28-200mm. Lens + Extra Filters And Bags



Nikon D3100 Body With Nikon 18-55mm. Lens + Tamron 28-200mm. Lens + Extra Filters + Bags - Hama PL Linear M72 (IV) Polarizer Filter - Canon 72mm UV 1x Protector Filter - Kenko 52 mm. UV Filter - Phone : 0871351920 - Price : 15,900 Baht

15,900 THB

Phone: 0871351920

Email: ilgincbirbilgi@gmail.com

Selling :yamaha Tyros 5 Workstation,mackie Tt System32,korg Pa4x



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Apple Iphone X Fully Unlocked 256gb



Apple iPhone X fully unlocked 256gb \$800 They are brand new in the box, unlocked, has complete accessories with one year warranty.

800 THB

Email: amasystems@outlook.com

Desktop PCs

Antminer S9 With Power Supply From Bitmain New In Box



Antminer s9 with power supply from bitmain New in Box PRICE: 31,800 THB This is brand new Original Antminer with complete accessories and warranty. Antminer S9APW3++ Power Supply Unit Power Cords

31,800 THB

Email: rayanzay@hotmail.com

Lg Oled65b6p Flat 65-inch 4k



Brand New LG Oled65B6P Flat 65-Inch 4K Ultra HD Smart OLED TV (2016 Model) with Warranty \$1200USD 4K 3840 x 2160 OLED Panel Screen Mirroring Technology Built-In Wi-Fi & Ethernet Connectivity Access LG Content Store and Apps Full Web Browser 4 x HDMI / 3 x USB Cinematic Color Dolby & DTS Decoders Built In web OS 3.0 Smart Functionality HDR Enhanced Display For more information's on this TV and how to buy do contact us directly through E-Mail (highlandstore10@gmail.com)

Email: highlandstore10@gmail.com

New 2 Tb External Portable Hard Drives



I have some brand new, unopened 2 TB external portable hard drives that I never used. These all have fast USB3 data transfer by plugging it into your USB port, complete with the USB3 cable. These come already pre formatted for Windows, but all can be easily reformatted for Mac. The one Western Digital I have is already formatted for Mac. The Seagate drives are Windows, and the Blackweb Drives are also Windows. 2500 Baht price is firm, and I can guarantee they will work for you. Can deliver in the Pattaya general area and help you set it up if you wish, just send me an email or call 06 1380 4988. For some reason, this system thinks I have an invalid phone number.

2,500 THB

Email: darrell.nieberding@gmail.com

2016 Toyota Fortuner Trd Sportivo White Pearl/ Black Matte

Sexy, Sleek Super Clean includes first class Insurance and Road Tax Thru May 2018. Clean Title w Blue Book and all Dealer Service Records. Moving Back to USA best to sell as it would only sit in our Garage for years before we return. Low miles Top of the Line Toyota

1,549,000 THB

Email: dannywla@aol.com

House Keeping, Driver, Nanny, Security Needed Urgently

Hello we are a family living in the USA and we are looking for a God fearing Au pair service, driver, House keeper , for our home for our kids in USA { Honolulu, Hawaii }...*ACCOMMODATION FREE*FOOD FREE*VISA /FLIGHT TICKET FREE*NO TAX*SALARY ..Nanny:-3000 Dollars per month 300 Dollars per week for your up keepshouse keeper:-2500 Dollars per month 300 Dollars per week for your up keepssecurity:-3000 Dollars per month 300 Dollars per week for your up keepsDriver:-2800 Dollars per month 300 Dollars per week for your up keepsSerious applicant should message me on..WHATSAP:- +1-661-543-0795 ONLY SERIOUS WORKER SHOULD APPLY.

3,000 THB

Email: md.alikafamily@gmail.com

Security Equipment

We Are Project Finance, Bg, sbic/ cash

Greetings ,I am direct to a provider who has recently issued banking instruments for a couple of my clients the provider is 100% check-able you can do your due diligence on them. I personally know the provider. They deal with issuing of instruments such as Bank Guarantee and Standby Letters of Credit also Letters of Credit. I only want serious buyers then i will put you in touch with the provider directly. Our instruments are only from triple 'a' rated banks and we issue from \$10m and above. The provider is 100% verifiable. They are ready to issue immediately once terms are agreed. Regards. Thomas Reed.

10,000 THB

Email: thomasrred@gmail.com

Cameras

Selling : Canon Eos 5d Mark Iv, canon Eos-1d, nikon D850, nikon D750, nikon D3x, nikon D610

Canon EOS 5DS R 50.6 MP SLR - Body Only cost \$1500 USDCanon Eos 1dx Dslr Camera Body + Ef 24-105mm F/4l Is + 70-200mm F/4l cost \$5000 USDCanon EOS 5D Mark IV Cost \$3000 USDCanon EOS-1D X Mark II DSLR Camera Body Only, Full Frame, 20 Megapix cost \$5000 USDCanon EOS 1D Mark IV 16.1 MP Digital SLR Camera - Body Only c cost \$1300 USDCanon EOS 1Ds Mark III 21.1 MP Digital SLR Camera - Body Only cost \$ 350 USDCanon EOS 70D DSLR Camera with 18-135mm STM f/3.5-5.6 Lens Kit cost \$950 USDCanon EOS 70D DSLR Camera cost \$500 USDCanon EOS Rebel T3i 18.0 Megapixel DSLR Camera cost \$ 950 USDCanon EOS Rebel T7i EF-S 18-55 IS STM Kit cost \$600 USD

20,000 THB

Email: aurelio.moretti009@hotmail.com

We Are Providers Of Loan Via Bg, Sbic, lc, Bank Draft/bonds

we are direct provider of bank instrument such as lease/fresh cut bg/sbic and genral cash loan for private, corporate access at 2% interest. we close deal in less than 7 working days. contact us and benefits from this regard .fast, simple and convenient . competitive interest rate . convenient repayment rates regards, john edward. **11 THB**
Email: johndeward018@gmail.com



Cameras

Selling : Nikon D5 Digital Camera, nikon D810



CAMERA LIMITED we deal in all kind of original camera with full accessories and international manufacturer warranty we ship and delivered to our customer's destination in good and perfect condition. Camera Limited was a registered online store and we serve our customer's perfectly and smoothly. You can contact us for more information on how to place order. Contact Name: George David Whatsapp Call/Chat : +254770576631 Canon EOS 1D X Mark II Digital SLR Canon EOS 5D Mark IV 30.4MP Digital SLR Canon EOS 5D Mark III 24-105mm DSLR Canon EOS 6D - 20.2MP SLR Canon EOS 70D 20.2MP Digital SLR Nikon D5 Digital Camera 20.8MP DSLR Nikon D850 Digital SLR Nikon D810 Digital SLR Nikon D750 Digital SLR Nikon D7200 24.2MP Digital SLR Contact us for more information about other cameras and how to place order. Contact Name: George David Whatsapp Call/Chat : +254770576631 700 THB **Email:** camera_limited@dr.com

Employment Seeking work

Needed Nanny/babysitter/ housemaid/driver

I am Mr Paisley Cameron from United State Of American also needed Babysitter or Driver/Security/Housekeeper that will take care of mine family in Our home' Where did you currently living and what position are you willing to Apply for in my home?

3,000 THB

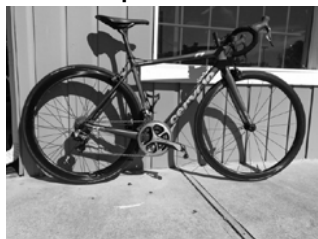
Email: paisleycam3@gmail.com

Bitcoin Secure Storage Gadget

I have 1 Ledger Nano S Bitcoin hardware wallet for sale. Brand new in sealed box. <https://www.ledgerwallet.com/images/products/lins/ledger-nano-s-fold-medium.png> 105 USD if paid with fiat 95 USD if paid through Bitcoin 3,500 THB **Email:** tanzor@tuta.io

Hobby and Sport Bicycles

51cm Cervelo R5 Di2 Dura Ace Enve 3.4 Wheelset W Chris King And Powertap Hubs



Forsale Item condition: Used Price: US \$3,100.00 Brand: Cervelo Frame Material: Carbon Fiber Frame Size: 51cm Type: Road Bike - Racing Number of Gears: 22 Wheel Size: 700C Color: Black Approximate weight: 6.831kg/15.06lbs Worldwide FREE EMS shipping, handling and insurance Please contact us for any additional information and or images Whatsapp me: +1(719)-394-3773 99,371 THB **Email:** cyclistroutelimited@gmail.com

New Carbon Road Black Cervelo P5x Ultegra Di2 2017 Complete Bike Size L



For Sale: Aero Basebar Cervelo P5X Integrated Aero Clip-On Bar Cervelo P5X Integrated Bar End Shifters Shimano Di2 SW-R671 Bottom Bracket Rotor PF-30 Brake Calipers TRP HY/RD Brake Levers Shimano Ultegra Di2 6871 Cassette Shimano Ultegra 6800, 11-28 Chain Shimano HG701 Crankset Shimano Ultegra 6800, 11-28 Fork Cervelo All-Carbon, P5X Frame Material Monocoque Carbon Construction Front Derailleur Shimano Ultegra Di2 6870 Headset FSA IS2, 1 1/8 - 1 1/8 Pedals Not Included Rear Derailleur Shimano Ultegra Di2 6870 Rotors TRP-25, 160mm Saddle ISM PS 1.0 Seatpost Cervelo P5X With Ritchey Headstem Cervelo P5X Integrated Tires Continental Attack/Force, 700x22/24c Wheel - Front HED Jet 6 Plus Wheel - Rear HED Jet 9 Plus Worldwide FREE EMS shipping, handling and insurance Please contact us for any additional information and or images Whatsapp me: +1(719)-394-3773 192,332 THB

Email: cyclistroutelimited@gmail.com

Home and Garden

Professional Ladder For Sale

Professional ladder, brand Altrex, 2 x 10 steps, maximum height 5 meter New never used, new price was 17000 Baht now 8000 Baht 8,000 THB

Email: evdb53@hotmail.com

Garden

Trees For Sales



Over 100 palm trees for sale, range from 3-5 metres in height. Can sell in batches or the whole lot in one sale. Suit new project or landscaper. 500-1000 baht each, depending on size. Kao Talo area. Email only for further information. No phone calls please. Some frangipani trees for sale too, various sizes.

500 THB

Email: mmaccracken@gmail.com

Furniture

Bathroom Cabinet With Mirrored Front

Beautiful white bathroom cabinet with Mirrored front, stainless steel handle. Unit is only one year old and has no damage, so in mint condition. j

2,000 THB

Email: jenson.david@aol.com

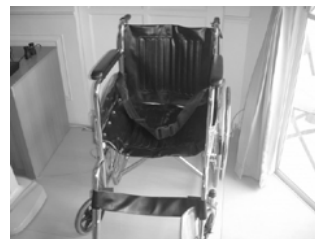
Music

Prs Elec Guitar

Good Prs electric guitar copy with personal amp for practise 5,000 THB

Email: amptronique@gmail.com

Wheel Chair



Almost like new only used for 3 months.

1,500 THB

Phone: 0890160950

Email: stcathjr@gmail.com

Services

Business support

Mc Property Thailand (pattaya)

MC Property Thailand is under the Magna Carta Group of Companies. We have a well-known reputation for being a professional and expert in a wide array of legal, accounting and financial services in and around Pattaya. In creating this new Real Estate Division, it is one of our aims to help homeowners or business owners looking to sell their property, to find prospective buyers. At the same time, help prospective buyers to find and acquire their dream property. We welcome any property owners to tie-up with us by listing the property and we will advertise it in our website and all social media platforms. We have a licensed and trained Real Estate Brokers who could help to reach prospective buyers.

Email: info@magnacarta.co.th

Mobile Phones

I Phone 6s



I Phone 6S 64GB Gold Color Refinish phone

9,500 THB

Phone: 0890160950

Email: stcathjr@gmail.com

Tell them you saw it in the Trader





ABC Nursery Pattaya is a small Nursery School and Day Care Center which offers a "feel like home" environment. ABC Nursery Pattaya was established in 2017 with the intention of providing an affordable pre-kindergarten school experience with international standard. Located in a central area near the Pattaya railway road with easy access for the parents and a safe place to learn for the children. ABC Nursery Pattaya welcomes children aged 18 months to 4 years and offers a well balanced curriculum teaching in Thai and English language suitable for Thai national and international children.
1,000,000 THB

Email: thai_falang@yahoo.com

Aamil

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 Bengali Call Mobile Whatsapp No All
 Problems Solution Results 100%
Phone: 923151140115

Email: aamilsuleman1@yahoo.com

Bg Sblc Offers For Lease And Sales

Are you having one or two difficulties from other financial instrument lender? I want you to take a chance with us you will never regret doing business deal with our firm. We have direct and efficient providers. I am the sole (Direct) mandate to several genuine efficient providers for lease/sales BG/ SBLC and other financial instruments, at reasonable prices, Issuance by top AAA rated Bank in Europe. Presently, we focus on BG/ SBLC for Lease and Sale transactions. However, our Lease BG/SBLC is 6+2% and Sale at 32+2%. Should you find this interesting and acceptable? Kindly, contact us and we shall review and respond with DOA within 48hrs maximum. Please request for full procedure details if interested. (WE MOVE FIRST) For further inquiry contact: Robert Francis, Skype: robfrancis7+447546769978
1,000 THB

Email: robertfrancis767@gmail.com

Placing a FREE classified advert with the Trader

1. Go on-line to **www.pattayatrader.com**
 2. Click 'Post new ad'
 3. Check either 'Property' or 'Classified'
 4. Check 'Register'
 5. Fill in the form with your classified details
 6. Click 'Preview' and check your information
- You are now done**

5 Beds 5 Baths Fully Furnished 600 sqm 3 year old house at Paradise Villa 2 Reduced to sell at 13.9M



Gated Community/24hr Security, Ocean&City Views, Marble/Granite Floors, 1200sqm land, 23 M Pool, 15 Person Sauna, Close to Beach&Shopping, 15 Jacuzzi, Fully landscaped yard & Fish Pond w/3 Waterfalls and outdoor lighting, Luxury Interior and finishing, 4 Car Garage - You must see this property before you buy: **Gary 0800819237 or rockyracoan4@hotmail.com**

BUSINESS (RESORT) FOR SALE



Special price for sale !! URGENT*
 Location : at T.Nongsruang, A.Wiharnadeng, Saraburi Province, Land : 5 Rai - 2 ngan- 50 sqwa. Plus : 1 master house or office / 9 of resorts for rent (15-20 sqm.) Include: private car park, T.V., Air condition each house / large canal for 3 rai SALE !!! 7.95 Mill. THB. Please call (JEED) 098-7470399

FURNISHED HOUSE FOR SALE OR RENT



12.3 M.B. or 45,000.- B./Month
 Area 1 Rai, 2 Bed rooms, 3 Bath rooms, Big Living & Dining Area, Car Park, Storage, Private Pool
Call: 098-7470399 (Jeed)

Siam Properties is looking for a secretary/office manager. We have been in business since the year 2000 and are members

of PREBA, TREBA and NAR. Very good English is a must. For more info
www.siamproperties.net

Please contact
Heiner 081 861 1907

SOCIAL CLUBS

Pattaya City Expats Club

meets every Sunday at the executive tower of the Holiday Inn, Pattaya Beach Road. Everyone is welcome you don't need to be a member to attend. For more information go to **www.pceclub.org**

Pattaya Sports Club

Promoting sports and supporting local charities. Clubhouse on Third Road, next to the Pattaya Driving Range. For club details call 038 361 167. Full details are posted on the club website: **www.pattayasports.org**

The Rayong-Pattaya Ladies Circle

RLC welcomes women from all nationalities living on the Eastern seaboard to meet socially for a program of social, cultural and welfare activities. They hold a very informal coffee morning once a month. For more info message their FB page **@RayongPattayaLadiesCircle** or email **rayongladiescircle@gmail.com**

Rotary Club of Eastern Seaboard

meets at 6pm every Thursday at The Siam Bayshore Resort, between Beach Road and Second Road in South Pattaya. The meetings on 1st and 3rd Thursday in each month will include guest speakers and on the 2nd and 4th Thursday there will be a presentation on club activities. Meetings are always followed by an informal a la carte dinner in the main dining room. Everybody is welcome to join us as guests; please check the website for important dates and information **www.rotary-es.org**



Travel Information

Please note, the following information is accurate as far as we are aware and is compiled from more than one source. If you find anything you believe is incorrect, please email us at: pattayatrader@pattayatrader.com

Train Travel in Thailand

Bookings: Tickets can be booked up to 60 days in advance in most cases.

1. On-line.

www.railway.co.th. Check the site to see what is available and ticket prices.

2. Travel Agents.

Usually a booking fee of up to 300 baht per person is levied.

3. At the station.

You can book at Pattaya train station 8am to 4.30pm Monday to Friday.

Check your tickets after booking.

Cancellations: It is possible to obtain a refund from any station, although there is a cancellation fee.

Pattaya to Bangkok

The Roong Reung Coach Company runs a regular bus service from the North Pattaya Bus Terminal on North Pattaya Road to the Eastern Bus Terminal at Ekkamai, Northern Bus Terminal at Mochit, and Southern Bus Terminal at Sai Tai Taling Chin.

Suvarnabhumi International Airport

From Pattaya

Thappraya Road, opposite Foodmart Supermarket. Buses depart every hour from 7am until 9pm every day.

From Suvarnabhumi International Airport

Booking counter on Level 1 near Gate 8. Buses to Pattaya depart every hour 7am until 10pm every day. Passengers can alight at the North Pattaya, Pattaya Klang (Central), Pattaya Tai (South) intersections and corner of Sukhumvit Road and Thepprasit Road.

- **Buriram • Chiang Mai • Chiang Rai**
- **Mukdahan • Nakhon Ratchasima (Khorat)**
- **Nong Khai • Roi Et • Surin • Sisaket**
- **Ubon Ratchathani • Yasothon**

1. Eastern side of Sukhumvit Road, just past the Pattaya Klang (Central) intersection heading south, is the Nakhonchai bus terminal. Buses usually leave afternoons and evenings and can be booked in advance.

2. Western side of Third Road about 80 metres to the north of the Pattaya Klang (Central) Road traffic lights with a booking office.

3. Western side of Sukhumvit Road, just before the Pattaya Klang (Central) junction, is a bus station for travel to parts of north-eastern Thailand.

4. Roong Reung company operate a Yellow Bus that leaves from the North Pattaya Bus Terminal for many places in the north-east. All buses depart initially from Rayong and call in at Pattaya on the way.

5. Take a Roong Reung coach from the North Pattaya Bus Terminal to Mochit in Bangkok and book a bus to Chiang Mai and Chiang Rai.

- **Cha Am**
- **Hua Hin**
- **Koh Samui**
- **Petchburi**
- **Phuket**
- **Surat Thani**

1. Second Road heading north just past traffic lights at Pattaya Klang (Central), next to Tops Supermarket minivans leave regularly via Bangkok or directly.

2. Pattaya Tai (South) at the corner of Soi 10 a private minivan travels to Hua Hin every day.

3. The Roong Reung company operate a Yellow Bus that leaves from the North Pattaya Bus Terminal and goes to Cha Am, Hua Hin, Koh Samui, Petchburi, Phang Nga, Phuket, and Surat Thani among other stops.

Pattaya police to get tough on tourist vehicle rentals.

From now on Pattaya police have said that any tourist caught driving a rental vehicle without a licence will be fined up to 1000 baht. Also that the vehicle in question will be confiscated and the company that has rented said vehicle must pay another fine of up to 2000 baht when they go to collect it.

Police Major Arut Saphanon said that the reason for the change is because many tourists don't know the highway code and have not had any training which leads to accidents. Also that foreigners who commit crimes in Pattaya have been seen fleeing the scene of the crime in rented vehicles.

Tourists now need to produce an international licence, their home country driving licence and a passport when renting. They also need to carry these document to show the police if stopped - failure to do so will result in the vehicle being taken away. Expats can take their home country licence and a certified copy from their consulate or embassy in Thailand to the Department of Land Transport and get a Thai licence.

SOLUTIONS ARE ON PAGE 60

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Simple Simon

Restaurant – Guesthouse – Bar – Meat Products



- Extensive English & Thai menu
- Full English all day breakfasts & Baps
- Delicious Sunday roast dinners
- English Cod fish & chips
- Full range of sausages, bacon & home-made pies for sale
- Popular English products, HP Sauce, Bisto gravy, Tetley tea all for sale
- Pool table & friendly staff

"The best English breakfasts in Jomtien"

Soi 5 Immigration Jomtien Beach Road

Tel: 038 756 580 Mob: 089 096 2491

www.simplesimonthailand.com

Finished the crossword? And the Sudoku? And the quiz?

Why not play

the *Pattaya Trader* Game?

Grab a partner, a rope and your copy of the *Trader* and go to **YouTube** to find out how to throw the best party in town!

www.youtube.com/PattayaTrader

Pattaya Expats Club Est. 2001

Now meet on a Friday (not Sunday) at the Hotel Mercure

Entry tickets are sold from 10 a.m.

Breakfast entry fee **220 B** After breakfast entry fee **100 B**

Also Pattaya Expats Club have a new venture Business Forum at the Hotel Baraquada

A meeting to appeal to working expats, start ups etc. First one to be Wednesday 14th February

<http://www.pattayaexpatsclub.info/>



Your insurance office

Consumer health insurance:

- Health insurance cover for all ages, including previous illnesses, no deductible.
- Free doctor and hospital choice. Cost takeover warranty.
- Family and group insurance.
- Low fees.

Property insurance of all kinds:

- Building insurance, liability insurance, company insurance, car insurance (up to 50% damage-free discount)

New: Health insurance for only 3,200 THB per month, duration up to 5 years, up to 67 years, no deductible. inpatient, outpatient and dental treatment. without previous illnesses, without a deductible.

Please let us know your wishes, we have the right offer!

Address and contact:

APG Co.Ltd

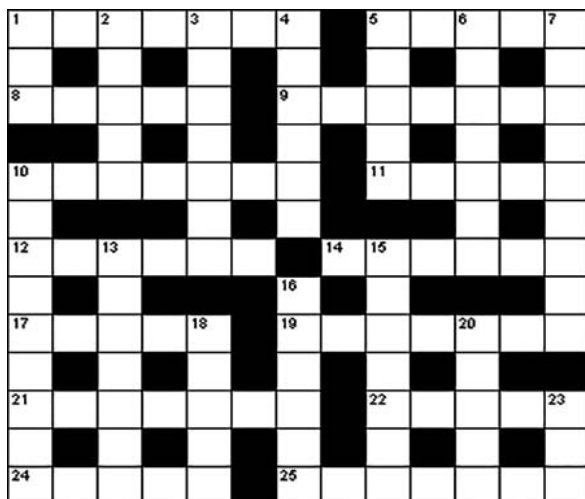
(PBC) Pattaya Beach Condo (1st Floor)

482 Moo 10, 2nd Road Soi 13, Pattaya 20150

Tel (+66) 33 641 520 Fax (+66) 38 415 766

Mobile(+66) 82 187 9568 Email info@apg-thailand.de

TRADER X WORD AUGUST 2018

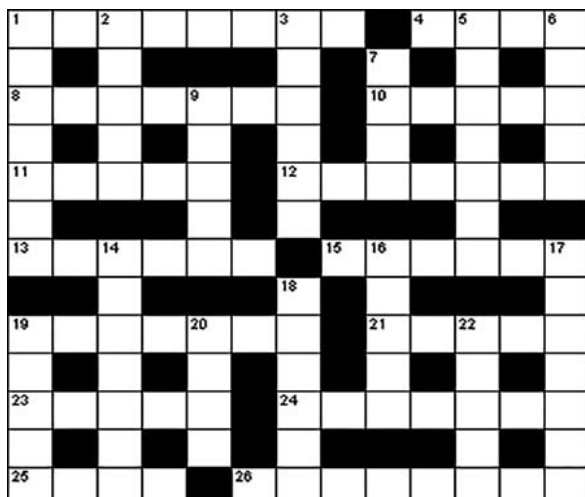


ACROSS

1. Assortment (7)
5. Group of insects (5)
8. Large herbivorous mammal (5)
9. Pagan (7)
10. Unfeigned (7)
11. Ledge (5)
12. Lifted (6)
14. Appraise (6)
17. Notions (5)
19. Fruit (7)
21. Direction (7)
22. Taut or rigid (5)
24. Days of the month (5)
25. Embroiled (7)

Down

1. Chart (3)
2. Inert gas (5)
3. Dissimilar (7)
4. Reverberated (6)
5. Photos (5)
6. Attain (7)
7. Public declaration (9)
10. Decorated food (9)
13. Imprecise (7)
15. Abridge (7)
16. Captured (6)
18. Secret agents (5)
20. Invalidate (5)
23. Conclusion (3)



ACROSS

1. Anteater (8)
4. Parts of a play (4)
8. Unfathomable (7)
10. Declare invalid (5)
11. Permit (5)
12. Mariner (7)
13. Denunciation (6)
15. Polar region (6)
19. Amalgamated (7)
21. Publish (5)
23. Din (5)
24. Aromatic herb (7)
25. Hazard (4)
26. Edible snail (8)

DOWN

1. Intransigent (7)
2. Majestic (5)
3. Gusto (6)
5. Devise or invent (7)
6. Storage towers (5)
7. Cab (4)
9. Darned (5)
14. Dried grapes (7)
16. Salary increase (5)
17. Cigar (7)
18. Detestable (6)
19. Relating to an arm bone (5)
20. Notion (4)
22. Vernacular (5)

Important Phone Numbers

Banglamung Police Station

Sukhumvit Rd, Banglamung

Tel: 038 222 100

Banglamung Post Office

Tel: 038 428 225

Chonburi Immigration Office

Soi 5, Jomtien Beach Road

Jomtien Post Office

Soi 5, Jomtien Beach Road

(to 4.30pm Mon-Fri)

Tel: 038 231 944

Naklua Fire Brigade

Sukhumvit Rd, Banglamung

Tel: 038 221 000

Pattaya City Helpline

Tel: 1337

Pattaya City Hall

North Pattaya Road

Tel: 038 253 100

Pattaya City Hospital

Soi Buakhaw

Tel: 038 420 562

Pattaya Electricity

Banglamung office

Tel: 038 221 007

Hotline: 1129

(for electricity failures)

Pattaya Fire Brigade

Third Road, South Pattaya

Tel: 038 424 678

Pattaya Health Department

Tel: 038 429 374

Pattaya Memorial Hospital

Tel: 038 429 422

Pattaya City Police Station

cnr Beach Rd & Soi 9

Tel: 038 429 325

Pattaya Post Office

Sukhumvit Rd (nr Na Jomtien)

Tel: 038 429 341

Pattaya Tourist Police

Pratamnak Road, nr Fitness Park

Tel: 1155

Tel: 038 429 371

Pattaya Water Works

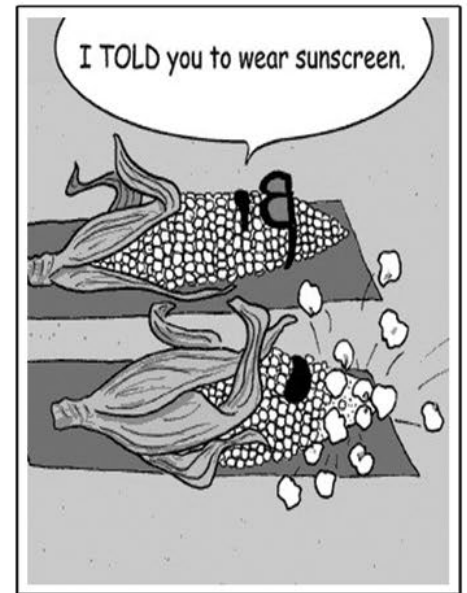
Tel: 038 222 462

Sawang Boriboon Rescue Service

Hotline: 1669

SOLUTIONS ARE ON PAGE 60

YOU'RE HAVING A LAUGH !



WHERE TO FIND!

LIVE MUSIC AND SHOWS



Alangkarn Theatre (variety show), Sukhumvit Road (at 155km marker), Na Jomtien. Open 6pm onwards Thursday-Tuesday. Tel: 038 256 000 or 038 825 6007, www.alangkarnthailand.com

Alcazar Show (cabaret), Second Road, North Pattaya. Open 6pm onwards. Tel: 038 410 2247

Ankor Night Club & Lounge (nightclub), Walking Street Soi 16

Aqua Bar (nightclub), Mercure Hotel, Soi 16, behind The Avenue, South Pattaya

Bamboo Bar (live band), South Pattaya Road (20m to the left of Walking Street sign)

Blues Factory (live blues band), Soi Lucky Star, off Walking Street. Open 8.30pm. www.thebluesfactorypattaya.com

Colosseum Show Pattaya (cabaret), Theprasit Road. Open 6pm. Tel: 038 906 530, email: rsvn@ColosseumShowPattaya.com, www.ColosseumShowPattaya.com

Differ Pub (nightclub), North Pattaya. www.differ-pub.com

Dusit D2 Baraquda Pattaya (live band), Second Road, South Pattaya. Tel: 038 769 999, email: d2pa@dusit.com

FLB (live band), Walking Street

Flexx Club (nightclub), behind McDonald's, southern end of Walking Street

Hopf House (house band & Italian tenor), Beach Road (cnr Soi 13/1)

Insomnia (nightclub), Walking Street. www.clubinsomniapattaya.com

Jazz Pit (jazz music), Soi 5, off Second Road, North Pattaya. www.pic-kitchen.com

Lima Lima (nightclub), Bali-Hai Pier end of Walking Street. Tel: 089 990 2447

Lucifer's Disko (live band), Walking Street

Malibu (cabaret), Second Road, cnr Soi 13/2 (Soi Post Office)

Mixx Discotheque (nightclub), Bali-Hai Pier end of Walking Street. www.mixx-discotheque.com

Garden Resort). Cross Colours Band starts 9pm. Tel: 038 370 616, email: reservation@thaigarden.com

Play Club (nightclub), Soi Lucky Star, Walking Street. Open 10pm-6am every day

RoiJa Gentleman's Club (live music, soul), Theprasit Soi 7, South Pattaya

Rolling Stone 2 Bar (live rock n roll band), Walking Street, cnr Soi 16

The Pier (nightclub), Walking Street. Tel: 080 480 6661. Open

7:30pm to late

The Rendezvous Resort, Lake Mabprachan

Tiffany's Show (cabaret), Second Road, North Pattaya. Open 6pm onwards. Tel: 038 421 700, www.tiffany-show.co.th

Tony's Entertainment Complex (live band), Walking Street. Tel: 038 425 795, www.tonydisco.com

Utopia (live band), Soho Square, Walking Street

THE BIG GAME



I-Rovers, Soi LK Metro, South Pattaya. Tel: 038 489 494, www.i-rovers.com

Jameson's Irish Pub, Soi AR (Soi Sukrudee), Central Pattaya. Tel: 038 361 873, email: info@jamesons-pattaya.com, www.jamesons-pattaya.com

Kilkenny Bar, Soi LK Metro, South Pattaya. Email: info@kilkennypattaya.com, www.kilkennypattaya.com

Legends Pool & Sports Bar, Pattaya Klang (nr Third Road). www.legendspoolpattaya.com

The Players Lounge, East Pattaya. www.theplayerslounge.asia

Witherspoons, Soi Buakhow (nr Soi Lengkee), South Pattaya. Tel: 038 721 121, www.witherspoonspattaya.com

FOOD & DRINK



Access Inn, Third Road, nr Soi Lengkee, www.accessinnpattaya.com

Akvavit Grill & Bar, Jomtien Beach Road. Open 9:30pm to midnight. Tel: 038 233 672, www.akvavitjomtien.com

Bruno's Restaurant & Lounge Bar, Thappraya Road, Pattaya. Tel: 038 364 600, www.brunos-pattaya.com

Dicey Reilly's, Second Road, next to Royal Garden Plaza

News Steaks & Grill, Thappraya Road, South Pattaya. Tel: 038 267 174, www.newssteaks.com

Robin's Nest Restaurant & Guesthouse, Soi Diana Inn. Tel: 038 720 194, www.robinsnestpattaya.com

Tavern by the Sea, Beach Rd, North Pattaya Tel: 038 418 418

Wine Cellar, Naklua Soi 12, North Pattaya Tel: 038 226 054 or 080 204 5551

PLEASE NOTE: All dates, times and details were correct (to the best of our knowledge) at the time of publication. *Pattaya Trader* is not responsible for the postponement, cancellation or relocation of events.

AT THE MOVIES



Big C Cinema, Big C Shopping Mall, Second Road, North Pattaya
Major Cineplex, The Avenue Mall, Second Road, South Pattaya.
www.majorcineplex.com
SF Cinema (6th Floor CentralFestival Shopping Mall), Central Pattaya. www.sfcinemacity.com

SOCIAL SCENE



Anchor Coworking Space, Chaipruek Road. Tel: 038 231 540, www.anchorcoworking.com
CouchSurfing, Triangle Bar, Soi Chaipruek, South Pattaya. www.couchsurfing.org
Havana Bar, Hilton Hotel, Beach Road, South Pattaya
Lions Club, Jomtien Branch, www.jomtienlions.org, email: jomtienlions@hotmail.com
Momento Beach Club, Theprasit Soi 8, South Pattaya. Tel: 038 422 114, www.momentobeach.com
Pattaya Expats Club, www.pattayaexpatsclub.info
Pattaya City Expats Club, www.pccclub.org
Rotary Club Eastern Seaboard, Siam Bayshore Hotel, South Pattaya. www.rotary-es.org
Rotary Club, Jomtien-Pattaya, Royal Cliff Beach Resort, Pratamnak Road. www.rotaryjomtienpattaya.org
Royal British Legion, Tropicalbar Thailand 39/132-133 Moo 10, Boonsumpan, Pattaya 20150. Meeting every Last Saturday of the month. Tel 089 807 2335 or 038 361 887
Veterans of Foreign Wars, Soi Diana Inn, South Pattaya. www.vfwpost9876.com

SPORTS & LEISURE



Archery Club, Pattaya - Shooting Park, Huay Yai. www.pattayaarcheryclub.com
Backgammon, B.G. House & Restaurant, Theprasit Road, South Pattaya. Tel: 081 664 9085, www.blotasia.com
Bira Circuit, www.bira.co.th
Bridge Club, Altos Restaurant, Thappraya Road (nr overpass)
Cheers Bar, Pattayaand Soi 2 (Soi 13/4), South Pattaya. Monday Quiz League and Wednesday League, pattayaquizleague@hotmail.com
Chess Club, Brauhaus Restaurant, Second Road between Soi 7 & 8
Cricket Club, Horseshoe Point. Email: pattayacricketclub@gmail.com
Darts, www.pattayadarts.com
Hash House Harriers, PH3 www.pattayah3.com
Hash House Harriers, PBH3 www.pattayahash.com/pattayabush.html
Hash House Harriers, PJMH3 www.pattayahash.com/monkey.html
Hash House Harriers, PJH3 www.pattayajungle.com
Lawn Bowls (indoor; for school-age and college children), Coco

Club, behind Phoenix Golf, Baan Amphur. Sue: 087 1358357
Megabreak Pool, Soi Diana Inn, South Pattaya. Tel: 086 033 6617
Muay Thai, Pattaya Boxing World, Sukhumvit Road, North Pattaya. Tel: 038 726 203, www.pattayaboxingworld.com
Nervous Wreck Bar, Soi Yamato (Soi 13/1), South Pattaya. Monday Quiz League and Wednesday League, pattayaquizleague@hotmail.com
Ocean Marina Yacht Club, Sukhumvit Hwy (km 157), Jomtien. Tel: 038 237 310, www.oceanmarinayachtclub.com
Palmer's Bar, Pattayaand Soi 2 (Soi 13/4), South Pattaya. Monday Quiz League, pattayaquizleague@hotmail.com
Petanque, email: petanque.Th@gmail.com
Planet Football, Soi Siam Country Club, Eastern Pattaya Tel: 038 248 212, www.pattayafootball.com
Pole Dancing Classes, Tony's Fitness Wong Amat Gym, Naklua Soi 16
Polo, Horseshoe Point, end of Soi Siam Country Club, East Pattaya. Tel: 081 835 2419, email: santithapoloclub@yahoo.com
Polo, Huay Yai. Tel: 02 663 045; 02 258 0194. www.poloescape.com
Pool www.pattaya-funtown.com/pattaya_pool_league
QueenVictorialInn, Soi 6, Central Pattaya. www.queenvicpattaya.com. Wednesday League, pattayaquizleague@hotmail.com
Rest Stop, Soi Chaipruek, South Pattaya. Monday Quiz League and Wednesday League, pattayaquizleague@hotmail.com
Royal Varuna Yacht Club, Pratamnak Rd, South Pattaya. Tel: 038 250 116, www.varuna.org
Rugby (Touch), Horseshoe Point, next to Siam Country Club. Email: picrouch@hotmail.com
Seafari Dive Center, Soi 12, South Pattaya. www.seafari.co.th
Shenanigans, Jomtien Complex, Thappraya Road, Jomtien. Open 11:00am until late every day. Tel: 038 303 490, www.shenanigansthailand.com
Softball, pickup games at Thai Polo Club. Email: scrabbleking@yahoo.com
Tennis, (for children and teenagers 10-16 only) Ambassador City Tennis Courts, Jomtien
The Londoner, Soi Post Office (soi 13/2), South Pattaya. Monday Quiz League and Wednesday League, pattayaquizleague@hotmail.com
The Ranch, Third Road (opp. The Village), South Pattaya. Monday Quiz League, pattayaquizleague@hotmail.com
The Sportsman Pub, Beach Road Soi 13, South Pattaya. www.sportsmanpub.com. Tel: 038 710 609
Yoga, Balaji Studio, Soi South Pattaya 24. Tel: 089 748 6204, www.balajiyoga.com
Bear Gym and Supplements Jomtien - Airconditioned powerlifting and bodybuilding gym with nice EDM music. 7:00 - 23:00 at Wanbun Kanjana main road, 700m towards Sukhumvit rd. www.bear-gym.com/en

Sport Nutrition Shops:

6 locations in Pattaya: BigC extra, Royal Garden, Mike Shopping Mall, Thappraya rd.13, Wanbun Kanjana, KaoTalo (near Ek Mongkhon rd.) maps: www.7LB.online

PATTAYA TRADER

Connecting Pattaya



Like us on
Facebook

Keep up to date with news, events and businesses in Pattaya
Online and in the magazine.

SOLUTIONS

M	I	X	T	U	R	E		S	W	A	R	M
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